

GENERAL EMERGENCY NUMBERS

Woman Abuse Line (National)	0800 150150	
	(021) 447-5458 Fax	24 hours
Western Cape Network on Violence Against Women	(021) 633 5287	
Halt Elder Abuse Line (HEAL)	0800 003 081	
Rape Crisis lines:		
Cape Town (English, Afrikaans & Xhosa):		24 hours
• Counselling	(021) 447-1467 / 9762	
• Education, Training and Information	(021) 447-1467	
Khayelitsha (Xhosa & English)		24 hours
• Fax	(021) 361-0529	
• Counselling and Advice	(021) 361-9085	
• Education, Training and Information	(021) 361-9228	
George	083 212 6181	24 hours
Somerset West	083 484 9409	24 hours
Stellenbosch	083 244 4887	24 hours
Helderberg	083 484 9409	24 hours
Thuthuzela Rape Centre	(021) 690 1000	
Tygerbears Rape Centre	(021) 938 5757	
Life Line / Childline Offices:		
24 hour line	(021) 461-1113	
	0800 05 55 55	
Safeline Western Cape (Abused Children)		
Cape Town Child Protection Centre	(021) 425 5245	
Child Abuse Safeline	(021) 638-1155	
Delft Office	(021) 954-2220	
Child Abuse Line	0800 055555	24 hours
Child Line	(021) 762-8198	
University of Stellenbosch (Ages 12-18)	(021) 938-9229	
Child Protection Unit Parow (police)	(021) 592-2601	
Child Protection Unit Mitchells Plain (police)	(021) 376-3030	
AIDS National Line	0800 012 322	
Ambulance	1 0177	
Flying Squad (SAPS)	1 0111	(National)
Crime Stop	0800 11 12 13	
Cape Metropolitan Helpline	107	

COUNSELLING SERVICES

Rape

Rape Crisis Cape Town: Observatory Office

Physical Address

23 Trill Road
Observatory

Postal Address

P O Box 46
Observatory
7925

Telephone : (021) 447-1467
Fax : (021) 447-5458
24 hour : 0732650896 / (021) 447-9762
Email : chantel@rapecrisis.org.za

Contact Person

Chantel Cooper (Director)
Counselling piece-worker

Services

- Offers counselling for sexually assaulted women
- Offers public education about rape and other forms of women abuse
- Training in rape crisis intervention
- Assistance to rape survivors and their families/partners in the form of emotional support and practical medical and legal advice

Rape Crisis Cape Town: Khayelitsha office

Physical Address

89 Msobomvu Road
Ilitha Park
Khayelitsha

Postal Address

P O Box 46
Observatory
7925

Telephone : (021) 361-9085
Fax : (021) 361-0529

Email : joyce@rapecrisis.org.za

Contact Person

Joyce Doni
Social Worker

Services

- Offers counselling for sexually assaulted women
- Offers public education about rape and other forms of women abuse
- Training in rape crisis intervention
- Assistance to rape survivors and their families/partners in the form of emotional support, practical medical and legal advice
- Training volunteers to join the organisation

Ilitha Labantu: Gugulethu Office

Physical Address:

NY22-26A
Gugulethu
7750

Postal Address:

PO Box 7
Woodstock
7915

Telephone : (021) 633-2383
Fax : (021) 638-2956
Email : ilitha@iafrica.com

Contact Person

Miss Ntombi Mcoyi

Services

- Counselling in cases of rape, domestic violence and child abuse
- Family enrichment programmes
- Training of counsellors
- Police training
- Public education
- "BRIDGE" employment training project

Ilitha Labantu: Khayelitsha Office

Physical Address:

Shawco A Section
Khayelitsha

Postal Address:

A500 Makhabeni Road
Khayelitsha
7784

Telephone : (021) 361-9731

Contact Person

Lizzie Gundwana

Services

- 9am – 5pm
- Counselling and awareness- raising

Ilitha Labantu: Phillippi satellite branch

Physical Address:

Lutheran Church
Cnr Eisleben & Lansdowne Rd
Phillippi

Postal Address:

The Magistrate: Phillipi Court
Private Bag X13
Westridge
Mitchell's Plain

Telephone : (021) 372-0901

Contact Person

Nosipho Sigwabe

Services

- Counselling and awareness- raising

Ilitha Labantu: Langa satellite branch

Physical and Postal Address:

Thandulwazi Centre
Zone 16
Langa

Telephone : 083 471 6240

Contact Person

Nobethu Mfoko

Services

- Counselling and awareness- raising

Mosaic Training, Service and Healing Centre for Women

Physical and Postal Address:

66 Cnr Mortlake & Ottery Road
Wynberg
7824

Telephone : (021) 761-7585
Fax : (021) 761-7584
Email : admin@mosaic-sa.co.za

Contact Person

Roelene Miller

Services

A community based non-profit organization that seeks to heal and empower women against abuse and violence.

- Offers supportive and educational services for abused women and female youth
- Offers education about abuse, workshops, support groups and counselling
- Mosaic Court Support Desks offer support services at Domestic Violence Section of several Magistrates Courts
- Counselling Skills training for grassroots women and service providers
- Public education about abuse
- Assertiveness training for women
- Training of volunteers to help applicants for protections orders at Magistrates Courts
- Public education about abuse and rape
- Counselling and support groups for rape survivors

Kuils River Support Group

Physical & Postal Address:

27 Oven Road
Des Hamdon
Kuils River
7580

Telephone : (021) 903-4262
Fax : (021) 903-4262
Email : dezlyn@iafrica.com

Contact Person

Ilze Wakefield

Services

- 24 hour service
- Emergency shelter for rape and domestic violence survivors
- Counselling services
- Referrals to legal and medical services

Trauma Centre for Survivors of Violence and Torture

Physical Address:

Cowley House
126 Chapel Street
Woodstock
7925

Postal Address:

PO Box 13124
Woodstock
7915

Telephone : (021) 465-7373
Fax : (021) 462-3143
Email : fatima@trauma.org.za

Contact Person

Fatima Williams

- **Services**

- Trauma counselling to individuals and groups
- Training courses to public and frontline workers
- Workshops/courses on understanding violence and trauma
- Developing strategies for working with trauma support for caregivers
- HIV/Aids Counselling
- Mon-Thurs 8.30am-4.30pm
- Fri 8.30-4.30pm

The Music Therapy Community Clinic

Physical and Postal Address

D5 Bower Road
Wynberg
7800

Telephone : 021 462 0726
Fax : 021 797 1002
Mobile : 082 822 5998
E-mail : info@music-theraphy.co.za

Contact Person

Sunelle Fouche

Services:

- Counselling services to children traumatised by violence/abuse
- After school "music for life" programmes
- Music therapy services to children and adults affected by HIV/AIDS
- Music therapy services to youth at risk

Love in Action

Physical Address:

Beacon Vale Community Centre
Mitchells Plain

Telephone : (021) 391-1925

Contact Person

Dorothy Williams

Services

- Counselling services to domestic and rape survivors

Western Cape Anti-Crime Forum

Postal Address:

PO Box 484
Gatesville
7764

Telephone : (021) 699-0913
Fax : (021) 699-1048

Contact Person

Gaynor Wasser

Services

- Counselling
- Referrals and intervention
- Training with police
- Deal with rape and domestic violence survivors
- Anti-crime forum
- Training & Development – urban & rural areas
- Lobbying and networking with other organisations

Thuthuzela Rape Care Centre

Physical Address:

GF Jooste Hospital
Manenberg

Postal Address:

P O Box 66
Manenberg
7767

Telephone : (021) 690-1011 / 1000 / 691-6194
Fax : (021) 691-6190

Contact Person

Mandisa Ngonongono

Services

- Provides a safe, enclosed environment for rape survivors (0+ years), bathing facilities and clean clothes, tea/coffee/soup, statement-taking procedures at hospital, medication for injuries, HIV medication if required, dedicated police and prosecutors through court process.

Mitchells Plain Crisis Line

Physical Address:

Room 13 /1 OGS Building
Cnr. 1st & 4th Avenue
Town Centre
Mitchells Plain

Postal Address:

PO Box 103
Mitchells Plain
7785

Telephone : (021) 392-2000
Fax : (021) 392-2887

Contact Person

Geraldine Young

Services

- Counselling for rape survivors and abused women
- Drug issues for teens at risk
- HIV/AIDS prevention
- Paralegal services
- Employment services

Mosaic Training, Service and Healing Centre for Women: Khayelitsha

Physical Address:

Nolungile Hospital
Site B
Khayelitsha

Telephone : (021) 761 7585
Fax : (021) 761-7584
Cell : 0829524804

Contact Person

Marina Marco 0847492957
Charmaine 0847492946

Services

- Training women and youth assertiveness
- Counselling
- Workshop on abuse
- Public education
- Support groups
- Extra services

DIRKIE UYS COMMUNITY HEALTH CENTRE

Physical & Postal Address:

Dirkie Uys CHC
Corner of Church & Dingle Street
Goodwood

Telephone : (021) 590-1644
Fax : (021) 590-1645

Contact Person:

Pulane Ramentse

Services:

- Rape medical and Legal Services
- Child abuse medical and Legal Services

Rape Crisis: George

Postal Address:

Private Bag x 6534
George Hospital
6530

Telephone : (044) 802-4534 / 4498 / 4478
Fax : (044) 873-6748

Contact Person

Mrs. Visser

Services

- Crisis counselling
- Debriefing and referrals
- Open 24 hours

FAMSA: George

Physical Address:

Meade Street
George
6530

Postal Address:

PO Box 9621
George
6530

Telephone : (044) 874-5811
Fax : (044) 874-7026
E-mail : famsaouteniqua@yahoo.com

Contact Person

Nicolette Pretorius

Services

- Mon-Thurs, 8am-4pm
- Friday – 8am-1pm
- Counselling and information
- Family intervention
- Training Rape Crisis volunteers
- Work closely with shelter
- Life skills
- Aids awareness

FAMSA: Knysna

Physical Address:

Room 107
Thesen House
Knysna
6570

Postal Address:

PO Box 2185
Knysna
6570

Telephone : (044) 382-5129
Fax : (044) 382-7961

Contact Person

Lou Van der Merwe

Services

- 8am-4pm
- Counselling and support
- Focus on whole family, but offers debriefing and counselling to survivors of violence
- HIV/Aids counselling
- Life skills

Creating Effective Families (CEF) Mossel Bay

Postal Address:

PO Box 2319
Mossel Bay
6506

Telephone : (044) 691-1411
Fax : (044) 691-1411
Email : cefmb@executivemail.co.za

Contact Person

Roeleen Coetzee (Social Worker) or
Karin Gildenhuys (Shelter)

Satellite Office

CEF Haven Shelter (Former Sorgen Haven Shelter)
Tel / Fax : (044) 693-1092

Contact Person

Gaynor Domingo

Services

- 8am – 1pm
- Counselling and information
- Run local shelter for battered women
- Accommodation and basic needs
- FAMSA provide: counselling
- Child therapy once a week
- Help victims with protection orders
- Trauma debriefing
- Fees for shelter: R5 per day (negotiable)
- Stay: maximum 3 months
- Counselling for prevention of drug & alcohol abuse

COMMUNITY HEALTH CENTRE

Physical Address:

Marine Way
Next to Fire Station
Plettenberg Bay

Postal Address:

Private Bag x 1002
Plettenberg Bay
6600

Telephone : (044) 501-3200
Fax : (044) 533-3846
E-mail : clinic@plett.gov.za

Contact Person:

Sr. Noëlle Rist

Services:

- Follow-up after rape
- Counselling at Knysna
- Hospital

COMMUNITY HEALTH CENTRE (SATELLITE CLINICS)

1. KwaNokuthula Clinic - Kwa Nokuthula
2. New Horizons Clinic - New Horizons
3. Craggs Clinic – Kurland Village
4. Kranshoek Clinic- Kranshoek
5. Greenvalley Clinic- Witte Drift

Telephone : (044) 501-3200
Fax : (044) 533-3846
E-mail : clinic@plett.gov.za

Contact Person:

Sr. Samuel

Services:

- Ante-natal counselling and examination
- Screening of risk factors
- Referral if needed
- Education
- Post- Natal
- Screening for development, impairment of new-born and other congenital/genetic disorders
- Information regarding breast-feeding support
- Education of child-feeding and care

Beaufort West Provincial Hospital

Physical Address:

Voortrekker Street
Beaufort West

Telephone : (023) 414-8200
Fax : (023) 414-2466

Contact Person

Matron Jonker

Services

- Crisis counselling available at the trauma unit
- Comfort room available in cases of rape, domestic violence and assault
- Hospital counsellors do awareness raising at schools

FEMNET

Postal Address:

Telephone : (023) 414-2765

Contact Person

Isabella Baartman

Services

- CBO which intervenes in violent family situations
- Refers women and children to Social Services for counselling
- Emergency accommodation for 2 – 3 women or children overnight

Diakonaledienste: Beaufort West

Physical Address:

20 Brand Street
Beaufort West

Postal Address:

PO Box 233
Beaufort West
6790

Telephone : (023) 414-3973
Fax : (023) 414-4976
E-mail : bw.badisa@telkomsa.net

Contact Person

Audrey Anthony

Services

- Social work and counselling services
- Church-based welfare organisation

Badisa: Weskus

Physical Address:

Housrtaat 28
Vredenburg

Postal Address:

P O Box 95
Vredenburg
7380

Telephone : (022) 713-1723
Fax : (022) 713-1668

Contact Person

Mrs. Hill

Services

- Counselling services
- Preventative work
- Child and family welfare
- Marriage and divorce services
- Pregnancy counselling and information
- Services to the aged
- Substance abuse services

FAMSA: Oudtshoorn

(Area Serves: Oudtshoorn & Beaufort West)

Physical Address:

196 Church Street
Oudtshoorn
6625

Postal Address:

P O Box 1036
Oudtshoorn
6625

Telephone : (044) 272-7020
Fax : (044) 272-7020
Email : famsakaroo@absamail.co.za

Contact Person

Caroline Wagenaar

Services

- 8am-4pm
- Individual and group counselling
- HIV Counselling

Rape Crisis: Somerset West

Housed at the Helderberg Crisis Centre

Physical Address:

Helderberg Hospital Complex
Somerset West

Telephone : (021) 852-5620
Fax : (021) 852-5620
Cell (24hr) : 083 484 9409
Email : rch@freemail.absa.co.za

Contact Person

Reinette Evans

Services

- On call 24 hours a day
- Medical examination
- Crisis counselling

Rape Crisis: Stellenbosch

Postal Address:

Postnet Box 268
Private Bag X5061
Stellenbosch

Telephone : (021) 887-1844
Cell (24 hr) : 083 2444 887

Contact Person

Danette Kotze – 082 9038261 (info)

Services

- Crisis counselling and information
- Clients referred to psychology interns from Stellenbosch University for follow up intervention

Mosaic Training, Service and Healing Centre: Mbekweni

Physical Address:

W46 Mkhonto Street
Mbekweni
Paarl
7625

Postal Address:

C/o Cape Town Office
PO Box 940
Sea Point
8060

Telephone : (021) 434-7916
Fax : (021) 434-7586
Email : rmiller@iafrica.com

Contact Person

Roelene Miller

Services

- Counselling and support services for survivors of rape and domestic violence
- Assertiveness training
- Support services at Domestic violence section – Paarl Court

WEST COAST REGION

United Sanctuary Against Abuse

Postal Address:

P O Box 925
Reygersdal
Atlantis
7359

Telephone : (021) 572-8662
Fax : (021) 572-8662
E-mail : campus@mweb.co.za

Contact Person

Ms Magrieta Ruiters
083 243 9313 / 082 3622108

Services

- Counselling services for rape, domestic violence and sexual abuse
- Shelter for abused women and children
- Secondary support services:
- Human rights & legal structures
- Court support / children's court support
- Related support services:
- Violence against children and childcare
- SAPS CPU
- Child abuse services
- HIV/AIDS services:
- Counselling
- Shelter
- Training and education
- Services for the aged:
- Day care centre (still in the planning stages)

COUNSELLING SERVICES

DOMESTIC VIOLENCE

NICRO Women's Support Centre

Physical & Postal Address:

4 Buitensingel
Cape Town
8001

Telephone : (021) 422-1690
Fax : (021) 424-6879
Email : petula@prov.nicro.co.za

Contact Person

Petula Chamberlain

Services

- Offers counselling and legal assistance to women who are or have been physically, verbally, emotionally, sexually and/or economically abused
- Open and closed support groups
- Trauma debriefing
- Training and education

NICRO: Khayelitsha

Physical & Postal Address:

CWD Building
E505 Scott Street
Khayelitsha

Telephone : (021) 361-1393

Nyanga Police Station
Tel:(021) 386-3434
Fax:(021) 386-1973

Khayelitsha Police Station
Tel:(021) 361-3330
Fax:(021) 361-0798

Contact Person

Nomsa (021) 447-4000

Services

- Offers counselling and legal assistance to women who are or have been physically, verbally, emotionally, sexually and/or economically abused.

NICRO: Mitchells Plain

Mitchells Plain Police Station
Mitchells Plain Court (Witness Support Room)

Physical Address:

2 Palestrina Street
Eastridge
Mitchells Plain

Postal Address:

P O Box 443
Town Centre
Mitchells Plain
7789

Telephone : (021) 397-6060/1/2
Fax : (021) 397-4920
E-mail : nadeema@mplain.nicro.co.za
M'Plain Witness Support Room at court: 370-4220

Contact Person

Nadeema Isaacs

Services

- Support to all victims of crime
- Crisis counselling
- Referral to specialized services
- Court preparation and information

NICRO: Atlantis

Physical Address:

Penelope & Sun Streets
Avondale
Atlantis

Telephone : (021) 572-1635
Atlantis Court : (021) 572-1003

Contact Person:

Nolusindiso Mhlauli - based at Mitchell's Plain Office
(021) 397-6060

Services:

- Counselling service to victims of domestic violence
- Crisis intervention, trauma counselling and debriefing and running of support groups
- Provision of legal information and advice, assistance to victims to understand court procedures
- Fully fledged witness support services
- Sensitizing and training of relevant service providers around issues concerning victims/witnesses of crime and domestic violence in order to empower and improve services
- Provides training packages i.e. facilitation, stress & trauma management, teen abuse programs, etc.
- Community education and outreach programme-capacity building of organizations
- Monitoring and advocacy
- Implementation of alternative therapies to address and combat domestic violence

NICRO: Beaufort West

Physical Address:

C/o Dutch Reform Church, Kerk & Donkin Streets
Beaufort West

Telephone : (023) 415-3677
Fax : (023) 415-3677

Contact Person:

Adele van Straaten

Services:

- Counselling service to victims of domestic violence
- Crisis intervention, trauma counselling and debriefing and running of support groups
- Provision of legal information and advice, assistance to victims to understand court procedures
- Sensitizing and training of relevant service providers around issues concerning victims/witnesses of crime and domestic violence in order to empower and improve services
- Provides training packages i.e. facilitation, stress & trauma management, teen abuse programs, etc.
- Community education and outreach programme-capacity building of organizations
- Monitoring and advocacy
- Implementation of alternative therapies to address and combat domestic violence

Family and Marriage Society of South Africa FAMSA: Observatory

Physical & Postal Address

9 Bowden Road
Observatory

Telephone : (021) 447-7951
Fax : (021) 447-0174
E-mail : famsa@famsawc.org.za
Website : www.famsa.org.za

Contact Person:

Noelene Blekkenhorst

Services:

- Individual, couple and family counselling for victims/survivors, perpetrators and children regarding domestic violence
- Treatment groups for perpetrators
- Marriage/relationship counselling
- Divorce counselling and medication
- Training in: Domestic violence, basic counselling skills, couple counselling, trauma debriefing and family counselling

Mosaic

Physical Address:

66 Cnr Mortlake & Ottery Road
Wynberg
7824

Postal Address:

PO Box 940
Sea Point
8040

Telephone : (021) 761-7585
Fax : (021) 761-7584
Email : admin@mosaic-sa.co.za

Contact Person

Roelene Miller

Services

A community based non-profit organization that seeks to heal and empower women against abuse and violence.

- Offers supportive and educational services for abused women and female youth
- Offers education about abuse, workshops, support groups and counselling
- Mosaic Court Support Desks offer support services at Domestic Violence Section of several Magistrates Courts
- Counselling Skills training for grassroots women and service providers
- Public education about abuse
- Assertiveness training for women
- Training of volunteers to help applicants for protection orders at Magistrates Courts
- Public education about abuse and rape
- Counselling and support groups for rape survivors

Love in Action

Physical Address:

Beacon Vale Community Centre
Michells Plain

Telephone : (021) 391-1925

Contact Person

Dorothy Williams

Services

- Counselling services to domestic and rape survivors

CWD Woman Awakened Programme: Elsie's River

Physical Address:

Multi- Purpose Centre
Halt Road
Elsies River

Postal Address:

P O Box 75
Matroosfontein
Elsies River

Telephone : (021) 931-3725
Fax : (021) 931-3725
Email : radicalchange-cwd@yahoo.com

Contact Person

Lorraine van der Westhuizen
Sharon Rhode

Services

- Counselling for domestic violence survivors and their family.
- Counselling at factories for employees and employers.
- Educational awareness raising through role-play and talks.
- Training of volunteers and establishing of support groups
- HIV/AIDS education

CWD Domestic Violence Project: Gugulethu

Physical Address:

St Gabriels Catholic Church
Gugulethu NY5
7750

Telephone : (021) 633-3458 / 637-4420

Contact Person

Zodwa Sonkqavi

Services

- 9am – 5pm
- Counselling for domestic violence survivors

Family and Marriage Society of South Africa (FAMSA)

Physical Address:

9 Bodden Road
Observatory

Telephone : (021) 447-7951
Fax : (021) 461-9198
Email : famsa@famsawc.or.za

Contact Person

Davelene Madumo

Services

- Face-to-face counselling for couples and individuals in the following fields: spouse abuse, family abuse, divorce
- Treatment groups with perpetrators
- Family Therapy
- HIV/Aids referrals

FAMSA: Gugulethu

Physical Address:

9 Masizake Street
Gugulethu

Telephone : (021) 637-6706

Contact Person

Zimkhita Ntobogwana

Services

- Face-to-face counselling for couples and individuals in the following fields: spouse abuse, family abuse, divorce
- Treatment groups with perpetrators
- Family Therapy
- HIV/Aids referrals

FAMSA: Khayelitsha

Physical Address:

CWD Centre
E505 Scott Road
Khayelitsha

Telephone : (021) 361-9098
Fax : (021) 364-0231

Contact Person

Ntombekaya Sigonya

Services

- Face-to-face counselling for couples and individuals in the following fields: spouse abuse, family abuse, divorce
- Treatment groups with perpetrators
- Family Therapy
- HIV/Aids referrals

Triangle Project

Physical Address:

Unit 26
Waverley Business Park
Wyckoff Road
Mowbray
7705

Postal Address:

PO Box 13935
Mowbray
7705

Telephone : (021) 448-3812
Fax : (021) 448-4089
Email : info@triangle.org.za

Contact Person

Heather Adonis

Services

- Counselling and support to clients experiencing violence in lesbian and gay relationships
- Test/Clinic for HIV/Aids
- Group Sessions
- Mon-Tues – 8.30am-8.30pm
- Wed-Fri – 8.30am-4.30pm
- Weekends closed

Chumani Women's Support Group

Physical Address:

31 Natchez Crescent
Graceland
Khayelitsha
7535

Standby : (021) 361-3461

Contact Person

Thoko Speelman

Services

- Find safe places for women to stay
- Counselling
- Focus on empowerment
- 24hr telephone service
- HIV/Aids refer
- Awareness on rehabilitation
Talk on HIV/Aids

Western Cape Anti-Crime Forum

Postal Address:

PO Box 484
Gatesville
7764

Telephone : (021) 699-0913
Fax : (021) 699-1048

Contact Person

Gaynor Wasser

Services

- Counselling
- Referrals and intervention
- Training with police
- Deal with rape and domestic violence survivors
- Anti-crime forum
- Training & Development – urban & rural areas
- Lobbying and networking with other organisations

Kraaifontein Support Group

Physical Address:

27 Verster Road
Kraaifontein
7570

Telephone : (021) 988-4869
Email : bonnie@webmail.co.za

Contact Person

Loretta Thomas

Services

- 24 hour service
- Emergency shelter for rape and domestic violence survivors
- Counselling services
- Referrals to legal and medical services

New World Foundation

Physical Address:

New World Foundation Building
Grindale Ave
Lavender Hill
7945

Telephone : (021) 701-9744
Fax : (021) 701-9592
Email : vanessa@newworldfoundation.org.za

Contact Person

Vanessa Brown
Collette Egypt

Services

- Social worker gives advice and help with housing and social issues
- Counselling focus on domestic violence
- Training Centre
- Mon-Thurs – 8.30am-5pm
- Fri – 8.30am-3.30pm

Sanca

Physical & Postal Address

E505 Scott Street
CWD Building
Khayelitsha
7784

Telephone : (021) 364-5510
Fax : (021) 364-5510
Cell : 0833479627

Contact Person

Guyborn Ketse
Ms Nteboheng Rapita

Services

- Assessment and counselling
- Referrals
- Prevention programmes
- Community education
- Training
- Aftercare
- Support groups
- Industrial consultation services

NICRO: George

Physical Address:

88 York Road
George
6529

Postal Address:

P O Box 10106
George
6530

Telephone : (044) 874-5450
Fax : (044) 874-5450
Email : nicrogr@global.co.za

Contact Person

Anne Adendorff

Services

- Counselling and support services
- Training of counselling volunteers
- Training of police in domestic violence issues
- Serves George, Knysna, Mossel Bay, Oudtshoorn, Ladysmith and Calitzdorp

N2 South Cape Rural Development Forum

Physical Address:

GA Keyser Centre
2nd Floor
Room 1
George
6530

Postal Address:

PO Box 1045
George
6530

Telephone : (044) 874-3921/0721
Fax : (044) 874 3716

Contact Person

Lorraine Deysel

Services

- Provides a general service for women living along the N2
- Building capacity of women in the rural areas
- Referral
- Programs on behalf of Department of Health
- Training in HIV & general health care to the community

Karoo Centre for Human Rights

Physical Address:

104B New Street
Beaufort West
6970

Postal Address:

PO Box 618
Beaufort West
6970

Telephone : (023) 414- 2480
Fax : (023) 414- 2470
Email : kcfr@telcomsa.net

Contact Person

James Diamond

Services

- Prisoner rights (referral) – men/women
- Awareness programmes around Domestic violence, know your rights & how to apply for interdicts
- Farm workers – men / women, their rights on land issues

FEMNET

See page 9 for information

Beaufort West Provincial Hospital

Women Oppose Violence

Women Oppose Violence: Malibongwe Women's Shelter

Telephone : (044) 272-5739
Cell :

Contact Person

Elaine September

Services

- offers crisis safehouse facilities
- currently trying to set up a shelter in Oudtshoorn

NICRO, Stellenbosch

Physical Address:

VGK Centre
Long Street
Cloetesville
Stellenbosch

Telephone : (021) 889-8720
Email : nicrowc@wn.apc.org

Contact Person

Amanda Adams
(Based at CT office for admin – 447 4000 Fridays only)

Services

- Crisis intervention in domestic violence situations
- Counselling services of domestic victims

Mosaic

See page 4 and 7 for information

NICRO: Worcester

Physical Address:

51B Bearing Street
Worcester

Telephone : (023) 347-2406
Fax : (023) 347-4540
E-mail : nicrowoc@global.co.za

Contact Person

Jurene Horne
Ceres Police Station (023) 316-5001

Services

- Provides community education and workshops in the schools
- Visits farms
- Training of volunteers to render counselling services
- Liaises closely with police and justice personnel
Serves whole Boland area

Nicro: Paarl

Physical Address:

Municipal Building
Solomon Street
Paarl East

Telephone : (021) 862-1273
Email : nicrowc@wn.apc.org

Contact Person

Amanda Adams
(Based at CT office for admin – 447 4000 Fridays only)

Services

- Counsels abused women and children daily
- Train volunteers to maintain the service

Nicro: Beaufort West

Physical Address:

Dutch Reform Church Grounds
Cnr Donkin & Church Street
Beaufort west

Postal Address:

P O Box 1181
Beaufort West
6970

Telephone : (023) 415-3677
Fax : (023) 415-3677
Cell : 082 2020221
Email : nicrobefw@global.co.za

Contact Person

Mrs Adele van Straaten
Bernie Gordan

Services

- Criminal victim support program
- Counselling and administrative help: legal issues
- Diversion program for youth
- Crime prevention programs
- Rehabilitation program for youth offenders

NICRO, Atlantis

Vredenburg / Saldanha Police Station
Atlantis Court

Physical Address:

CWD Building
Cnr. Sun and Penelope Streets
Avondale
Atlantis

Telephone : (021) 572-7655
Fax : (021) 572-1635
Email : nicroatl@global.co.za

Contact Person

Marilyn Gilbert-Harris

Services

- Support for Abused Women Project
 - Crisis counselling
 - Service to all victims of crime
 - Training volunteers to maintain presence at police stations and court and do victim empowerment
 - Mon, Wed, Thurs – 9am-3pm – by appointment only
 - Atlantis Magistrate Court Witness Support Services: Mon-Fri 9am-1pm, Tel 5721003 ext 260
-

Women Who Care

Physical & Postal Address:

15 Mentol Crescent
Avondale
Atlantis

Telephone : (021) 572-2455
Fax : (021) 572-3956
Cell : 082 696 8087

Contact Person

Farieda Rajap

Services

- Domestic violence
- Child Abuse
- Rape Crisis
- Battered Women
- Abuse of the elderly
- Battered men
- Available for 24 hours

Wesfleur Day Hospital, Atlantis

Telephone : (021) 572-3071/
Fax : (021) 572-4420

Contact Person

Naomi Seidi

Services

- Training of volunteers for dealing with violence against women cases

SEXUAL HARASSMENT

Sexual Harassment Prevention and Support Services (SHARPSS)

Physical & Postal Address:

Cottage No. 8
Lower Campus
Protem, UCT

Telephone : (021) 650-3530
Fax : (021) 650-5176
Email : fbotha@protem.uct.ac.za

- **Services** (For university students only)
- Workshops/courses on sensitising campus community to issues of sexual harassment
- Investigation on discrimination and harassment
- Counselling services
- HIV/Aids

Cape Peninsula University of Technology

Physical Address:

Cape Peninsula University of Technology
Symphony Way
Bellville

Telephone : (021) 959-6226
Fax : (021) 959-6100
Email : levendals@cput.ac.za

Services

Deal with issues of:

- Gender equity
- Sexual harassment
- Raising awareness education

Contact Person:

Shirley Levendal

Cape Peninsula University of Technology

Physical Address:

Cape Peninsula University of Technology
Keizersgracht & Tennant Street
District Six
Cape Town

Postal Address:

P O Box 652
Cape Town
8000

Telephone : (021) 460-4252
Fax : (021) 460-3794
Email : mohammedaa@cput.ac.za

Services

- To prevent, control and manage HIV/AIDS among the students and staff of the CPUT
- Curricular Program
- Community outreach programmes
- Staff and student training
- VCT and PEP
- Care and support group
- Peer education programme
- Awareness programme
- Workplace programmes
- Research

Contact Person:

Mr Ashraf Mohammed

Gender Equity Unit- UWC

Physical Address:

Gender Equity Unit
University of the Western Cape
Moddeerdam Road
Bellville

Telephone : (021) 959-2812
Fax : (021) 959-1314

Services

- Provides masculinity training around issues of violence against women
- Sexual harassment workshops for students and staff
- Awareness raising workshops with organizations off-campus

Contact Person:

Mary Hames

PERPETRATOR SERVICES

We have been unable to locate perpetrator services in the rural areas, please contact us with information for the next edition.

Family and Marriage Society of South Africa (FAMSA)

Physical Address:

9 Bowden Road
Observatory

Telephone : (021) 447-7951
Fax : (021) 447-0174
E-mail : famsa@famsawc.org.za

Contact Person:

Davelene Madumo

Services

- Fees charged according to sliding scale
- Counselling on spouse abuse/ wife battering
- General stopping violence programme
- 15 wk rehabilitation programme either voluntary/court mandated
- Basic counselling skills
- 8.30am-4.30pm

CATTS

Physical Address:

Kenilworth Clinic
Kenilworth Road
Kenilworth
7780

Postal Address:

PO Box 24525
Lansdowne
7779

Telephone : (021) 797-1400
Fax : (021) 761-9109
Cell : 082 490 6469
Email : abuseissues@mweb.co.za

Contact Person

Marcel Londt

Services

- Sexual deviance and violence
- Marital problems
- Child & adolescent aggression
- Domestic violence
- Trauma (counselling)
- Child abuse, rape and incest

PAWC Social Services Mitchells Plain

Physical Address:

45 Alpha Street
Wespoort Park
Mitchell's Plain Industrial Area

Telephone : (021) 370-4800
Fax : (021) 376-1342

Contact Person

Ms H. Short, Ms L. Losper or Ms J. Poggenpoel

Services

- Offers group counselling services to men who abuse their partners

Prisoners Friend, Wynberg Court

Postal Address:

Private Bag X3
Wynberg
7824

Telephone : (021) 799-100/73

Fax : (021) 761-4518

Contact Person

Mrs Pillay

Services

- Diversion of juveniles to Nicro after they have been referred there by the Court or if their family seeks help for them

Centre for Conflict Resolution (CUT)

Postal Address:

Bertram Place
Hiddingh Campus 31-37
Orange Street
Cape Town

Tele/Fax : (021) 422-2622

Contact Person

Fiona Grant

Services

- Mediation
- Facilitation
- Training

RAPCAN

Physical Address:

DP Marais Centre
C/o of White and Main Road
Retreat

Postal Address:

Postnet Suit 87
Private Bag X12
Tokai
7966

Telephone : (021) 712-2330

Fax : (021) 712-2365

Contact Person

Lorna Siers

Services

- Involved with the SAYS top (South African Youth Sex Offenders programme) programme in conjunction with: **Nicro (see page 13), Inst. Of Criminology (see page 72) and Community Law Centre (see page 71)**
- Mentoring and train probation officers who run the programme

UMAC (U Managing Conflict)

Postal Address:

88 Station Road
Observatory
7925

Telephone : (021) 442-3600
Fax : (021) 448-5476
Email : Baba@umac.org.za
: Jasmin@umac.org.za
: umac@umac.org.za

Contact Person:

Hombakazi Zide
Jasmine Nordien

Services

- Community development and conflict resolution
 - Conflict resolution interventions- e.g. Mediation, crisis intervention
 - Process facilitation primarily@ community level
- Capacity building and training:**
- Conflict resolution and peace building
 - Gender and peace building
 - Criminal justice system
 - Social crime prevention
 - Election monitoring

Please note: We have been unable to locate perpetrator services in the rural areas, please contact us for information for the next edition.

CREATIVE EDUCATION WITH YOUTH AT RISK (CRED)

Physical Address:

1 Scott Road
Observatory
7925

Postal Address:

P O Box 2565

Cape Town
8000

Tel: 021 447 1999
Fax: 021 448 5192 / 086 616 2674
E-mail: valda@cred.org.za

Contact Person:

Valda Lucas

SERVICES: (Boys and Girls 14 – 25

- **Awaiting Trial** – Pre trial awareness and Behavioural Change

Sentenced Programme – personal development and self expression

Pre- Release Programme – Life and Social Skills Development

Post – Release Programme - access to opportunity & reintegration

PREVENTATIVE WORK WITH MEN

5-in-6 Project

Physical Address:

33 Kasselsvlei Road
Bellville South
7530

Postal Address:

33 Kasselsvlei Road
Bellville South
7530

Telephone : (021) 951-7869
Fax : (021) 425-4295 (c/o CWD)

Contact Person

Charles Maisal
Marius Del Carme

Services

- Preventative workshops with men
- Domestic violence workshops with male farm workers
- General public education about domestic violence

Embizweni

Physical Address:

E505 Scotden Street
Khayelitsha
CWD Building

Telephone : (021) 361-6558
Fax : (021) 361-9334
Cell : 083 542 1537

Contact Person

Dumisani Nqina
George Dingiswayo

Services

- Run workshops with men around gender equality, domestic violence, abuse in general, parenting skills
- Counselling perpetrators and victims of domestic violence

Men's Kindness Program

Physical Address:

160 Sir Lowry Rd
Woodstock
Cape Town

Postal Address:

P O Box 165
Cape Town
8000

Telephone : (021) 461-8338
Fax : (021) 461-6823
Cell : 082 686 7425
E-mail : wessel@ikamva.co.za

Contact Person:

Wessel van der Berg

Services:

- Programs implementing role-modelling between men and young boys
- Fatherhood skills with men
- Family enrichment with men
- Community men's groups

Men's Trust

Physical Address:

8 Erin Road
Rondebosch
7700

Postal Address

P O Box 2950
Cape Town
8000

Telephone : (021) 686-2424

Cell : 083 248 2476

Contact Person

Byran Hansen

Services

- Provides self-help, peer learning and facilitated courses and programs
- Promoting and supporting men's groups
- Promoting networks of communication
- Facilitating community education for men's awareness

EngenderHealth

Physical Address:

Salt River Community House
41 Salt River Road
Salt River

Postal Address

P O Box 1995
Houghton
2043

Telephone : (021) 448 8126

Fax : (021) 448 8754

Cell : 082 940 3758

Contact Person

Rodney Fortuin

Services

- Engaging men in slowing the spread of HIV/AIDS and preventing violence against women and children.
- Provide training and technical assistance
- Build the capacity of civil society organization to engage men and to implement Man As Partners

Southern African Media and Gender Institute

Physical Address:

Southern African Media and Gender Institute
4th Floor, Dumbarton House
1 Church Street
Cape Town
SOUTH AFRICA
8001

Tel: +27-21-4240653

Fax: +27-21-4240659

Mobile: +27-826779439

Contact Person

Judith Smith Vialva

Services:

- Run workshops with men around gender equality, domestic violence, abuse in general, parenting skills
- Gender sensitivity training

The Athlone House of Strength

Physical Address:

The Athlone Institute
Sandrift Street
Paarl

Cell : 083 512 4500

Contact Person

Fiona Brophy

Services

- Gender Reconciliation Programme

RAPCAN

Physical Address:

DP Marais Centre
C / o of White and Main Road
Retreat

Postal Address:

Postnet Suit 87
Private Bag X 12
Tokai
7966

Telephone : (021) 712 2330
Fax : (021) 712 2365

Contact Person

Lorna Siers

Services

- awareness raising about child abuse
- skills training in basic
- child abuse awareness programme
- develop educational materials for community awareness and run workshops for police
- resource library
- referrals for counselling

Molo Songololo

Physical Address:

No.3 Braeside Road
Kenilworth, 7700

Postal Address:

P O Box 53269
Kenilworth
7745
Telephone :021 762 5420
Fax: 021 762 5431

Contact Person

Ronnie Ngalo

Services

- Educate, train and Mobilise young Men on issues affecting them.
- Have Men Discussions, workshop, Camps, Debates, Road shows Radio Talks on Gender Interpersonal, HIV /AIDS / Culture / religion
- Life skills program to empower and bring positive change.

FAMSA: Observatory

Physical & Postal Address

9 Bowden Road
Observatory

Telephone : (021) 447-7951
Fax : (021) 447-0174
E-mail : famsa@famsawc.org.za

Contact Person:

Davelene Madumo / Glynis Rhodes

Services:

- Individual, couple and family counselling for victims/survivors, perpetrators and children regarding domestic violence
- Treatment groups for perpetrators
- Marriage/relationship counselling
- Divorce counselling and medication
- Training in: Domestic violence, basic counselling skills, couple counselling, trauma debriefing and family counselling

GENERAL COUNSELLING SERVICES WHICH SUPPORT SURVIVORS

CAPE METRO

CAFDA (Cape Flats Development Association)

Physical Address:

Cnr 8th Ave and Prince George Drive
Retreat
7945

Postal Address:

PO Box 211
Retreat
7965

Telephone : (021) 706-2050
Fax : (021) 706-0765
Email : cafda@iafrica.com

Contact Person

Belinda Leeuwendal

Services

- Support groups for rape and domestic violence survivors
- Offers a temporary place of safety for abused/neglected children
- General counselling services
- Mon-Thurs 8.30am-4.30pm
- Fri 8.30am-4pm

Lifeline: Cape Town

Telephone : (021) 461-1111
Fax : (021) 461-6400
Email : lifeline@iafrica.com

Contact Person

Counsellor on duty
24 Hours

Lifeline: Khayelitsha

Physical Address:

CWD Centre
E505 Scott Road
Khayelitsha
7784

Telephone : (021) 361-5382
Fax : (021) 361-5787

Contact Person

Mpho Modise

Lifeline: Gugulethu

Telephone : (021) 637-7606

Contact Person

Counsellor on duty

Social Services: Khayelitsha

Telephone : (021) 364-1330
Fax : (021) 364-1337

Contact Person

The Office Manager

Social Services: Bellville

Telephone : (021) 940-7100
Fax : (021) 948-3024

Contact Person

Mr. Q Arendse

Social Services: Gugulethu

Telephone : (021) 638-5151
Fax : (021) 638-5117

Contact Person

Ms M Noguduka

Social Services: Nyanga

Telephone : (021) 386-1208

Social Services: Mitchells Plain

Telephone : (021) 370-4800
Fax : (021) 376-1342

Contact Person

Mr. L Woldson

Social Services: Athlone

Telephone : (021) 696-8038
Fax : (021) 697--5543

Contact Person

Ms A Ntebe

Social Services: Cape Town

Telephone : (021) 481-9700
Fax : (021) 423-8331

Contact Person

Ms A. van Zyl

Amy Biehl Foundation

Physical & Postal Address:

M Floor Broadway Centre
Hertzog Blvd
Foreshore
8001

Telephone : (021) 425-0094

Contact Person

Mandisa Qonqo

Services

- Anti violence for the youth
- After school program
- HIV / Aids education program

SOUTHERN CAPE

Social Services: George

Telephone : (044) 874-2010

Fax : (044) 873-5422

Contact Person

Mrs D. Wewers

Department of Social Services, Riverdale

Physical Address:

Municipal Building
Riverdale
6770

Postal Address:

PO Box 210
Riverdale
6770

Christelike Maatskaplike Raad (CMR): Beaufort West

Badisa**Skiereiland Maatskaplike Dienste****Physical & Postal Address:**

Sesdestraat 91
Elsiesrivier
7490

Telephone : (021) 932-6271

Fax : (021) 933-1072

E-mail : sdd@telkomsa.net

Contact Person

Ms A van Dyck

Services

- Counselling services
- Preventative work
- General counselling services which support survivors
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS

Bellcare

Physical Address:

1st Second Avenue
 Boston
 Bellville
 7535

Postal Address:

P O Box 901
 Bellville
 7535

Telephone : (021) 945-1064
 Fax : (021) 945-1069
 E-mail : maatskapbell@mweb.co.za

Contact Person

Ms A Muller

Services

- Counselling services
- Preventative work
- General counselling services which support survivors
- Related support services:
 - Child abuse services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Services for the aged

BADISA: Kuilsrivier

Physical Address:

18 Rietvlei Street
 Kuilsrivier
 7580

Postal Address:

PO Box 899
 Kuilsrivier
 7579

Telephone : (021) 906-1881
 Fax : (021) 903-5990
 E-mail : badisakuil@telkomsa.net

Contact Person

Ms E du Toit

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Strand

Physical Address:

15 Onverwacht Street
 Strand
 7140

Postal Address:

PO Box 810
 Strand
 7139

Telephone : (021) 853-1888
 Fax : (021) 853-8299

Contact Person

Ms N Smith

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Bellville-Suid

Physical Address:

Kasselsvlei Sentrum
 Nick Kearns Lane
 Bellville-Suid
 7530

Postal Address:

P O Box 412
 Kasselsvlei
 7533

Telephone : (021) 951-4055
 Fax : (021) 951-4055

Contact Person

Mrs J May

Services

- Child abuse and neglect
- Statutory intervention
- Support groups:
- Children
- Women
- Parents
- Life skills
- Substance abuse
- Services for the aged

CMR: Goodwood

Physical & Postal Address:

P/a Uit-en-Tuis Bewaarskool
 Voortrekkerrstraat 234
 Vasco

Telephone : (021) 952-2783
 Fax : (021) 952-6546
 E-mail : cmrgoodwood@mweb.co.za

Contact Person

Mrs L le Roux

Services

- Family and child services
- Statutory intervention
- Support groups:
- Children
- Women
- Parents
- Life skills
- Substance abuse
- Services for the aged

CMR: Parow

Physical Address:

27 Picton Street
 Parow
 7500

Postal Address:

P O Box 65
 Parow
 7499

Telephone : (021) 939-9120
 Fax : (021) 939-2636
 E-mail : cmrravensmea@mweb.co.za

Contact Person

Mrs A Oberholzer

Services

- Child abuse
- Statutory intervention
- Support groups:
- Children
- Women
- Parents
- Life skills
- Substance abuse
- Services for the aged

CMR: Ravensmead

Physical Address:

27 Picton Street
Parow
7500

Postal Address:

P O Box 65
Parow
7499

Telephone : (021) 939-9120
Fax : (021) 939-2636
E-mail : cmrravensmea@mweb.co.za

Contact Person

Mrs I Swartz

Services

- Child abuse
- Statutory intervention
- Support groups:
- Children
- Women
- Parents
- Life skills
- Substance abuse
- Feeding schemes at schools

BADISA: Bonnievale

Physical Address:

Gumgrove
Bonnievale
6730

Postal Address:

PO Box 259
Bonnievale
6730

Telephone : (023) 616-2433
Fax : (023) 616-2433
E-mail: : diakonaal@absamail.co.za

Contact Person

Ms C Niemand

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Police stations in each area
- Police complaints/compliments

BADISA: Caledon

Physical Address:

VGK Church Office
Main Road
Caledon
7230

Postal Address:

PO Box 597
Caledon
7230

Telephone : (028) 212-1605
Fax : (028) 212-1605

Contact Person

Ms M Wilson

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
 - General information
 - Couple counselling
- Pregnancy services:
 - Counselling and information
- Substance abuse or addiction
- Suicide services
- Services for the aged
- Police stations in each area
- Police complaints/compliments

BADISA: Ceres

Physical Address:

29 Lyle Street
Ceres
6835

Postal Address:

PO Box 684
Ceres
6835

Telephone : (023) 312-1380
Fax : (023) 312-2478

Contact Person

Ms L Muller

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

Maatskaplike Dienste: Gansbaai

Physical Address:

Main Road
Gansbaai
7220

Postal Address:

PO Box 1
Gansbaai
7220

Telephone : (028) 384-0151
Fax : (028) 384-0151

Contact Person

Ms M Soldaat

Services

- Counselling services:
 - Rape
 - Domestic violence
 - Sexual harassment
 - Violence against children and childcare services:
 - SAPS Child Protection Units (CPUs) and individuals
 - Hospital services for abused children
 - Marriage and divorce services:
 - General information
 - Couple counselling
 - Substance abuse or addiction
 - Suicide services
 - Services for the aged
 - Police stations in each area
- Police complaints/compliments

Hermanus, Stanford & Gansbaai Maatskaplike Dienste

Physical Address:

Grobbelaarsaal
Kusweg
Hermanus
7200

Postal Address:

PO Box 128
Hermanus
7200

Telephone : (028) 212-1605
Fax : (028) 212-1605
E-mail : cmr@hermanus.co.za

Contact Person

Ms E du Toit

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
 - General information
 - Couple counselling
- Pregnancy services:
 - Counselling and information
- Substance abuse or addiction
- Suicide services
- Services for the aged
- Police stations in each area
- Police complaints/compliments

BADISA: Riviersonderend

Physical Address:

Prince Street
Riviersonderend
7250

Postal Address:

PO Box 123
Riviersonderend
7230

Telephone : (028) 212-1257
Fax : (028) 212-1257
E-mail : badisarse@lando.co.za

Contact Person

Ms S McKenzie

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
 - General information
 - Couple counselling
- Pregnancy services:
 - Counselling and information
- Substance abuse or addiction
- Suicide services
- HIV/AIDS services and care centres
- Services for the aged
- Police stations in each area
- Police complaints/compliments

BADISA: Villiersdorp

Physical Address:

Malherbe Street
Villiersdorp
6848

Postal Address:

PO Box 53
Villiersdorp
6848

Telephone : (028) 840-1700
Fax : (028) 840-1700
E-mail : cmrvd@telkomsa.net

Contact Person

Ms C van Hysteen

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
 - General information
 - couple counselling
- Substance abuse or addiction
- Suicide services
- Services for the aged
- Police stations in each area
- Police complaints/compliments

BADISA: Wolseley

Physical Address:

C/o White & Collard Street
Wolseley
6830

Postal Address:

PO Box 19
Wolseley
6830

Telephone : (023) 231-1704
Fax : (023) 231-1234
E-mail : cmrcfa@xpoint.co.za

Contact Person

Ms E Maartens

Services

- Counselling services :
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS, Substance abuse
- Services for the aged

BADISA: Breedevallei

Physical Address:

75 Fairbairn Street
Worcester
6849

Postal Address:

P O Box 558
Worcester
6849

Telephone : (023) 347-1775
Fax : (023) 347-0106
E-mail : cmrcw@xpoint.co.za

Contact Person

Ms A Hattingh

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Citrusdal

Physical Address:

87 Kerk Street
Citrusdal
7340

Postal Address:

P O Box 230
Citrusdal
7340

Telephone : (022) 921-3148
Fax : (022) 921-2877
E-mail : cmrcit@kingsley.co.za

Contact Person

Ms A Hechter

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Clanwilliam

Physical Address:

Buitekant Street
Clanwilliam
8135

Postal Address:

P O Box 174
Clanwilliam
8135

Telephone : (027) 482-2362
Fax : (027) 482-1231
E-mail : badisaclan@telkomsa.net

Contact Person

Ms A Klasste

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Pieketberg

Physical Address:

Loop Street
Pieketberg
7320

Postal Address:

P O Box 161
Pieketberg
7320

Telephone : (022) 913-2545
Fax : (022) 913-2545

Contact Person**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Soup kitchen

BADISA: Porterville

Physical Address:

Jakaranda Street
Porterville
6810

Postal Address:

P O Box 238
Porterville
6810

Telephone : (022) 931-2516
Fax : (022) 931-2516

Contact Person**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Soup kitchen

Matzi-Care

Physical Address:

Voortrekker Street
Vanrhynsdorp
8170

Postal Address:

P O Box 118
Vanrhynsdorp
8170

Telephone : (027) 219-1926
Fax : (027) 219-1926
E-mail : cmrvanryn@xsinet.co.za

Contact Person

Mrs. M Steenkamp

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Weskus

Physical Address:

28 Hout Street
Vredenburg
7380

Postal Address:

P O Box 95
Vredenburg
7380

Telephone : (022) 713-1723
Fax : (022) 713-1668
E-mail : cmrvredenburg@xsinet.co.za

Contact Person

Mrs. J Hill

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Training: Domestic help (house keeping)

BADISA: Knysna

Physical Address:

C/o Long & Graham Street
Knysna
6570

Postal Address:

P O Box 400
Knysna
6570

Telephone : (044) 382-6412
Fax : (044) 382-2502
E-mail : kvd@lantiv.net

Contact Person

Mrs. A Botha

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Ladismith

Physical Address:

Koning Street
Ladismith
6655

Postal Address:

P O Box 50
Ladismith
6655

Telephone : (028) 551-1808
Fax : (028) 551-1271
E-mail : cmrlds@telkomsa.net

Contact Person

Ms W Esbach

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

CMR: DROOM

Physical Address:

Warden Street
Riversdal
6670

Postal Address:

P O Box 270
Riversdal
6670

Telephone : (028) 713-3301
Fax : (028) 713-1364
E-mail : droom@xsinet.co.za

Contact Person

Mrs. M Steenkamp

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Stilbaai

Physical Address:

Pastorie Street
Stilbaai
6674

Postal Address:

P O Box 23
Stilbaai
6674

Telephone : (028) 754-2203
Fax : (028) 754-1705
E-mail : ngkstilbaai@telkomsa.net

Contact Person

Mrs. S Filmalter

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: George

Physical Address:

60 Victoria Street
George
6530

Postal Address:

P O Box 76
George
6530

Telephone : (044) 874-5013
Fax : (044) 874-5013
E-mail : cmrg@mweb.co.za

Contact Person

Ms E Walters

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Heidelberg-Kaap

Physical Address:

Swaart Street
Heidelberg
6665

Postal Address:

P O Box 13
Heidelberg
6665

Telephone : (028) 722-1565
Fax : (028) 722-1220
E-mail : cmrheidlb@telkomsa.net

Contact Person

Mrs. S Vermeulen

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Swellendam

Physical Address:

Voortrekker Road
Landdros
Swellendam
6740

Postal Address:

P O Box 282
Swellendam
6740

Telephone : (028) 514-1525
Fax : (028) 514-1525

Contact Person

Mrs. M S

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Kraaifontein

Physical Address:

87 Horak Street
Kraaifontein
7580

Postal Address:

P O Box 85
Kraaifontein
7569

Telephone : (021) 987 2940
Fax : (021) 987-2942

Contact Person

Mrs. H de Goede

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

BADISA: Scottsdene

Physical & Postal Address:

11 Rheebook Lane
Scottsdene
7570

Telephone : (021) 988-7419
Fax : (021) 988-7441

Contact Person

Mrs. R Lindholm

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

No Limits: Street Children

Physical Address:

8 Picton Street
Parow
7500

Postal Address:

P O Box 65
Parow
7499

Telephone : (021) 930-2098
Fax : (021) 930-2636
E-mail : straatk@iafrica.com

Contact Person

Mrs. M Swart

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse

BADISA: Malmesbury

Physical Address:

Jasmyn Street
Malmesbury
7300

Postal Address:

P O Box 77
Malmesbury
7310

Telephone : (022) 486-4460
Fax : (022) 486-4460

Contact Person

Ms G Lewis

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Food parcels

BADISA: Moorreesburg

Physical Address:

C/o Loop & Hoor Street
Moorreesburg
7310

Postal Address:

P O Box 152
Moorreesburg
7310

Telephone : (022) 433-1779
Fax : (022) 433-2612

Contact Person

Ms A Julies

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- Pregnancy services:
 - Counselling and information
- HIV/AIDS
- Substance abuse

BADISA: Riebeeck

Physical Address:

C/o Merindol & Kaggeoffer
Riebeeck-Wes
7306

Postal Address:

P O Box 657
Riebeeck-Wes
7306

Telephone : (021) 930-2098
Fax : (021) 930-2636

Contact Person

Deleon Lawrence

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Soup Kitchen

BADISA: Tulbagh

Physical Address:

Steinthal Road
Tulbagh
6820

Postal Address:

P O Box 13
Tulbagh
6820

Telephone : (023) 230-0193
Fax : (023) 230-0141

Contact Person

Ms C de Villiers

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- Related support services:
 - Child abuse services
 - Child and family welfare services
- HIV/AIDS
- Substance abuse
- Food parcels

ABBA

Physical Address:

Banhoek Road
Stellenbosch
7600

Postal Address:

P O Box 2384
Dennesig
7601

Telephone : (021) 883-8030
Fax : (021) 883-8030
E-mail : abba@adept.co.za

Contact Person

Mrs. J Coetzee

Services

- Counselling services:
- Alcohol related problems
- Rehabilitation investigations
- Awareness drugs and alcohol
- Support group: alcohol problems

BADISA: Wellington

Physical Address:

27 Pentz Street
Wellington
7655

Postal Address:

P O Box 485
Wellington
7654

Telephone : (021) 873-4274
Fax : (021) 873-3424

Contact Person

Mrs. L Bruiners

Services

- Family care
- Counselling services
- Childcare services
- Community development

BADISA: Wynberg

Physical Address:

4 Salisbury Road
Wynberg
7824

Postal Address:

P O Box 18096
Wynberg
7824

Telephone : (021) 761-2671
Fax : (021) 761-2671
E-mail : cmrwynberg@mweb.co.za

Contact Person

Mrs. Brand

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Services for the aged
- Community development

Magdalenahuis

Physical Address:

42 17th Avenue
 Boston
 Bellville
 7535

Postal Address:

P O Box 16
 Bellville
 7530

Telephone : (021) 948-3637
 Fax : (021) 948-3637
 E-mail : magdalenah@absamail.co.za

Contact Person

Mrs. M Marais & Mrs. S du Plessis

Services

- Services for traumatised young girls caused by crisis pregnancies
- Counselling
- Support
- Enquiries regarding biological parents / family
- Adoption

Sothemba Aids Action Group

Physical Address:

7 Meath Street
 Bellville
 7530

Postal Address:

7 Meath Street
 Bellville
 7530

Telephone : (021) 948-7699
 Fax : (021) 948-5740
 E-mail : aagadmin@icon.co.za

Contact Person

Ms E Grobbelaar

Services

- HIV/AIDS pre and post test counselling
- Testing HIV/AIDS
- Awareness HIV and training programmes

BADISA: Paarl

Physical Address:

Klein Drakenstein Road
 Paarl
 7646

Postal Address:

P O Box 69
 Huguenot
 Paarl
 7646

Telephone : (021) 862-4606
 Fax : (021) 862-4606

Contact Person

Mrs. E Gilfillan

Services

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
 - Child abuse services
 - Child and family welfare services
- Marriage and divorce services:
 - General information
 - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Community development

BADISA: Beaufort West

Physical Address:

20 Brand Street
Beaufort West
6970

Postal Address:

PO Box 233
Beaufort West
6970

Telephone : (023) 414-3568
Fax : (023) 414-4976
E-mail : bw.badisa@telkomsa.net

Contact Person

Ms T Bredekamp

Services

- Counselling services
- Preventative work
- General counselling services which support survivors
- Related support services:
 - child abuse services
 - child and family welfare services
- Marriage and divorce services:
 - general information
 - couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

Social Services: Beaufort West

Telephone : (023) 414-3204
Fax : (023) 414-2128

Contact Person

Nombulelo Renene (Gender Co-ordinator)

P.A.W.C: Karoo

Postal Address:

P O Box x504
Beaufort West
6970

Telephone : (023) 414-3204
Fax : (023) 414-2128

Contact Person:

Mr. F Pike

Services

- Social security
- Social development and services

Diakonaledienste: Bonnievale

Postal Address:

PO Box 259
Bonnievale
6730

Telephone : (023) 616-2433
Fax : (023) 616-3223

Contact Person

Mrs Niemand (social worker)

Services

- General counselling

Christelike Maatskaplike Raad (CMR): Ladismith

Postal Address:

PO Box 50
LADISMITH
6655

Telephone : (028) 551-1808
Fax : (028) 551-2118
Email : cmrlds@telkomsa.net

Contact Person

Wilma Espach

Services

- General social services

ACVV: Oudtshoorn

Physical & Postal Address

34 St Saviour Street
Oudtshoorn
6625

Telephone : (044) 272-2211/3
Fax : (044) 272-3147

Contact Person

Norlene Bezuidenhout or Amanda Roets

Services

- Particularly interested in women and children's issues
- 8am-4.30pm

Social Services: Oudtshoorn

Physical Address:

Seppie Geeff Building
Voortrekke Road
Oudtshoorn

Postal Address:

Private Bag x 2
Oudtshoorn
6620

Telephone : (044) 272-8977
Fax : (044) 272-4007
Email : tswillia@pawc.wc.gov.za

Contact Person

Ronel Olivier
Gender Co-ordinator: Maria Masola

ACVV: Touwsrivier

Physical Address:

Rivier Road
Touwsrivier

Telephone : (023) 358-1396
Fax : (023) 358-1506

Contact Person

Ms van Wyk (social worker)
Mrs Snyman

Services

- General social services
- 8am-5pm, Mon-Fri

FAMSA, Worcester

Postal Address:

PO Box 997
WORCESTER
6850

Telephone : (023) 347-5231
Fax : (023) 347-5231

Contact Person

Edith Claasen / Adele Lamprecht

Services

- Family social services

ACVV: Ceres

Physical Address:

Phillip Street
Ceres

Postal Address:

PO Box 357
CERES
6835

Telephone : (023) 316-1505
Fax : (023) 316-1517

Contact Person

Ms Marries (Social Worker)

Services

- General social services

ACVV: Franschoek

Postal Address:

PO Box 216
Franschoek
7690

Telephone : (021) 876-2670
Fax : (021) 876-2670

Contact Person

Lizelma Olivier

Services

- General social services
- 8am-4.30pm

ACVV: Grabouw

Postal Address:

PO Box 221
Grabouw
7160

Telephone : (021) 859-2307
Fax : (021) 859-2307

Contact Person

Lovina Brand

Services

- General social services
- 8.30am-4.00pm

ACVV: Montagu

Postal Address:

PO Box 45
Montagu
6720

Telephone : (023) 614-1490
Fax : (023) 614-1490
Email : acvvmontagu@lando.co.za

Services

- General social services

Social Services: Paarl

Telephone : (021) 871-1682
Fax : (021) 872-0049

Contact Person

Edith Abrahams
Gender co-ordinator: Moira Benjamin

Diakonaledienste: Paarl

Postal Address:

P O Box 69
Huguenot
7645

Telephone & Fax : (021) 862-4606

Contact Person

Levouna Fortuin

Services

- General social services

ACVV: Paarl

Physical Address:

Klein Reservoir Street
Paarl
7622

Postal Address:

PO Box 6211
Paarl

Telephone : (021) 872-2738
Fax : (021) 872-1415

Contact Person

Elmarie Kotze

Services

- general social services
- 8.30am-4.30pm

ACVV: Worcester

Physical & Postal Address:

28 Napier Street
Worcester
6850

Telephone : (023) 347-2339
Fax : (023) 347-5688
E-mail : acvv@telkomsa.net

Services

- General social services

Contact Person

Elsabet de Witt (social worker)

Social Services: Worcester

Telephone : (023) 348-5300
Fax : (023) 347-5181

Contact Person

Mrs M Tiger (social worker)

Christelike Maatskaplike Raad (CMR): Worcester

Physical Address:

75 Fairbairn Street
Worcester
6849

Services

- 8.30am-4pm
- General social services

Postal Address:

PO Box 558
Worcester
6850

Telephone : (023) 347-1775
Fax : (023) 347-0106
Email : cmrcv@xpoint.co.za

Contact Person

Mr Hattingh

Christelike Maatskaplike Raad (CMR): Citrusdal

Postal Address:

PO Box 174
Clanwilliam
8135

Services

- General social services

Telephone : (022) 921-3148
Fax : (022) 921-3148

Contact Person

Mrs H Browsers
Miss M. O'Connell

Diakonaledienste: Clanwilliam

Physical Address:

Voortrekker Street
Clanwilliam
8135

Services

- 8am-4.30pm

Postal Address:

PO Box 14
CLANWILLIAM
8135

Telephone : (027) 482-2108
Fax : (027) 482-2108
E-mail : clanogp@telkomsa.net

Social Services: Vredendal

Physical Address:

15 Voortrekker Street
Vredendal
8160

Services

- 8am-4.30pm
- General social services

Postal Address:

Private Bag X2
Vredendal
8160

Telephone : (027) 213-2096
Fax : (027) 213-3311

Contact Person

Gender Co-ordinator: Mrs Lenie Januarie

PASTORAL COUNSELLING

The organisations and individuals listed below have all been interviewed to ensure that they are gender sensitive and are committed to empowering the women who make contact with them. Most are not, however, specialists in Violence against Women issues.

Cape Metro

CHRISTIAN: INTER-DENOMINATIONAL

Centre for Christian Spirituality

Physical & Postal Address:

1 Chapel Lane
Rosebank
7700

Offers spiritual accompaniment

Telephone : (021) 686-1269 (8:30 – 12:30, except Tuesdays)

Christian Listeners

Kathy Roberts

083 3273550 (afternoons / evenings, but not later than 10pm)

Or can leave a message at the Centre for Christian Spirituality (above)

Broken Bread Ministries

Physical Address:

1 Wynne Street
Parow
7500

Postal Address:

PO Box 448
Parow
7499

Telephone : (021) 939-3333 / 930-1122

Fax : (021) 930-6436

Services

- Offers telephone counselling
 - Train counsellors
 - Christian organisation
-

Anglican

Ordained Priests who can offer counselling services to women

Vivian Harper
Claire Nye-Hunter
Erika Murray
Wilma Jacobsen
Rachel Mash

461-1090
694-5362 (9-1 only)
696-1500 (mornings only)
685-2686
361-5246 (mornings only)

St. Cyprian's School
Bonteheuvel
Athlone
UCT Chaplain
Khayelitsha

Roman Catholic

Catholic Justice and Peace Commission: Women's Desk

Do not offer counselling, but can make referrals

Contact Person:

Josie Philemon

Telephone : (021) 462-2417
Fax : (021) 461-9330
Email : info@catholic-ct.org.za

MUSLIM

Divorce Support Group

Will deal with issues of domestic violence in both individual counselling and group settings.

Contact Person

Najmunisa Solomons

Telephone : (021) 393-1839 (home)
Or 082 494 3499

Times : 3:30 pm - 7:30 pm Monday, Tuesday and Thursday
Mornings only: Wednesday and Fridays

JEWISH

Jewish Trauma Network

Voluntary service, offering short-term counselling, trauma debriefing and referrals
C/o Jewish Community Services: (021) 462-5520

Nechama

A bereavement counselling organisation, which would take on Violence against Women cases in the specific instance where the woman has been murdered, through rape homicide or intimate femicide, and counselling is made available to her family.

Tel : (021) 465-9390

Contact Person: Pauline

Union of Jewish Women: Resource Centre

Tel: (021) 434-9555

Co-ordinators:

Joan Rubenstein
Debbie Silver

Helderberg / Winelands

Anglican

Clarins Benston

(021) 853-6208

Strand

Kenilworth Clinic

Physical Address:

32 Kenilworth Rd
Kenilworth
7708

Postal Address:

Private Bag X 2
Kenilworth

Telephone : (021) 763-4500
Fax : (021) 763-4557
E-mail : info@kenilworthclinic.co.za

Contact Person

Sr. in Charge

Services:

- Adult psychiatry- all psychological and psychiatric conditions:
- Eating disorders
- Trauma counselling
- Women issues
- Adolescent unit – all adolescent and young adult problems
- Addiction unit – Alcohol, substance, sex and gambling

Campus Based Services

<p>UCT CHILD GUIDANCE CLINIC</p> <p>Chapel Road Rosebank 7700</p>	<p>Masters students do therapy and assessments for about nine (9) months. Rates are charged on a sliding scale of benefits. Services are offered mainly to children or young people and their families.</p> <p>There may be a waiting list; therefore it is advisable to check first.</p> <p>8.30am-4.30pm Contact: Susanna Manley Senior Secretary</p>	<p>Tel: (021) 650-3900 Fax: (021) 689-1006</p>
<p>UCT STUDENT HEALTH SERVICE</p>	<p>Provides therapy and assessment service to students registered at the University at a minimal charge per session. Students on financial aid do not pay for services; students on medical aid are charged medical aid rates.</p> <p>8.30am-4.30pm Contact: Rosanna Strauss Principle Psychologist</p>	<p>Tel: (021) 650-3662 Fax: (021) 689-7561</p>
<p>UCT SEXUAL HARASSMENT PANEL</p>	<p>Provides counselling and disciplinary assistance to registered students around sexual harassment as defined by the UCT policy on sexual harassment.</p> <p>8.30am-4.30pm Contact: Sue Folb</p>	<p>Tel: (021) 650-3940 Fax: (021) 650-3940 e-mail : shosf@protem.uct.ac.za</p>
<p>UCT STUDENT ADVICE OFFICE</p>	<p>Offers brief and basic counselling to registered students. No charge.</p> <p>Contact: Pamela Ningixa Social Worker</p>	<p>Tel: (021) 650-4077 Fax: (021) 650-5010</p>
<p>CENTRE FOR EDUCATIONAL COUNSELLING AND HEALTH – UWC</p>	<p>Counselling, career decision-making</p> <p>Contact: Syfia</p>	<p>Tel: (021) 959-2299 Fax: (021) 959-2882</p>
<p>UWC CENTRE FOR STUDENT COUNSELLING</p>	<p>Therapeutic assessment and counselling for registered students in any area including sexuality.</p> <p>Contact: M. Fischer</p>	<p>Tel: (021) 959-2299 Fax: (021) 959-2882</p>
<p>GENDER EQUITY UNIT - UWC</p>	<p>Provides Masculinity training around issues of violence against women. Sexual harassment workshops for students and staff. Awareness raising workshops with organizations off-campus.</p> <p>Contact Person: Mary Hames</p>	<p>Tel: (021) 959-2812 Fax: (021) 951-1766</p>
<p>STELLENBOSCH UNIVERSITY – UNIT FOR CLINICAL PSYCHOLOGY</p>	<p>Individual psycho-therapy, individual counselling, group therapy and assessment services provided for Stellenbosch students, free of charge.</p> <p>Contact Person: Louis Vlok</p>	<p>Tel: (021) 808-4973 Fax: (021) 887-7913</p>
	<p>A staff team also runs the psychology</p>	

clinic at Stellenbosch Provincial Hospital
 Contact Person: Henry Viljoen

STELLENBOSCH UNIVERSITY – BESKERMINGS DIENSTE	Counselling Services for students only. Contact Person: Heidi October	Tel: (021) 808-2331 0800 601137 (24 hours)
NETWORK OF SOUTH AFRICAN TERTIARY EDUCATION INSTITUTIONS CHALLENGING SEXUAL HARASSMENT AND SEXUAL VIOLENCE	<p>Network Activities:</p> <ul style="list-style-type: none"> • Collection and distribution of resources for those working in all Southern African contexts • Organisation of capacity-building workshops and trainings • Stimulation of local projects to create solidarity among individuals challenging sexual harassment and sexual violence in higher education and elsewhere • Provision of Network newsletter to all members • Organisation of bi-annual conference • Support for state or NGO-based initiatives which target sexual violence and sexual harassment, especially as these affect education 	<p>The Network is co-ordinated by an elected Co-coordinating Committee. The current Co-coordinating Committee members are:</p> <p>Lebohlang Letsie University of Botswana Email: letsiel@mpopipi.ub.bw</p> <p>Matseliso Mapetla National University of Lesotho Email: m.mapetla@nul.ls</p> <p>Joyce Mashamba University of the North Email: makatun@dha.norprov.gov.za</p> <p>Thivhilaeli Nedohe University of Venda Email: nedohes@elections.org.za</p> <p>Segomotso Sebokedi Peninsula Technikon Email: sebokedis@infoserv.pentech.ac.za</p> <p>Juliet Thondlana University of Zimbabwe Email: lings@internet.co.za</p> <p>Bernedette Muthien University of Cape Town Email:muthien@humanities.uct.ac.za</p>
CAPE PENINSULA UNIVERSITY OF TECHNOLOGY: BELLVILLE	Raising awareness education regarding, gender equity, sexual harassment Contact: Shelley Leeuwendal	Tel: (021) 959-6226 Fax: (021) 959-6100
CAPE PENINSULA UNIVERSITY OF TECHNOLOGY: CAPE TOWN	Ashraf Mohammed	Tel: (021) 460-4252

SHELTERS FOR ABUSED WOMEN AND CHILDREN

CAPE METRO REGION

Saartjie Baartman Shelter

Postal Address:

PO Box 38401
Gatesville
7766

Telephone : (021) 633-5287
Fax : (021) 637-9432

Contact Person

Manager: Rosemarie Cox
Social Worker: Natasha Calvert

Services

- 24 hour line with immediate access and referral to shelter
- Part of a collective of services for women
- Provides safe accommodation
- Counselling
- Childcare in the morning
- Referral to specialized services
- Sliding scale fees

The Salvation Army Carehaven

Postal Address:

P O Box 38186
Gatesville
7766

Telephone : (021) 638-5511
Fax : (021) 637-0226
Email : careaid@iafrica.com

Contact Person

Major Margaret Strydom- director
Tracey Livesey- social worker

Services

- Caters for abused women and their children
- Provides therapeutic shelter
- Emergency intake shelter
- Individual counselling and support
- Fee: R60pw (shared room) R160pw (single room)
- 2nd phase flats for approx. 6 months at R350 per month
- Therapeutic intervention on request
- No admission to women who abuse substances
- 24 hour emergency cell phone

Sisters Incorporated

Postal Address:

PO Box 2330
Clareinch
7440

Telephone : (021) 797-4190
Fax : (021) 797-4190

Contact Person

Linda Fugard - Manager
Jess Ollie - social worker

Services

- Home for women and children of domestic violence
- 3 meals a day
- Clothing, bedding, toiletries and medication
- Counselling, arts & crafts, sewing classes
- Assistance with adoptions
- For single pregnant women
- Offers therapeutic services, life skills training, and preparation for employment
- R460 per month
- 24hour home- mothers on duty
- 8am-5pm

Dorothy Zihlangu - Home for Abused Women (Langa)

Telephone : (021) 633-2383
 Fax : (021) 638-2956

Contact Person

Yoliswa Notshe

Services

- Shelter
- Counselling
- Provide accommodation for abused women

Heaven Shelter House

Telephone : (021) 376-4423\ 376-6627
 Fax : (021) 376-6185
 Cell : 083 733 5164

Contact Person

Zulpha Morris

Services

- For homeless, abused and battered women with children
- Abandoned babies – 0-12 years
- Counselling- referrals and interdicts
- Social worker
- Driving people to and from appointments
- enrolling children at school
- learning skills and empowerment skills
- job creation

St Anne's Homes

Postal Address:

PO Box 43363
 Woodstock
 7915

Telephone : (027) 448-6792 (24 hours)
 Fax : (027) 448-8518
 Email : stanneshome@mweb.co.za

Contact Person

Director : Elizabeth Petersen
 Social Worker : Nydean Stamboul

Services

- a shelter for 4 month period for abused women and their children
- therapeutic services
- employment
- training courses and life skills programs
- childcare programs
- fees: R60
- Stroller Moms Shelter – R30
- drop in day centre with ablution facilities
- alcohol and drug rehab
- childcare
- 2nd Phase housing
- communal housing for abused women and their children
- must have permanent employment
- R350 (double rooms)
- R400 (single rooms)

Strandfontein Safehouse

Telephone : (021) 696-4394
 Fax : (021) 697-1998

Contact Person

Miriam Basson

Services

- Shelter
- Counselling
- Provide accommodation for abused women

Chumani (Khayelitsha)

Telephone : (021) 361-3461
 Fax : (021) 361-3461

Contact Person

Thoko Speelman

Services

- Shelter
- Counselling
- Provide accommodation for abused women

Alcoholics Victorious

Telephone : (021) 797-1276
 Fax : (021) 683-9017

Contact Person

Tom and Dot Greer

Services

- shelter for abused women and their children
- offers counselling and support especially for alcohol and drug addicts
- stay of 4 week period
- no charge but donations welcome
- Christian/spiritual emphasis
- 24 hour service

EI-O-HIM Shelter

Telephone : (021) 397- 1936
 Fax : (021) 397- 1936

Contact Person

Eileen Ernstzen

Services

- shelter for abused women and their children
- offers counselling and support
- no charge, donations welcome
- Life skills, motivating workshops

The Haven: Wynberg

Postal Address:

P O Box 18746
 Wynberg
 7824

Telephone : (021)762-8243
 Fax : (021)761-3300

Contact Person

Seem Ross

Services

- HIV/ AIDS counselling and testing
- Offers accommodation to abused women
- Skills training

Place of Hope

Postal Address:

Box 14598
 Lansdowne
 7780

Telephone : (021) 697-2019
 Fax : (021) 696-9366
 Email : placeofhope@absamail.co.za

Contact Person

Alice or Jenny

Services

- Offers counselling
- Life skills
- Job skills and job creation
- 2nd stage accommodation (17 women)

Ilitha Labantu: Khayelitsha

Postal Address:

A500
 Makhabeni Street
 Khayelitsha

Telephone : (021) 361-9731

Contact Person

Cynthia

Services

- shelter for battered women and their children
- bridging the gap
- youth desk

FEMNET

Postal Address:

Telephone : (023) 414-2765

Contact Person

Isabella Baartman

Services

- CBO which intervenes in violent family situations
- Refers women and children to Social Services for counselling
- Emergency accommodation for 2 – 3 women or children overnight

SOUTHERN CAPE

Phambili BPW Women's Shelter

Postal Address:

PO Box 2594
George
6530

Telephone : (044) 875-1551
Shelter : (044) 693-1092
H/O : (044) 691-1411

Contact Person

Melanie Auccamp

Services

- shelter for battered women and their children
- provides counselling and therapeutic services as well as child care facilities
- 8am-1pm

C E F Mossel Bay

Postal Address:

PO Box 2319
Mossel Bay
6506

Telephone : (044) 691-1411
Fax : (044) 691-1411
Email : cefmb@executivemail.co.za

Contact Person

Roeleen Coetzee (Social Worker) or
Karin Gildenhuis (Shelter)

Satellite Office

Sorgen Haven Shelter

Tel / Fax : (044) 693-1092

Contact Person

Amanda Beukes

Services

- 8am – 1pm
 - Counselling and information
 - Run local shelter for battered women
 - Accommodation and basic needs
 - FAMSA provide: counselling
 - Child therapy once a week
 - Help victims with protection orders
 - Trauma debriefing
 - Fees for shelter: R5 per day (negotiable)
 - Stay: maximum 3 months
 - Counselling for prevention of drug & alcohol abuse
-

KAROO

Women Oppose Violence: Malibongwe Women's Shelter

Telephone : (044) 272-5739
 Cell :

Contact Person

Elaine September

Services

- offers crisis safehouse facilities
- currently trying to set up a shelter in Oudtshoorn

WEST COAST

United Sanctuary against Women Abuse

Postal Address:

P O Box 925
 Reygersdal
 Atlantis
 7359

Telephone : (021) 572-8662
 Fax : (021) 572-8662
 E-mail : campus@mweb.co.za

Contact Person

Ms Magrieta Ruiters

Services

- Counselling services for rape, domestic violence and sexual abuse
- Shelter for abused women and children
- Secondary support services:
- Human rights & legal structures
- Court support / children's court support
- Related support services:
- Violence against children and childcare
- SAPS CPU
- Child abuse services
- HIV/AIDS services:
- Counselling
- Shelter)
- Training and education
- Services for the aged:
- Day care centre (still in the planning stages)

SECONDARY SUPPORT SERVICES

TRAINING AND PUBLIC EDUCATION

CAPE METRO REGION

Rape Crisis Cape Town: Observatory Office

See page 2 for information

Rape Crisis: Khayelitsha office

See page 2 for information

Rape Crisis: Heideveld office

Postal Address:

PO Box 546
Observatory
7935

Telephone : (021) 633-9229
Fax : (021) 637-9432
Email : heideveld@rapecrisis.org.za

Contact Person

Nazma Hendricks

Services

- offers public education about rape and other forms of women abuse
- training in Rape Crisis intervention
- training volunteers to join the organization
- trains community members in public education skills
- 9am-4.30pm

Survivors Unite

Physical Address:

27 Anstey Street
Drostdy Park
Kuils River
7580

Telephone : (021) 906-3188
Fax : (021) 906-0815
Cell : 082 202 0740
Email : langenhovent@mail.pentech.ac.za

Contact Person

Dudley or Tonye Stuurman

Services

- Workshops and training in child abuse, rape, women abuse, sexual rights and women's health

Gun Free South Africa

Physical Address:

46 Rouwkoop
Rondebosch

Postal Address:

PO Box 12988
Mowbray
7700

Telephone : (021) 686-1302
Fax : (021) 686-1302
Email : gunfree2@sn.apc.org

Contact Person

Margie Keegan

Services

- Workshops – guns and violence
- Advocacy group against guns & violence

Sweat

Physical Address:

Ground Floor
Community House
41 Salt River Road
Salt River
7925

Postal Address:

PO Box 373
Woodstock
7915

Telephone : (021) 448-7875
Fax : (021) 448-7857
Email : sweat@iafrica.com

Contact Person

Jane Arnott

Services

- Crisis counselling to sex workers on the streets, in escort agencies and in massage parlours
- Advice
- Referral
- Sensitising service providers in SAPS, health, welfare and NGO sector to working with sex workers
- Re-orientation of existing services to accommodate sex workers
- Training volunteers to join SWEAT
- Awareness raising regarding sex work with general public
- Paralegal advice for service providers or sex workers regarding sex worker rights
- Information on the criminalisation decriminalisation and legalisation of sex work

Trauma Centre for Victims of Violence and Torture

See page 5 for information

NICRO: Mitchells Plain

See page 13 for information

Centre for Rural Legal Studies

Physical Address:

3rd Floor
Eikestad Mall
Stellenbosch
7600

Postal Address:

P O Box 1169
Stellenbosch
7600

Telephone : (021) 883-8032
Fax : (021) 886-5076
Email : postmaster@crls.org.za

Contact Person

Sharon Marco-Physe

Services

- training of farmers & farm workers
- library and research
- provide legal services to farm workers on labour and land issues

National Association of Child Care Workers

Physical Address:

47 Kromboom Road
Rondebosch

Postal Address:

PO Box 36407
Glosderry
7702

Telephone : (021) 697-4123
Fax : (021) 697-4130

Contact Person

Vivian

Services

- child care field
- training services
- assistance to people in the field
- develop courses
- advancement of the profession
- advocacy + international field links

Progressive Primary Health Care

Physical Address:

Second Floor
Ledger House
Aden Avenue
Athlone

Postal Address:

PO Box 83
Athlone
7760

Telephone : (021) 697-0400
Fax : (021)697-0222
Cell : 083 559 4973

Contact Person

Florence Syzaar

Services

- health services
- community health workers
- support shelters
- Life skills/ counselling
- Other Centres:
- Centre for Learning

FAMSA: Gugulethu Office

Telephone : (021) 637-7606

Contact Person
Zimkhita Ntobongwana

Services

- awareness raising in the community
 - preventative education in the schools
 - Violence Awareness Programme
-

Montrose Rates & Residence Association: Mitchells Plain

Physical Address:

22 Carol Crescent
Montrose Park
Mitchells Plain

Telephone : (021) 376-2686

Contact Person
Mrs. Soraya Rigby – Secretary

Services

- Goals and objectives are to uplift the community e.g. schools, libraries and clinics
 - Access to life skills, arts and cultures
 - Crime awareness and safety
-

Gender Advocacy Project (GAP)

Physical & Postal Address:

7th Floor Ruskins House
2 Roeland Street
Cape Town
8001

Telephone : (021) 465-0197/8
Fax : (021) 465-0089

Contact Person
Faiza Khan

Services

- awareness raising around violence against women
 - training in advocacy skills for women from communities of Manenberg, Grabouw, Atlantis and Khayelitsha
 - public education about legislation which protects women from violence
-

Union of Jewish Women

Physical & Postal Address:

Stonehaven
7 Albany Road
Sea Point

Telephone : (021) 434-9555
Fax : (021) 434-9302

Contact Person
Ingrid Lenia

Services

- women's resource centre offering assertiveness training, life skills workshop, day and evening lectures around women's issues
-

Women's Institute for Leadership Development and Democracy (WILDD)

Postal Address:

PO Box 1774
Cape Town
8000

Telephone : 082 8866602
Fax : (021) 439-7382

Contact Person
Ruth Madito

Services

- Life skills to promote women's self-development
- lobbying and network training
- counselling skills training
- training around different types of abuse

Law, Race and Gender Unit

Physical Address:

Law, Race and Gender Unit
Kramer Law Building
Level 6 Middle campus
Rondebosch

Postal Address:

Law, Race and Gender Unit
Private Bag
Rondebosch
7700

Telephone : (021) 650-3914/5645

Fax : (021) 650-5647

Contact Person

Ms Vanja Karth

Services

- Training, policy development and research on the role of judicial officers and courts
- Training, policy development and research on the information and training on justice systems and the courts
- Social context training for magistrates and other court officials
- Training video "court in the act"
- 8am-4pm

New World Foundation

See page 18 for information

Delta

Physical Address:

1 Scott Road
Observatory

Telephone : (021) 448-8411

Fax : (021) 448 8419

Email : delta@sn.apc.org

Contact Person

Ntsabo

Services

- leadership training with grass roots women
- phase 1: 25 day course over 6 months
- phase 2: 36 day course over 1 year
- 8.30am-4.30pm

Safe Schools

Physical Address:

Cape Town Teachers Centre
Monteno Rd
Claremont

Telephone : 0800 454647

Fax : (021) 6742342

Email : safeschoolcc@mweb.co.za

Contact Person

Mervin Hendricks

Services

- provide online information on abuse
- gang violence
- vandalism
- queries regarding the education department

SOUTHERN CAPE

NICRO: George

See page 19 for information

Outeniquia Business and Professional Women's Federation (BPW)

Physical Address:

Kanari Street
Rose Mall
George

Postal Address:

P O Box 2594
George

Telephone : (044) 875-1551
Fax : (044) 875-1551
Email : nicrogrg@global.co.za
Cell : 082 965 9789

Contact Person

Isabelle Buhr (044) 884-0838
Marthy Watson

Services

- a network of local women professionals
- revived George Rape Crisis and shelter for battered women with following services: accommodation, counselling, therapeutic services

Heart-to-Heart Care Centres

Physical Address:

1st Floor Homeleigh
Marsh Street
Mossel Bay

Postal Address:

P O Box 1670
Mossel Bay
6500

Telephone : (044) 691-3487
Fax : (044) 691-3487
Cell : 082 956 1041
E-mail : ericac@mweb.co.za

Contact Person

Erica Caetano

Services:

Free & Confidential Services:

- Life skills and Peer Education in schools & Prisons
- Parent workshops
- Training seminars
- Awareness programmes
- Kidz in the Park!
- Female Parolee Camp Support

KAROO

Progressive Primary Health Care

Physical Address:

55 Blythe Street
Beaufort West
6970

Postal Address:

PO Box 1172
Beaufort West
6970

Telephone : (023) 414-3715
Fax : (023) 414-3715
Cell : 083 559 4973

Contact Person

Florence Syzaar

Services

- health services
- community health workers
- support shelters
- Life skills/ counselling
- Other Centres:
Centre for Learning
PO Box 83, Athlone
PO Box 257, Bridgetown, 6650

Teske Memorial Primary

Postal Address:

Teske Street
P O Box 717
Beaufort West

Telephone : (023) 414-2665
Fax : (023) 414-3053
Cell : 083 4845259
E-mail : headmaster@teske.wcape.scholl.za

Contact Person

Mr Groepe

Services

- Offers education in 9 learning areas
- Art and culture events
- Offers sports e.g. hockey, tennis, volleyball, netball etc

Masibumbane

Physical Address:

N104 Bavuma Lane
Kwa-Mandlenkosi
6970

Telephone : (023) 415-1774

Contact Person:

Staff person on duty

Services

- Catering

St Matthews Primary

Physical Address:

St Matthews Primary
Bantom Street
Beaufort west
6970

Telephone : (023) 414-2729

Fax : (023) 414-4824

Contact Person

Mr R van Heerden
Mr L Louw
Mr Bastian

Department of Correctional Services

Physical Address:

4 Molteno Street
Beaufort West Prison
Beaufort West
6970

Services

- Co-ordinator gender forum

Postal Address:

Private Bag x507
Beaufort West Prison
Beaufort West
6970

Telephone : (023) 414-2255

Fax : (023) 414-4595

Cell : 0732504544

Contact Person:

Neliswa Nzulu

THE HELDERBERG REGION

Women on Farms Project

Physical Address:

C/nr Molteno & Bird Street
Stellenbosch

Postal Address:

PO Box 530
Stellenbosch
7600

Telephone : (021) 887-2960
Fax : (021) 887-2963
Email : denise@wfp.org.za

Contact Person

Cheryl Linders
Denise

Services

- addresses both women and men in resolving violence against women on farms
- works closely with 5 in 6 project (see perpetrator services)

Phillipi Trust

Physical Address:

147 Alexandra Building
Main Road
Somerset West

Postal Address:

PO Box 3800
Somerset West
7129

Telephone : (021) 852-7659
Fax : (021) 852-7632
E-mail : headoffice@philippitrust.co.za

Contact Person

Linda Rowett

Services

- offers training in the following courses:
Listeners Course
Certificate in Counselling
Advanced Certificate in Counselling
- Diploma Specialist courses
Adult Survivors of Child Sexual Abuse
Compulsions and Dependencies
HIV / AIDS
Marriage
Supervision: I, II, III

WEST COAST REGION

LEGAL SUPPORT & ADVICE

ORGANISATIONS THAT CAN OFFER LEGAL ADVICE / COURT PREPARATION TO SURVIVORS

Black Sash: Cape Town

Physical & Postal Address:

4th floor Burleigh House
24 Barrack Street
Cape Town
8000

Telephone : (021) 461-5607
Fax : (021) 461-5918

Contact Person

Gadeja Oslodien

Services

- paralegal advice for women regarding violence, labour rights, and maintenance
- focus on human rights
- child grant
- legal advice
- maintenance
- labour rights
- 9am-4.30pm

Black Sash Advice Office: Knysna

Physical Address:

9 Pitt Street
Knysna Centre
Knysna

Postal Address:

PO Box 210
Knysna
6570

Telephone : (044) 382-4458
Fax : (044) 382-3615
E-mail : sashknf@blacksash.org.za

Contact Person

Lauren Nott

Services

- provide paralegal advice
- interdict applications and court preparation
- referrals for counselling
- workshops and talks to raise public awareness

Women's Legal Centre

Physical Address:

4th Floor-Pearl House
Adderley Street
Herengracht
Cape Town

Postal Address:

P O Box 5356
Cape Town
8000

Telephone : (021) 421-1380
Fax : (021) 421-1386

Contact Person:

Michelle O-Sullivan

Services

- litigate cases which advance women's' rights particularly constitutional cases
- produces briefs to assist courts in constitutional cases which concern women's rights

special focus on:

- domestic violence
- customary marriages
- maintenance
- conduct advocacy

Citizen's Advice Bureau

Physical Address:

516 CTC Building
Plein Street
Cape Town
8001

Telephone : (021) 461-7218

Services

- advice on legal aid, abused women, pensions, debts
- general immediate advice and referral to correct centres
- 9.30am-1pm

LEGAL AID

Please Note: Legal Aid Board conducts means-test and refers to a Justice Centre. Justice Centre provides legal services (as described below).

Legal Aid Board & Justice Centre, Athlone

Physical Address:

4 Wembley Centre
4th floor
21 Belgravia Rd
Athlone
7764

Contact Person**Legal Aid Board**

Mr Chopendeka
(021) 697-5252

Justice Centre

Miriam Noor
(021) 696-5172

Services

- 8am-4pm
- Provides legal services to people who cannot afford an attorney. This covers most criminal and civil matters.
- Satellite clinics at most of the Magistrates Courts in the Metro Region

Legal Aid: Cape Town

Physical Address:

85 St George's Mall
Nedbank Building
Cape Town

Postal Address:

PO Box 516
Cape Town
8001

Board Offices

Telephone : (021) 611-5531

Cape Town Justice Centre

Telephone : (021) 426-4126

Legal Aid Board & Justice Centre: Mitchell's Plain

Physical Address:

Shop 70
Westgate Mall
Mitchell's Plain
7785

Justice Centre & Legal Aid Board

Telephone : (021) 374-1171
Fax : (021) 374-9955

Contact Person

Mr Scheepers

Services

- 8am-4pm
- Provides legal services to people who cannot afford an attorney. This covers most criminal and civil matters.
- Satellite clinics at most of the Magistrates Courts in the Metro Region
- Assist person who wants to apply for divorce
- Assist with drafting of summonses
- Assist with juveniles who are charge for criminal matters

Legal Aid: Bellville Satellite Office

Physical Address:

Magistrates Court
Bellville

Postal Address:

Private Bag X10
Bellville
7535

Telephone : (021) 948-3921
Fax : (021) 945-3387

Contact Person

Mrs. Engelbrecht

South African Woman Lawyers

Physical Address:

28 Eglestone Street
Wynberg
7800

Postal Address:

P O Box 18083
Wynberg
7824

Telephone : (021) 762-7906
Fax : (021) 762-9010
E-mail : pdandrews@mweb.co.za

UNIVERSITY – BASED LEGAL AID

University Legal Aid Services

Most university Law Faculties have a law clinic to give a service to the public and to provide Law students with practical legal training

Qualified attorneys supervise the students.

The service is provided for people who qualify below the Means Test of the Legal Board. They are not open all year round

University of Western Cape Campus Law Clinic

Physical Address:

UWC
Moddeerdam Road
Bellville

Telephone : (021) 959-2756

Fax : (021) 959-2747

Contact Person

Beverley Frank

Services

- gender clinic
- female with family violence
- interdicts
- divorce matters
- maintenance enquiries
- civil matters
- motor vehicle accidents
- pension enquiries

UCT Legal Aid Clinic

Physical Address:

Room 439
Kramer Law School Building
1 Stanley Road
Rondebosch
7700

Postal Address:

Private Bag
Rondebosch
700

Telephone : (021) 650-3551

Fax : (021) 650-5665

Contact Person

Miss Lee-Anne de le Hunt

Services

- give legal advice to the indigent
- 8.30am-4.30pm

UCT satellite clinics

Legal Aid Clinic: Elsies Rivier

Physical Address:

SHAWCO Health Centre
Halt Rd

Telephone : (021) 650-3551
Whole day : (021) 650-2676
Mornings only : (021) 650-2226

UNIVERSITY OF STELLENBOSCH – LEGAL AID CLINIC

Physical & Postal Address:

44 Banghoek Road
Stellenbosch
7600

Telephone : (021) 808-3696
Fax : (021) 808-3720

Contact Person

Mr. Kruger van der Walt

Services

- Marriage and divorce services
- Counselling
- Labour disputes
- Evictions
- Contractual matters
- CCMA
- Small Claims Court
- Other related civil matters

ADVICE OFFICES ACROSS THE WESTERN CAPE

The Social Change Assistance Trust (**SCAT**) supports advice offices in the following areas – given in alphabetical order

Telephone: (021) 418 2575
 Fax: (021) 418 6850
 Email: info@scat.org.za

Botrivier Advice Office P O Box 96 Botrivier 7185 Tel. & Fax: (028) 284 9749	Ceres Advice Office P O Box 623 Ceres 6835 Tel.: (023) 316 2235 Fax (023) 316 2234
Development Action Group (DAG) 10 Lower Main Road Observatory 7925 Tel. (021) 448-7886/7/8/9 Fax (021) 447-1987	Early Learning Resource Unit (ELRU) P O Box 36553 Glosderry 7702 Tel. (021) 762 7500 Fax (021) 762 7528
Fort Beaufort Advice Office P O Box 259 Fort Beaufort 5720 Tel. & Fax: (046) 645 1738	Genadendal Resource & Advice Centre P O Box 27 Genadendal 7234 Tel. & Fax: (028) 251 8184
Grassroots Educare Trust P O Box 38055 Gatesville 7764 Tel. (021) 638 3111 Fax (021) 637 4423	Harlem Advice Office P O Box 11 Harlem 6467 Tel. & Fax (044) 763 1071
Hexvalley Advice Office Station Road De Doorns 6875 Tel.: (0233) 563 838 Fax (0233) 563 830	Klawer Advice Office 95 Boom Street Klawer 8145 Tel. & Fax: (02721) 61264
Komaggas Advice Office P O Box 374 Komaggas 8242 Tel. & Fax: (027) 821 1546	Macassar Advice Office P O Box 226 Macassar 7134 Tel. : (021) 857 1208 Fax : (021) 857 7035 / 1898

<p>Masikhule Community Centre for Rural Development P O Box 6052 Zwelethemba Worcester 6852 Tel.: (023) 345 2115 Fax: (023) 28752</p>	<p>Nababeep Advice Office P O Box 44 Nababeep 8265 Tel. (027) 713 8743 Fax: (027) 713 8445</p>
<p>Ons Leer Mekaar P O Box 16080 Vlaeberg 8018 Tel.: (021) 424 4164 Fax: (021) 424 3324</p>	<p>Paarl Advice Office C/o One Up Supermarket Newton Wellington 7655 Tel. & Fax: (021) 873 2489</p>
<p>Port Nolloth Advice Office P O Box 392 Port Nolloth 8280 Tel. & Fax: (027) 851 8035</p>	<p>Prins Albert Advice Office P O Box 202 Prins Albert 6930 Tel. & Fax: (023) 541 1340</p>
<p>Riviersonderend Advice Office P O Box 30 Riviersonderend 7250 Tel.: (028) 261 1247 Fax: (028) 261 1371</p>	<p>Steinkopf Advice Office P O Box 259 Steinkopf 8244 Tel. & Fax: (027) 721 8344</p>
<p>Spoegrivier Advice Office P O Box 98 Kamieskroon 8241 Tel.: (027) 926 212 Fax: (027) 672 1923</p>	<p>Stellenbosch Advice Office P O Box 1169 Stellenbosch 7599 Tel.: (021) 886 5027 Fax: (021) 883 3302</p>
<p>Swellendam Advice Office Voortrekker Gebou Voortrekkerstraat Swellendam 6740 Tel. & Fax: (028) 514 3569</p>	<p>Tulbagh Advice & Resource Centre P O Box 251 Tulbagh 6820 Tel. & Fax: (023) 230 0945</p>
<p>Violsdrift Advice Office P O Box 735 Steinkopf 8244 Tel. & Fax: (027) 761 8717</p>	

Western Cape Workers Association

Physical Address:

1st Floor
Metropolitan Building
Cnr Tembe & Aden Street
Athlone

Telephone : (021) 696-9718

Fax : (021) 697-1789

Contact Person

Zamile August

Services

- workers union
- fight for workers rights

Western Cape Anti Crime Forum

Postal Address:

PO Box 484
Gatesville
7764

Telephone : (021) 699-0913

Fax : (021) 699-1048

Email : anti.crime@wcacf.org.za

Website : www.wcacf.org.za

Contact Person

Gaynor Wasser

Services

- general community advice bureau

Peninsula Advice Forum Branches:

Lentegour

Telephone : (021) 374-1862

Contact Person

Virginia Vogt

Hanover Park

Telephone : (021) 686-7150

Contact Person

Adelaide

Manenberg

Telephone : (021) 692-2515

Contact Person

Louise Abrahams

Mitchell's Plain

Telephone : (021) 392-7128

Contact Person

Dawn Adams

Bonteheuwel

Telephone : (021) 695-4929

Contact Person

Fagmieda

HUMAN RIGHTS AND LEGAL STRUCTURES

Law Society of South Africa

Physical Address:

Waalburg Building
Cnr Wale & Burg Sts
Cape Town
8001

Postal Address:

P O Box 4528
Cape Town
8000

Telephone : (021) 424-8060

Fax : (021) 421-1355

Services

- deals with professional conduct of lawyers
- library and research

Legal Resources Centre

Physical Address:

Greenmarket Place
54 Shortmarket Place
Cape Town
8001

Telephone : (021) 423-8285

Fax : (021) 423-0935

Email : chantal@irc.org.za

Contact Person

Mr Saldanha

Services

- public interest law firm
- hrs: 08h30 – 16h45 Mon-Fri

LEAP: Legal Education Action Project

Physical Address:

4 Dickens Road
Salt River
7725

Postal Address:

PO Box 13204
Mowbray
7705

Telephone : (021) 448-5524
Fax : (021) 448-5648

Contact Person

Matilda Smith

Services

- private organisation consisting of legal practitioners with own practices
- organisational development
- function: rural work, research advice, and planning
- train paralegals
- hours: 09h00 – 17h00 Mon-Fri

NADEL: National Association of Democratic Lawyers

Physical Address:

802 City Centre
71 Loop St
Cape Town
8001

Telephone : (021) 421-0577
Fax : (021) 421-0633

Contact Person

Johanna Kehler

Services

- 8.30am-5pm
- research and advocacy

Human Rights Commission

Physical Address:

132 Adderley Street
7th floor ABSA building
Cape Town
8001

Telephone : (021) 426-2277
Fax : (021) 426-2875

Contact Person

Victor Southwell

Services

- 8am-4.30pm

Commission for Gender Equality

Physical Address:

132 Adderly Street
5th Floor
ABSA Building
Cape Town

Postal Address:

PO Box 1774
Cape Town

Telephone : (021) 426-4080/1/2/3
Fax : (021) 424-0549

Contact Person

Tasneem

Services

- 8.30am-5pm

Karoo Centre for Human Rights

Physical Address:

104B New Street
Beaufort West
6970

Postal Address:

82 Donkin Street
Old Mutual Arcade
Beaufort West

Telephone : (023) 414-2480
Fax : (023) 414-2470
Cell : 0826727198 / 0721880512
Email : kcfhr@telkomsa.net

Contact Person

Thami / Danile

Services

- conduct workshops on key human rights issues
- empower women on their rights
- Dissemination some of the key legislations affecting the marginalized sectors of the society
- capacitate advice offices and ECD centre

ISLAMIC LEGAL RESOURCES

Islamic Law Expert

Physical Address:

UCT
Department of Religious Studies
Rondebosch
7700

Telephone : (021) 650-3452
Fax : (021) 689-7575

Contact Person

Mr A Tayob

Services

- Contemporary Islamic, advice, referrals and legal aid.

Islamic Council of SA (ICSA)

Physical Address:

21 Muir St
Cape Town
8001

Telephone : 083 228 2328

Services

- Islamic legal matters
- family issues, battery, rape counselling and legal

Muslim Judicial Council

Physical Address:

20 Cashed Ave
Athlone
7764

Postal Address:

P O Box 38311
Gatesville
Athlone

Telephone : (021) 696-5150/1
Fax : (021) 696-5154

Services

- Islamic legal matters
- family issues, battery, rape counselling
- Mon-Thur, 8am-4pm

ECONOMIC EMPOWERMENT SERVICES

Organisations offering business advice

CAPE METRO REGION

NICRO Business Service Centre

Physical Address:

2 Palestrina Rd
Eastridge
Mitchells Plain

Telephone : (021) 397-6063/4/5
Fax : (021) 397-4643

Contact Person

Charmaine Moses
R Majiet

Services

- assist clients with achieving economic independence
- assist in setting up a business or enhancing an existing business
- assist in drawing up business plans
- offer business loans

Job Creations

Physical Address:

Portland Rd
Phillippi
7785

Postal Address:

PO Box 24288
Lansdowne
7779

Telephone : (021) 371-6101
Fax : (021) 374-4301

Services

- give advice about business
- loans to start businesses available
- 8.30am-4.30pm

Labour Department

Physical Address:

22 Parade Street
Thomas Boydell Building
Cape Town

Postal Address:

P O Box 872
Cape Town
8000

Telephone : (021) 460-5911
Fax : (021) 462-0981

Contact Person

Mr Groenewald: 462-5026
Miss Tshanga: 462-3680

Services

- unemployment insurance
- employment & skills development
- inspection & enforcement
- labour market information
- management & support services

The Caring Network

Telephone : (021) 689-4226

Contact Person

Zanele Rini

Services

- part of CWD programme
 - trains unemployed women in community caring skills and home-based care
 - trainees can then find employment or work as volunteers
-

Ilitha Labantu: Gugulethu Office

Physical Address:

NY22-26A
Gugulethu
7750

Postal Address:

PO Box 7
Woodstock
7915

Telephone : (021) 633-2383
Fax : (021) 638-2956
Email : ilitha@iafrica.com

Contact Person

Mrs Somdaka

Services

- "BRIDGE" employment training project
-

WEST COAST REGION

North West Coast Women's Economic Forum

(No Office Address)

Telephone : (027) 432-1699

Contact Person

Margaret Kamfer (Chairperson of Forum)

Services

- economic education and empowerment of women in the community

KAROO REGION

Klawervlei & Karoo Community Development Program

Physical Address:

Bridgette Building
Church Street
Beaufort West
6970

Postal Address:

PO Box 1172
Beaufort West
6970

Telephone : (023) 415-2882
Fax : (023) 415-2882
Email : bw@minds.co.za

Contact Person

William Syzaar

Services

- help unemployed farm women
- Mon-Thurs 8am-4pm
- Fri 8am-3pm

BOLAND

MAG Training Centre

Physical Address:

Sultana Crescent
Montagu
6720

Postal Address:

PO Box 365
Montagu
6720

Telephone : (023) 614-1175
Fax : (023) 614-3477

Contact Person

Yasmina Pandy

Services

- Offers business training for small, medium and micro enterprises
- Trains between 10-15 people at a time
- Provide training for entrepreneurs in the Breede River and Windelands region
- Provides training in Tourism development

RESEARCH SERVICES

If you wish to access existing research or find out about studies on Violence against Women, or initiate your own research project, please contact any of the following projects. The Research Focus Group of the Network on Violence against Women can be reached by calling Network Co-ordinator: (021) 633 5287 or any of the members listed below:

Medical Research Council (MRC) Women's Health Project

Physical Address:

Fransie van Zyl Street
Parow

Postal Address:

PO Box 19070
Tygerberg
7505

Telephone : (021) 938-0445

Fax : (021) 938-0310

Contact Person

Naeema Abrahams

Community Law Centre: UWC

Gender Project

Physical Address:

New Social Science Building
UWC Campus
Bellville

Postal Address:

Private Bag X17
Bellville
7535

Telephone : (021) 959-2353

Fax : (021) 959-2411

Contact Person

Helene Combrink

Services

- research and advocacy
- 8.30am-4.30pm
- information & education workshops
- publish plain language on legal developments and women's rights
- resource centre

Institute of Criminology: UCT Gender, Law and Development Project

Postal Address:

Institute of Criminology
Private Bag
Rondebosch
7701

Telephone : (021) 650-2736/ 5626
Fax : (021) 650-3790
Email : lartz@law.uct.ac.za or
parenzee@law.uct.ac.za

Contact Person

Lillian Artz, Chief Researcher / Lecturer
Penny Parenzee, Senior Researcher / Fieldworker

Services

- 8.30am-5.00pm
- Socio-legal and criminological research and teaching relating to domestic violence, sexual offences, criminal justice reform, feminist jurisprudence, feminist research methods, victimology, access to justice, the sex work industry.
- Criminal justice training
- Policy development and legal reform
- Advocacy
- Dissemination of research in both academic and plain language documents
- Special interests: access to justice for rural women; women farm workers; violence and development.
- Resource Centre (Social Justice Resource Project).
- Academic supervision

Khib Women's Centre

Physical Address:

C/o Gender Equity Unit
UWC

Telephone : (021) 959-3488 / 3736
Fax : (021) 959-1314

Contact Person

Yvette Abrahams
Vainola Makan

Services

- researching women's issues, then piloting it and training women to implement the findings

Gender Equity Unit: UWC

Physical Address:

University of the Western Cape
Modderdam Road
Bellville

Postal Address:

Private Bag X17
Bellville
7535

Telephone : (021) 959-3736
Fax : (021) 959-1306
Email : gender@uwc.ac.za

Contact Person

Vanessa Ludwig

Services

- Women in development, violence against women, equity and sexuality

African Gender Institute: UCT Gender-based Violence Programme

Telephone : (021) 650-2970 / 1
Fax : (021) 685-2142
Email : jbenet@agi.uct.ac.za

Contact Person

Jane Bennet

Services

- Research and training around sexual harassment on campuses, and gender-based violence

Government Communication Information Systems (GCIS)

Physical Address:

13 Taylor avenue
Beaufort West
6970

Telephone : (023) 415 3418
Fax : (023) 41424
Email : kcfhr@telkomsa.net

Contact Person

Geraldine Thopps

Services

- Dissemination of government information and programme

RELATED SUPPORT SERVICES

VIOLENCE AGAINST CHILDREN & CHILDCARE SERVICES

Department of Social Services and Poverty Alleviation CHILD PROTECTION CO-ORDINATORS

DISTRICT OFFICE	NAME	TEEPHONE NUMBER	FAX NUMBER
Provincial Child Protection Coordinator	Cheryl Blankenberg	021 483 5813	021 4838719
Athlone	Elizabeth Short	021 6968038	021 6975543
Atlantis	Alec America	021 5771084	021 5773209
Beaufort West	Carol-Anne Benadie	023 4143204	023 4142128
Bellville	Mita Solomons	023 9407192	023 9483024
Caledon	Camilla Balie	028 2143000	028 2141780
Cape Town	Sharmiela Cummings	021 4819717	021 4238331
Eersterivier	Emelda April	021 9041021	021 9041164
George	Ingrid Parks	044 8742010/ 044 8742020	044 8735422
Guguletu	Tozama Nglongolo	021 6380004/12	021 6385117
Khayelitsha	Nontombi	021 3641330/6	021 3641337
Mitchell's Plain	Eudie October	021 3704800	021 3761342
Nyanga	L Ngumbela	021 3861209	021 6385117
Oudsthoorn	Romona Links	044 2728977	044 272 4007
Paarl	Maria Beukes	021 8711682	021 8720049
Vredendal	Fredie Wagener	027 2132096	027 2132142
Worcester	Carol Wehr	023 3485300	023 347 5181
Wynberg	Neville Dampies	021 7109828	

SAPS CHILD PROTECTION UNITS (CPUs) AND INDIVIDUALS

CAPE METRO AREA

Cape Town Child Protection Unit (Goodwood)

Physical Address:

Cnr Voortrekker Road & Vanguard Drive
Goodwood

Services

- 8.30am-4pm

Postal Address:

PO Box 12321
N1 City Goodwood
7463

Telephone : (021) 592-2601/3/5
Fax : (021) 592-2649
Standby : 083 3086124

Cape Town Unit (Mitchells Plain)

Physical Address:

Alpha Street 2
Alpha Park
Eastridge
Mitchells Plain
7789

Telephone : (021) 376-3032/5/9

Fax : (021) 376-3121

Standby : 083 3086335/46

Services

- 7.30am-4pm

BOLAND

Paarl Child Protection Unit

(Works together with Paarl-East)

Telephone : (021) 807-4088

Fax : (021) 807-4082

Paarl-East Child Protection Unit

Physical Address:

Bourg River Boulevard
Paarl

Postal Address:

PO Box 240
Paarl
7646

Telephone : (021) 807-4000

Fax : (021) 807-4082

Standby : 083 764 6842

Services

- 7.30am-4pm

Worcester Child Protection Unit

Physical Address:

112 High Street
Worcester
6850

Postal Address:

Private Bag X3066
Worcester
6849

Telephone : (023) 342-2496

Fax : (023) 342-34457

Services

- 7.30am-4pm

SOUTHERN CAPE

George Child Protection Unit

Postal Address:

Private Bag X7003
Pacalsdorp
6529

Telephone : (044) 878-0410

Fax : (044) 878-0551

CHILD ABUSE SERVICES

CAPE METRO

Safeline

Physical Address:

1st Wembley Building
Belgravia Road
Athlone

Postal Address:

PO Box 36091
Glosderry
7702

Telephone : (021) 693-0303

Fax : (021) 696-0308

Crisis Line : (021) 426-1100

Cell : 072 367 4588

E-mail : ljones@telkom.net

Services

- child sexual abuse
- counselling adult/child sexual abuse
- court preparation
- group therapy
- 8.30am-4.30pm
- 24 hour crisis line

Contact Person

Person on duty

Child Welfare Society:

Physical Address:

Klipfontein Road
Gatesville
7760

Postal Address:

PO Box 374
Gatesville
7760

Telephone : (021) 638 3127

Fax : (021) 638 5277

Services

- child protection
- foster care and adoption
- care for street children
- parenting and care giving training
- HIV/Aids awareness programmes
- Training
- residential care

Aids Legal Network

Physical Address:

Suite 6F
Waverley Business Park
Dane road
Mowbrey
7700

Postal Address:

P O Box 13834
Mowbrey
7705

Telephone : (021) 447-8435
Fax : (021) 447-9946
E-mail : alncpt@aln.org.za

Services:

- Legal advice desk
- Workshop / education Training
- HIV / AIDS resource Manual
- Research
- Networking

Contact Person

Sandy Okkers

Child and Family Welfare Organisations across the Province

Child & Family Welfare: Grabouw

Physical Address:

Ou Kaapse Weg
Ou Kliniek Gebou
Pineview
7160

Services

- family social services
- HIV/Aids
- 8am-4.15pm

Postal Address:

PO Box 1011
Pinewood
Grabouw
7160

Telephone : (021) 859-2283
Fax : (021) 859-3597

Contact Person

Mrs Eunice Pheunison
Ms Geland
Ms Nondumiso

Child and Family Welfare: Paarl

Postal Address:

PO Box 1030
Nederburg
Paarl
7627

Telephone : (021) 862-6182
Fax : (021) 862-7331

Contact Person

Mr Kulsen

Services

- child and family social services
- 8am-4pm

Kindersorgvereniging: Worcester

Physical Address:

81 De Wet Street
Worcester
6850

Postal Address:

PO Box 24
Worcester
6850

Telephone : (023) 347-0190
Fax : (023) 342-0066

Contact Person

Mrs Watt-Heyes (social worker)

Services

- deals with child abuse and other childcare issues
- 8am-4.30pm

Kindersorgvereniging: Lamberts Bay

Physical Address:

Van Zyl Street
Lamberts Bay
8130

Postal Address:

PO Box 128
Lamberts Bay
8130

Telephone : (027) 432-2639
Fax : (027) 432-1969

Contact Person

Jennifer Page (Social Worker)

Services

- deals mainly with childcare
- 8am-4.30pm

Nonceba Advice and Family Care Centre

Physical Address:

G323 SHAWCO 2
Mongezi Rd
Khayelitsha
7784

Telephone : (021) 364-0135
Fax : (021) 364-0135
Cell : 083 364 5381

Contact Person

Nocawe Mankayi

Services

- 8am-5pm
- Counselling – children and adults
- Placement for abandoned children

RAPCAN

Physical Address:

DP Marais Centre
C/o of White and Main Road
Retreat

Postal Address:

Postnet Suit 87
Private Bag X12
Tokai
7966

Telephone : (021) 712-2330
Fax : (021) 712-2365

Contact Person

Lorna Siers

Services

- 8am-4.30pm
- awareness raising about child abuse
- skills training in basic
- child abuse awareness programme
- develop educational materials for community awareness and run workshops for police
- resource library
- referrals for counselling

Afrikaanse Christelike Vrouevereniging (ACVV)

Physical Address:

61 Caledon Street
Cape Town
8000

Postal Address:

PO Box 3834
Cape Town

Telephone : (021) 461-1109/7447
Fax : (021) 461-0074

Contact Person

Erika Grimbuk

Services

- child-care services
- Family Welfare Agency
- only for children under 12 years
- provides a range of services to the community
- hours: 08h00-16h15
- social work
- HIV/Aids therapy & advice

Child Care Information Centre

Physical Address:

Red Cross Hospital
Klipfontein Road

Postal Address:

PO Box 3834
Cape Town

Telephone : (021) 689-1519

Telephone : (021) 658-5526

Fax : (021) 689-5403

Contact Person

Lizette Berry

Services

- information on all aspects of childcare to families, health, educational and social services workers
- open to students and public
- 8.30am-4.30pm

Child Protection Centre

Physical Address:

Somerset Hospital
Green Point
8001

Postal Address:

PO Box 131
Cape Town
8000

Telephone : (021) 425-5245

Fax : (021) 423-8331

Toll-free : 0800 555 55

Contact Person

Sharmilla Cummings

Services

- 1-stop anti-abuse centre
- doctors, therapists, social workers
- 24 hour service
- state service

BADISA: Head Office

Physical Address:

Head Office
PO Box 8
Belville
7535

Telephone : (021) 957 7130

Fax : (021) 957 7131

Services

- Child and family case work
- Social work services
- Mainly Afrikaans
- HIV/Aids

BADISA: Elsie's River

Physical Address:

6de Straat 91
Elsiesrivier
7490

Telephone : (021) 932-6721
Fax : (021) 933-1072

Services

- child and family case work
- social work services
- mainly Afrikaans
- HIV/Aids

Fish Hoek, Kommetjie & Noordhoek Welfare Society

Physical Address:

Cnr Castor & Draco Str
Ocean View
7975

Postal Address:

PO Box 22182
Simonstown
7974

Telephone : (021) 783-1166
Fax : (021) 783-1274

Services

- Community Welfare Services in the magisterial district of Simonstown
- employs social workers
- refers clients to other services

Contact Person

Madelein Julies

Khumbulani Orphanage

Physical Address:

1 225
Nanana Street
Khayelitsha

Telephone : (021) 361-1921
Fax : (021) 364-6033
Cell : 0837332657

Services

- 24hr HIV/ AIDS and child abuse service

Contact Person

Gloria Bebeza

Empilweni Project

Physical Address:

A500 Makabeni Street
Khayelitsha

Telephone : (021) 361-7590 / 7063

Fax : (021) 361-7569

Contact Person

Pricilla Baleni

Services

- mental health needs for children and family e.g. support for raped child
- support children whose parents are HIV positive

Nonceba Family Counselling Centre

Physical Address:

G323 Shawco 2
Mongezi Road
Khayelitsha
7784

Telephone : (021) 364-0135

Fax : (021) 364-0135

Cell : 0833645381

Contact Person

Nocawe Mankayi

Services

- Deal with all forms of child abuse e.g. abandonment, neglect, rape, sexual abuse, physical and economical abuse
- Counselling
- Child abuse awareness
- Intervention and education on child abuse
- Workshops for teachers home visits to clients
- Place of safety to victims of abuse

EI-O-HIM Shelter

Telephone : (021) 397- 1936

Fax : (021) 397- 1936

Contact Person

Eileen Ernstzen

Services

- shelter for abused women and their children
- offers counselling and support
- no charge, donations welcome
- Life skills, motivating workshops

Cape Town Refugee Forum

Physical Address:

F12 First Floor
Wynberg Centre 123
Main Road
Wynberg

Telephone : (021) 762-9670

Fax : (021) 761-2294

Contact Person

Julaine Olkers

HELDERBERG

PATCH

Physical Address:

Community Care
Lyndhurst Centre
Cnr Dummer and Doyle Streets
Somerset West
7129

Telephone : (021) 852-6110
Fax : (021) 852-7599

Contact Person

Christian Ben-over

Services

- 24 hour service for children
- therapy for sexually abused children
- prevention programs/talks
- court support
- 24 hour crisis line
- HIV/Aids

CHILDREN SHELTERS

✉ Agape Community Services:

☎ 083 341 8781
Children in crisis

✉ GC Williams: 66 Tarentaal Road, Bridgetown, 7764 PO Box 36091, Glossderry, 7702

☎ (021) 637 1254
☎ (021) 637 1286

✉ Beautiful Gate: P.O. Box 263, Muizenberg, 7950

☎/☎ (021) 788 6498

✉ Kidshelter: 28 St Barbara Street, St. Montague Village, Lavender Hill, 7945

☎ (021) 701 8840
☎ (021) 701 8848

✉ Ons Plek: 4 Albertus Street, Cape Town, 8000

☎ (021) 465 4829
☎ (021) 461 0530

✉ The Homestead: 150 Strand Street, Cape Town, 8000

Private Bag 21538 Kloofstreet 8008
☎ (021) 419 9763/4
☎ (021) 419 2600

✉ The Bridge: Chapel Street, District 6, Cape Town, 8001

☎ (021) 419 9763/4
☎ (021) 419 2600

✉ Bright Light's Skuiling: 15 Edgar Street, Somerset West, 7130

☎/☎ (021) 8512414

✉ Beth Uriel (16-24 years): 289 Victoria Road, Salt River, 7925,

PO Box 335 Woodstock 7915
☎ (021) 447 8727
☎ (021) 448 2775

✉ Claremont Children: P.O. Box 18008, Wynberg, 7824

No. 1 Fir Street, Claremont
☎ (021) 683 5756
☎ (021) 797 3390

✉ **Don Bosco Hostel (16-24 years):** 2 Somerset Road, Cape Town, 8001

☎ (021) 421 6764

☎ (021) 425 1452

☎ (021) 419 1312

✉ **Percy Bartley House:** 44 Pine Road, Woodstock, 7925

☎ (021) 447 5722

Provincial Administration of the Western Cape: Social Services

PAWCSS Offices in Cape Metro

PAWCSS: Nyanga

Telephone : (021) 386-1208

Fax : (021) 386 1208

PAWCSS: Gugulethu

Physical Address:

Cnr NY1 & Lansdowne Road

Gugulethu

7750

Services

- 7.30am-4pm

Postal Address:

Private Bag X11

Athlone

7764

Telephone : (021) 638-5151

Fax : (021) 638 5117

Contact Person

Mrs Zanele Mophakela

PAWCSS: Khayelitsha

Telephone : (021) 364-1330

Fax : (021) 364-1337

PAWCSS: Mitchell's Plain

Physical Address:

Mitchells Plain Ward 1 & 11

Lentegeur Hospital

Mitchells Plain

7785

Postal Address:

Private Bag X11

Athlone

7764

Telephone : (021) 370-4800

Fax : (021) 376-1342

Contact Person

H. Short

L. Osper

PAWCSS: Cape Town

Physical Address:

48 Queen Victoria Street
Cape Town
8001

Services

- 7.30am-4pm

Postal Address:

PO Box 131
Cape Town
8000

Telephone : (021) 481-9700
Fax : (021) 423-8331

PAWCSS: Athlone

Telephone : (021) 696-8038
Fax : (021) 696-8072

PAWCSS: Wynberg

Physical Address:

Cnr Maynard & Station Road
Wynberg
7824

Services

- 7.30am-4pm

Postal Address:

Private Bag X25
Wynberg
7824

Telephone : (021) 710-9800
Fax : (021) 761 9998

PAWCSS: Bellville

Physical Address:

107 Voortrekker Road
Bellville
7535

Services

- 7.30am-4pm

Postal Address:

Private Bag X50
Bellville
7535

Telephone : (021) 940-7100
Fax : (021) 948 3024

PAWCSS Eerste River

Physical Address:

42 Main Road
Eerste River
7100

Postal Address:

Private Bag X1
Eerste River
7100

Telephone : (021) 900-4500

Fax : (021) 904-1164

Services

- registration of Welfare organisations for collections
- request for subsidiaries
- 7.30am-4pm

PAWCSS OFFICES ACROSS THE WESTERN CAPE

PAWCSS: George

Physical Address:

42 Courtney Road
George
6530

Postal Address:

Private Bag X6508
George
6530

Telephone : (044) 874 2020/10

Fax : (044) 873 5422

Services

- 7.30am-4pm

PAWCSS: Oudtshoorn

Telephone : (044) 272-8977

Fax : (044) 274 1612

PAWCSS: Beaufort West

Telephone : (023) 414-3204

Fax : (023) 414-2128

PAWCSS: Worcester

Physical Address:

28 Fairburn Street
Worcester
6850

Postal Address:

Private Bag X3052
Worcester
6850

Telephone : (023) 348-5300

Fax : (023) 347-5181

Services

- 7.30am-4pm

PAWCSS: Vredendal

Telephone : (027) 213-2096

Fax : (027) 213-2142

HOSPITAL SERVICES FOR ABUSED CHILDREN

CAPE METRO REGION

Red Cross Children's Hospital

Physical Address:

Klipfontein Rd
Rondebosch
7700

Postal Address:

Private Bag X3052
Worcester
6850

Telephone : (021) 658-5111

Fax : (021) 685-3891

Social work department:

Telephone : (021) 658-5196

Contact Person:

Andre Peters

Services

- referrals only
- battery and sexual abuse victims only if referred by other hospitals or social workers
- hours: 08h30-16h30 Mon-Fri

Child and Family Unit, Red Cross Children's Hospital

Telephone : (021) 658-4103

Fax : (021) 685-4107

Contact Person:

Dr Carl Ziervogel

Services

- referrals only
- family form must be requested and completed
- hours: 08h30-16h30 Mon-Fri

Child and Family Unit, Lentegeur Hospital

Physical Address:

Lentegeur Hospital
Highlands Drive
Mitchell's Plain
7785

Postal Address:

Private Bag X3052
Worcester
6850

Telephone : (021) 370-1498

Fax : (021) 371-7359

Contact Person:

William Slate

Services

- psychiatric treatment
- referrals only

CHILDREN'S HOMES AND PLACES OF SAFETY

For detailed information of Children's Homes and Places of Safety contact:

The National Association of Child Care Workers

Physical Address:

47 Kromboom Road
Rondebosch East
7702

Services

- 8am-4pm

Postal Address:

PO Box 36407
Glosderry
7702

Telephone : (021) 697-4123

Fax : (021) 697-4130

Contact Person:

Merle Allsopp

DEPARTMENT OF EDUCATION AND CULTURE: SCHOOL PSYCHOLOGICAL SERVICES

Head Office

Physical Address:

Maynard Plaza
Station Rd
Wynberg
7800

Services

- psychological and guidance services
- referrals made to other services
- psychologists may refer to school clinics
- 7.30am-4pm

Postal Address:

Private Bag X7
Wynberg
7800

Telephone : (021) 799-4911

Fax : (021) 797-1914

Mitchells Plain School Clinic

Physical Address:

Cnr Aloe and Bamboo Roads
Lentegeur
7785

Postal Address:

Private Bag X3052
Worcester
6850

Telephone : (021) 374-4107

Fax : (021) 374-9143

Services

- counselling and psychotherapy
- parents wishing to make use of this should consult the school
- serves Cape Flats area
- HIV/Aids
- 7.30am-4pm

Newlands School Clinic

Physical Address:

Cnr Kildare Rd and Main St
Newlands
7700

Telephone : (021) 674-2057/8

Fax : (021) 674-2176

Contact Person

Brad Bailey

Services

- testing and guidance
- some remedial tuition offered
- workshops with schools on social and academic issues
- hours: 08h00-16h00

Parow School Clinic

Physical Address:

16 Talent St
Parow
7500

Postal Address:

Private bag X38
Parow
7499

Telephone : (021) 939-7021

Fax : (021) 939-7073

Services

- testing and guidance
- some remedial tuition offered
- serves Northern suburbs
- 7.30am-4pm

Cape Town School Clinic

Physical Address:

Upper Orange Street
Cape Town
8001

Telephone : (021) 465-2438

Fax : (021) 462-2548

Services

- testing and guidance
- some remedial tuition offered
- Atlantic Seaboard and City Bowl area
- 8am-4pm

ADOLESCENT AND CHILD TREATMENT CENTRES

CAPE METRO REGION

Mitchells Plain Youth Development

Physical Address:

Room 7 Foschini Building
Town Centre
Mitchell's Plain

Telephone : (021) 392-6101
Fax : (021) 392-5197

Services

- counselling and outreach programmes for people 8 -35

Child Guidance Clinic, UCT

Physical Address:

Chapel Rd
Rosebank
7700

Telephone : (021) 650-3901
Fax : (021) 689-1006

Contact Person

Debora Platen

Services

- full psychological and scholastic assessment
- therapeutic and remedial services
- not open to the public
- limited family therapy given
- mainly for school children
- hours: 08h30-17h00 Mon-Fri

William Slater

Postal Address:

PO Box X9
Rondebosch
7700

Telephone : (021) 685-5116/7
Fax : (021) 689-1343

Contact Person

Dr. Vic Shortall
Sister in Charge

Services

- It is a psychiatric unit of Groote Schuur Hospital and the Medical School of UCT
- A tertiary care psychotherapy centre specialising in the care and treatment of the young adults between the ages of between the ages of 14 and 25 years with emotional and behavioural problems.
- Individual therapy, group therapy and programmes for adolescents with emotional and behavioural difficulties.
- 7am-4pm

Wynberg Child Abuse Protocol Centre

Physical Address:

C/o Church and Station Street
3rd Floor Maynard Plaza
Wynberg

Postal Address:

P O Box 25
Wynberg
7824

Telephone : (021) 762-3954
Fax : (021) 761-9998
Cell : 083 678 9114
E-mail : ndampies@pgwc.gov.za

Contact Person:

Mr. Neville Dampies

Services:

- 24 Hr Services for child victim of abuse, neglect and exploitation
- Rendering and accessible, holistic and integrated service from 08:00 to 16:00 weekdays and 24hr services over weekends and public holidays, by social workers, police, justice and health workers.
- The after-hour centre operates within the Wynberg area (Wynberg and Simon's Town District Office, where social workers operate from 07:30 to 16:00.
- As from 16:00, a volunteer manages the telephone and links up with a social worker who is on call as from 16:00 to 07:30.
- At 24:00, the volunteer leaves the centre and the voice prompt provides the caller with the cell phone number of the social worker on duty, in case of an emergency.

CHILD AND FAMILY WELFARE ORGANISATIONS ACROSS THE PROVINCE

The Parent Centre

Physical Address:

155 On Main (3rd Floor)
Main Road
Wynberg

Postal Address:

P O Box 18889
Wynberg
7824

Telephone : (021) 762-0116
Fax : (021) 762-5160
E-mail : info@parentcentre.org.za

Contact Person:

Celeste van der Merwe

Services

- Parenting and Care giving:
- Educative and supportive services in the formant of:
- Counselling
- Talks of all aspects
- Workshops on child nurturing
- "Training of Trainers"
- Leadership skills

Child & Family Welfare: Grabouw

See page 93 for information

Child and Family Welfare: Paarl

See page 94 for information

Kindersorgvereniging: Worcester

See page 94 for information

Kindersorgvereniging: Lamberts Bay

See page 94 for information

MARRIAGE AND DIVORCE SERVICES

GENERAL INFORMATION

Citizen's Advice Bureau

Physical Address:

Ruskin House
10th Floor
Roeland Street
Cape Town

Telephone : (021) 461-7218/9

Fax : (021) 461-8173

Contact Person

Jennifer Page (Social Worker)

Services

- information, advice and assistance on any issue including legal issues like divorce and maintenance
- open 09h30-13h00 only

COUPLE COUNSELLING

Catholic Welfare and Development

Physical Address

Green Point
37a Somerset Road
Cape Town
8001

Postal Address:

Private Bag X8
Cape Mail 8003
South Africa

Telephone : (021) 425-2095/6/7

Fax : (021) 425-4295

Cell : 083 265 0917

Contact Person

Jasper Walsh
Director

Services

- open to all denominations
- social work and counselling, especially family and marital counselling

FAMSA: Observatory

FAMSA, Khayelitsha

FAMSA, Oudtshoorn

FAMSA, George

FAMSA, Knysna

NICRO Women's Support Centre

See page 13 for information

CWD Woman Awakened Programme

Physical Address:

Multi Purpose Centre
Halt Road
Elsies River

Postal Address:

Box 78
Matroosfontein
7490

Telephone : (021) 931-3725
Fax : (021) 933- 2897
Email : radicalchange-cwd@yahoo.com

Services

- * family and marital counselling
- * HIV/ AIDS referrals
- * One on one counselling
- * Couple counselling on spouse abuse
- * Treatment for perpetrator
- * referrals

Contact Persons

Sharon Rhode, Melo or Lorraine van der Westhuizen

Embizweni Voluntary Association

Physical Address:

Room 5& 8
E 505 Scott Street, CWD
Khayelitsha
7784

Telephone : (021) 361-6558
Fax : (021) 361-9334
Cell : 0827381693
Email : embizweni@absamail.co.za

Services

- workshops dealing with DVA, relationships, masculinity, gender equality, parenting skills, sex and sexuality and HIV/AIDS
- Family Camps- twice a year
- Children excursions- twice a year
- Counselling for domestic violence, marital issues, divorce, child abuse, grief and bereavement, HIV/AIDS

Contact Person

Dumisani Nqina

Islamic Social and Welfare Association (ISWA)

Physical Address:

11 1st Avenue
Belgravia
7764

Postal Address:

PO Box 447
Athlone
7760

Telephone : (021) 696-3000/3
Fax : (021) 697-4606

Services

- marriage counselling
- project – sewing, handcrafts (free)
- Training of Social Auxiliary Workers
- Training of community workers
- Training of trainers in Social Welfare field

Contact Person

Mrs N Manuel Davids

Muslim Assembly

Physical Address:

38 Lodewyk Road
Newfields Estate
Newfields/Athlone
7764

Postal Address:

PO Box 60
Gatesville
7766

Telephone : (021) 692-1237/8
Fax : (021) 692-3984

Services

- mostly for Muslims but open to all
- community, social, cultural religious, and welfare services including: marriage counselling and family care
- rehabilitation of drug abusers and prisoners
- family planning
- Mon-Thurs, 9am-4pm
- Fri, 9am-12pm

Southern Divorce Court

Physical Address:

Parade Street
Justitia Building
Cape Town
8800

Telephone : (021) 401-1631/ 2 / 5
Fax : (021) 461-2298

Contact Person:

Wayne Deck
J. Blanchard

MUSLIM

Divorce Support Group
See page 54 for information

PREGNANCY SERVICES

Please Note: In compiling this section, we have sought to include services, which assist women in making an informed choice about their pregnancy

COUNSELLING AND INFORMATION

CAPE METRO

Options Pregnancy Centre

Physical Address:

Bavington Villa
7 Wiener Road
Goodwood
7460

Telephone : (021) 592-2183/4
Fax : (021) 592-2184
Cell : 082 742 5863

Contact Person

Tertia Basson

Services

- counselling for individuals and families
- educational
- referral to medical services or legal aid
- adoption / pregnancy care
- do not encourage abortion, but allow client to make her own decision
- clinic-scanning

SOUTHERN CAPE

Options: George Satellite Office

Physical Address:

122 York Street
George
6529

Postal Address:

PO Box 758
George
6530

Telephone : (044) 874-7414
Fax : (044) 874-7414
Email : edwall.vsc@pixie.co.za

Contact Person

Laurie Edwall

Options: Mossel Bay (also covers Knysna)

Physical Address:

4 Montague Place
Montagu Street
Mossel Bay
6500

Postal Address:

PO Box 1670
Mossel Bay
6500

Telephone : (044) 691-3487
Cell : 082 956 1041
Fax : (044) 691-1401

Contact Person

Erica Caetano

COMMUNITY HEALTH CENTRE

Physical Address:

CHC Marine Way
Plettenberg Bay

Postal Address:

Private Bag x 1002
Plettenberg Bay
6600

Telephone : (044) 501-3200
Fax : (044) 533-3846
E-mail : clinic@plett.gov.za

Contact Person:

Sr. Noëlle Rist

Services:

- Termination of Pregnancy (TOP) counselling
- Referral to 2nd Hospital- Knysna Hospital
- Contraception advice and dispensing

Family Planning Youth Services: CPA

Physical Address:

10 Kruskal Avenue
Bellville
7530

Telephone : (021) 946-2306
Fax : (021) 946-2021

Services

- offers family planning to youth and adults
- gives advice and counselling in all aspects of teenage relationships
- Mon-Fri 07h30-16h30
- Sat 08h30-12h30

Pregnancy Advisory Service

Groote Schuur Hospital

Physical Address:

Groote Schuur Hospital
Ward J2
Observatory
7925

Telephone : (021) 404-4502

Services

- correct channel to seek legal abortions
- offers counselling for any women married/single who wishes to have her pregnancy terminated
- sterilisation, adoption, and pregnancy services

Marie Stopes Clinic

Physical Address:

Fountain Medical Centre
Room 320
Adderley Street
Cape Town
8001

Telephone : (021) 418-0560
Fax : (021) 418-0590
Tollfree : 0800 117 785

Services

- abortions performed by trained staff
- counselling for pre and post abortion offered, if in-depth needed, client is referred to professional counselling
- 8.30am-4.30pm

Birthline

Physical Address:

202 Alphen Dale
Tobruk Road
Plumstead

Telephone : (021) 761-4747

Services

- a support group for mothers who have given up a child for adoption, pregnant women who are considering adoption as an option
- adults who traced their biological parents
- biological parents who wants to be prepared should their children trace them
- 24 hour crisis line

New Life Centre

Postal Address:

PO Box 206
Bellville
7535

Telephone : (021) 975-3216
Fax : (021) 949-1614

Contact Person

Shana Collier

Services

- counselling pregnant unmarried women irrespective of culture or religion
- aimed at helping residents make informed decisions about parenting and adoption

Pregnancy Help Centre

Physical Address:

101 Medical Mews
46 Church Street
Wynberg

Telephone : (021) 797-0050/5000
Fax : (021) 797-0050
Cell : 082 346 3468
E-mail : ccare@iafrica.com

Contact Person

Norma Trautmann

Services

- Pregnancy counselling
- Pre-abortion consultation
- Post-abortion counselling
- Practical and emotional support
- Information regarding pregnancy issues
- Education regarding sexual lifestyle, reproduction and relationship issues
- Referrals for adoption and maintenance
- Birth education
- HIV testing and counselling

Lady Michael's

Physical Address:

Tumour Hill Road
Plumstead
2801

Postal Address:

P O Box 379
Plumstead
2801

Telephone : (021) 797-3327/8
Fax : (021) 797-3356
Email : caljacobs@pawc.w.cape.gov.za

Contact Person

Carol Jacobs

Heart-to-Heart Care Centre

Physical Address:

1st Floor Homeleigh Building
Marsh Street
Mossel Bay

Postal Address:

P O Box 1670
Mossel Bay
6500

Telephone: : (044) 691-3487
Fax : (044) 691-3487
Cell : 082 956 1041
E-mail : ericac@mweb.co.za

Contact Person

Erica Caetano

Services:**Free and Confidential Services:****Pregnancy Centre:**

- Pregnancy tests
- Pre-abortion Consultation
- Post-abortion support
- Rape survivors support
- Medical referrals
- Clothes, toiletries, etc. for babies and toddlers
- Pre-natal classes
- Parenting skills
- Clothing distribution

HOMES FOR UNMARRIED MOTHERS

Magdalena Huis

Physical Address:

68 Salisbury Street
Boston
Bellville

Postal Address:

PO Box 16
Bellville
7535

Telephone : (021) 948-3637
Fax : (021) 948-3637

Services

- accommodation and care of unmarried mothers
- Counselling and education
- Physical care, medical services, pastoral care, recreational and educational activities
- Skills training
- preferably admission before the 7th month of pregnancy
- HIV/Aids referrals
- 8am-2pm plus 24 hour service

Sisters Incorporated

Physical Address:

32 Ascot Rd
Kenilworth
7700

Postal Address:

PO Box 2330
Clareinch
7700

Telephone : (021) 797-4190
Fax : (021) 797-4190

Services

- counselling services
- adoptions arranged through statutory adoption agencies
- part-time social worker services
- 8am-5pm

HIV/AIDS Services

For further information, please consult the "South African AIDS Network: Directory of National AIDS Database" compiled by UNISA – Tel. (021) 918-1545, Private Bag X15, Parow, 7500, e-mail aidsdir@health.gov.za

TESTING, COUNSELLING AND INFORMATION

AIDS Training, Information & Counselling Centre (ATTIC)

Postal Address:

PO Box 2815
Cape Town
8000

Telephone : (021) 797-3327

Fax : (021) 419-5248

Contact Person

Florence Adam

Services

- serological testing for HIV is performed at ATTIC in conjunction with the adjacent medical centre
- face-to-face pre and post counselling
- provides for friends and relatives

CWD Zikhulele AIDS Project

Physical Address:

C/o CWD
37A Somerset Rd
Green Point

Telephone : (021) 696-0011 / 1331

Fax : (021) 696-1042

Contact Person

Lavinia Benjamin

Services

- education and awareness programs in communities and schools, prisons and other institutions

Nazareth House

Physical Address:

1 Derry Street
Vredehoek

Telephone : (021) 461-1635

Fax : (021) 465-6414

Contact Person

Sr. Margaret
Jane Payne (Social Worker) – 0824214618

Services

- for abused and abandoned babies with HIV and for adoptions/fostering/weekend outings with these children

Helderberg Aids Centre: Somerset West

Physical Address:

28 Church Street
Somerset West
7130

Postal Address:

PO Box 19
Somerset West
7130

Telephone : (021) 852-2131
Fax : (021) 850-4444

Services

- a local referral network for counselling and family support
- HIV testing with pre and post test counselling
- 8am-4.30pm

Hospice Association of SA

Physical Address:

1 Logan Way
Pinelands
7405

Postal Address:

PO Box 38785
Pinelands

Telephone : (021) 531-2094/5
Fax : (021) 531-7917

Services

- a co-ordinating, advisory and lobbying organisation for hospice employees and workers
- conduct national AIDS seminars and conferences
- 8am-4pm

Triangle Project

See page 21 for information

Lawyers for Human Rights

Postal Address:

PO Box 719
Stellenbosch
7599

Telephone : (021) 887-1003
Fax : (021) 883-3302
E-mail : kamalm@mweb.co.za

Services

- 9am-4.30pm
- legal advice and litigation training in AIDS and the law
- Legal service to farm workers facing illegal evictions and other violations of the extension of security (Tender Act 62 of 1997- please check, not sure of act name).

Contact Person

Kamal, Patrick and Mr Julius

Yabonga Children's Project

Physical Address:

2 Main Road
Wynberg
7800

Postal Address:

Private Bag X 1
Mowbray
7705

Telephone : (021) 761-2940
Fax : (021) 761-3407
Cell : 082 200 6711
Email : info@yabonga.com

Contact Person

Mr. M Stevens

Services

- HIV/AIDS training
- Counselling
- Support groups
- Nutritional support
- Income generating programs
- HIV/AIDS Awareness to the public

Kontak: Mitchells Plain

Physical Address:

31 Drakensberg Circle
Searidge Park
New Tafelsig
Mitchells Plain

Telephone : (021) 397-5892
Fax : (021) 397-5298

Contact Person

Person on duty

Services

- HIV/AIDS training and life skills

Karoo Region

Alpha & Omega Aids Group

Physical Address:

754 Jones Avenue
Kwa-Mandlenkosi
Beaufort west
6970

Telephone : (023) 414-3351
Fax : (023) 415-1735
Cell : 0731452987/ 0839857002

Contact Person

Boniswa Gom
Esther Ngondo

Services

- Counselling of home base care
- Applying grants for PWA's
- Assist social workers in finding suitable homes to HIV orphans

B.A.A.G – Beaufort Aids Action Group

Physical Address:

7 Kersner Street
Beaufort West
6970

Postal Address:

P O Box 1014
Beaufort west

Telephone : (023) 415-2188 ext 256
Fax : (023) 415-2121 ext 218
Cell : 0827332842

Contact Person

Andrew Lyon or M.A Louw

Services

- HIV/AIDS training
- Counselling
- Support groups
- Nutritional support
- Home base care
- HIV/AIDS Awareness

AIDS CARE CENTRES

Woodstock Hospital

Physical Address:

Mountain Road
Woodstock
7925

Telephone : (021) 460-9100

Services

- HIV outpatient clinic provides care for AIDS related conditions
- pre and post testing counselling

GH Starke Centre, Hanover Park

Physical Address:

2 Green Turf
Hanover Park
2764

Postal Address:

PO Box 18
Hanover Park
7784

Telephone : (021) 691-9354
Fax : (021) 691-4523

Services

- 1-3 beds available for terminal respite care
- home for the needy
- 8.30am-5pm

Groote Schuur Hospital

Physical Address:

Main Rd
Observatory

Telephone : (021) 404-9111

Services

- provides medical care and counselling at the HIV outpatient clinic

Missionaries of Charity, Khayelitsha Mother Theresa's Nuns

Telephone : (021) 361-3365

Services

- terminal care and accommodation for destitute persons living with HIV/AIDS
- spiritual support for persons living with HIV/AIDS

Ukhanyo

Physical Address:

A66 Zodiac Street
Kulani Park
Khayelitsha

Telephone : (021) 361-6931
Cell : 0722493417

Services

- HIV/AIDS counselling
- Caring for the sick
- Will start to accommodate homeless women

Contact Person

Lumka Gulishe

Heart-to-Heart Care Centre

Physical Address:

1st Floor Homeleigh Building
Marsh Street
Mossel Bay

Postal Address:

P O Box 1670
Mossel Bay
6500

Telephone : (044) 691-3487
Fax : (044) 691-3487
Cell : 082 956 1041
E-mail : ericac@mweb.co.za

Services:

Free & Confidential Services Make an appointment for:

- Voluntary Counselling & Testing for HIV
- HIV/AIDS life skills
- HIV/AIDS prevention & awareness programmes
- ARV & MTCT programme
- Information and referrals
- Support groups for individuals, families and children
- Food parcel referrals

Contact Person:

Erica Caetano

SOUTHERN CAPE REGION

COMMUNITY HEALTH CENTRE

Physical Address:

Marine Way
Plettenberg Bay

Postal Address:

Private Bag x 1002
Plettenberg Bay
6600

Telephone : (044) 501-3200
Fax : (044) 533-3846
E-mail : clinic@plett.gov.za

Services:

- Pre-test counselling
- Post-test counselling
- Referral to support groups
- Anti-retroviral workshop
- Anti-retroviral clinic (from September 2005)
- Follow-up counselling

Contact Person

Sr. Samuel / Sr. Riley

Atlantis Integrated HIV/AIDS Network

Physical and Postal Address

112 Grovenor Avenue
Atlantis
7349

Telephone : (021) 572 0752

Contact Person

Lenie Maya

Hermanus Rainbow Trust

Postal address

C / o Hermanus Rainbow Trust
Suite: 115
Private Bag
Hermanus
7200

Telephone : (028) 316 4027

Contact Person

Vivienne Owen

Youth at Risk

Physical and Postal Address:

14 Mossop Street
Eersterivier
7100

Telephone : (021) 904-7936

Contact Person

Freda Lloyd

Treatment Action Campaign

Physical Address:

Town 1 Properties

Sulami Drive

Site B

Khayelitsha

7784

Telephone : (021) 380-8019

Contact Person

Nathan Geffen

Gay and Lesbian Services

Triangle Project

Physical Address:

Unit 29
Waverley Business Park
Wycroft Street
Mowbray

Postal Address:

P O Box 13935
Mowbray
7705

Telephone : (021) 448-3812
Fax : (021) 448-4089
Cell : 0829250045
Email : clinic@triangle.org.za

Services

- Counselling for gays and lesbians
- HIV / Aids testing and counselling
- Individual & couple counselling
- Education & training
- Sexuality workshop
- Safer sex workshop
- Training courses
- Library
- Media productions
- HIV prevention

Contact Persons

Glenn de Swart

Behind the Mask

Website: www.mask.org.za

Services

- Provides database and online counselling for the lesbian, gay, bisexual and transsexual community in Southern Africa

DISABILITY SERVICES

Disabled People of South Africa (DPSA)

Physical Address:

Norlen House
Buitenkant Street
Cape Town

Telephone : (021) 465-0090
Fax : (021) 465-0098

Contact Person

Mr M. Toni

Cancer Association

Postal Address:

P O Box 186
Rondebosch
7700

Telephone : (021) 689-5347
Fax : (021) 685-1937

Contact Person

The Director

Cape Mental Health Society

Physical Address:

22 Ivy Road
Observatory
7925

Postal Address:

Private Bag X7
Observatory
7935

Telephone : (021) 447-9040
Fax : (021) 448-8475
E-mail : info@cmhs.co.za

Contact Person

The Director

Services:

- Counselling services to people with intellectual and psychiatric disability
Trauma counselling / debriefing
Services to people with intellectual disabilities who have been sexually abused

Cerebral Palsy Association

Postal Address:

P O Box 13037
Mowbray
7705

Telephone : (021) 685-4150
Fax : (021) 686-8544

Contact Person

The Director

Disabled Children Action

Physical Address:

16 Broad Road
Wynberg

Telephone : (021) 797-5977
Fax : (021) 797-5077
E-mail : decaj@iafrica.com

Contact Person

Bernadette Liedeman

The Robertson Fund

Postal Address:

P O Box 176
Milnerton
7435

Telephone : (021) 551-3780
Fax : (021) 551-3780

Contact Person

The Director

Fish Hoek Welfare Organisation

Postal Address:

P O Box 22182
Fish Hoek
7975

Telephone : (021) 783-1166
Fax : (021) 788-4602

Contact Person

The Social Worker

Ikamva Labantu

Postal Address:

P O Box 4490
Cape Town
8000

Telephone : (021) 461-8338
Fax : (021) 461-6823

Contact Person

The Director

League of the Friends of the Blind

Postal Address:

P O Box 31010
Grassy Park
7888

Telephone : (021) 705-3753
Fax : (021) 705-2154

Contact Person

The Director

Oasis

Postal Address:

Private Bag X23
Claremont
7735

Telephone : (021) 671-2698
Fax : (021) 683-5011

Contact Person

The Administrator

Orion Organisation

Postal Address:

P O Box 1461
Dassenberg
7350

Telephone : (021) 557-2801
Fax : (021) 577-2601

Contact Person

The Director

South African National Epilepsy League

Postal Address:

P O Box 69
Observatory
7935

Telephone : (021) 683-5949
Fax : (021) 683-6202

Contact Person

The Director

Tuberculosis Care Committee

Physical Address:

P O Box 2815
Cape Town
8000

Telephone : (021) 400-3782

Contact Person

The Director

Western Cape Disability Network

Physical Address:

38 Riverside
Pinelands
7405

Telephone : (021) 531-1973

Contact Person

The Chairperson

South African Foundation of Cheshire Homes

Postal Address:

P O Box 234
Newlands
7725

Telephone : (021) 685-6179
Fax : (021) 685-6066

Contact Person

The Director

Western Cape Council for the Blind

Physical Address:

45 Salt River Rd
Salt River
7925

Telephone : (021) 448-4302
Fax : (021) 448-5206

Contact Person

The Secretary

Western Cape Forum for Intellectual Disability

Postal Address:

P O Box 142
Maitland
7405
Telephone : (021) 510-4686
Fax : (021) 510-4687

Contact Person

The Organiser

Federal Council for Disability

Physical Address:

40 Campground
Rosebank
7700
Telephone : (021) 685-4216
Fax : (021) 448-4215

Contact Person

The Director

Cape Town Society for the Blind

Physical Address:

45 Salt River Road
Salt River
7925

Postal Address:

PO Box 1081
Woodstock
7915

Telephone : (021) 448-4302
Fax : (021) 448-5206
Cell : 083 302 5564
E-mail : hannl@ctsb.org.za

Services

- Social Services Department
- Rendering rehabilitation including consultation, emotional support and information
- Skills and mobility training
- Skills and business training- presently registering as an accredited facility
- Business development
- Production of cane and other items
- Career development / career pathing
- Placement in open labour market
- 8am-4.30pm

Contact Person

The Director

Deaf Federation of South Africa

Physical Address:

The Bastion
Hemlock Road
Newlands
7700

Postal Address:

PO Box 226
Newlands
7700

Telephone : (021) 683-4665/6
Fax : (021) 671-2644

Contact Person

Steven Lombard

Services

- information and counselling service including advice on finding employment
- 8am-4pm

SUBSTANCE ABUSE SERVICES

ALCOHOL ABUSE

Adolescent Clinic

Physical Address:

Groote Schuur Hospital
46 Sawkins Road
Rondebosch
7700

Telephone : (021) 685-4103

Services

- psychiatric services for problems of living and adapting to adult life e.g. identity crisis, adolescent turmoil, depression, neurosis, personality difficulties or substance abuse
- commitment of daily therapy
- therapy expected for 3 months

Al-Anon Information Service

Physical Address:

617 Pearl House
19 Herengracht
Cape Town
8001

Telephone : (021) 418-0021

Fax : (021) 418-0022

Services

- alcoholism is a family disease and partners can't remain unaffected by alcoholics, they need to learn how to handle both the situation and themselves
- fellowship for relatives and friends
- 9am-1pm

Alateen c/o Al-Anon

Physical Address:

617 Pearl House
19 Herengracht
Cape Town
8001

Telephone : (021) 418-0021

Fax : (021) 418-0022

Services

- information and support for teenagers to gain a better understanding of alcoholism and so lessen its effect on their own lives
- especially for children of alcoholic parents

Alcoholics Anonymous (AA)

Physical Address:

616 Pearl House
19 Herengracht
Cape Town
8001

Postal Address:

PO Box 2047
Cape Town
8001

Telephone : (021) 418-0020

Fax : (021) 418-0022

Services

- rehabilitation of alcoholics by individual and group support
- first names used to ensure anonymity
- 9am-3pm

Alcoholics Victorious

Physical Address:

79 3rd Avenue
Claremont
7700

Telephone : (021) 671-2595
Fax : (021) 683-9017

Services

- Christian evangelical counselling and support for alcoholics
- group meetings
- Bible studies
- home visiting
- 24 hour service

SA National Council on Alcoholism and Drug Dependence (SANCA)

Physical Address:

SANCA Information Centre
Southern Life Building
Voortrekker Road
Parow
7500

Telephone : (021) 930-6086
Fax : (021) 637-2832

Athlone
Telephone : (021) 638-5116
Fax : (021) 637-2832

Eastridge
Telephone : (021) 397-2196
Fax : (021) 397-4617

Tygerberg
Telephone : (021) 919-9558
Fax : (021) 919-9558

Services

- provides a professional needs-directed service in respect of alcohol and other drug problems through prevention, education, intervention
- offers programmes of primary prevention and education to professional services and to a teenage drug action group
- therapeutic services and training

Stepping Stones Addiction Centre

Physical Address:

Main Rd
Kommetjie
Cape Town
7975

Postal Address:

PO Box 48156
Kommetjie
7976

Telephone : (021) 783-4230
Fax : (021) 783-1816

Contact Person:

Carry Beuker
Programme Director

Services

- alcohol, drug and over-the-counter addiction counselling
- Inpatient treatment of alcohol and other drug addiction and compulsive gambling

DRUG ABUSE

Cape Town Drug Counselling Centre

Physical Address:

1 Roman Rd
Observatory
7925

Postal Address:

PO Box 56
Observatory
7935

Telephone : (021) 447-8026/8035/8045

Fax : (021) 447-8818

Services

- individual assessment of drug abusers
- clinical education and counselling of drug abusers and their families
- workshops at schools
- evening support groups for abstinent drug users
- training people

DE Novo

Postal Address:

Private Bag X 1
Kraaifontein
7570

Telephone : (021) 988 1138

Fax : (021) 988 0426

Contact Person

The Manager

Stepping Stones

See page 131 for information

OTHER TYPES OF ABUSE OR ADDICTION

Smokers

Physical Address:

2 Arthur Road
Muizenberg
7945

Telephone : (021) 788-9120

Fax : (021) 788-9122

Services

- 6 week programme of 7 meetings to enable people to stop smoking without discomfort, through behaviour techniques, change of attitude towards themselves and their smoking with the use of positive reinforcements and encouragement
- 24 hour service

Dopstop

Physical Address:

Cnr Bird & Langenhoven Street
Stellenbosch
7601

Postal Address:

PO Box 2044
Dennesig
7601

Telephone : (021) 887-5111
Fax : (021) 887-9365
Email : dopstop@netactive.co.za

Contact Person

Margie Dausab

SUICIDE SERVICES

Life Line (Western Cape)

Physical Address:

2 Arthur Road
Muizenberg
7945

Telephone : (021) 461-1111
Fax : (021) 461-1113 for appointment

Lifeline: Bishop Lavis

Telephone : (021) 934-4822
Fax : (021) 932-0352

Lifeline: Khayelitsha

Telephone : (021) 361-5855/9077
Fax : (021) 361-5789

Lifeline: Elsies River

Telephone : (021) 932-0352

Lifeline: Gugulethu

Telephone : (021) 637-3009

Lifeline: Mbekweni

Telephone : (021) 868-4040

Services

- confidential counselling services for anyone facing personal crisis or under emotional stress
- trained counsellors are available for telephone counselling 24 hours a day
- face-to-face counselling on weekends from 10h00-16h00
- HIV/Aids counselling

Groote Schuur Psychiatric Emergencies

Physical Address:

C23 Groote Schuur Hospital
Observatory
7925

Telephone : (021) 404-7125 all hours

**HEALTH FACILITIES IN THE METROPOLE REGION FOR THE MANAGEMENT OF SURVIVORS OF RAPE
AND SEXUAL ASSUALT**

HEALTH FACILITY	POSTAL ADDRESS	PHYSICAL ADDRESS	CONTACT PERSON	TEL. NO.	FAX NO.	HOURS OF SERVICE
Groote Schuur Hospital	Dept. of Obstetrics and Gynaecology, Groote Schuur Hospital, Observatory, 7937	Dept. of Obstetrics and Gynaecology, Groote Schuur Hospital, Observatory, 7937	Prof L Denny Dr L Schoe-man	(021) 404 4488	(021) 448 6921	24 hours
Tygerberg Hospital	Private Bag X3, Tygerberg, 7505	Francie Van Zyl Drive, Parowvalley, 7500	Ms. H Louw	(021) 938 4164 (021) 938 4911	(021) 938 4473	24 hours
Red Cross Hospital	Klipfontein Road, Rondebosch, 7700	Klipfontein Road, Rondebosch, 7700	Dr Moster Dr van As	(021) 658 5111	(021) 685 3891	24 hours
Somerset Hospital	Private Bag, Green Point, 8051	Beach Road, Green Point, 8001	Dr Steyn	(021) 402 6911	(021) 402 6000	24 hours
G.F. Jooste Hospital	P.O. Box 66, Manenberg, 7767	Duinefontein Road, Manenberg, 7764	Person in charge	(021) 690 1000	(021) 691 7962	24 hours
Victoria Hospital	Private Bag X2, Plumstead, 7801	Alphen Hill Road, Wynberg, 7800	Person in charge	(021) 799 1111	(021) 799 1212	24 hours
Hottentots Holland Hospital	Private Bag X2, Somerset West, 7129	Lourens Ford Way, Somerset West, 7130	Ms Evans	(021) 852 1334 083 484 9409	(021) 852 5392	24 hours
False Bay Hospital	Private Bag, Vallyland, 7978	17 th Avenue, Fish Hoek, 7975	Person in charge	(021) 782 1121	(021) 782 2306	24 hours
Wesfleur Hospital	Private Bag X, Reygersdal, Atlantis, 7349	Wesfleur Circle, Atlantis, 7349	Dr A Fox	(021) 572 6063	(021) 572 4420	24 hours
Karl Bremer Hospital	Private Bag X1, Bellville, 7530	Mike Pienaar Boulevard, Bellville, 7530	Sr C Dolby	(021) 918 1911/ 1258	(021) 949 0296	24 hours
Milnerton Private Hospital	Private Bag X16, Milnerton, 7435	C/o Racecourse & Koeberg Rd, Milnerton, 7435	Sr. A van Niekerk	(021) 529 9299	(021) 529 9303	24 hours
Lady Michaelis CHC	P.O. Box 690, Plumstead, 7801	Burnham Road, Plumstead, 7800	Dr Trope	(021) 797 8171	(021) 762 8020	08H00-15H00 (Mon-Fri) (after hours- Victoria CHC)
Robbie Nurock CHC	89 Buitenkant Street, Cape Town, 8000	89 Buitenkant Street, Cape Town, 8000	Dr Hahms	(021) 461 1124	(021) 461 7962	08H00-15H00 (Mon-Fri) (after hours- Somerset CHC)
Mitchell's Plain CHC	1 st Avenue, Eastridge, Mitchell's Plain, 7798	1 st Avenue, Eastridge, Mitchell's Plain, 7798	Dr Manual Dr Trope	(021) 392 5161	(021) 391 2803	24 hours
Hanover Park CHC	c/o Surran and Hanover Park Avenue, Hanover Park, 7780	c/o Surran and Hanover Park Avenue, Hanover Park, 7780	Person in charge	(021) 692 1240	(021) 692 3921	08H00-15H00 (Mon-Fri) (after hours-Victoria CHC)
Vanguard CHC	c/o Candlewood and Citrus Street, Bontheuwel, 7764	c/o Candlewood and Citrus Street, Bontheuwel, 7764	Sr I Matinise	(021) 694 5559/ 60	(021) 694 5584	24 hours
Elsies River CHC	29 th Avenue and Halt Road, Elsie's River, 7490	29 th Avenue and Halt Road, Elsie's River, 7490	Sr Miggel	(021) 931 0211	(021) 931 8359	24 hours
Kraaifontein/ Eikendal CHC	203 6 th Avenue, Kraaifontein, 7570	203 6 th Avenue, Kraaifontein, 7570	Sr Stein	(021) 987 0080	(021) 987 2310	24 hours
Delft CHC	Main Road, Delft, Voorbrug, 7100	Main Road, Delft, Voorbrug, 7100	Dr Perez Sr Kiewiets	(021) 954 2235	(021) 954 1207	24 hours
Khayelitsha Site B	Simelela Rape Survivors Centre Lwandle Rd, Khayelitsha	Simelela Rape Survivors Centre Lwandle Rd, Khayelitsha	Sr. V Labathela	(021) 361 6438		07:00 – 16:00
Goodwood CHC	c/o Dingle Ave. and Church Street Dirkie Uys Plein, Goodwood	c/o Dingle Avenue and Church Street, Dirkie Uys Plein, Goodwood, 7460	Dr Gautam Sr Rametsi	(021) 590 1620/ 44	(021) 590 1645	07H00-16H00 (Mon-Fri) (after hours: Elsie's River)

HEALTH FACILITIES IN THE WEST COAST/WINELANDS REGION FOR THE MANAGEMENT OF SURVIVORS OF RAPE AND SEXUAL ASSAULT

HEALTH FACILITY	POSTAL ADDRESS	PHYSICAL ADDRESS	CONTACT PERSON	TEL. NO.	FAX NO.	HOURS OF SERVICE
Stellenbosch Hospital	76 Andringa Street, Stellenbosch, 7600	76 Andringa Street, Stellenbosch, 7600	Dr J Adendorf	(021) 883 3805/ 082 755 9999	(021) 887 2517	24 hours
Paarl Hospital	Private Bag X3012, Paarl, 7620	Hospital Street, Paarl, 7620	Person in Charge	(021) 872 1711	(021) 872 4841	24 hours
Swartland Hospital	Private Bag X2, Malmesbury, 7300	PG Nelson Street, Malmesbury, 7300	Dr AM Jacobs	(022) 482 1161	(022) 482 1505	24 hours
Radie Kotze Hospital	P.O. Box 261, Piketberg, 7320	Main Road, Piketberg, 7320	Dr B Smit	(022) 913 1175	(022) 913 1858	24 hours
Lapa Munnik Hospital	Voortrekker Way, Porterville, 6810	Voortrekker Way, Porterville, 6810	Dr JP Noeth	(022) 931 2140	(022) 931 2711	24 hours
Medical Centre	P.O. Box 70, Moorreesburg, 7310	Church Street, Moorreesburg, 7310	Dr HM van Rooyen Dr PW van Heerden	(022) 433 2200	(022) 433 3452	24 hours
Vredenberg Hospital	Private Bag X3, Vredenburg, 7380	Witteklip Way, Vredenberg, 7380	Dr N Fortuin	(022) 713 1261	(022) 713 3423	24 hours
Citrusdal Hospital	Private Bag X14, Citrusdal, 7340	Voortrekker Way, Citrusdal, 7340	Dr P Burger	(022) 921 2153	(022) 921 2155	24 hours
Clanwilliam Hospital	P.O. Box 113, Clanwilliam, 8135	Ou Kaapse Weg, Clanwilliam, 8135	Dr F Strauss	(027) 482 2166	(027) 482 2168	24 hours
Vredendal Hospital	Private Bag X21, Vredendal, 8160	Koperasie Street, Vredendal, 8160	Dr J van Dyk	(027) 213 2039	(027) 213 3706	24 hours
Medical Centre	P.O. Box 43, Lamberts Bay, 8130	Dwars Street, Lamberts Bay, 8130	Dr J Hayes	(027) 432 1136	(027) 432 2526	24 hours

HEALTH FACILITIES IN THE SOUTHERN CAPE/KAROO REGION FOR THE MANAGEMENT OF SURVIVORS OF RAPE AND SEXUAL ASSAULT

HEALTH FACILITY	POSTAL ADDRESS	PHYSICAL ADDRESS	CONTACT PERSON	TEL. NO.	FAX NO.	HOURS OF SERVICE
Riversdal Hospital	Private Bag X421, Riversdal, 6670	Hospital Way, Riversdal, 6670	Ms J Cupido	(028) 713 2445	(028) 713 2010	24 hours
Mossel Bay Hospital	Private Bag X34, Mossel Bay, 6500	12 th Avenue, Mossel Bay, 6500	Ms A van Ton-der	(044) 691 2011	(044) 691 2001	24 hours
George Hospital	Private Bag X6534, George, 6530	Davidson Road, George, 6530	Dr M Viljoen	(044) 874 5122	(044) 874 5017	24 hours
Knysna Hospital	Private Bag X015, Knysna, 6570	Main Street, Knysna, 6570	Dr. Matthys	(044) 382 6666	(044) 382 3733	24 hours
Oudtshoorn Hospital	Private Bag X609, Oudtshoorn, 6620	Park Way, Oudtshoorn, 6620	Dr A Louw	(044) 272 8921	(044) 279 2757	24 hours
Uniondale Hospital	Private Bag X52, Uniondale, 6460	Hospital Way, Uniondale, 6460	Ms E Aden-dorff	(044) 752 1042	(044) 752 1042	24 hours
Alan Blyth Hospital	Private Bag X214, Ladismith (WK), 6655	Bo Kerk Street, Ladismith, 6655	Ms L Kennel	(028) 551 1010	(028) 551 1555	24 hours
Laingsburg Hospital	Private Bag X2, Laingsburg, 6900	Voortrekker Street, Laingsburg, 6900	Ms L Van Der Walt	(023) 551 1237	(028) 551 1528	24 hours
Prince Albert Hospital	Private Bag X64, Prince Albert, 6930	Hospital Street, Prince Albert, 6930	Ms E Smit	(023) 541 1300	(023) 541 1640	24 hours
Beaufort-Wes Hospital	Private Bag X549, Beaufort-Wes, 6970	Voortrekker Street, Beaufort-Wes, 6970	Dr O van der Westhuizen	(023) 415 2188	(023) 414 2466	24 hours
Murraysburg Hospital	Private Bag X318, Murraysburg, 6995	c/o Graaff-Reinett and Pienaar Road, Murraysburg, 6995	Ms A Botha	(049) 844 0053	(049) 844 0142	24 hours
Heidelberg CHC	Private Bag X2, Heidelberg, 6665	Hospital Street, Heidelberg, 6665	Sr I Joseph	(028) 722 1649	(028) 722 1920	08H00-16H30 (Mon-Fri) after hours and weekends to Riversdal
Dysselsdorp CHC	Private Bag X127, Oudtshoorn, 6620	Bokkraal Way, Dysselsdorp, 6628	Ms T Sitzer	(044) 251 6201	(044) 272 2241	07H30-16H00 (Mon-Fri) after hours and weekends to Oudtshoorn
Plettenberg Bay CHC	Private Bag X26, Plettenberg Bay, 6600	Marine Drive, Plettenberg Bay, 6600	Ms Y Samuel	(044) 533 4421	(044) 533 3846	07H30-16H30 (Mon-Fri) after hours and weekends to Knysna

HEALTH FACILITIES IN THE BOLAND/OVERBERG REGION FOR THE MANAGEMENT OF SURVIVORS OF RAPE AND SEXUAL ASSAULT

HEALTH FACILITY	POSTAL ADDRESS	PHYSICAL ADDRESS	CONTACT PERSON	TEL. NO.	FAX NO.	HOURS OF SERVICE
Caledon Hospital	Private Bag X25, Caledon, 7230	N2, Caledon, 7230	Ms M du Toit	(028) 212 1070	(028) 212 1294	24 hours
Ceres Hospital	Private Bag X54, Ceres, 6835	c/o Theron and Rivierkant Street, Ceres, 6835	Ms R Neethling	(023) 312 1116	(023) 316 1135	24 hours
Eben Dōnges Hospital	Private Bag X3058, Worcester, 6850	Murray Street, Worcester, 6850	Ms C van Deventer	(023) 348 1100	(023) 348 1211	24 hours
Hermanus Hospital	Private Bag X2, Hermanus, 7200	Hospital Way, Hermanus, 7200	Ms N Jones	(028) 312 1161	(028) 312 4006	24 hours
Montagu Hospital	Private Bag X11, Montagu, 6720	Church Street, Montagu, 6720	Ms H Brink	(023) 614 1660	(023) 614 2704	24 hours
Otto du Plessis Hospital	Private Bag X10, Bredasdorp, 7280	c/o van Riebeeck and Dorpsig Street, Bredasdorp, 7280	Ms S Owens	(028) 424 2652	(028) 425 1239	24 hours
Robertson Hospital	Private Bag X617, Robertson, 6705	Van Oudtshoorn Street, Robertson, 6705	Ms D du Toit	(023) 626 3155	(023) 626 1727	24 hours
Swellendam Hospital	Private Bag X7, Swellendam, 6740	18 Drostdy Street, Swellendam, 6740	Ms G Hoving	(028) 514 1142	(028) 514 2504	24 hours

LIST OF HOSPITALS IN THE CAPE METRO REGION

Conradie Hospital

Physical Address:

Lower Forest Drive
Pinelands
7405

Services

- 8am-4pm
- state hospital

Postal Address:

Private Bag X4
Pinelands
7405

Telephone : (021) 531-1311
Fax : (021) 531-0757

False Bay Hospital

Physical Address:

17th Avenue
Fish Hoek
7975

Services

- 8am-4pm

Postal Address:

Private Bag
Valley Land
7975

Telephone : (021) 782-1121
Fax : (021) 782-2306

Karl Bremer Hospital

Physical Address:

Bellville
7530

Postal Address:

Private Bag X1
Bellville

Telephone : (021) 918-1911

Lentegeur Hospital

Physical Address:

12 Highlands Drive
Mitchells Plain
7785

Telephone : (021) 374-3111

Services

- state hospital
- casualty department

Louis Leipoldt Hospital

Physical Address:

Broadway
Bellville
7530

Postal Address:

PO Box 369
Bellville
7530

Telephone : (021) 946-1170
Fax : (021) 948-7100

Services

- private hospital
- emergency unit from 06h00 to 18h00

Red Cross Children's Hospital

Physical Address:

Klipfontein Rd
Rondebosch
7700

Telephone : (021) 658-5111
Fax : (021) 685-3891

Services

- state hospital
- caters exclusively for children under 13 years old
- mainly a tertiary institution
- has a casualty department

Somerset Hospital

Physical Address:

Beach Rd
Green Point
8001

Telephone : (021) 402-6911
Fax : (021) 402-6000

Tygerberg Hospital

Physical Address:

Parow Valley
7505

Postal Address:

Private Bag X3
Tygerberg
7505

Telephone : (021) 938-4911

Fax : (021) 931-1451

Services

- state hospital

Valkenberg Hospital

Physical Address:

Observatory Rd
Observatory
7925

Telephone : (021) 440-3111

Victoria Hospital

Physical Address:

Wynberg
7800

Telephone : (021) 797-8131

DAY HOSPITALS

Ruyterverwacht Day Hospital

Physical Address:

Ruyterverwacht Shopping Centre
Vereniging Rd
Ruyterverwacht
7460

Telephone : (021) 534-4361

Scottsdale Day Hospital

Physical Address:

Eoan Lane
Scottsdale

Telephone : (021) 988-7459

Salt River Day Hospital

Physical Address:

Spencer Rd
Salt River

Telephone : (021) 447-9031

Woodstock Day Hospital

Physical Address:

Mountain Rd
Woodstock
7925

Postal Address:

Private Bag X7
Woodstock
7915

Telephone : (021) 447-1959

Wynberg Day Hospital

Physical Address:

Vincent House
Brodie Rd
Wynberg

Telephone : (021) 762-6470

Good Hope Day Hospital

Physical Address:

Justin St
Brooklyn
Zorgvliet
Ysterplaat

Telephone : (021) 511-8606

Fax : (021) 511-3059

MENTAL HEALTH SERVICES

Please also refer to section entitled "List of Psychologists and Social Workers in Private Practice"

PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE PROVINCIAL MENTAL HEALTH SERVICES

HOSPITAL	CONTACT NUMBERS	ADDRESS	SERVICE OFFERED
Groote Schuur Hospital	Tel: (021) 404 2151 Fax: (021) 404 2153	Dept of Psychiatry Groote Schuur Hosp. J2, Anzio Road Observatory, 7925 Psychiatric Emergency Unit Ward C 23	Specialised services for selected mental health disorders
Tygerberg Hospital	Tel: (021) 938 5120 Fax: (021) 938 6301	Dept. of Psychiatry Private Bag X3 Tygerberg 7505 Psychiatric Emergency Unit. J Lower Ground	
Valkenberg Hospital	Tel: (021) 440 3111 Fax: (021) 447 6041	Private Bag X1 Observatory, 7935	Specialise in-and outpatient care
Lentegeur Hospital	Tel: (021) 370 1111 Fax: (021) 371 7359	Private Bag X4 Mitchell's Plain, 7789	
Stikland Hospital	Tel: (021) 940 4400 Fax: (021) 910 3508	Private Bag X13 Belville, 7535	
Alexandra Hospital	Tel: (021) 503 5000 Fax: (021) 511 1919	Private Bag X1 Maitland, 7405	

PROVINCIAL HEALTH SERVICES FOR CHILDREN

- **RED CROSS CHILD AND FAMILY UNIT**

✉ 46 Sawkins Road, Rondebosch, 7700
☎ (021) 685 4103
📞 (021) 685 4107

Out-patient services for children and adolescents with mental health difficulties, including a specialist in-patient service for children under 12 (Therapeutic Learning Centre).

- **WILLIAM SLATER**

✉ Private Bag X9, Rondebosch, 7700
☎ (021) 685 5116
📞 (021) 689 1343

In and out-patient services for adolescents (13 - 18 years) with mental health concerns.

- **TYGERBERG CHILD AND FAMILY UNIT**

✉ Private Bag X3, Tygerberg, 7505
☎ (021) 938 4573
📞 (021) 938 6111

- **LENTEGEUR CHILD AND FAMILY UNIT**

✉ Lentegeur Hospital, Mitchell's Plain, 7785
☎ (021) 370 1498
📞 (021) 371 73590/ 370 1498

In and out-patient services for children and adolescents with mental health concerns.

REGIONAL MENTAL HEALTH SERVICES: BOLAND / OVERBERG

REGIONAL MENTAL HEALTH TEAM		
Boland Co-ordinator	SPN: Mr F Cloete Tel: (023) 348 1417 Fax: (023) 342 8501	Private Bag X3079 WORCESTER 6849

SERVICE PROVIDER	CONTACT NUMBERS	ADDRESS	CLINICS & MOBILES
Boland District Municipality	Tel: (023) 312 3111 Fax: (023) 312 3177	PO Box 62 CERES 6835	Nduli, Gouda, Tulbagh, Wolseley, Prince Alfred Hamlet, Skurweberg, Warm bokkeveld, Munnikstreet, Koue Bokkeveld Rural, Wolseley Rural, Tulbagh Rural
Witzenberg Municipality	Tel: (023) 316 1854 Fax: (023) 316 1877	PO Box 44 CERES 6835	Annie Brown Clinic Bella Vista Clinic
PAWC	Tel: (023) 312 1116 Fax: (023) 316 1135	PO Box 44 CERES 6835	Ceres District Hospital
PAWC	Tel: (023) 348 1200 Fax: (023) 348 1211	P/Bag X3058 WORCESTER 6849	Empilisweni Worcester CHC
PAWC	Tel: (023) 348 1200 Fax: (023) 348 1211	P/Bag X3058 WORCESTER 6849	Eben Donges Regional Hospital (Worcester)
Breede Valley Municipality	Tel: (023) 348 2784 Fax: (023) 347 5368	P/Bag X3046 WORCESTER 6849	Maria Pieterse Clinic + MOU, CHC Worcester, Zwelethemba Clinic
Breede River Winelands Municipality	Tel: (023) 615 1736 Fax: (023) 615 1563	P/Bag X2 ASHTON 6715	Cogmanskloof, Zolani Ashton
Boland District Municipality	Tel: (023) 3491410	PO Box 91 WORCESTER 6849	De Doorns (JS van Zyl Clinic), Rawsonville, Touws River, De Wet, Overhex, Nuy, Sandhills, Breerivier, Rawsonville Rural, Botha/Brandwacht, Bossieveld Rural, Touws River Rural

SERVICE PROVIDER	CONTACT NUMBERS	ADDRESS	CLINICS & MOBILES
Breede River Winelands Municipality	Tel: (023) 616 3191 Fax: (023) 626 5059	PO Box 51 ROBERTSON 6705	Bonnievale, McGregor, Nkqubela, Zandvliet, Uitnood/Takkap, Noree/Elandia, Mooiuitsig/Wakkerstroom, Maraisdal/Boesmansrivier, Le Chasseur/Wansbek, Klaasvoogds, Goudmyn/De Vlake, Goree/ Highlands, De Hoop/ Roodehoogte, Dassieshoek/Keurkloof, Montagu Bad Street
PAWC	Tel: (023) 626 3155 Fax: (023) 626 1727	P/Bag X617 ROBERTSON 6705	Robertson District Hospital PHC
PAWC	Tel: (023) 614 1660 Fax: (023) 614 2704	P/Bag X11 MONTAGU 6720	Montagu District hospital
Breede River Winelands Municipality	Tel: (023) 614 8000 Fax: (023) 614 1841	PO Box 24 MONTAGU 6720	Ashbury Clinic, Town Clinic, Victoria Clinic
Thee Waters	Tel: (021) 859 2507	PO Box 32	Grabouw CHC

Kloof Municipality	Fax: (021) 859 2930	GRABOUW 7160	
Overberg District Municipality	Tel: (028) 315 1602/ (028) 212 1120	PO Box 5 CALEDON 7230	Hawston, Genadendal, Grabouw D/C clinic, Greyton, Riviersonderend, Caledon Mobiles, Villiersdorp Mobiles
Thee Waters Kloof Municipality	Tel: (028) 214 3300 Fax: (028) 214 1289	PO Box 24 CALEDON 7230	Caledon/Bergsig
Overstrand Municipality	Tel: (028) 384 4011 Fax: (021) 384 0241	PO Box 26 GANSBAAI 7220	Gansbaai Clinic
Overstrand Municipality	Tel: (028) 313 8000 Fax: (028) 312 1894	PO Box 20 HERMANUS 7200	Hermanus, Mount Pleasant, Onrus, Zwelihle
Overberg District Municipality	Tel: (028) 244 9842	PO Box 5 CALEDON 7230	Botrivier, Stanford
PAWC	Tel: (028) 271 3310 Tel: (028) 271 8100 Fax: (028) 271 3310	PO Box 5 CALEDON 7230	Kleinmond/ Betty's Bay Clinic
PAWC	Tel: (028) 212 1070 Fax: (028) 212 1294	P/Bag X025 CALEDON 7230	Caledon District Hospital

SERVICE PROVIDER	CONTACT NUMBERS	ADDRESS	CLINICS & MOBILES
PAWC	Tel: (028) 312 1166 Fax: (028) 312 4006	P/Bag X02 HERMANUS 7200	Hermanus District Hospital PHC
Thee Waters Kloof Municipality	Tel: (028) 840 1460 Fax: (028) 212 1294	PO Box 5 CALEDON 7230	Willa Clinic, Villiersdorp
Overberg District Municipality	Tel: (028) 451 2534	P/Bag X22 BREDASDORP 7280	Bredasdorp CHC, Elim, Napier, Suurbrak, Struisbaai-Noord, Struisbaai-Suid, Waenhuiskrans, Buffeljagsrivier, Bredasdorp Mobiles, Barrydale, Swellendam Mobile
PAWC	Tel: (028) 514 1141 Tel: (028) 514 1121 Fax: (028) 514 2504	P/Bag X07 SWELLENDAM 6740	Swellendam District Hospital
Swellendam Municipality	Tel: (028) 4512534	P/Bag X 22 Bredarsdorp 7280	Buffeljags Rivier Barrydale Swellendam

BOLAND/ OVERBERG – DAY CARE CENTRES

Vukahambe Day Care	Tel: (023) 347 7002 Fax:(023) 347 2178	PO Box 878 Worcester 6849	Worcester Physical Disabled
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BOLAND/ OVERBERG – LICENCED HOMES

Elim Home	Tel: (028) 482 1988 Fax: (028) 482 1648	PO Box 19 Elim 7284	
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BOLAND/ OVERBERG – GROUP HOMES

Regina	Tel: (028) 840 1305	34 Mullers Street Villiersdorp	Subsidises by Dept of Social Services and Poverty Relief
Camphill Farm Community	Tel: (028) 313 8200 Fax: (028) 313 8210	PO Box 301 Hemel & Aarde Vallei Hermanus 7200	Private

**PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE
REGIONAL MENTAL HEALTH SERVICES: METROPOLE**

REGIONAL MENTAL HEALTH TEAMS		
Metro	<u>Felicia January – Senior Administrative Clerk</u> Cathy Aaron – Clinical Psychologist	Lentegeur Hospital C/o Highlands and AZ Berman Drive Mitchells Plain Tel: (021) 370 1159 Fax: (021) 370 1159

CAPE TOWN DISTRICT

NAME	ADDRESS	TEL.	FAX	CONTACT PERSON	TIMES
Green Point CHC	Portwood Road Green Point 8051	421-0288	421-0296	CPN T. Potgieter	Mon.\ Wed.\Thurs.
Woodstock CHC	Mountain Rd. Woodstock 7925	460 9115 460-9100	447-1959	SPN Toffar	Wednesday
Maitland MLC	2 Norfolk Rd. Maitland 7405	511-6272 511-2523	510-6473	SPN Toffar	Thursday
Kensington CHC	6 th Ave. Kensington 7405	593-0378 593-1150\1	593-0933	SPN Toffar	Monday & Tuesday

ATHLONE DISTRICT

Dr Abdurahman CHC	Ebbenhout st. Kewtown Athlone 7764	637- 9071\2\3	633 2941	CPN M Michaels	Daily
Heideveld CHC	Heideveld Rd. Heideveld Athlone 7764	637- 8036\7\8 637 8033	637 6632	CPN J.Cupido CPN W Scott	
Hanover Park CHC	9 Hanlyn Walk/Hanover Park Avenue Hanover Park 7764	692- 1240\1\2\3	692—3921	CPN V.Langeveld CPN P Martin	

BLAAUWBERG DISTRICT

<u>Saxonsea MLC</u>	Cnr Hermes & Grouvener Ave. Saxonsea 7349	572-3508	572-0339	CPN.N.Jasson	
Mamre CHC	Cnr. Liederman & Adam St. Mamre 7347	576-1175	576-1917	PN. L Bosch	
Tableview MLC	South Rd. Tableview, 7441	557-1065\6	557-6959	CPN.N.Jasson	

NAME	ADDRESS	TEL.	FAX	CONTACT PERSON	TIME
<u>Reed Street CHC</u>	Reed St. Bellville 7530	946-3790\1\2	948-9108	CPN C.Anderson	
Bellville CHC	KasselsvleiRd. Bellville South 7530	951-2326\7\8	951-2998	CPN C.Anderson	Opp Nestle Factory
Groenvallei MLC	Midmar st. Groenvallei Bellville 7530	919-5872 919-8391	919-6559	CPN C.Anderson	
Durbanville CHC (Morning Star)	De Villiers st. Durbanville 7550	970 3170	970 3061	CPN C.Anderson	
Mfuleni CHC	Church St. Mfuleni	954-2235 909 2755/6	909-2942	PN Lomax	
Belhar CHC	Chestnut Way Belhar 7490	952-1010	952-3306	PN Lomax	
Belhar MLC	St Vincent Drive Ext.13 Belhar 7490	952-2160		PN Lomax	
Delft CHC	Main Rd./Voorbrug Rd Delft 7100	594-2228\35	954-1207	PN Lomax	
Goodhope CHC	Justin st Ysterplaat 7405	511-8606	511-3059	CPN.T Potgieter	Tuesday
ProteaPark MLC	Gardenia Street Atlantis 7349	572-4696	572-6968	CPN.N.Jasson	
Westfleur Hospital	Westfleur Shopping centre Atlantis 7349	571-8040		CPN.N.Jasson	

TYGERBERG WEST DISTRICT

Bishop Lavis CHC	Lavis Drive Bishop Lavis 7490	934-6050	934-4143	SPN J Pienaar	
Vanguard CHC	Citrus & Candlewood street Bonteheuwel 7764	694-5540/1/3	694 5584	CPN N.C.Kula	
Dirkie Uys CHC	Cnr. Dingle & Church St. Goodwood 7460	590 1644\20	590 1645	CPN A Rayners	
Ruyterwacht CHC	Shopping Centre Vereniging Circle Ruyterwacht 7460	534-4361	534-8789	CPN W Williams	
Parow CHC	Smith Str Parow 7500	938-8037/8253	938 8117	CPN A.Parker	Tues. Wed. 08:00- 13:00
Elsies River CHC	Cnr. Halt&29 th Ave Elsies River 7460	931-0211\2\3	931-8359	CPN V.Smidt CPN W Williams	
Ravensmead CHC	Florida Street Ravensmead	936 8758	936 8759	CPN A Parker	Mon. am Thurs. am 08:00- 13:00

OOSTENBERG DISTRICT

NAME	ADDRESS	TEL.	FAX	CONTACT PERSON	TIME
<u>Kleinvele CHC</u>	C/O Albert Philander & Melbosstrand Kleinvele, 7100	900 4053 904 1414	911 4092	CPN L Vantura	
Brackenfell MLC	Paradys St. Brackenfell, 7560	980 1284/5		CPN V.Koert	
Kraaifontein CHC	6 th Ave Kraaifontein 7570	987 0080	987 2310	CPN V.Koert	
<u>Scottsdene MLC</u>	Eon Ave Scottsdene, 7570	980 6243	987-1343	CPN V.Koert	
Kuilsriver MLC	Carinus St Kuilsriver	900 1909			Off Van Riebeeck Rd
Sarepta MLC	123 Rietvele Rd Kuilsrivier, 7580	900-1556	900-1908	CPN V.Koert	

KHAYELITSHA DISTRICT

CHC	Lwandle Rd Site B Khayelitsha 7784	361 3470 ext 226	361-3322 361 0259	Mr. G.Ndlebe PN P.Faltien ENA P Mbuku	
Mapongwana CHC	Steve Biko Rd. Harare Khayelitsha 7784	361-3353	363-2464	CPN Hermanus	

SOUTH PENINSULA DISTRICT

<u>NAME</u>	<u>ADDRESS</u>	<u>TEL.</u>	<u>FAX</u>	<u>CONTACT PERSON</u>	<u>TIME</u>
Hout Bay CHC	Karbonkel St. Hout Bay 7800	790 3570 790-1050	790-7520	CPN M Gorden	
Ocean View CHC	Carina Close Ocean View 7975	783 1688 783-1766	783-1482	CPN L Lewis	Off Pollux Way
Lady Michaelis CHC	C/o Berham\Gabriel Rd Plumstead 7800	797-8171	762-8020	CPN L.Sias	
Grassy Park CHC	Victoria Rd. Grassy Park 7945	705-3814	705-5712	CPN C Brown	
Retreat CHC	11 th Ave Retreat 7945	712-5105\55\9	712-1493	PN A Carstens	
Lotus River CHC	C/o Delia & Anita Rd. Lotus River 7945	703-8057 703-3131\2\3	703-5692		

MITCHELLS PLAIN DISTRICT

<u>Mitchell's Plain CHC</u>	1 st Avenue Eastridge	392 5161	391 2803	CPN H Benjam	
<u>Tafelsig MLC</u>	Kilimanjaro rd Tafelsig 7785	397-8195 397 8906	397-3544	CPN M.Henry	Wed. \ Thurs.
Rocklands MLC	Park Ave Rocklands 7785	392 5121/2/3	392-6885	CPN M.Henry	Mon. \ Tue.
Lentegeur MLC	Merrydale Rd. Lentegeur 7785	371-2126\7	371-2138	CPN C Andries SEN C Snyders	Mon.\Wed \ Thurs
Strandfontein MLC	Welgelegen str. Strandfontein 7794	393-6226\36	393 4838	CPN M Henry	Alt Mon. afternoon
Westridge MLC	Wespoort Road Westridge 7785	392-4124	392-1881	CPN C Andries CPN H Benjamin SEN C Snyders	Tuesday

HELDERBERG DISTRICT

<u>NAME</u>	<u>ADDRESS</u>	<u>TEL.</u>	<u>FAX</u>	<u>CONTACT PERSON</u>	<u>TIME</u>
Somerset-West MLC	28 Kerk St. Somerset West 7130	852-2131	852-0444	CPN K Madolo	08:00-16:30
The Ark	Faurie	904-9131		CPN L Vantura	
Macassar CHC	C/o Hospital & Musical Ave. Macassar 7130	857-2330	857-2251	CPN K Madolo	07:30-16:30
Boland CHC	Boland Bank Arcade 37 Main Rd Strand 7140	853-3380	853 7057	SPN M H Poponi	Mon\Tuesd ay 08:00-16:00

Gustrow CHC	Hassan Khan Ave Strand 7140	845-8383	845-8630	SPN M H Poponi	Wed\Thurs 08:00- 16:00
Gordonsbaai MLC	Sir Lowry's Road	856-2135	856-5424	SPN M H Poponi	1 st Tuesday of month

GUGULETU DISTRICT

<u>Cross Rd.CHC</u>	Lansdowne Rd. Cross Rd. 7753	386-1121\4	386-7490	CPN G Matiso	
Guguletu CHC	NY1& 3 Guguletu 7750	638-6145 637-1280	637 5103	PN Yusi	

METROPOLITAN REGION – DAY CENTRES

Centre	Address	Telephone	Fax	Contact Person	Other Information
Bonteheuwel DCC	Bluegum\ Vlamboom Plain Bonteheuwel 7764	695-5151 447-9040	448-8475	Ms. Fredericks	
Genida DCC	Musica Ave Macassar 7134	857 1092	761 0442	Mignon Leitch	Daily - weekdays
De Heide DCC	11 2 nd Avenue; Claremont 7700	683-5470	683-5470	Ms. Fatima Shaboodien	Daily - weekdays
<u>Delft DCC</u>	C/o Northway & Christians Street; Delft	932-6542		Ms. G.Symons	Opp Ravensmead Police Station
Enthembeni DCC	NY 111Guguletu 7750	447-9040 633 1173		Ms.E.Kench Mabel	
Erica Special Care (Mitchell's Plain)	10 & 12 Spreeu Street Rocklands 7785	447-9040 392 9147		Ms.E.Kench Gwen	C/o Spreeu & Canary off Weltevreden
Friends DCC	Annex Rd; Maitland 7404	511-5801	511-5229	Ms Hester Windt	Daily - weekdays Situating at Alexandra Hospital
Golden Girls DCC and Licensed home	C\o Brinton & Lerotholi Roads Langa 7455	694-7980		Ms. D.Nabe	Daily - weekdays
Huis Hensie Vroom DCC\Licence home.	Stikland Hospital 7530	919 0778		Help Jou Naaste Gemeenskap Projek	
Imizamu Yethu DCC	401 Zodiac Street Khayelitsha 7784	447-9040 361 1476		Ms E.Kench Ms Nosiku	
Makuhanye DCC	D2178 Site C; Khayelitsha 7784	387-4254		Ms. L.J.Tom	
Mfuleni DCC	Masiphule Service Centre Church Street; Mfuleni 7784	592-4173 909-1087	592-4371	Ms. Swarts	Next to Mfuleni Clinic
Nceduluntu DCC	19633 Bennox str. Nomzama Strand	845 5000		M Lumka	
Nomaxabiso DCC	Lutheran Church Community Centre Phillipi 7781	371 6389	461 6823	N Njwele C Gordon Ikamva Labantu	

Nosisa DCC	M503 Site B; Khayelitsha 7784	364-0577		Ms. N.Mentese	
Centre	Address	Telephone	Fax	Contact Person	Other Information
Oasis DCC	North St. Ravensmead 7490	932-6542	948-4027	Ms van der Merwe	C/o Northway & Christiaan Rd
Ocean View DCC	C/o Castor & Draco Way Ocean View 7975	783 1274		Ms.D.Hare	
Orion (Wilge) DCC	Sun Rd; Wesfleur; Atlantis 7349	572-8490	572-8419	Mr. M.J.Segal	
Sherwood Park DCC	50 1 st Avenue Sherwood Park	692 3700	692 3700	Ms J Benjamin	
Sinako DCC	33819 Khuna St; Harare	363 2384		Ms Sezi	
Sinethemba DCC	Old Cross Road; Boystown Mfesani Cross Road 7753	34-9996	34-3461	Mr.H.Davis	
Siyazama DCC	Vukuhambe Centre - Guguletu	633-2887	637-4724	Ms.T.Mampute	
Sunrise DCC	Old Clinic; Chadwin Street Heathfieldd 7945	72-1445	686-6801	Ms.P.Kammies	
Vukani DCC	L 651 Site B Khayelitsha 7784				

METROPOLITAN REGION – LICENSED HOMES

Name of Home	Address	Phone	Fax	Contact Person
Golden Girls LH	C\o Brinton & Lerotholi Roads Langa 7455	694-7980		Ms. D.Nabe
Sivenathi LH	59 Robbert Str Blackheath	905 6048		L Jojo
Woodside Sanctuary Licenced Homes	29 Lawson Road; Rondebosch East; 7780	696-2811	697-1596	Ms.J.Bloch

METROPOLITAN REGION – GROUP HOMES

Name of Home	Address	Phone	Fax	Contact Person
Abri G.H	35 Milton Road; Observatory; 7925	448-3886	448-3886	Ms.L.Walters
Abri G.H	149 & 151 Lower Main Road Observatory; 7925	448-3886	448-3886	Ms.L.Walters
Abri G.H	27 Lytton Rd Observatory; 7925	448-3886	448-3886	Ms.L.Walters
Abri Foundation	34 Florence Ave. Observatory 7925	448-3886	448-3886	Ms.L.Walters
Alexa House G.H	18 Alexandra Road; Oranjezicht; 8001	439-2408	439-2408	Mr. E.Rabie
Arran GH	6 Riebeeck Court; Arcadia Road Rondebosch; 7700	685 2484 448 0760	448-0760	Dorothea Abrahams Ms. Lenske Lourens
COMCARE Trust	House 20 Valkenberg Estate Observatory P.O.Box 236 Rondebosch 7701	448-0760	448-0761 comcaretrust@mweb.co .za	Dir: Ms. M Benedictus Com. Counsellor L Lourens SW P Sellmeyer
Groenweivelde GH	11 Slangolie Street; Eastridge;7785	391-3314		Ms.M.Botes
House Elroy GH	Annex Road; Maitland; 7404	510 1465 981 9850	981 0039	C Isaacs H Kotze Kingdom Ministeries
Huis Meiring	L18 Wagondrift Str Groenvallei	919 8693		
Huis Sonop GH	Stikland Hospital Grounds 7530	910 0156 981 9850	981 0039	S Williams N Joubert Kingdom Ministeries
Huis Miles Bowker GH	Stikland Hospital Grounds 7530	919 5752 981 9850	981 0039	O Abelse C Du Plessis Kingdom Ministeries
Iona GH	6 Burham Road; Observatory; 7925	448 3194 448 0760	448-0760	Ray Fortuin Ms. Lenske Lourens
Kingdom Ministeries	Suite 250 Postnet X13 Brackenfell 7561	981 9850	981 0039	Pastoor R Harris Anita Prinsloo
Kimber G.H	3&5 Herschell Road; Observatory; 7925	447-8066	447 0319	Ms.Louise Gordon
Nurola G.H	9 Perth Road; Observatory; 7925	448 9204 448-0760	448-0760	Natasha Rensburg Ms. Lenske Lourens
Rosebank Court G.H	2B Bridge Road; Mowbray; 7700	689 3073 448-0760		Lauretta Remedies Ms. Lenske Lourens
Skye GH	21 Franklin Road; Claremont; 7700	674 0491 448 0760	448-0760	Hester October Ms. Lenske Lourens
Squib GH	9 Nerina Crescent; Lentegeur ; 7785	448-0760		Ms L Lourens
Strand GH	142 Brandt Street; Strand; 7140	854 6131 981 9850	981 0039	S Frylinsky C Louw Kingdom Ministeries

METROPOLITAN REGION - PSYCHO-SOCIAL REHAB. GROUPS
PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE
REGIONAL MENTAL HEALTH SERVICES:
SOUTHERN CAPE / KAROO

REGIONAL MENTAL HEALTH STAFF		
Doctor	<u>Dr. Boon</u>	Private Bag X6534 GEORGE 6530
CHIEF PROFESSIONAL NURSE	Mr John Murray Tel: (044) 8024537 Fax: (044) 874 5017	Private Bag X6534 GEORGE 6530

DISTRICT	MENTAL HEALTH NURSE CONTACT NUMBERS	LOCATION & POSTAL ADDRESS
Central Karoo	(Sr.) Charlotte Roman Tel: (023) 4152188 ext 244 Fax:(023) 414 2466	Beaufort West Hospital Psychiatry Private Bag X549 BEAUFORT WEST 6970
George	Ms Serene Walters Ms Vivienne Morkel Tel: (044) 8707653 Fax: (044) 874 2151	Private Bag X6592 GEORGE 6530
Knysna Plettenberg Bay	(Sr.) Marinda Marcus Tel: (044) 384 1135 Fax: (044) 384 1190	PO Box 9 KNYSNA 6570
Klein Karoo	Ms Gill Bowles Ms Johanna Jooste Tel: (044) 272 2241 Fax: (044) 272 0783	Eden Distriks-munisipaliteit Psigiatrie Posbus 12 George 6530
Mossel Bay	Ms Serene Walters Ms Vivienne Morkel Tel: (044) 8707653 Fax: (044) 874 2151	Private Bag X6592 GEORGE 6530

SOUTH CAPE/KAROO – DAY CENTRES

Centre	Address	Telephone	Fax	Contact Person
Sonskyn Day Centre	P.O. Box 86 Oudsthoorn 6620	(044)274 0140	(044) 274 0140	Mrs L.P. Olivier
Ethembeni Day Centre	Thembaletu 6560	(044) 877 0204	(044) 877 0204	Mr Isaac van Rensburg
Masixole Day Centre	P.O. Box 58 Beaufortwest	(023) 4153323 Cell: 082 4207608	(023) 414 3013	Mrs B. Matthys

SOUTH CAPE/KAROO – LICENCED HOMES

Name of Home	Address	Phone	Fax	Contact Person
Emmaus Centre for Physically/Mentally Challenged	P.O. Box 6 George 6530	(044) 873 196	(044) 873 4196	Mrs E. Badenhorst (Supervisor)
Sanel Centre	P.O. Box 107 Knysna 6570	(044) 382 2155	(044) 382 3545	Mrs E. Badenhorst (Social Worker)
Eljada Centre for Adult Challenged	P. O. Box 21 Oudtshoorn 6620	(044) 2791740	(044) 279 1878	Mr D.J. Nel (Manager)

SOUTH CAPE/KAROO - GROUP HOMES

Name of Home	Address	Phone	Fax	Contact Person
South Cape Community Care (Comcare)	1 Morrison Avenue George 6529	(044) 874 2785	(044) 874 2783	Sr. Anne-Marie Campher: (Based at Lambrecht Private Psychiatric Clinic)

SOUTH CAPE/KAROO: PSYCHO-SOCIAL REHAB. GROUPS

Psycho-Social Group	Address	Telephone	Fax	Contact Person
Mossel Bay/Alma Clinic Group Albertinia Group <u>Heidelberg Group</u>	Heidelberg Municipality Private Bag X2 Heidelberg 6665	(044) 874 2172 (Head Office) (044) 870 7653 (Blanco Office)	(044) 874 2151 (Head Office) (044) 870 7780 (Blanco Office)	Sr. Vivienne Morkel
George Group Blanco Group Riversdale Group	Heidelberg Municipality Private Bag X2 Heidelberg 6665	(044) 874 2172 (Head Office) (044) 870 7633 (Blanco Office)	(044) 874 2151 (Office Office) (044) 870 7780 (Blanco Office)	Sr. Serene Walters
Plettenberg Bay/Kranshoek Group		(044) 384 1135	(044) 384 1135	Sr. Marinda Marcus

**PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE
REGIONAL MENTAL HEALTH SERVICES:
WEST COAST / WINELANDS**

REGIONAL MENTAL HEALTH TEAM		
CHIEF PROFESSIONAL NURSE	Post Vacant	Regional Office West Coast / Winelands Private Bag X15 MALMESBURY 7300
CLINICAL PSYCHOLOGIST	<u>Christelle Vermeulen</u> Tel: (022) 487 9264 Fax: (022) 487 2927	Regional Office
OCCUPATIONAL THERAPIST	<u>Brownwyn Weilbach</u> Tel: (022) 487 Fax: (022) 487 2927	Regional Office
PSYCHIATRIST	Dr G Winkler Tel: (021) 872 1711 Fax (021) 872 4841	Private Bag X3012 PAARL 7620

DISTRIC	MENTAL HEALTH NURSE	ADDRESS	AREA COVERED
I	September KP (CPM) Tel: (021) 887 0310 Fax (021) 887 6888	Cloetesville Gemeenskap Gesondheid Sentrum Privaatsak X5027 STELLENBOSCH 7599	Stellenbosch Town & Farms
II	Dauids A (CPN) Tel: (021) 872 1711 Fax: (021) 872 4841 Madlebe M. (SPN) Smith E. (SPN)	TC Newman Private Bag X3012 PAARL 7620	TC Newman Mbekweni Khayamandi Wellington Saron Patriotplein
III	Theron LG (CPN) Tel: (022) 482 2996 Fax: (022) 482 2935	<u>Wesbank Oorgangraad</u> Kliniek Malmesbury Privaatsak X52 MALMESBURY 7300	Malmesbury, Darling, Moorreesburg, Piketberg, Porterville, Riebeeck-Wes, Riebeeck Kasteel, Town & Farms
IV	Smith L (CPN) Tel: (022) 713 3219 Fax: (022) 713 3423	Louwville Kliniek Vredenburg Privaatsak X12 VREDENBURG 7380	Vredenburg, Saldanha, Diazville, St. Helenabaai, Stompneusbaai, Noordhoek, Velddrif, Aurora, Hopefield, Langebaan
V	De Lange HH (CPN) Tel: (027) 213 4070 Fax: (027) 213 3145	<u>Vredendal</u> Karin Gebou, 3 de Vloer Posbus 594 VREDENDAL, 8160	Vredendal, Citrusdal, Clanwilliam, Klawer, Lutzville, Ebenaezer, Doornbaai, Koekenaap, Van Rhynsdorp, Bitterfontein, Rietpoort, Wupperthal, Graafwater, Lambertsbaai, Dorp & Plase

WEST COAST/WINELANDS – DAY CARE CENTRES

Centre	Address	Telephone	Fax	Contact Person	Other Information
Paarl Stimulation Centre	Meaker Street Old Nurses Home Sonstraal Hospital Paarl 7646	(021) 862 7113	(021) 863 0450	Ms M.E. Bester	Stimulate children who comes in on a daily basis. 1 st group from 8H00 – 2H00 & 2 nd group from 9H00 – 3H00

WEST COAST/WINELANDS – LICENSED HOMES

Centre	Address	Telephone	Fax	Contact Person	Other Information
Horizon House	Patrys Laan No. 1 Stellenbosch 7600	(021) 887 5080	(021) 887 5337	Mrs. Elza Bresler	Institution for Mentally Retarded Adults
Sunfield Homes	P.O. Box 824 Wellington 7655	(021) 873 5038	(021) 864 3124	Mr. De Villiers Ms E Viviers	Making ginger beer, storing of furniture and duty to community e.g. char work.

WEST COAST/WINELAND – PSR GROUPS

Name	Address	Telephone	Fax	Contact Person	Other Information
Goedverwacht	P. Bag X52 Malmesbury 7299	022) 482 2935	(022)485 2996	Lynette Theron	Education and Socialisation group
Riebeek Kasteel	Riebeeck Kasteel Kliniek	(022) 448 1348			Education and Socialisation Group

WEST COAST/WINELAND – SOCIAL GROUP

Name	Address	Telephone	Fax	Contact Person	Other Information
Louville	Biblioteek Saal Louville 7380	None	None	Laura Smith	Socialisation Group

WESTERN CAPE EDUCATION DEPARTMENT**EMDC – OFFICES**

Name	EMDC - Office	Address	Telephone & Fax	E-Mail Address
Mr C. Frolick (Director) Mrs Shayma Fredericks (Secretary) Mr Gerard Barkhuizen	Overberg/ Breede River	Private Bag X3102 WORCESTER 6849 Private Bag X3102 WORCESTER 6849 Private Bag X3102 WORCESTER 6849	Tel:(023) 348 4600 Fax:(023) 347 1416 Tel: (023) 348 4600 Fax:(023) 347 1416 Tel:(023) 348 4600 Fax:(023) 347 1416	Cfrolick@pgwc.gov.za Sbfredericks@pgwc. gov.za Gbarkui@pgwc.gov.za
Melvin Caroline (Director) Mrs Rene Abrahams (Secretary) Mr Mark Bunding	East	Private Bag X13 SANLAMHOF 7532	Tel:(021) 903 1729 Fax:(021) 903 2149 Cell.082 384 0220	Rhbrahams@pgwc.gov.za Mbunding@pgwcgov.za
Mr Eugene Daniels (Director) Mrs Noleen Luanne Nefdt (Secretary) Ms Berenice Daniels	South	Private Bag X2 MITCHELL'S PLAIN, 7785 Private Bag X2 MITCHELL'S PLAIN, 7785 Private Bag X2 MITCHELL'S PLAIN, 7785	Tel:(021) 370 2000 Fax: (021) 372 1856 Tel:(021) 370 2000 Fax:(021) 372 1856 Tel:(021) 370 2090 Fax:(021) 372 1856 Cell.082 462 5627	Edaniels@pgwc.gov.za Ninefdt@pgwc.gov.za Jadaniels@worldonline. co.za
Mr J. Beukes (Director) Mrs Nafia Botha (Secretary) Mr Leon de Jager	WCW	Private Bag X3026 PAARL 7620 6 Hospital Street PAARL 7646 Private Bag X3026 PAARL 7620	Tel: (021) 860 1200 Fax:(021) 860 1231 Tel: (021) 860 1200 Fax: (021) 860 1218 Tel: (021) 860 1204 Fax: (021) 860 1218 Cell: 083 230 8364	Jbeukes@pgwc.gov.za Nbotha@pgwc.gov.za Ldejager@pgwc.gov.za
Mr AE Pietersen (Director) Ms Leilan Joseph (Secretary) Mr Enver Hassen	Central	Private Bag X4 ATHLONE 7764	Tel: (021) 697 1505 Fax: (021) 696 9608 Tel: (021) 697 1509 Fax: (021) 696-9608 Cell: 082 777 0255	Ljoseph@pgwc.gov.za Ehassen@pg.gov.za
Mrs Maria Jordaan (Secretary) Mr Johan Pretorius Mr Barry Volschenk (Dir.)	North	Private Bag X14 BELLVILLE 7530 Private Bag X14 BELLVILLE 7530	Tel: (021) 948 0950 Fax: (021) 948 2838 Tel: (021) 948 0950 Fax: (021) 948 2838	Mjordaan@pg.gov.za Jpretorius@pgwc.gov.za
Mr ST Shayi (Director) Ms Heather Hector (Secretary) Mr Fernando Talle	SCK	Private Bag X6510 GEORGE 6530 Private Bag X6510 GEORGE 6530 Private Bag X6510 GEORGE 6530	Tel: (044) 874 3106 Fax: (044) 873 2253 Tel: (044) 874 3106 Fax: (044) 873 2253 Tel: (044) 874 3106 Fax: (044) 873 2253	Hjhector@pawc.wcape. gov.za

PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE

**WESTERN CAPE EDUCATION DEPARTMENT:
SCHOOL CLINICS**

Clinic	Clinic Head	Address	Telephone / Fax	Language
Athlone	Mr D Pinchuck	74 Fifth Street Heideveld ATHLONE 7490	Tel: (021) 638 3151/2 Fax: (021) 637 9198	English
Belville	Dr MG Bunding	Herbert Street BELVILLE 7530	Tel: (021) 948 1717/9 Fax: (021) 948 1718	Afrikaans
Cape Town	Ms KM Reid	31 Upper Orange Street ORANJEZICHT 8001	Tel: (021) 465 2438 Fax: (021) 462 2548	English
Fish Hoek	Mr GG du Raan	Cnr 5 th Avenue & Kommetjie Street FISH HOEK 7975	Tel: (021) 782 6102/3 Fax: (021) 782 4166	English
George	Mr JO Loubser	P.O. Box 9699 GEORGE 6530	Tel: (044) 874 5033 Fax: (044) 874 5034	Afrikaans
Khayelitsha	Mrs P Mehlomakulu	PO Box 335 NONKQUBELA 7793	Tel: (021) 361 0144 Fax: (021) 364 6228	English
Kuilsriver	Mr N Mama	Private Bag X707 Highbury KUILSRIVER 7580	Tel: (021) 906 0040 Fax:(021) 903 4010	English
Malmesbury	Mr WL Neller	Private Bag X17 MALMESBURY 7300	Tel: (022) 4822738 Fax: (022) 4872077	Afrikaans
Mitchell's Plain	Vacant	Cnr Aloe & Bamboo Rd Lentegeur M/PLAIN 7785	Tel: (021) 374 4107 Fax:(021) 374 9143	English
Newlands	Mr BAF Bailey	Cnr Main Rd & Kildare Rd. NEWLANDS,7700	Tel: (021) 674 2057/8 Fax: (021) 674 2176	English
Oudtshoorn	Mr CWJ Botha	PO Box 759 OUDTSHOORN 6620	Tel: (044) 279 1690/1 Fax: (021) 2793230	Afrikaans
Paarl	Mr GA Schreuder	Private Bag 3022 PAARL 7620	Tel: (021) 872 6686 Fax: (021) 872 6676	Afrikaans
Parow	Mr KA Maberly	Private Bag X38 PAROW 7499	Tel: (021) 939 7021/71 Fax: (021) 939 7073	Afrikaans
Philippi East	Mr R van Blerk	PO Box 116 MITCHELL'S PLAIN 7789	Tel: (021) 372 2770 Fax: (021) 372 2777 Cell: 083 3840510	Afrikaans
Somerset West	Mrs BL Hambly- Wise	PO Box 1009 SOMERSET WEST 7130	Tel: (021) 852 4722 Fax: (021) 852 7515	English
Clinic	Clinic Head	Address	Telephone / Fax	Language
Stellenbosch	Mrs M. Mason	2 Coetzenburg Street STELLENBOSCH 7600	Tel: (021) 887 0222 Fax: (021) 887 0240	Afrikaans

Swellendam	Mr JJ van der Westhuizen	PO Box 588 SWELLENDAM 6740	Tel: (028) 514 1159 Fax: (028) 514 3480	Afrikaans
Tamboerskloof	Gerhard Peterse Julie Treloar	Autism Western Cape	Tel: (021) 557 3573 Fax: 086 671 9120	
Vredendal	Mr P du Plessis	PO Box 16 VREDENDAL 8160	Tel: (027) 2133339 Fax: (027) 2131665	Afrikaans
Vredenburg	Ms J F Engelbrecht	Vredendal Satelliet PO Box 746 SALDANHA 7395	Tel: (022) 714 4601 Fax: (022) 714 2820	Afrikaans
Worcester	Mr J Wium	86 Tulbach Street WORCESTER 6850	Tel: (023) 347 2372 Fax: (023) 347 4011	Afrikaans
Woodstock		Alpha School Woodstock	Tel: (021) 447 1212 Fax: (021) 448 0405	

E-MAIL ADDRESS OF SCHOOL CLINICS

Bellville School Clinic Blclinic@pgwc.gov.za
 George School Clinic Geclinic@pgwc.gov.za
 Malmesbury School Clinic Mlclinic@pawc.wcape.gov.za
 Oudsthoorn School Clinic Ouclinic@pgwc.gov.za
 Paarl School Clinic Plclinic@pgwc.gov.za
 Parow School Clinic Preclinic@pgwc.gov.za
 Somerset-West School Clinic SWClinic@pgwc.gov.za
 Stellenbosch School Clinic Stclinic@pgwc.gov.za
 Swellendam School Clinic Slclinic@pgwc.gov.za
 Vredendal School Clinic Vreclinic@pgwc.gov.za
 Worcester School Clinic Woclinic@pgwc.gov.za
 Athlone School Clinic Atclinic@pgwc.gov.za
 Cape Town School Clinic Ctclinic@pgwc.gov.za
 Fish Hoek School Clinic Fhclinic@pgwc.gov.za
 Khayelitsha School clinic Khclinic@pgwc.gov.za
 Kuilsriver School Clinic Klclinic@pgwc.gov.za
 Mitchell's Plain School Clinic Mpclinic@pgwc.gov.za
 Newlands School Clinic Nwclinic@pgwc.gov.za

SUBSTANCE ABUSE RESOURCE LIST

NAME	ADDRESS	TEL. No.	FAX NO.
1. RESEARCH			
National Trauma Research Programme Medical Research Council (MRC)	P.O. Box 19070 TYGERBERG 7505	(021) 938 0911 Email: jvdspuy@eagle.mrc.ac.za	(021) 938 0200
Mental Health and Substance Abuse Urbanisation and Health Programme Medical Research Council (MRC)	P.O. Box 19070 TYGERBERG 7505	(021) 938 0419 Email: cparry@eagle.mrc.ac.za	(021) 938 0342
Foundation for Alcohol and Related Research (FARR) UCT Medical School	Observatory CAPE TOWN 7924	(021) 406 6530 Email: cs@anat.uct.ac.za	(021) 447 7703
2. YOUTH GROUPS			
Al-Anon and Alateen	925 Libertas Centre Voortrekker Road Goodwood 7460	(021)592 3970	(021) 592 3962
3. SUPPORT/AFTER-CARE GROUPS			
3.1 ALCOHOLICS ANONYMOUS (AA)			
Alcoholics Anonymous	925 Libertas Centre Voortrekker Road Goodwood 7460	(021)592 3970	(021) 592 3962
3.2 ALCOHOLICS VICTORIOUS			
Alcohol Victorious	PO Box 36299 Glosderry Kenilworth	(021) 797 1270	(021) 762 4235
3.3 AL-ANON AND ALATEEN			
Al-Anon and Alateen	925 Libertas Centre Voortrekker Road Goodwood 7460	(021)592 3970	(021) 592 3962
Drug Wise	P.O. Box 107 SEA POINT 8060	(021) 434 8703	(021) 439 2029
3.4 GAMBLERS ANONYMOUS			
Person on Duty		(011) 915 7730	
3.5 NARCOTICS ANONYMOUS			
Person on Duty		088 130 0327 073 147 8364 082 697 5393 073 153 6364	
3.6 CHRISTELIKE ALKOHOLISTE BOND (CAB) BRANCHES			
An address of contact persons may be obtained from: Toevlug Treatment Centre P.O. Box 515 WORCESTER 68491 Tel. No.: (023) 342 1162 Fax No.: (023) 347 3232			

Western Cape Ashton, Atlantis, Barrydale, Beaufort West, Blackheath, Brandvlei, Bredasdorp, Caledon, Citrusdal, Clanwilliam, Darling, De Rust, Dyssseldorp, Eendekuil, Eerste River, Elsies River, Franschhoek, Gans Bay, George, George Industria, Grabouw. Great Brak River. Hermon, Hopefield Huguenot, Keimoes, Kensington, Klawer, Kleinmond, Knysna, Koelenhof, Koringberg, Koue Bokkeveld, Kraaifontein, Kuilsrivier, Laaiplek, Laingsburg, Lansdowne, Lenteguur, Lynedoch, Macassar, Malmesbury, Matroosfontein, Mitchells Plain, Montagu, Moorreesburg, Mossel Bay, Napier, Noorder-Paarl, Oudtshoorn, Paarl, Paarl East, Pacaltsdorp, Piketberg, PK. Elands Bay, Porterville PK. Vlotenberg, Ravensmead. Rawsonville, Redelingshuys, Retreat, Riebeeck-Kasteel, Riebeeck West, Riversdale, Riversonderend, Robertson, Saron, Simondium, Stellenbosch, Strandfontein, Strand, Suider-Paarl, Surrbraak, Swellendam, Touws River, Uitsig, Van Wyksvlei, Victoria West, Villiersdorp, Vredenburg, Vredendal North, Wellington, Wilgerivier, Windmeul, Wolseley, Worcester.			
3.7 TELEFRIEND			
Friend in need	(021) 930 1122	(021) 930 1122	
3.8 ALCOHOL SAFETY-SCHOOL			
Alcohol Safety School	Private Bag X 131 CAPE TOWN 800	(021) 424 6020	(021) 423 8381
3.9 CHRISTIAN ACTION FOR DEPENDANTS (CAD)			
Alcohol and Drug Concerns Cape	P.O. Box 36299 GLOSDERRY 7702	(021) 643 650 (Mornings only)	
4. IN-PATIENT TREATMENT CENTRES – NGO & PRIVATE			
Hesketh King	P.O. Box 5 ELSENBERG, 7607 Old Paarl and Klipheuwel Road MULDERSVLEI	(021) 884 4600	(021) 884 4602
Medicity Kenilworth Chemical Dependency Unit (CDU)	32 Kenilworth Road KENILWORTH 7700	(021) 797 1400	(021) 761 9109
Ramot Centre	54 Toner Street PAROW 7500	(021) 922 033	(021) 930 3123
De Novo (Adult and Youth) Treatment Centre	Post Office KRAAIFONTEIN 7570	(021) 988 1138	(021) 988 0426
Toevlug Treatment Centre	P.O. Box 515 WORCESTER 6849	(023) 342 1162	(023) 347 3232
Stepping Stones Addiction Centre	P.O. Box 48156 KOMMETJIE 7976	(021) 783 4230	(021) 783 1816
Serenity Care Centre	P.O. Box 1290 KNYSNA, 6570	(044) 343 2179	(044) 343 1395
Lambrecht Medi-Clinic	P.O. Box 1593 GEORGE, 6530	(044) 874 2785	(044) 874 0932
Helderberg Against Dependency	P.O. box 2345 Somerset West, 7129	(021) 852 4820	(021) 851 2772
Crescent Clinic	24 Crescent Road Kenilworth, 7708	(021) 762 7680	(021) 762 7669
NAME	ADDRESS	TEL. No.	FAX NO.
Libertas Treatment Centre	C/o Vanguard and Voortrekker Road GOODWOOD,7460	(021) 591 6111	(021) 591 5734
Horizons Halfway House Treatment Centre	P.O. Box 31266 GRASSY PARK,7888	(021) 737 886	(021) 737 886
Orient Treatment Centre	C/o Boundary and Boom Street SCHAAPKRAAL ,7941	(021) 731 053	(021) 705 3461
Stikland Drug Unit (Neuro - Clinic for alcohol only)	Private Bag X 13 Bellville, 7535	(021) 919 1110	(021) 919 5066
5. COMMUNITY – BASED SERVICES			
Cape Town Drug	1 Roman Road	(021) 447 8026	(021) 447 8818

Counselling Centre	P.O. Box 56 OBSERVATORY,7935		
Bridges Community Programmes	P.O. Box 2345 SOMERSET WEST,7129	(021) 852 6066	(021) 852 1348
6. SOUTH AFRICAN NATIONAL COUNCIL ON ALCOHOL AND DRUG DEPENDENCE (SANCA) – WESTERN CAPE			
SANCA WESTERN CAPE	P.O. Box 860 BELLVILLE, 7530	(021) 945 4080/1	(021) 945 4082
Athlone Alcohol and Drug Centre	P.O. Box 528 Klipfontein Road GATESVILLE,7780	(021) 638 5116	(021) 637 2832
Atlantis Alcohol and Drug Centre	C/o Sun and Rotterdam Street, ATLANTIS, 7349	(021) 572 7461	(021) 572 2739
Guguletu Alcohol and Drug Centre	Saartjie Baartman Centre Klipfontein Road SURREY ESTATE, 7764	(021) 638 5116	(021) 637 2832
Khayelitsha Satellite Office	E505 Scott Street KHAYELITSHA,7784	(021) 364 5510	(021) 361 9334
Mitchells Plain Alcohol and Drug Centre	P.O. Box 761 MITCHELLS PLAIN, 7785	(021) 397 4617	(021) 397 4617
Paarl Alcohol and Drug Centre	P.O. Box 249 PAARL, 7620	(021) 872 5050	(021) 872 5050
Tygerberg Alcohol and Drug Centre	P.O. Box 1431 SANLAMHOF,7532	(021) 919 9557/8	(021) 919 7383
AFFILIATED SANCA (WC) BRANCHES ARE:			
George Alcohol and Drug Centre	P.O. Box 2310 GEORGE 6530	(044) 884 0674	(044) 884 0674
Knysna Alcohol and Drug Centre	P.O. Box 1290 KNYSNA 6570	(044) 382 5160	(044) 382 5947
Serenity Care Centre (Treatment Centre) Knysna	P.O. Box 1290 KNYSNA 6570	(044) 343 1395	(044) 343 2179
CEF (Creating Effective Families)	P.O. Box 2319 MOSSEL BAY 6500	(044) 691 1411	(044) 691 1411
Helderberg Drug and Alcohol Action Committee	P.O. Box 2060 SOMERSET WEST 7129	(021) 852 4820	(021) 852 7599
7. DETOXIFICATION SERVICES			
Stellenbosch Hospital	Private Bag X 5027 STELLENBOSCH 7600	(021) 887 0310	(021) 886 5454
Paarl Hospital	Private Bag X 3012 PAARL 7620	(021) 872 1711	(021) 872 4841
Karl Bremer Hospital	Private Bag X 15 Parow 7500	(021) 918 1511	(021)945 1919 (021) 949 8153
GF Jooste Hospital	P.O Box 66 Duinefontein Rd Manenberg 7762	(021) 690 100	(021) 691 7962
George Provincial Hospital	Private Bag X 6534 George 6530	(044) 875 5122	(044) 874 5017

Hottentots Holland Hospital	Private Bag X 2 Somerset West 7129	(021) 852 1334	(021) 852 5392
Eben Dönges Hospital	Private Bag X 3049 Worcester 6850	(023) 348 1400	(023) 342 8501

8. OTHER STAKEHOLDERS			
NAME	ADDRESS	TEL. No.	FAX NO.
Drug Free Marshals (Cape Town)	Roeland Street CAPE TOWN 8000	(021) 418 6054	(021) 852 6066
Narconon Drug Education	P.O. Box 247 PAARDEN EILAND 7420	(021) 511 3496	
SANAB (S.A Narcotic) Buro)	Captain Uys P.O. Box 254 George 6530	(044) 874 3162	(044) 874 1817
9. FORUMS			
Western Cape Alcohol and Drug Abuse Forum (Research Committee)	P.O. Box 19070 TYGERBERG 7505	(021) 938 0326	(021) 938 0342
Western Cape Alcohol and Drug Abuse Forum (Education and Prevention Committee)	P.O. Box 107 SEA POINT 8060	(021) 434 8703	(021) 439 2029

MENTAL ILLNESS

MENTAL HEALTH INFORMATION CENTRE

Department of Psychiatry, University of Stellenbosch Medical School

✉ PO Box 19063, Tygerberg 7505

☎ (021) 938 9229

📞 (021) 933 5790

📧 mhic@gerga.sun.ac.za

Offers information and guidance regarding mental health concerns and resources. A nation-wide telephone referral service is also provided.

SUPPORT GROUPS FOR MENTAL ILLNESS

ANXIETY DISORDERS CLINIC

✉ University of Stellenbosch, Dept of Psychiatry, Private Bag X13, Bellville 7530

☎ (021) 940 4442/3

☎ (021) 940 4555

📞 (021) 940 4443

Assessment and treatment for people (from all areas) with Anxiety Disorders

DEPRESSION & ANXIETY DISORDERS SUPPORT GROUP

✉ PO Box 652548, Benmore, 2010

☎ (011) 783 1474/76 or 884 1797

📞 (011) 884 7074

Has a network of support across SA. Phone the main group to obtain contact details for local support groups.

REACH OUT

✉ PO Box 16578, Vlaeberg, 8018

☎ 088 120 4136

This organization does not offer crisis intervention but is a support group for people who are living with depression.

CAPE SUPPORT FOR MENTAL HEALTH

✉ Nursing Admin. Block, 1st Floor, Valkenberg Hospital, 7925. PO Box 236, Rondebosch, 7700

☎ (021) 448 0760

☎ (021) 448 0761

Support for families of people with Schizophrenia or Bipolar disorder.

SUPPORT GROUP FOR OBSESSIVE/ COMPULSIVE DISORDER

✉ 3 Sun Hue Gardens, McKinley Road, Kenilworth 7708

Every 2nd Sunday of each month at 16H00.

☎ (021) 671 2519

✉ cgird@absamail.co.za

WESTERN CAPE BIPOLAR ASSOCIATION

☎ 082 855 3180

✉ bipolar@jaywalk.com

✉ www.jaywalk.com/bipolar

Support and information on "manic depression".

HOMELESS PERSONS**CASP: CO-ORDINATED ACTION WITH STREET PEOPLE**

✉ 14 Roeland Street, Cape Town, 8000

☎ (021) 462 0280

Network of organizations and concerned individuals working to alleviate the plight of the homeless.

THE ARK - CITY OF REFUGE

✉ PO Box 30476, Tokai, 7966,

☎ (021) 843 3927

☎ (021) 843 3013

Shelter and accommodation for anyone in need (adults, youth and children).

THE BIG ISSUE

✉ 19 Leister Road, Wynberg

☎ (021) 761 0714

☎ (021) 761 0714

✉ bissuect@iafrica.com

✉ 37 Sir Lowry Road, Woodstock

☎ (021) 461 6690

☎ (021) 461 6662

CAPE TOWN REFUGEE FORUM

✉ Zabows Building, Main Road, Wynberg.

☎ (021) 762 9670

☎ (021) 761 2294

Help with school placement, fees and uniforms as well as accommodation, food vouchers and cooking utensils. Refer for legal Aid and Adult Education.

INTELLECTUAL DISABILITY

WESTERN CAPE FORUM FOR INTELLECTUAL DISABILITY

ASAT House, 1st Floor, Alexandra Hospital, Annex Road, Maitland

✉ PO Box 142, Maitland, 7404

☎ (021) 510 4686

📞 (021) 510 4687

The Forum's work includes advocacy, training, support and networking.

CAPE MENTAL HEALTH

22 Ivy Street, Observatory

✉ Private Bag X7, Observatory, 7935

☎ (021) 447 9040

📞 (021) 448 8475

✉ sandra@cmhs.co.za

The CMHS's work encompasses mental health, mental handicap (intellectual disability) and mental illness (psychiatric disability). They provide case management, support, education and capacity building for mentally disabled service-users and their families.

CAPE METRO

Cape Mental Health Society

Physical Address:

22 Ivy St
Observatory
7935

Telephone : (021) 447-9040

Fax : (021) 448-8475

Contact Person:

Ingrid Daniels

Services

- social work and other services are available to psychologically and psychiatrically disturbed people and their families
- services for mentally handi-capped also available
- only do HIV/Aids service if one of their clients are infected

Groote Schuur Hospital: Psychiatric Admissions

Physical Address:

Main Road
Observatory
7925

Telephone : (021) 404-2175

Fax : (021) 404-4248

Services

- emergency only

Lentegeur Hospital

Physical Address:

Highlands Drive
Lentegeur
Mitchells Plain
7785

Postal Address:

Private Bag X4
Mitchells Plain
7785

Telephone : (021) 370-1111
Fax : (021) 371-7359

Stikland Hospital

Physical Address:

Ou Paarl Weg
Bellville
7535

Postal Address:

Private Bag X13
Bellville
7535

Telephone : (021) 919-1110
Fax : (021) 910-3508

Services

- 8.30am-4pm

BOLAND

Trauma Centre

Physical Address:

G811 Gwebityala Street
Xolani
Eston
6750

Telephone : (023) 615-3674

Contact Person

Nontembiso Motsamayi

Services

- sexual abuse & counselling

Services for the Aged

Age-in-Action Western Cape:

Physical Address:

36 Long Street
Level 6
Cape Town
8001

Postal Address

P.O.Box 10269
Caledon Square

Telephone : (021) 423-0204
Fax : (021) 423-0203
Email : sacacape@iafrica.com

Tollfree Care line: 080 111 2131

Contact Person

Sandra or Allison

Services

- Training programmes eg. victim empowerment
- Awareness and information Training
- Community Care Worker Training

HEAL (Heal Elder Abuse Line)

Physical Address:

1st Floor 36 on Long
Long Street
Cape Town
8001

Postal Address

P.O.Box 2335
Cape Town
8000

Telephone : 0800 003081 / (021) 423-0204
Fax : (021) 426-5530
Cell : 0832746620
Email : elderabuse@mweb.co.za

Contact Person

Mrs Pat Lindgren

Services

- Telephone helpline
- Tollfree and confidential
- For older persons and any member of the public who suspects that elder abuse is taking place

Afrikaanse Christelike Vrouevereniging (ACVV)

Physical Address:

61 Caledon Street
Cape Town
8000

Postal Address:

PO Box 3834
Cape Town

Telephone : (021) 461-1109/7447
Fax : (021) 461-0074

Contact Person

Erika Grimbuk

Services

- child-care services
- Family Welfare Agency
- only for children under 12 years
- provides a range of services to the community
- hours: 08h00-16h15
- social work
- HIV/Aids therapy & advice

Emmanuelle Service Centre

Physical Address:

Volhou Street
Napier
7270

Telephone : (028) 423-3522
Fax : (028) 423-3488

Contact Person

Ms H Piek

Kweekvallei Homes

Physical Address:

68 Pastorie Street
Prince Alfred
6930

Telephone : (023) 541-1626
Fax : (023) 541-1626

Contact Person

Mr K Esterhuizen

Alternative Therapies

Association of Aroma Therapists

Postal Address:

P O Box 23924
Claremont
7700

Telephone : (021) 531-7314

Contact Person

Services

- They will provide contact details of aroma therapists in different regions of the Western Cape

Claire Barry

Physical Address:

8 Hamilton Street
Plumstead
7700

Telephone : 0881229676

Contact Person

Claire Barry

Services

- psycho neuro immunology
- counselling
- aromatherapy
- therapeutic massage
- tai chi
- qi gong – Chinese system of self healing

E-merge

Physical & Postal Address:

34 Wargrave Rd
Kenilworth
7700

Telephone : (021) 797-0178

Cell : 084 886 5843

E-mail : lbkarp@telkomsa.net

Contact Person

Licia Blyth Karp

Services:

- Life-meaning counselling
- Trauma counselling
- Physical balancing points
- Non-physical balancing techniques

POLICE STATIONS IN EACH AREA

STATION	TELEPHONE	FAX
ASHTON	(023) 615 1782	(023) 615 1186
BARRYDALE	(028) 572 1001	(028) 572 1018
BITTERFONTEIN (Satellite)	(027) 642 7005)	(027) 514 3050
BONNIEVALE	(023) 616 2270	(023) 6163535
BREDASDORP / ELIM	(028) 424 1155	(028) 424 1676
CALEDON	(028) 212 1267/76/2	(028) 2122817
FCS Caledon	028) 212 1212(t)	(028) 212 2817
CERES	(023) 312 1484/5/6	(023) 312 2628
CITRUSDAL	(022)921 2025/3395/3435	(022) 921 2011
OCLOETESVILLE	(021)887 7116	(021) 887 7120
CLANWILLIAM	027)482 1010	(027) 482 2673
DARLING	(022) 492 3146/32	(022) 492 3198
DE DOORNS	(023) 356 2080	(023) 356 2944
DORINGBAAI	(027) 215 1021	(027) 215 1320
GANSBAAI	(028) 384 0201	(028) 384 1448
ELANDSBAAI	(022) 972 1658 / 707	(022) 972 1666
FRANSCHHOEK	(021) 876 8061	(021) 876 8078
GENADENDAL/GREYTON	(028) 251 8080	(028) 251 8162
GRAAFWATER	(027) 422 1122	(027) 422 1166
GRABOUW	(021) 859 2557	(021) 859 1109
GROOT-DRAKENSTEIN	(021) 874 8000	(021) 874 1766
HERMANUS	(028) 313 8500	-(028) 313 8539
HOPEFIELD	(022) 723 0012	
LAMBERTSBAAI	(027) 432 1122/312/347	(027) 432 2832
LANGEBAAAN	(022) 772 2111	(022) 772 1603
LUTZVILLE	(027) 217 1510	(027) 217 1384

MALMESBURY	(022) 482 2266 / 2495 / 2496 / 2476 / 2462	(022) 482 1400
MBEKWENI	(021) 868 3036	(021) 868 3601
McGREGOR	(023) 625 1600	(023) 625 1689
MONTAGU	(023) 614 1230	(023) 614 1485
MOORREESBURG	(022) 433 2930/ 2931/2766	(022) 433 3455
NAPIER	(028) 423 3223 / 423 3354	(028) 423 3715
SATELITTE STATION NKQUBELA	(023) 626 1265	
NUWERUS	(027) 643 2011/2108	(027) 643 2012
OP DIE BERG	(023) 3170326	(023) 313 3572
CRIME ZONE PAARL	(021) 8074000	(021) 807 4117
FCS PAARL	(021) 863 1043	(021) 863 4197
PAARL-OOS	(021) 862 5617/4894	(021) 862 1103
OOP PAARL	(021) 862 9015	(021) 8723412
PHILADELPHIA	(021) 972 1613	(021) 972 1818
PIKETBERG	(022) 913 1844	(022) 913 1780
PORTERVILLE	(022) 931 2187	(022) 931 3106
PRINCE ALFRED HAMLET	(023) 313 3133/4	(023) 313 3572
RAWSONVILLE	(023) 349 1212	(023) 349 1826
REDELINGHUYS	(022) 962 1620	(022) 962 1688
RIEBEEK-KASTEEL	(022) 448 1643	(022) 448 1688
RIEBEEK-WES	(022) 461 2234	(022) 461 2138
RIVIERSONDEREND	(028) 261 1352	(028) 261 1688
ROBERTSON	(023) 626 2251	(023) 626 4334
SALDANHA	(022) 714 2017	(022) 714 2464
SARON	(023) 240 0200	(023) 240 0911
STANFORD	(028) 341 0601	(028) 341 0245
CRIME ZONE STELLENBOSCH	(021) 809 5000	(021) 809 5009/131 E-mail WC:CRIME ZONE STELLENBOSCH
FCS STELLENBOSCH	(021) 887 0369	(021) 887 5831
ST HELENABAAI	(022) 736 8072	(022) 736 1666
STRUISBAAI	(028) 435 6440	(028) 435 7403

SUURBRAAK	(028) 522 1766	(028) 522 1740
SWELLENDAM	(028) 514 8100	(028) 514 3050
TOUWSRIVIER	(023) 358 1601/812/003	(023) 358 1700
TULBAGH	(023) 230 1016	(023) 230 0950
VAN RHYNSDORP	(027) 219 1001	(027) 219 1637
VILLIERSDORP	(028) 840 1174/5	(028) 840 1176
VREDENBURG	(022) 713 1310	(022) 713 5612
VREDENDAL	(027) 201 3200	(027) 213 3127
FCS Vredendal	(027) 2013221	(027) 201 2359
WELLINGTON	(021) 873 3333	(021) 873 1446
WOLSELEY	(023) 231 0013	(023) 231 1372
CRIME ZONE WORCESTER	(023) 347 2211/4008	(023) 347 4941
FCS WORCESTER	(023) 342 2496(t)	(023) 348 6277
ZWELENTEMBA SATELLITE STATION	(023) 345 2023	
AREA SOUTHERN CAPE SWITCH BOARD	(044) 203 9000	(044) 203 9155
ALBERTINIA	[028] 7351006	[028] 735 1938
BEAUFORT WEST	[023] 414 2157	[023] 414 4159
CALITZDORP	(044) 213 3320	(044) 2133387
CONVILLE	[044] 803 3300	[044] 803 3338
DE RUST	[044] 241 2050	[044] 241 2184
DYSSELSDORP	[044] 251 6351/2	[044] 251 6338
CRIME ZONE GEORGE	[044] 803 4400	FAX [044] 803 4580/1
FCS GEORGE	(044) 803 4615	(044) 803 4430
GROOT-BRAKRIVIER	[044] 620 2495	[044] 620 3031
HEIDELBERG	[028] 722 1910	[028] 722 2925
HERBERTSDALE	[044] 651 1603x210/717	[044] 651 1717
KNYSNA	[044] 302 6600	[044] 302 6612
KWANONQABA		E-mail Kwanonqaba SAPS: kwanonqaba-saps@saps.org.za
LADISMITH [WC]	[028] 551 1006	(028) 551 1146
LEEU-GAMKA	[023] 521 2003	[023] 521 2157

MERWEVILLE	(023) 501 4005	(023) 501 4079
MOSSEL BAY	[044] 690 3334	[044] 691 1779
FCS Mossel Bay	(044) 693 0000	(044) 693 3388
MURRAYSBURG	[049] 844 0136/26	[049] 844 0102
NELSPOORT	(023) 416 1888	(023) 416 1777
OUTDSHOORN	[044] 203 9000	[044] 203 9171
FCS Oudtshoorn	(044) 272 6470	(044) 203 9170
PACALTSDORP	[044] 878 0410	[044] 878 0551
PLETTENBERGBAAI	[044] 533 2100	[044] 533 3472
PRINS ALBERT	[023] 541 1316	[023] 541 1359
RIVERSDAL	[028] 713 2431	[028] 713 1165
SEDFIELD SATELLITE STATION	[044] 343 1321	(044) 302 6612
STILL BAY	[028] 754 1501	[028] 754 2800
THEMBALETHU (SATELLITE STATION)	(044) 880 2740	(044) 880 2350
UNIONDALE	[044] 752 1003	[044] 752 1004
AREA EASTERN METROPOLE SWITCH BOARD	(021) 918 3000	(021) 918 3182
ATLANTIS	(021) 572 1811	(021) 572 3956
BELHAR SATELLITE STATION	(021) 952 6233/4	(021) 954 1814
BELLVILLE	(021) 918 3000	(021) 918 3084
BELLVILLE SOUTH	(021) 951 6677/8	(021) 951 2558
BISHOP LAVIS	(021) 935 9800	(021) 935 9831
BOTHASIG	(021) 559 9400	(021) 559 7568
BRACKENFELL	(021) 980 5700	(021) 981 3709
FCS Delft	(021) 918 3078	(021) 918 3532
DELFT	(021) 954 1345	(021) 954 1816/4932
DF MALAN	(021) 934 0707	(021) 934 8619
DURBANVILLE	(021) 970 3811/12	(021) 976 4472
EERSTERIVIER	(021) 904 1573	(021) 904 1634
ELSIES RIVER	(021) 933 0300	(021) 932 0333
FCS ELSIESRIVIER	(021) 592 7092	(021) 592 7098

GOODWOOD	(021) 592 4430	(021) 592 4479
GORDONSBAAI	(021) 856 1207	(021) 856 3484
HARARE	(021) 363 9100-14	(021) 363 9055
KHAYELITSHA	(021) 361 3330/1	(021) 361 0798
FCS KHAYELITSHA	(021) 918 3541	(021) 918 3412
LINGELETHU-WES	(021) 361 1784	(021)361 4187
KLEINVLEI (KUILSRIVER)	(021) 904 1633	(021) 904 1634
KRAAIFONTEIN	(021) 980 5500	(021) 980 5545
KUILSRIVER	(021) 903 4117	(021) 903 4186
MACASSAR	(021) 857 1020/1/2/3/4	(021) 857 3107
MELKBOSSTRAND	(021) 553 2088	(021) 553 1946
MILNERTON	(021) 551 8086	(021) 551 6104
MFULENI (KUILSRIVER)	(021) 909 4401	(021) 909 5647
PAROW	(021) 930 5643	(021) 930 5645
RAVENSMEAD	(021) 932 7551	(021) 932 8063
SOMERSET WEST	(021)850 1300	(021) 851 4177
STRAND	(021) 854 9100	(021) 854 9124
TABLE VIEW	(021) 521 3300	(021) 521 3333
TYGERBERG MORTUARY	(021) 931 4232	(021) 931 4238
AREA WEST METROPOLE SWITCH BOARD	(021) 467 8000	(021) 467 8553
ATHLONE	(021) 697 9200	(021) 696 9777
CAMPS BAY	(021) 437 8140	(021) 438 6259 E-mail campsbay-saps@saps.org.za
CAPE TOWN	(021) 467 8000	(021) 467 8074
CLAREMONT	(021) 657 2240	(021) 657 2296
DIEPRIVIER	(021) 710 7300	(021) 715 5858
FISH HOEK	(021) 782 6333	(021) 782 1457
GRASSY PARK	(021) 700 3900	(021) 706 5884
GUGULETU	(021) 638 5101/637 5997/637 5947	(021) 633 3193/637 0219
HOUT BAY	(021) 790 1330/46/5812/5959	(021) 790 4523

KENSINGTON	(021) 594 7020	(021) 593 5249
KIRSTENHOF	(021) 701 2426	(021) 701 9445
LANGA	(021) 694 1849	(021) 694 0862
FCS LANGA	(021) 467 6656	(021) 467 6630
LANSDOWNE	(021) 700 9000	(021) 700 9049
MAITLAND	(021) 511 1544	(021) 510 5477
MAITLAND (EMERGENCY SERVICE)	(021) 506 2000	(021) 506 2021
MANENBERG	(021) 638 1101	(021) 633 3197
MITCHELLS PLAIN	(021) 370 1600	(021) 370 1630
MOWBRAY	(021) 689 1304	(021) 689 9072
MUIZENBERG	(021) 787 9000	(021) 788 3709
FCS NYANGA	(021) 376 3030	(021) 376 3121
OCEAN VIEW	(021) 783 4130	(021) 783 4444
NYANGA	(021) 380 3300	(021) 386 1973
PHILIPPI	(021) 690 1500	(021) 691 4898
PHILIPPI EAST	(021) 370 1900	(021) 374 6410
PINELANDS	(021) 532 5200	(021) 531 2246
RONDEBOSCH	(021) 685 4747/ 3998 / 4331	(021) 689 9073
SALT RIVER MORTUARY	(021) 448 4456-8	(021) 447 7322
SEA POINT	(021) 430 3700	(021) 439 8484
SIMONSTOWN	(021) 786 2118	(021) 786 2130
STEENBERG	(021) 701 1390/4/701	(021) 701 5724
FCS STEENBERG	(021) 799 1335	(021)799 1345
STRANDFONTEIN	(021) 370 1500	(021) 370 1514
TABLE BAY HARBOUR	(021) 419 0260	(021) 421 5461
WYNBERG	(021) 799 1300	(021) 799 1370

POLICE COMPLAINTS OR COMPLIMENTS:

First direct your complaint to the Station or Branch Commander of the police station where the incident occurred. If you are not satisfied with the response, put it in writing and then contact one of the Area Heads by phone:

Eastern Metropole
Senior Superintendent Mostert

(021) 948-3341

Western Metropole
Senior Superintendent du Toit

(021) 467- 8000 or 467-8526 (direct line)

Boland
Inspector Riffel

(021) 876-2626

Southern Cape
Senior Superintendent O'Connel

(044) 322- 2236

If there are any problems at this level then contact:

Director Scharnick
SAPS General Prevention
Detective Service
Private Bag 9004
Cape Town
8001

Telephone: (021) 467- 6030
Fax: (021) 467-6057
Cell: 082 8086519

Independent Complaints Directorate

Physical Address:

106 Adderley Street
Colonial Mutual Building
Cape Town

Telephone : (021) 426-0700
Fax : (021) 426-0705

Contact Person

Thanye Cornelson

Services

- Investigate police misconduct
- Receive complaints about domestic violence and sexual assault investigations

JUSTICE SYSTEM AND THE COURTS

STATE OFFICES IN THE CAPE METRO

Listed alphabetical order and not according to regions

Mosaic has Support Desks at the following Courts:-

Cape Town	Monday and Wednesday
Wynberg	Monday, Tuesday, Wednesday, Thursday, Friday
Goodwood	Monday and Wednesday
Bellville	Monday and Wednesday
Kuils River	Monday and Friday
Simonstown	Monday and Tuesday
Paarl	Monday and Wednesday

Attorney General

Postal Address:

Private Bag X9020
Cape Town
8000

Services

- person in charge of state prosecutors in each province

Family Advocate

Physical Address:

30 Victoria Road
Cape Town
8000

Telephone : (021) 480-2652

Fax : (021) 424-5007

Services

- ensures that best interests of minor children are protected pending a divorce action
- conduct inquiries into family circumstances
- where dispute between parties refer custody access of children where allegations of abuse/neglect have been made

Wynberg Court (Family Violence)

Physical Address:

Wynberg Court
Church Street
Wynberg
7700

Services

- counselling by volunteers
- assistance with applying for protection orders

Postal Address:

Private Bag X3
Wynberg

Telephone : (021) 799-1800
Fax : (021) 762-7842

Contact Person

Ms Smit

MAGISTRATE'S COURTS

Magistrate's Courts throughout the Western Cape, listed in alphabetical order. Volunteer services are available at all the courts marked by a tick below:

ALBERTINIA

Physical Address:

Court Street

Postal Address:

Private Bag X1
Albertinia

Telephone : (028) 735-1007
Fax : (028) 735-1583

ATLANTIS

Postal Address:

Private Bag X2
Rygersdal
7352

Telephone : (021) 572-1003
Fax : (021) 572-3230

BEAUFORT WEST

Physical Address:

Church Street

Postal Address:

Private Bag X545
Beaufort West
6970

Telephone : (023) 415-1787
Fax : (023) 414-4658

BELLVILLE

Physical Address:

Cnr Voortrekker Road & Landross Street

Postal Address:

Private Bag X10
Bellville
7535

Telephone : (021) 948-4995 (direct)
Telephone : (021) 948-3921 (switchboard)
Fax : (021) 945-3387

BONNIEVALE

Physical Address:

Coetzee Street

Postal Address:

Private Bag X1
Bonnievale

Telephone : (023) 616-2150
Fax : (023) 616-2371

BREDASDORP

Physical Address:

22 Long Street

Postal Address:

Private Bag X13
Bredasdorp

Telephone : (028) 424-1139
Fax : (028) 424-1904

Physical Address:

Kerk Straat 28

Postal Address:

Private Bag X1
Caledon

Telephone : (028) 212-1076
Fax : (028) 214-1360

CAPE TOWN (including new Family Court)

Physical Address:

9-11 Parade Street

Telephone: (021) 461 5910

CALITZDORP

Physical Address:

13 Queen Street
Bellville

Postal Address:

Private Bag X01
Calitzdorp

Telephone : (044) 213-3309
Fax : (044) 213-3013

CERES

Physical Address:

46 Voortrekker Street

Postal Address:

Private Bag X58
Ceres
6835

Telephone : (023) 312-1112
Fax : (023) 316-1190

CLANWILLIAM

Physical Address:

Main Street

Postal Address:

Private Bag X3
Clanwilliam
8135

Telephone : (027) 482-2114
Fax : (027) 482-2412

GEORGE

Physical Address:

130 York Street

Postal Address:

Private Bag X6537
George
6530

Telephone : (044) 873-2023
Fax : (044) 874-1108

GOODWOOD

Physical Address:

273 Voortrekker Road
Goodwood

Postal Address:

Private Bag X4
Goodwood
7459

Telephone : (021) 591 3171
Fax : (021) 592-4064

GRABOUW

Physical Address:

Main Street

Postal Address:

Private Bag X1
Grabouw
7160

Telephone : (021) 859-3661
Fax : (021) 859-4430

HEIDELBERG

Physical Address:

Begman Straat

Postal Address:

Private Bag X13
Heidelberg
1438

Telephone : (016) 349-1930
Fax : (016) 349-6386

HERMANUS

Physical Address:

63 Main Road

Postal Address:

Private Bag X01
Hermanus
7200

Telephone : (028) 312-3713
Fax : (028) 313-1084

HOPEFIELD

Physical Address:

24 Voortrekker Road

Postal Address:

Private Bag X4
Hopefield
7355

Telephone : (022) 723-0506
Fax : (022) 723-1522

KUILSRIVER

Physical Address:

Van Riebeeck Ave

Postal Address:

Private Bag X1
Kuilsriver
7580

Telephone : (021) 903-1161
Fax : (021) 903-7902

LADISMITH

Physical Address:

57 Queen Street

Postal Address:

Private Bag X215
Ladismith
6655

Telephone : (028) 551-1009
Fax : (028) 551-1168

LAINGSBURG

Physical Address:

Station Street

Postal Address:

Private Bag X42
Laingsburg
6900

Telephone : (023) 551-1010
Fax : (023) 551-1296

MALMESBURY

Physical Address:

Piet Retief Street

Postal Address:

P O Box X01
Malmesbury
7299

Telephone : (022) 482-1121
Fax : (022) 482-4307

MITCHELLS PLAIN (with new Sexual Offences Court)

Physical Address:

Magistrates Court
1st Avenue
Eastridge
7785

Postal Address:

Private Bag X1
Mitchells Plain
7785

Telephone : (021) 370-4200
Fax : (021) 371-3063

MONTAGU

Physical Address:

Piet Retief Street

Postal Address:

Private Bag X5
Montagu
6720

Telephone : (023) 614-1105
Fax : (023) 614-3974

MOORREESBURG

Physical Address:

Station Street

Postal Address:

Private Bag X1
Moorreesburg
7310

Telephone : (022) 433-1087
Fax : (022) 433-1488

MOSSEL BAY

Physical Address:

144 George Street

Postal Address:

Private Bag X11
Mossel Bay
6500

Telephone : (044) 693-3113
Fax : (044) 693-2891

MURRAYSBURG

Physical Address:

14 Church Street

Postal Address:

Private Bag X1
Murraysburg
6995

Telephone : (049222) 11
Fax : (049222) 389

OUTSHOORN

Physical Address:

20 St Johns Street

Postal Address:

Private Bag X608
Oudtshoorn
6620

Telephone : (044) 272-6061
Fax : (044) 279-1295

PAARL

Physical Address:

Cnr Berg River Boulevard and Marks Street

Postal Address:

Private Bag X5003
Paarl
7622

Telephone : (021) 872-3127
Fax : (021) 872-7648

PIKETBERG

Physical Address:

Voortrekker Street

Postal Address:

Private Bag X12
Piketberg
720

Telephone : (022) 913-1110
Fax : (022) 913-2155

PORTERVILLE

Physical Address:

Voortrekker Street

Postal Address:

Private Bag X1
Porterville
6810

Telephone : (022) 931-2410
Fax : (022) 931-2120

PRINS ALBERT

Physical Address:

Church Street

Postal Address:

Private Bag X10
Prins Albert
6930

Telephone : (023) 713-2428
Fax : (023) 713-3797

RIVERSDALE

Physical Address:

13 Mitchell Street

Postal Address:

Private Bag X419
Riversdale
6670

Telephone : (028) 713-2428
Fax : (028) 713-3797

ROBERTSON

Physical Address:

Church Street

Postal Address:

Private Bag X612

Robertson

6705

Telephone : (023) 626-3023

Fax : (023) 626-4885

SIMON'S TOWN

Physical Address:

St. Georges Street

Postal Address:

Private Bag X4

Simonstown

7995

Telephone : (021) 786-1561

Fax : (021) 786-3429

SOMERSET WEST

Physical Address:

33 Caledon Street

Postal Address:

Private Bag X4

Somerset West

7129

Telephone : (021) 851-5945

Fax : (021) 852-7299

STELLENBOSCH

Physical Address:

Alexander Street

Stellenbosch

Postal Address:

Private Bag X5009

Stellenbosch

7600

Telephone : (021) 887 0114

Fax : (021) 883-9687

STRAND

Physical Address:

1 Gordons Bay Rd

Telephone : (024) 854 7217

SWELLENDAM

Physical Address:

88 Voortrekker Street

Postal Address:

Private Bag X4

Swellendam

6740

Telephone : (028) 514-1109

Fax : (028) 514-2342

TULBAGH

Physical Address:

Piet Retief Street

Postal Address:

Private Bag X1

Tulbagh

6820

Telephone : (023) 230-0006

Fax : (023) 230-0006

UNIONDALE

Physical Address:

51 Voortrekker Street

Postal Address:

Private Bag X230

Uniondale

6460

Telephone : (044) 752-1002

Fax : (044) 752-1004

VAN RHYNSDORP

Physical Address:

2 Church Street

Postal Address:

Private Bag X2
Van Rhynsdorp
8170

Telephone : (027) 219-1002

Fax : (027) 219-1563

VREDENBURG

Physical Address:

17 Piet Retief Street

Postal Address:

Private Bag X608
Vredenburg
7380

Telephone : (022) 713-5274

Fax : (022) 713-1520

VREDENDAL

Physical Address:

Voortrekker Street

Telephone : (027) 213-2010

Fax : (027) 213-4823

WELLINGTON

Physical Address:

30 Jan Van Riebeeck Street

Postal Address:

Private Bag X1
Wellington
7654

Telephone : (021) 873-1145

Fax : (021) 864-2730

WOLSELEY

Physical Address:

29 Eeufees Street

Postal Address:

Private Bag X2
Wolseley
6830

Telephone : (023) 231-1086

Fax : (023) 231-1086

WORCESTER

Physical Address:

14 Adderley Street

Postal Address:

Private Bag X3045
Worcester
6849

Telephone : (023) 342-2325

Fax : (023) 347-5024

RAPCAN

Physical Address:

D P Marais Centre, C/o of Main and White Roads
Retreat

Postal Address:

Suite 87
Private Bag X 12
Tokai
7966

Telephone : (021) 712-2330

Fax : (021) 712-2365

Cell : 083 270 2011

E-mail : Tania@rapcan.org.za

Services:

- Court preparation and support for the child and care giver accessing the service
- Debriefing at the end of each court day
- Telephonic follow-up and support services
- Referral services available

Contact Person

Tania Moodley

MEDIA CONTACTS

JOURNALIST CONTACT LIST

Die Burger

Contact: Mellissa or Willemien Brummer
Tel: (021) 406 2162 / (021) 406 2222
Fax: (021) 406 3958 / (021) 406 3965
Email: wbrummer@dieburger.com or

Contact: Helen Coetzee
Tel: 0214062772
Fax: 0214063965
Email: helenc@dieburger.com

Cape Argus

Contact: Jenny Viall or Jeanne
Tel: 0214884218
Fax: 0214884156
Email: jennyv@ctn.independent.co.za
Or

News Editor
Contact: Joseph Aranes
Tel: 0214884536
Fax: 0214884156
Email: josepha@ctn.independent.co.za

Mail and Guardian

Contact: Marianne Merton
Tel: 0214624688
Fax: 0214613203
Email: mariannem@mg.co.za

Big Issue Magazine

Contact: Patrick Burnett
Tel: 0214616690
Fax: 0214616662
Cell: 0837452200
Email: bissuect@iafrica.com

City Vision

Contact: F.Little (news editor)
Tel: 0214063148
Fax: 0214063146
Email: flittle@naspers.com
Or
Contact: M.Ndama (editor)
Tel: 0214063147
Fax: 0214063146
Email: mndame@nasper.com

Community Newspapers

Contact: Hazel Allies or Karen Koetze
Tel: 0214884230 / 0216834604
Fax: 0214884615 / 0216833270
Email: hazela@ctn.independent.co.za

The Cape Times

Contact: Estelle Alice
Tel: 0214884911
Fax: 0214884156

Oudtshoorn Courant

Contact: Garnett Wicomb
Tel: (044) 272-8918
Fax: (044) 279-2424

Hoorn

Contact:
Tel: (044) 272-5606
Fax: (044) 272-5604

Die Courier

Contact:
Tel: (023) 414-2615
Fax: (023) 414-2615

Karoo Advertiser

Contact:
Tel: (049) 892-2236

Radio Station list

Cape at Six

Contact: Chrystal Orderson
Tel: 0214308100
Fax: 0214308121
Email: orderson@sabc.co.za
Or ordersonc@hotmail.co.za

Radio Atlantis

Contact: Berenice Beukes
Tel: 0215724320
Fax: 0215724320
Email: rasm@mweb.co.za

Cape Talk 567

Contact: Neesa Allie
Tel: 0214881555
Fax: 0214881556
Email: ctnews@capetalk.co.za

Radio Helderberg

Contact: Liesel van Denhoven
Tel: 0218527483
Fax: 0218527482
Email: radheld@iafrica.com

P4 Radio

Contact: Phippa Hudson (acting news editor)
Tel: 0214068951/2/3
Fax: 0214068955
Email: news3@p4radio.co.za

Radio Tygerberg

Contact: Karin Pretorius
Tel: 0219488801
Fax: 0219488870
Email: r/tyger@iafrica.com

SABC (Focus)

Contact: Barbara Boswell
Tel: 0214308210
Cell: 0833133946
Email: boswellb@sabc.co.za

Radiosondergrense

Contact: Anthea Warner
Tel: 0214308166
Email: warnerac@sabc.co.za

Umhlobo Wenene

Contact: Anthea Warner
Tel: 0214308179
Fax: 0214390395
Email: warnerac@sabc.co.za

Bush Radio

Contact: Erna Curry or Jamal
Tel: 0214485450
Fax: 0214485451

Suid Kaap Stereo

Contact: Jan van Tonder
Tel: (044) 272-6230
Fax: (044) 272-5864

Radio Graaff Reinette

Contact: Corra van Zyl
Tel: (049) 891-0927
Fax: (049) 891-0927 / 892-5216

KFM

Contact: Maxine Greeff
Tel: (021)4187788
Fax: (021)4188478 / (021)4188478
Cell: 0825785020

Radio 702

Tel: (021)4881500
Fax: (021)488160

SAFM

Contact: Nancy Richards
Tel: (021)4308172
Fax: (021)4390395

Radio Zibonelle

Contact: Mrs Bam or Ceasar Nobepha
Tel: (021)3619344/51
Fax: (021)3615194

TV Station list

SABC

Contact: Johan Abrahams
Tel: (021)4308121
Cell: 0824163759
Email: ctnews@sabc.co.za

ETV

Contact: Catherine Rice
Tel: (021)4814500
Fax: (021)4308122
Cell: 0834195777
Email: catherine.rice@etv.co.za
Other Contacts; Chantal Rutter, Ward or Chris Nicklon

Service Providers

Media Watch

Contact: Celeste
Tel: (021)4610368

MTC For Health

Contact: Shamiel Adams
Email: sadams@mtcforhealth.co.za

IDASA

Tel: (021)4612559

Human Rights Media Centre

Physical Address:

2 Haven Avenue
Kenilworth
7708

Postal Address:

P O Box 53168
Kenilworth
7745

Telephone : 021 761 3303

Fax: 021 762 0271

Mobile: 082 450 9276

E-mail: hrmc@iafrica.com / shirlygunn@worldonline.co.za

Contact Person:

Shirley Gunn

Services:

- Oral History documentation and dissemination
- Research
- Training oral historians and media practitioners
- Survival Stories Project
- Child maintenance Project
- Women Workers Life Stories Project
- Trojan Horse Project and Out of Darkness Project

ORGANISATIONS WORKING IN THE FIELD OF VIOLENCE AGAINST WOMEN IN OTHER PROVINCES

We have identified one major service provider in each province.

Eastern Cape:

Masimanyane Women's Support Centre

Telephone : (043) 743-9241
Fax : (043) 743-9176

Gauteng:

POWA

Postal Address:

PO Box 93416
Yeoville
2143

- 8.30am-4.30pm

Telephone : (011) 642-4345
Fax : (011) 484-3195

Durban:

FAMSA

Telephone : (031) 304-8991

Bloemfontein:

FAMSA

Telephone : (051) 525-2395

Pietermaritzburg:

FAMSA

Telephone : (033) 242-4945

Northern Cape:

WAWA:

Postal Address:

PO Box 415
Warrenton
8530

Telephone : (053) 497-3903
Fax : (053) 497-3165

Contact Person

Patricia Nkhwanazi

Mphumalanga:

Ukuthula Advice Centre

Telephone : (013) 9861160
Fax : (013) 9861160

Contact Person

Nthofela Makhele

NATIONAL NETWORK ON VIOLENCE AGAINST WOMEN: PROVINCIAL OFFICES

National Office

Telephone : (012) 348 1231/2/4
Fax : (012) 348 1235

• 8.30am-4.30pm

Contact Person

Mpho Thekiso or Kamagelo Lekubu-Wilderson

Kwa Zulu Natal Network

Telephone : (031) 304-6928
Fax : (031) 304-6928

• 8.30am-4.30pm

Contact Person

Cookie Edwards

North West Network

Telephone : (018) 464-3202
Fax : (018) 464-3653

Contact Person

Tryphosa Motene

Northern Cape Network

Telephone : (053) 831 4856
Fax : (053) 831 4856

Contact Person

Cleopatra Ntlangule

Eastern Cape Network

Telephone : (040) 654 0200
Fax : (040) 654 1221

- 8.30am-4.30pm

Contact Person

Ntomboxolo Dyantjie

Mpumalanga Network

Telephone : (013) 947-3907
Fax : (013) 947-2773

- 8.30am-4.15pm

Contact Person

Ndvhuho Sekoba

Free State Network

Telephone : (051) 447-6898
Fax : (051) 447-6694
Cell : 072 1853453

- 8am-4pm

Contact Person

Grace Mosia

Gauteng Network

Telephone : (011) 838 0411
Fax : (011) 838 7043

- 8am-4.30pm
-

Northern Province Network

Telephone : (015) 295-7393
Fax : (015) 295-7393
Cell :

- 8am-4.30pm

Contact Person

Moloko Rampola

Western Cape Network

Telephone : (021) 633-5287
Fax : (015) 637-0785

- 8.30am -4.30pm

Contact Person

Lungiswa Memela
Acting Provincial Co-ordinator / Cape Metro Co-ordinator
Cell 072 240 7657
Email: lungiswa@womenscentre.co.za

Carmelita Jefta
Rural Co-ordinator
Cell 072 240 7652
Email: carmelita@womenscentre.co.za

Caroline Davids
Administrator
Cell 082 229 2995
Email: caroline@womenscentre.co.za

Mitchells Plain Network Opposing Women Abuse

(not affiliated to National Network)

Telephone : (021) 376-2780
Fax : (021) 397-4920

Contact Person

Daphne Jansen

OTHER DIRECTORIES AVAILABLE

SA National AIDS Network: Directory of National AIDS Database

Published by Health Department
Compiled by Institute of Behavioural Science at UNISA
Updated annually

Lifeline Directory

Most recent edition: 1994 / 1995

CASP Directory of Services for Street Children, Youth and Adults (Western Cape) 1999 / 2000

Available from Paul Hooper, Co-ordinator of CASP
14 Roeland Street
Cape Town
Ph: 021 462 0280
R10 + R2.50 post and packaging

National Association of Childcare Workers Directory

Available from (021) 697 4123

The Healthcare Medpages Directory

Available from: www.medpages.co.za

The Goedgedacht Trust

Let's get Talking

The Goedgedacht Trust
Riebeeksrivier
Malmesbury
7300
Telephone/Fax (022) 482-4369

SA Aids Directory

Department of Health
Metropole Region
September 2000
FREE
Ph. (021) 918-1545 for details

Lifeline / Childline Western Cape 2001 Directory

Available from May 2001 onwards
Ph. (021) 461 1113 for details

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