

## GENERAL EMERGENCY NUMBERS

<b>Woman Abuse Line (National)</b>	<b>0800 150150</b>	
	<b>(021) 447-5458 Fax</b>	<b>24 hours</b>
<b>Western Cape Network on Violence Against Women</b>	<b>(021) 633 5287</b>	
<b>Halt Elder Abuse Line (HEAL)</b>	<b>0800 003 081</b>	
<b>Rape Crisis lines:</b>		
<b>Cape Town (English, Afrikaans &amp; Xhosa):</b>		<b>24 hours</b>
• Counselling	(021) 447-1467 / 9762	
• Education, Training and Information	(021) 447-1467	
<b>Khayelitsha (Xhosa &amp; English)</b>		<b>24 hours</b>
• Fax	(021) 361-0529	
• Counselling and Advice	(021) 361-9085	
• Education, Training and Information	(021) 361-9228	
<b>George</b>	<b>083 212 6181</b>	<b>24 hours</b>
<b>Somerset West</b>	<b>083 484 9409</b>	<b>24 hours</b>
<b>Stellenbosch</b>	<b>083 244 4887</b>	<b>24 hours</b>
<b>Helderberg</b>	<b>083 484 9409</b>	<b>24 hours</b>
<b>Thuthuzela Rape Centre</b>	<b>(021) 690 1000</b>	
<b>Tygerbears Rape Centre</b>	<b>(021) 938 5757</b>	
<b>Life Line / Childline Offices:</b>		
<b>24 hour line</b>	<b>(021) 461-1113</b>	
	<b>0800 05 55 55</b>	
<b>Safeline Western Cape (Abused Children)</b>		
Cape Town Child Protection Centre	(021) 425 5245	
Child Abuse Safeline	(021) 638-1155	
Delft Office	(021) 954-2220	
Child Abuse Line	0800 055555	<b>24 hours</b>
Child Line	(021) 762-8198	
University of Stellenbosch (Ages 12-18)	(021) 938-9229	
<b>Child Protection Unit Parow (police)</b>	<b>(021) 592-2601</b>	
<b>Child Protection Unit Mitchells Plain (police)</b>	<b>(021) 376-3030</b>	
<b>AIDS National Line</b>	<b>0800 012 322</b>	
<b>Ambulance</b>	<b>1 0177</b>	
<b>Flying Squad (SAPS)</b>	<b>1 0111</b>	<b>(National)</b>
<b>Crime Stop</b>	<b>0800 11 12 13</b>	
<b>Cape Metropolitan Helpline</b>	<b>107</b>	

# COUNSELLING SERVICES

## Rape

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### Rape Crisis Cape Town: Observatory Office

#### Physical Address

23 Trill Road  
Observatory

#### Postal Address

P O Box 46  
Observatory  
7925

Telephone : (021) 447-1467  
Fax : (021) 447-5458  
24 hour : 0732650896 / (021) 447-9762  
Email : chantel@rapecrisis.org.za

#### Contact Person

Chantel Cooper (Director)  
Counselling piece-worker

#### Services

- Offers counselling for sexually assaulted women
- Offers public education about rape and other forms of women abuse
- Training in rape crisis intervention
- Assistance to rape survivors and their families/partners in the form of emotional support and practical medical and legal advice

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### Rape Crisis Cape Town: Khayelitsha office

#### Physical Address

89 Msobomvu Road  
Ilitha Park  
Khayelitsha

#### Postal Address

P O Box 46  
Observatory  
7925

Telephone : (021) 361-9085  
Fax : (021) 361-0529

Email : joyce@rapecrisis.org.za

#### Contact Person

Joyce Doni  
Social Worker

#### Services

- Offers counselling for sexually assaulted women
- Offers public education about rape and other forms of women abuse
- Training in rape crisis intervention
- Assistance to rape survivors and their families/partners in the form of emotional support, practical medical and legal advice
- Training volunteers to join the organisation

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## Ilitha Labantu: Gugulethu Office

**Physical Address:**

NY22-26A  
Gugulethu  
7750

**Postal Address:**

PO Box 7  
Woodstock  
7915

Telephone : (021) 633-2383  
Fax : (021) 638-2956  
Email : ilitha@iafrica.com

**Contact Person**

Miss Ntombi Mcoyi

**Services**

- Counselling in cases of rape, domestic violence and child abuse
- Family enrichment programmes
- Training of counsellors
- Police training
- Public education
- "BRIDGE" employment training project

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## Ilitha Labantu: Khayelitsha Office

**Physical Address:**

Shawco A Section  
Khayelitsha

**Postal Address:**

A500 Makhabeni Road  
Khayelitsha  
7784

Telephone : (021) 361-9731

**Contact Person**

Lizzie Gundwana

**Services**

- 9am – 5pm
- Counselling and awareness- raising

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## Ilitha Labantu: Phillippi satellite branch

**Physical Address:**

Lutheran Church  
Cnr Eisleben & Lansdowne Rd  
Phillippi

**Postal Address:**

The Magistrate: Phillipi Court  
Private Bag X13  
Westridge  
Mitchell's Plain

Telephone : (021) 372-0901

**Contact Person**

Nosipho Sigwabe

**Services**

- Counselling and awareness- raising

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## Ilitha Labantu: Langa satellite branch

### Physical and Postal Address:

Thandulwazi Centre  
Zone 16  
Langa

Telephone : 083 471 6240

### Contact Person

Nobethu Mfoko

### Services

- Counselling and awareness- raising

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## Mosaic Training, Service and Healing Centre for Women

### Physical and Postal Address:

66 Cnr Mortlake & Ottery Road  
Wynberg  
7824

Telephone : (021) 761-7585  
Fax : (021) 761-7584  
Email : admin@mosaic-sa.co.za

### Contact Person

Roelene Miller

### Services

A community based non-profit organization that seeks to heal and empower women against abuse and violence.

- Offers supportive and educational services for abused women and female youth
- Offers education about abuse, workshops, support groups and counselling
- Mosaic Court Support Desks offer support services at Domestic Violence Section of several Magistrates Courts
- Counselling Skills training for grassroots women and service providers
- Public education about abuse
- Assertiveness training for women
- Training of volunteers to help applicants for protections orders at Magistrates Courts
- Public education about abuse and rape
- Counselling and support groups for rape survivors

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## Kuils River Support Group

### Physical & Postal Address:

27 Oven Road  
Des Hamdon  
Kuils River  
7580

Telephone : (021) 903-4262  
Fax : (021) 903-4262  
Email : dezlyn@iafrica.com

### Contact Person

Ilze Wakefield

### Services

- 24 hour service
- Emergency shelter for rape and domestic violence survivors
- Counselling services
- Referrals to legal and medical services

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## Trauma Centre for Survivors of Violence and Torture

**Physical Address:**

Cowley House  
126 Chapel Street  
Woodstock  
7925

**Postal Address:**

PO Box 13124  
Woodstock  
7915

Telephone : (021) 465-7373  
Fax : (021) 462-3143  
Email : fatima@trauma.org.za

**Contact Person**

Fatima Williams

- **Services**

- Trauma counselling to individuals and groups
- Training courses to public and frontline workers
- Workshops/courses on understanding violence and trauma
- Developing strategies for working with trauma support for caregivers
- HIV/Aids Counselling
- Mon-Thurs 8.30am-4.30pm
- Fri 8.30-4.30pm

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## The Music Therapy Community Clinic

**Physical and Postal Address**

D5 Bower Road  
Wynberg  
7800

Telephone : 021 462 0726  
Fax : 021 797 1002  
Mobile : 082 822 5998  
E-mail : [info@music-theraphy.co.za](mailto:info@music-theraphy.co.za)

**Contact Person**

Sunelle Fouche

**Services:**

- Counselling services to children traumatised by violence/abuse
- After school "music for life" programmes
- Music therapy services to children and adults affected by HIV/AIDS
- Music therapy services to youth at risk

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## Love in Action

**Physical Address:**

Beacon Vale Community Centre  
Mitchells Plain

Telephone : (021) 391-1925

**Contact Person**

Dorothy Williams

**Services**

- Counselling services to domestic and rape survivors

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## Western Cape Anti-Crime Forum

**Postal Address:**

PO Box 484  
Gatesville  
7764

Telephone : (021) 699-0913  
Fax : (021) 699-1048

**Contact Person**

Gaynor Wasser

**Services**

- Counselling
- Referrals and intervention
- Training with police
- Deal with rape and domestic violence survivors
- Anti-crime forum
- Training & Development – urban & rural areas
- Lobbying and networking with other organisations

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## Thuthuzela Rape Care Centre

**Physical Address:**

GF Jooste Hospital  
Manenberg

**Postal Address:**

P O Box 66  
Manenberg  
7767

Telephone : (021) 690-1011 / 1000 / 691-6194  
Fax : (021) 691-6190

**Contact Person**

Mandisa Ngonongono

**Services**

- Provides a safe, enclosed environment for rape survivors (0+ years), bathing facilities and clean clothes, tea/coffee/soup, statement-taking procedures at hospital, medication for injuries, HIV medication if required, dedicated police and prosecutors through court process.

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## Mitchells Plain Crisis Line

**Physical Address:**

Room 13 /1 OGS Building  
Cnr. 1<sup>st</sup> & 4th Avenue  
Town Centre  
Mitchells Plain

**Postal Address:**

PO Box 103  
Mitchells Plain  
7785

Telephone : (021) 392-2000  
Fax : (021) 392-2887

**Contact Person**

Geraldine Young

**Services**

- Counselling for rape survivors and abused women
- Drug issues for teens at risk
- HIV/AIDS prevention
- Paralegal services
- Employment services

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## Mosaic Training, Service and Healing Centre for Women: Khayelitsha

### Physical Address:

Nolungile Hospital  
Site B  
Khayelitsha

Telephone : (021) 761 7585  
Fax : (021) 761-7584  
Cell : 0829524804

### Contact Person

Marina Marco 0847492957  
Charmaine 0847492946

### Services

- Training women and youth assertiveness
- Counselling
- Workshop on abuse
- Public education
- Support groups
- Extra services

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## DIRKIE UYS COMMUNITY HEALTH CENTRE

### Physical & Postal Address:

Dirkie Uys CHC  
Corner of Church & Dingle Street  
Goodwood

Telephone : (021) 590-1644  
Fax : (021) 590-1645

### Contact Person:

Pulane Ramentse

### Services:

- Rape medical and Legal Services
- Child abuse medical and Legal Services

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## Rape Crisis: George

### Postal Address:

Private Bag x 6534  
George Hospital  
6530

Telephone : (044) 802-4534 / 4498 / 4478  
Fax : (044) 873-6748

### Contact Person

Mrs. Visser

### Services

- Crisis counselling
- Debriefing and referrals
- Open 24 hours

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## FAMSA: George

**Physical Address:**

Meade Street  
George  
6530

**Postal Address:**

PO Box 9621  
George  
6530

Telephone : (044) 874-5811  
Fax : (044) 874-7026  
E-mail : famsaouteniqua@yahoo.com

**Contact Person**

Nicolette Pretorius

**Services**

- Mon-Thurs, 8am-4pm
- Friday – 8am-1pm
- Counselling and information
- Family intervention
- Training Rape Crisis volunteers
- Work closely with shelter
- Life skills
- Aids awareness

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## FAMSA: Knysna

**Physical Address:**

Room 107  
Thesen House  
Knysna  
6570

**Postal Address:**

PO Box 2185  
Knysna  
6570

Telephone : (044) 382-5129  
Fax : (044) 382-7961

**Contact Person**

Lou Van der Merwe

**Services**

- 8am-4pm
- Counselling and support
- Focus on whole family, but offers debriefing and counselling to survivors of violence
- HIV/Aids counselling
- Life skills

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## Creating Effective Families (CEF) Mossel Bay

**Postal Address:**

PO Box 2319  
Mossel Bay  
6506

Telephone : (044) 691-1411  
Fax : (044) 691-1411  
Email : cefmb@executivemail.co.za

**Contact Person**

Roeleen Coetzee (Social Worker) or  
Karin Gildenhuys (Shelter)

**Satellite Office**

CEF Haven Shelter (Former Sorgen Haven Shelter)  
Tel / Fax : (044) 693-1092

**Contact Person**

Gaynor Domingo

**Services**

- 8am – 1pm
- Counselling and information
- Run local shelter for battered women
- Accommodation and basic needs
- FAMSA provide: counselling
- Child therapy once a week
- Help victims with protection orders
- Trauma debriefing
- Fees for shelter: R5 per day (negotiable)
- Stay: maximum 3 months
- Counselling for prevention of drug & alcohol abuse



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## COMMUNITY HEALTH CENTRE

**Physical Address:**

Marine Way  
Next to Fire Station  
Plettenberg Bay

**Postal Address:**

Private Bag x 1002  
Plettenberg Bay  
6600

Telephone : (044) 501-3200  
Fax : (044) 533-3846  
E-mail : [clinic@plett.gov.za](mailto:clinic@plett.gov.za)

**Contact Person:**

Sr. Noëlle Rist

**Services:**

- Follow-up after rape
- Counselling at Knysna
- Hospital

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## COMMUNITY HEALTH CENTRE (SATELLITE CLINICS)

1. KwaNokuthula Clinic - Kwa Nokuthula
2. New Horizons Clinic - New Horizons
3. Craggs Clinic – Kurland Village
4. Kranshoek Clinic- Kranshoek
5. Greenvalley Clinic- Witte Drift

Telephone : (044) 501-3200  
Fax : (044) 533-3846  
E-mail : [clinic@plett.gov.za](mailto:clinic@plett.gov.za)

**Contact Person:**

Sr. Samuel

**Services:**

- Ante-natal counselling and examination
- Screening of risk factors
- Referral if needed
- Education
- Post- Natal
- Screening for development, impairment of new-born and other congenital/genetic disorders
- Information regarding breast-feeding support
- Education of child-feeding and care

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## Beaufort West Provincial Hospital

**Physical Address:**

Voortrekker Street  
Beaufort West

Telephone : (023) 414-8200  
Fax : (023) 414-2466

**Contact Person**

Matron Jonker

**Services**

- Crisis counselling available at the trauma unit
- Comfort room available in cases of rape, domestic violence and assault
- Hospital counsellors do awareness raising at schools

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## FEMNET

**Postal Address:**

Telephone : (023) 414-2765

**Contact Person**

Isabella Baartman

**Services**

- CBO which intervenes in violent family situations
- Refers women and children to Social Services for counselling
- Emergency accommodation for 2 – 3 women or children overnight

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## Diakonaledienste: Beaufort West

**Physical Address:**

20 Brand Street  
Beaufort West

**Postal Address:**

PO Box 233  
Beaufort West  
6790

Telephone : (023) 414-3973  
Fax : (023) 414-4976  
E-mail : bw.badisa@telkomsa.net

**Contact Person**

Audrey Anthony

**Services**

- Social work and counselling services
- Church-based welfare organisation

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## Badisa: Weskus

**Physical Address:**

Housrtaat 28  
Vredenburg

**Postal Address:**

P O Box 95  
Vredenburg  
7380

Telephone : (022) 713-1723  
Fax : (022) 713-1668

**Contact Person**

Mrs. Hill

**Services**

- Counselling services
- Preventative work
- Child and family welfare
- Marriage and divorce services
- Pregnancy counselling and information
- Services to the aged
- Substance abuse services

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## FAMSA: Oudtshoorn

(Area Serves: Oudtshoorn & Beaufort West)

**Physical Address:**

196 Church Street  
Oudtshoorn  
6625

**Postal Address:**

P O Box 1036  
Oudtshoorn  
6625

Telephone : (044) 272-7020  
Fax : (044) 272-7020  
Email : famsakaroo@absamail.co.za

**Contact Person**

Caroline Wagenaar

**Services**

- 8am-4pm
- Individual and group counselling
- HIV Counselling

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## Rape Crisis: Somerset West

Housed at the Helderberg Crisis Centre

**Physical Address:**

Helderberg Hospital Complex  
Somerset West

Telephone : (021) 852-5620  
Fax : (021) 852-5620  
Cell (24hr) : 083 484 9409  
Email : rch@freemail.absa.co.za

**Contact Person**

Reinette Evans

**Services**

- On call 24 hours a day
- Medical examination
- Crisis counselling

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## Rape Crisis: Stellenbosch

**Postal Address:**

Postnet Box 268  
Private Bag X5061  
Stellenbosch

Telephone : (021) 887-1844  
Cell (24 hr) : 083 2444 887

**Contact Person**

Danette Kotze – 082 9038261 (info)

**Services**

- Crisis counselling and information
- Clients referred to psychology interns from Stellenbosch University for follow up intervention

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## Mosaic Training, Service and Healing Centre: Mbekweni

**Physical Address:**

W46 Mkhonto Street  
Mbekweni  
Paarl  
7625

**Postal Address:**

C/o Cape Town Office  
PO Box 940  
Sea Point  
8060

Telephone : (021) 434-7916  
Fax : (021) 434-7586  
Email : rmiller@iafrica.com

**Contact Person**

Roelene Miller

**Services**

- Counselling and support services for survivors of rape and domestic violence
- Assertiveness training
- Support services at Domestic violence section – Paarl Court

# WEST COAST REGION

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## United Sanctuary Against Abuse

### Postal Address:

P O Box 925  
Reygersdal  
Atlantis  
7359

Telephone : (021) 572-8662  
Fax : (021) 572-8662  
E-mail : campus@mweb.co.za

### Contact Person

Ms Magrieta Ruiters  
083 243 9313 / 082 3622108

### Services

- Counselling services for rape, domestic violence and sexual abuse
- Shelter for abused women and children
- Secondary support services:
- Human rights & legal structures
- Court support / children's court support
- Related support services:
- Violence against children and childcare
- SAPS CPU
- Child abuse services
- HIV/AIDS services:
- Counselling
- Shelter
- Training and education
- Services for the aged:
- Day care centre (still in the planning stages)

# COUNSELLING SERVICES

## DOMESTIC VIOLENCE

### NICRO Women's Support Centre

**Physical & Postal Address:**

4 Buitensingel  
Cape Town  
8001

Telephone : (021) 422-1690  
Fax : (021) 424-6879  
Email : petula@prov.nicro.co.za

**Contact Person**

Petula Chamberlain

**Services**

- Offers counselling and legal assistance to women who are or have been physically, verbally, emotionally, sexually and/or economically abused
- Open and closed support groups
- Trauma debriefing
- Training and education

### NICRO: Khayelitsha

**Physical & Postal Address:**

CWD Building  
E505 Scott Street  
Khayelitsha

Telephone : (021) 361-1393

Nyanga Police Station  
Tel:(021) 386-3434  
Fax:(021) 386-1973

Khayelitsha Police Station  
Tel:(021) 361-3330  
Fax:(021) 361-0798

**Contact Person**

Nomsa (021) 447-4000

**Services**

- Offers counselling and legal assistance to women who are or have been physically, verbally, emotionally, sexually and/or economically abused.

### NICRO: Mitchells Plain

Mitchells Plain Police Station  
Mitchells Plain Court (Witness Support Room)

**Physical Address:**

2 Palestrina Street  
Eastridge  
Mitchells Plain

**Postal Address:**

P O Box 443  
Town Centre  
Mitchells Plain  
7789

Telephone : (021) 397-6060/1/2  
Fax : (021) 397-4920  
E-mail : nadeema@mplain.nicro.co.za  
M'Plain Witness Support Room at court: 370-4220

**Contact Person**

Nadeema Isaacs

**Services**

- Support to all victims of crime
- Crisis counselling
- Referral to specialized services
- Court preparation and information

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## NICRO: Atlantis

**Physical Address:**

Penelope & Sun Streets  
Avondale  
Atlantis

Telephone : (021) 572-1635  
Atlantis Court : (021) 572-1003

**Contact Person:**

Nolusindiso Mhlauli - based at Mitchell's Plain Office  
(021) 397-6060

**Services:**

- Counselling service to victims of domestic violence
- Crisis intervention, trauma counselling and debriefing and running of support groups
- Provision of legal information and advice, assistance to victims to understand court procedures
- Fully fledged witness support services
- Sensitizing and training of relevant service providers around issues concerning victims/witnesses of crime and domestic violence in order to empower and improve services
- Provides training packages i.e. facilitation, stress & trauma management, teen abuse programs, etc.
- Community education and outreach programme-capacity building of organizations
- Monitoring and advocacy
- Implementation of alternative therapies to address and combat domestic violence

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## NICRO: Beaufort West

**Physical Address:**

C/o Dutch Reform Church, Kerk & Donkin Streets  
Beaufort West

Telephone : (023) 415-3677  
Fax : (023) 415-3677

**Contact Person:**

Adele van Straaten

**Services:**

- Counselling service to victims of domestic violence
- Crisis intervention, trauma counselling and debriefing and running of support groups
- Provision of legal information and advice, assistance to victims to understand court procedures
- Sensitizing and training of relevant service providers around issues concerning victims/witnesses of crime and domestic violence in order to empower and improve services
- Provides training packages i.e. facilitation, stress & trauma management, teen abuse programs, etc.
- Community education and outreach programme-capacity building of organizations
- Monitoring and advocacy
- Implementation of alternative therapies to address and combat domestic violence

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## Family and Marriage Society of South Africa FAMSA: Observatory

**Physical & Postal Address**

9 Bowden Road  
Observatory

Telephone : (021) 447-7951  
Fax : (021) 447-0174  
E-mail : [famsa@famsawc.org.za](mailto:famsa@famsawc.org.za)  
Website : [www.famsa.org.za](http://www.famsa.org.za)

**Contact Person:**

Noelene Blekkenhorst

**Services:**

- Individual, couple and family counselling for victims/survivors, perpetrators and children regarding domestic violence
- Treatment groups for perpetrators
- Marriage/relationship counselling
- Divorce counselling and medication
- Training in: Domestic violence, basic counselling skills, couple counselling, trauma debriefing and family counselling

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## Mosaic

**Physical Address:**

66 Cnr Mortlake & Ottery Road  
Wynberg  
7824

**Postal Address:**

PO Box 940  
Sea Point  
8040

Telephone : (021) 761-7585  
Fax : (021) 761-7584  
Email : [admin@mosaic-sa.co.za](mailto:admin@mosaic-sa.co.za)

**Contact Person**

Roelene Miller

**Services**

A community based non-profit organization that seeks to heal and empower women against abuse and violence.

- Offers supportive and educational services for abused women and female youth
- Offers education about abuse, workshops, support groups and counselling
- Mosaic Court Support Desks offer support services at Domestic Violence Section of several Magistrates Courts
- Counselling Skills training for grassroots women and service providers
- Public education about abuse
- Assertiveness training for women
- Training of volunteers to help applicants for protection orders at Magistrates Courts
- Public education about abuse and rape
- Counselling and support groups for rape survivors

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## Love in Action

**Physical Address:**

Beacon Vale Community Centre  
Michells Plain

Telephone : (021) 391-1925

**Contact Person**

Dorothy Williams

**Services**

- Counselling services to domestic and rape survivors

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## CWD Woman Awakened Programme: Elsie's River

**Physical Address:**

Multi- Purpose Centre  
Halt Road  
Elsies River

**Postal Address:**

P O Box 75  
Matroosfontein  
Elsies River

Telephone : (021) 931-3725  
Fax : (021) 931-3725  
Email : [radicalchange-cwd@yahoo.com](mailto:radicalchange-cwd@yahoo.com)

**Contact Person**

Lorraine van der Westhuizen  
Sharon Rhode

**Services**

- Counselling for domestic violence survivors and their family.
- Counselling at factories for employees and employers.
- Educational awareness raising through role-play and talks.
- Training of volunteers and establishing of support groups
- HIV/AIDS education

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## CWD Domestic Violence Project: Gugulethu

**Physical Address:**

St Gabriels Catholic Church  
Gugulethu NY5  
7750

Telephone : (021) 633-3458 / 637-4420

**Contact Person**

Zodwa Sonkqavi

**Services**

- 9am – 5pm
- Counselling for domestic violence survivors

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## Family and Marriage Society of South Africa (FAMSA)

**Physical Address:**

9 Bodden Road  
Observatory

Telephone : (021) 447-7951  
Fax : (021) 461-9198  
Email : famsa@famsawc.or.za

**Contact Person**

Davelene Madumo

**Services**

- Face-to-face counselling for couples and individuals in the following fields: spouse abuse, family abuse, divorce
- Treatment groups with perpetrators
- Family Therapy
- HIV/Aids referrals

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## FAMSA: Gugulethu

**Physical Address:**

9 Masizake Street  
Gugulethu

Telephone : (021) 637-6706

**Contact Person**

Zimkhita Ntobogwana

**Services**

- Face-to-face counselling for couples and individuals in the following fields: spouse abuse, family abuse, divorce
- Treatment groups with perpetrators
- Family Therapy
- HIV/Aids referrals

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## FAMSA: Khayelitsha

**Physical Address:**

CWD Centre  
E505 Scott Road  
Khayelitsha

Telephone : (021) 361-9098  
Fax : (021) 364-0231

**Contact Person**

Ntombekaya Sigonya

**Services**

- Face-to-face counselling for couples and individuals in the following fields: spouse abuse, family abuse, divorce
- Treatment groups with perpetrators
- Family Therapy
- HIV/Aids referrals



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## Triangle Project

**Physical Address:**

Unit 26  
Waverley Business Park  
Wyckoff Road  
Mowbray  
7705

**Postal Address:**

PO Box 13935  
Mowbray  
7705

Telephone : (021) 448-3812  
Fax : (021) 448-4089  
Email : info@triangle.org.za

**Contact Person**

Heather Adonis

**Services**

- Counselling and support to clients experiencing violence in lesbian and gay relationships
- Test/Clinic for HIV/Aids
- Group Sessions
- Mon-Tues – 8.30am-8.30pm
- Wed-Fri – 8.30am-4.30pm
- Weekends closed

---

## Chumani Women's Support Group

**Physical Address:**

31 Natchez Crescent  
Graceland  
Khayelitsha  
7535

Standby : (021) 361-3461

**Contact Person**

Thoko Speelman

**Services**

- Find safe places for women to stay
- Counselling
- Focus on empowerment
- 24hr telephone service
- HIV/Aids refer
- Awareness on rehabilitation  
Talk on HIV/Aids

---

## Western Cape Anti-Crime Forum

**Postal Address:**

PO Box 484  
Gatesville  
7764

Telephone : (021) 699-0913  
Fax : (021) 699-1048

**Contact Person**

Gaynor Wasser

**Services**

- Counselling
- Referrals and intervention
- Training with police
- Deal with rape and domestic violence survivors
- Anti-crime forum
- Training & Development – urban & rural areas
- Lobbying and networking with other organisations

---

## Kraaifontein Support Group

**Physical Address:**

27 Verster Road  
Kraaifontein  
7570

Telephone : (021) 988-4869  
Email : bonnie@webmail.co.za

**Contact Person**

Loretta Thomas

**Services**

- 24 hour service
- Emergency shelter for rape and domestic violence survivors
- Counselling services
- Referrals to legal and medical services

---

## New World Foundation

**Physical Address:**

New World Foundation Building  
Grindale Ave  
Lavender Hill  
7945

Telephone : (021) 701-9744  
Fax : (021) 701-9592  
Email : vanessa@newworldfoundation.org.za

**Contact Person**

Vanessa Brown  
Collette Egypt

**Services**

- Social worker gives advice and help with housing and social issues
- Counselling focus on domestic violence
- Training Centre
- Mon-Thurs – 8.30am-5pm
- Fri – 8.30am-3.30pm

---

## Sanca

**Physical & Postal Address**

E505 Scott Street  
CWD Building  
Khayelitsha  
7784

Telephone : (021) 364-5510  
Fax : (021) 364-5510  
Cell : 0833479627

**Contact Person**

Guyborn Ketse  
Ms Nteboheng Rapita

**Services**

- Assessment and counselling
- Referrals
- Prevention programmes
- Community education
- Training
- Aftercare
- Support groups
- Industrial consultation services

---

## NICRO: George

**Physical Address:**

88 York Road  
George  
6529

**Postal Address:**

P O Box 10106  
George  
6530

Telephone : (044) 874-5450  
Fax : (044) 874-5450  
Email : nicrogr@global.co.za

**Contact Person**

Anne Adendorff

**Services**

- Counselling and support services
- Training of counselling volunteers
- Training of police in domestic violence issues
- Serves George, Knysna, Mossel Bay, Oudtshoorn, Ladysmith and Calitzdorp

---

## N2 South Cape Rural Development Forum

**Physical Address:**

GA Keyser Centre  
2<sup>nd</sup> Floor  
Room 1  
George  
6530

**Postal Address:**

PO Box 1045  
George  
6530

Telephone : (044) 874-3921/0721  
Fax : (044) 874 3716

**Contact Person**

Lorraine Deysel

**Services**

- Provides a general service for women living along the N2
- Building capacity of women in the rural areas
- Referral
- Programs on behalf of Department of Health
- Training in HIV & general health care to the community

---

## Karoo Centre for Human Rights

**Physical Address:**

104B New Street  
Beaufort West  
6970

**Postal Address:**

PO Box 618  
Beaufort West  
6970

Telephone : (023) 414- 2480  
Fax : (023) 414- 2470  
Email : kcfh@telcomsa.net

**Contact Person**

James Diamond

**Services**

- Prisoner rights (referral) – men/women
- Awareness programmes around Domestic violence, know your rights & how to apply for interdicts
- Farm workers – men / women, their rights on land issues

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## FEMNET

See page 9 for information

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## Beaufort West Provincial Hospital

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### Women Oppose Violence

#### Women Oppose Violence: Malibongwe Women's Shelter

Telephone : (044) 272-5739  
Cell :

##### Contact Person

Elaine September

##### Services

- offers crisis safehouse facilities
- currently trying to set up a shelter in Oudtshoorn

---

## NICRO, Stellenbosch

##### Physical Address:

VGK Centre  
Long Street  
Cloetesville  
Stellenbosch

Telephone : (021) 889-8720  
Email : [nicrowc@wn.apc.org](mailto:nicrowc@wn.apc.org)

##### Contact Person

Amanda Adams  
(Based at CT office for admin – 447 4000 Fridays only)

##### Services

- Crisis intervention in domestic violence situations
- Counselling services of domestic victims

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## Mosaic

See page 4 and 7 for information

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## NICRO: Worcester

##### Physical Address:

51B Bearing Street  
Worcester

Telephone : (023) 347-2406  
Fax : (023) 347-4540  
E-mail : [nicrowoc@global.co.za](mailto:nicrowoc@global.co.za)

##### Contact Person

Jurene Horne  
Ceres Police Station (023) 316-5001

##### Services

- Provides community education and workshops in the schools
- Visits farms
- Training of volunteers to render counselling services
- Liaises closely with police and justice personnel  
Serves whole Boland area

---

## Nicro: Paarl

**Physical Address:**

Municipal Building  
Solomon Street  
Paarl East

Telephone : (021) 862-1273  
Email : nicrowc@wn.apc.org

**Contact Person**

Amanda Adams  
(Based at CT office for admin – 447 4000 Fridays only)

**Services**

- Counsels abused women and children daily
- Train volunteers to maintain the service

---

## Nicro: Beaufort West

**Physical Address:**

Dutch Reform Church Grounds  
Cnr Donkin & Church Street  
Beaufort west

**Postal Address:**

P O Box 1181  
Beaufort West  
6970

Telephone : (023) 415-3677  
Fax : (023) 415-3677  
Cell : 082 2020221  
Email : nicrobefw@global.co.za

**Contact Person**

Mrs Adele van Straaten  
Bernie Gordan

**Services**

- Criminal victim support program
- Counselling and administrative help: legal issues
- Diversion program for youth
- Crime prevention programs
- Rehabilitation program for youth offenders

---

## NICRO, Atlantis

Vredenburg / Saldanha Police Station  
Atlantis Court

**Physical Address:**

CWD Building  
Cnr. Sun and Penelope Streets  
Avondale  
Atlantis

Telephone : (021) 572-7655  
Fax : (021) 572-1635  
Email : nicroatl@global.co.za

**Contact Person**

Marilyn Gilbert-Harris

**Services**

- Support for Abused Women Project
  - Crisis counselling
  - Service to all victims of crime
  - Training volunteers to maintain presence at police stations and court and do victim empowerment
  - Mon, Wed, Thurs – 9am-3pm – by appointment only
  - Atlantis Magistrate Court Witness Support Services: Mon-Fri 9am-1pm, Tel 5721003 ext 260
-

---

## Women Who Care

**Physical & Postal Address:**

15 Mentol Crescent  
Avondale  
Atlantis

Telephone : (021) 572-2455  
Fax : (021) 572-3956  
Cell : 082 696 8087

**Contact Person**

Farieda Rajap

**Services**

- Domestic violence
- Child Abuse
- Rape Crisis
- Battered Women
- Abuse of the elderly
- Battered men
- Available for 24 hours

---

## Wesfleur Day Hospital, Atlantis

Telephone : (021) 572-3071/  
Fax : (021) 572-4420

**Contact Person**

Naomi Seidi

**Services**

- Training of volunteers for dealing with violence against women cases

# SEXUAL HARASSMENT

## Sexual Harassment Prevention and Support Services (SHARPSS)

### Physical & Postal Address:

Cottage No. 8  
Lower Campus  
Protem, UCT

Telephone : (021) 650-3530  
Fax : (021) 650-5176  
Email : fbotha@protem.uct.ac.za

- **Services** (For university students only)
- Workshops/courses on sensitising campus community to issues of sexual harassment
- Investigation on discrimination and harassment
- Counselling services
- HIV/Aids

## Cape Peninsula University of Technology

### Physical Address:

Cape Peninsula University of Technology  
Symphony Way  
Bellville

Telephone : (021) 959-6226  
Fax : (021) 959-6100  
Email : levendals@cput.ac.za

### Services

Deal with issues of:

- Gender equity
- Sexual harassment
- Raising awareness education

### Contact Person:

Shirley Levendal

## Cape Peninsula University of Technology

### Physical Address:

Cape Peninsula University of Technology  
Keizersgracht & Tennant Street  
District Six  
Cape Town

### Postal Address:

P O Box 652  
Cape Town  
8000

Telephone : (021) 460-4252  
Fax : (021) 460-3794  
Email : mohammedaa@cput.ac.za

### Services

- To prevent, control and manage HIV/AIDS among the students and staff of the CPUT
- Curricular Program
- Community outreach programmes
- Staff and student training
- VCT and PEP
- Care and support group
- Peer education programme
- Awareness programme
- Workplace programmes
- Research

### Contact Person:

Mr Ashraf Mohammed

## Gender Equity Unit- UWC

### Physical Address:

Gender Equity Unit  
University of the Western Cape  
Moddeerdam Road  
Bellville

Telephone : (021) 959-2812  
Fax : (021) 959-1314

### Services

- Provides masculinity training around issues of violence against women
- Sexual harassment workshops for students and staff
- Awareness raising workshops with organizations off-campus

### Contact Person:

Mary Hames

## PERPETRATOR SERVICES

We have been unable to locate perpetrator services in the rural areas, please contact us with information for the next edition.

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### Family and Marriage Society of South Africa (FAMSA)

#### Physical Address:

9 Bowden Road  
Observatory

Telephone : (021) 447-7951  
Fax : (021) 447-0174  
E-mail : [famsa@famsawc.org.za](mailto:famsa@famsawc.org.za)

#### Contact Person:

Davelene Madumo

#### Services

- Fees charged according to sliding scale
- Counselling on spouse abuse/ wife battering
- General stopping violence programme
- 15 wk rehabilitation programme either voluntary/court mandated
- Basic counselling skills
- 8.30am-4.30pm

---

### CATTS

#### Physical Address:

Kenilworth Clinic  
Kenilworth Road  
Kenilworth  
7780

#### Postal Address:

PO Box 24525  
Lansdowne  
7779

Telephone : (021) 797-1400  
Fax : (021) 761-9109  
Cell : 082 490 6469  
Email : [abuseissues@mweb.co.za](mailto:abuseissues@mweb.co.za)

#### Contact Person

Marcel Londt

#### Services

- Sexual deviance and violence
- Marital problems
- Child & adolescent aggression
- Domestic violence
- Trauma (counselling)
- Child abuse, rape and incest

---

### PAWC Social Services Mitchells Plain

#### Physical Address:

45 Alpha Street  
Wespoort Park  
Mitchell's Plain Industrial Area

Telephone : (021) 370-4800  
Fax : (021) 376-1342

#### Contact Person

Ms H. Short, Ms L. Losper or Ms J. Poggenpoel

#### Services

- Offers group counselling services to men who abuse their partners



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## Prisoners Friend, Wynberg Court

**Postal Address:**

Private Bag X3  
Wynberg  
7824

Telephone : (021) 799-100/73  
Fax : (021) 761-4518

**Contact Person**

Mrs Pillay

**Services**

- Diversion of juveniles to Nicro after they have been referred there by the Court or if their family seeks help for them

---

## Centre for Conflict Resolution (CUT)

**Postal Address:**

Bertram Place  
Hiddingh Campus 31-37  
Orange Street  
Cape Town

Tele/Fax : (021) 422-2622

**Contact Person**

Fiona Grant

**Services**

- Mediation
- Facilitation
- Training

---

## RAPCAN

**Physical Address:**

DP Marais Centre  
C/o of White and Main Road  
Retreat

**Postal Address:**

Postnet Suit 87  
Private Bag X12  
Tokai  
7966

Telephone : (021) 712-2330  
Fax : (021) 712-2365

**Contact Person**

Lorna Siers

**Services**

- Involved with the SAYS top (South African Youth Sex Offenders programme) programme in conjunction with:  
**Nicro (see page 13),  
Inst. Of Criminology (see page 72) and  
Community Law Centre (see page 71)**
- Mentoring and train probation officers who run the programme

---

## UMAC (U Managing Conflict)

**Postal Address:**

88 Station Road  
Observatory  
7925

Telephone : (021) 442-3600  
Fax : (021) 448-5476  
Email : [Baba@umac.org.za](mailto:Baba@umac.org.za)  
: [Jasmin@umac.org.za](mailto:Jasmin@umac.org.za)  
: [umac@umac.org.za](mailto:umac@umac.org.za)

**Contact Person:**

Hombakazi Zide  
Jasmine Nordien

**Services**

- Community development and conflict resolution
  - Conflict resolution interventions- e.g. Mediation, crisis intervention
  - Process facilitation primarily@ community level
- Capacity building and training:**
- Conflict resolution and peace building
  - Gender and peace building
  - Criminal justice system
  - Social crime prevention
  - Election monitoring

Please note: We have been unable to locate perpetrator services in the rural areas, please contact us for information for the next edition.

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## CREATIVE EDUCATION WITH YOUTH AT RISK (CRED)

**Physical Address:**

1 Scott Road  
Observatory  
7925

**Postal Address:**

P O Box 2565

Cape Town  
8000

Tel: 021 447 1999  
Fax: 021 448 5192 / 086 616 2674  
E-mail: [valda@cred.org.za](mailto:valda@cred.org.za)

**Contact Person:**

Valda Lucas

**SERVICES:** (Boys and Girls 14 – 25

- **Awaiting Trial** – Pre trial awareness and Behavioural Change

**Sentenced Programme** – personal development and self expression

**Pre- Release Programme** – Life and Social Skills Development

**Post – Release Programme** - access to opportunity & reintegration

## PREVENTATIVE WORK WITH MEN

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### 5-in-6 Project

**Physical Address:**

33 Kasselsvlei Road  
Bellville South  
7530

**Postal Address:**

33 Kasselsvlei Road  
Bellville South  
7530

Telephone : (021) 951-7869  
Fax : (021) 425-4295 (c/o CWD)

**Contact Person**

Charles Maisal  
Marius Del Carme

**Services**

- Preventative workshops with men
- Domestic violence workshops with male farm workers
- General public education about domestic violence

---

### Embizweni

**Physical Address:**

E505 Scotden Street  
Khayelitsha  
CWD Building

Telephone : (021) 361-6558  
Fax : (021) 361-9334  
Cell : 083 542 1537

**Contact Person**

Dumisani Nqina  
George Dingiswayo

**Services**

- Run workshops with men around gender equality, domestic violence, abuse in general, parenting skills
- Counselling perpetrators and victims of domestic violence

---

### Men's Kindness Program

**Physical Address:**

160 Sir Lowry Rd  
Woodstock  
Cape Town

**Postal Address:**

P O Box 165  
Cape Town  
8000

Telephone : (021) 461-8338  
Fax : (021) 461-6823  
Cell : 082 686 7425  
E-mail : [wessel@ikamva.co.za](mailto:wessel@ikamva.co.za)

**Contact Person:**

Wessel van der Berg

**Services:**

- Programs implementing role-modelling between men and young boys
- Fatherhood skills with men
- Family enrichment with men
- Community men's groups

---

## Men's Trust

**Physical Address:**

8 Erin Road  
Rondebosch  
7700

**Postal Address**

P O Box 2950  
Cape Town  
8000

Telephone : (021) 686-2424  
Cell : 083 248 2476

**Contact Person**

Byran Hansen

**Services**

- Provides self-help, peer learning and facilitated courses and programs
- Promoting and supporting men's groups
- Promoting networks of communication
- Facilitating community education for men's awareness

---

## EngenderHealth

**Physical Address:**

Salt River Community House  
41 Salt River Road  
Salt River

**Postal Address**

P O Box 1995  
Houghton  
2043

Telephone : (021) 448 8126  
Fax : (021) 448 8754  
Cell : 082 940 3758

**Contact Person**

Rodney Fortuin

**Services**

- Engaging men in slowing the spread of HIV/AIDS and preventing violence against women and children.
- Provide training and technical assistance
- Build the capacity of civil society organization to engage men and to implement Man As Partners

---

## Southern African Media and Gender Institute

**Physical Address:**

Southern African Media and Gender Institute  
4th Floor, Dumbarton House  
1 Church Street  
Cape Town  
SOUTH AFRICA  
8001

Tel: +27-21-4240653  
Fax: +27-21-4240659  
Mobile: +27-826779439

**Contact Person**

Judith Smith Vialva

**Services:**

- Run workshops with men around gender equality, domestic violence, abuse in general, parenting skills
- Gender sensitivity training

---

## The Athlone House of Strength

**Physical Address:**

The Athlone Institute  
Sandrift Street  
Paarl

Cell : 083 512 4500

**Contact Person**

Fiona Brophy

**Services**

- Gender Reconciliation Programme

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## RAPCAN

**Physical Address:**

DP Marais Centre  
C / o of White and Main Road  
Retreat

**Postal Address:**

Postnet Suit 87  
Private Bag X 12  
Tokai  
7966

Telephone : (021) 712 2330  
Fax : (021) 712 2365

**Contact Person**

Lorna Siers

**Services**

- awareness raising about child abuse
- skills training in basic
- child abuse awareness programme
- develop educational materials for community awareness and run workshops for police
- resource library
- referrals for counselling

---

## Molo Songololo

**Physical Address:**

No.3 Braeside Road  
Kenilworth, 7700

**Postal Address:**

P O Box 53269  
Kenilworth  
7745  
Telephone :021 762 5420  
Fax: 021 762 5431

**Contact Person**

Ronnie Ngalo

**Services**

- Educate, train and Mobilise young Men on issues affecting them.
- Have Men Discussions, workshop, Camps, Debates, Road shows Radio Talks on Gender Interpersonal, HIV /AIDS / Culture / religion
- Life skills program to empower and bring positive change.

---

## FAMSA: Observatory

**Physical & Postal Address**

9 Bowden Road  
Observatory

Telephone : (021) 447-7951  
Fax : (021) 447-0174  
E-mail : [famsa@famsawc.org.za](mailto:famsa@famsawc.org.za)

**Contact Person:**

Davelene Madumo / Glynis Rhodes

**Services:**

- Individual, couple and family counselling for victims/survivors, perpetrators and children regarding domestic violence
- Treatment groups for perpetrators
- Marriage/relationship counselling
- Divorce counselling and medication
- Training in: Domestic violence, basic counselling skills, couple counselling, trauma debriefing and family counselling

# GENERAL COUNSELLING SERVICES WHICH SUPPORT SURVIVORS

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## CAPE METRO

### CAFDA (Cape Flats Development Association)

#### Physical Address:

Cnr 8<sup>th</sup> Ave and Prince George Drive  
Retreat  
7945

#### Postal Address:

PO Box 211  
Retreat  
7965

Telephone : (021) 706-2050  
Fax : (021) 706-0765  
Email : [cafda@iafrica.com](mailto:cafda@iafrica.com)

#### Contact Person

Belinda Leeuwendal

#### Services

- Support groups for rape and domestic violence survivors
- Offers a temporary place of safety for abused/neglected children
- General counselling services
- Mon-Thurs 8.30am-4.30pm
- Fri 8.30am-4pm

---

## Lifeline: Cape Town

Telephone : (021) 461-1111  
Fax : (021) 461-6400  
Email : [lifeline@iafrica.com](mailto:lifeline@iafrica.com)

#### Contact Person

Counsellor on duty  
24 Hours

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## Lifeline: Khayelitsha

#### Physical Address:

CWD Centre  
E505 Scott Road  
Khayelitsha  
7784

Telephone : (021) 361-5382  
Fax : (021) 361-5787

#### Contact Person

Mpho Modise

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## Lifeline: Gugulethu

Telephone : (021) 637-7606

#### Contact Person

Counsellor on duty

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## Social Services: Khayelitsha

Telephone : (021) 364-1330  
Fax : (021) 364-1337

### Contact Person

The Office Manager

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## Social Services: Bellville

Telephone : (021) 940-7100  
Fax : (021) 948-3024

### Contact Person

Mr. Q Arendse

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## Social Services: Gugulethu

Telephone : (021) 638-5151  
Fax : (021) 638-5117

### Contact Person

Ms M Noguduka

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## Social Services: Nyanga

Telephone : (021) 386-1208

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## Social Services: Mitchells Plain

Telephone : (021) 370-4800  
Fax : (021) 376-1342

### Contact Person

Mr. L Woldson

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## Social Services: Athlone

Telephone : (021) 696-8038  
Fax : (021) 697--5543

### Contact Person

Ms A Ntebe

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## Social Services: Cape Town

Telephone : (021) 481-9700  
Fax : (021) 423-8331

### Contact Person

Ms A. van Zyl

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## Amy Biehl Foundation

**Physical & Postal Address:**

M Floor Broadway Centre  
Hertzog Blvd  
Foreshore  
8001

Telephone : (021) 425-0094

**Contact Person**

Mandisa Qonqo

**Services**

- Anti violence for the youth
- After school program
- HIV / Aids education program

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## SOUTHERN CAPE

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### Social Services: George

Telephone : (044) 874-2010

Fax : (044) 873-5422

**Contact Person**

Mrs D. Wewers

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### Department of Social Services, Riverdale

**Physical Address:**

Municipal Building  
Riverdale  
6770

**Postal Address:**

PO Box 210  
Riverdale  
6770

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### Christelike Maatskaplike Raad (CMR): Beaufort West

**Badisa****Skiereiland Maatskaplike Dienste****Physical & Postal Address:**

Sesdestraat 91  
Elsiesrivier  
7490

Telephone : (021) 932-6271

Fax : (021) 933-1072

E-mail : [sdd@telkomsa.net](mailto:sdd@telkomsa.net)

**Contact Person**

Ms A van Dyck

**Services**

- Counselling services
- Preventative work
- General counselling services which support survivors
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS



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## Bellcare

**Physical Address:**

1<sup>st</sup> Second Avenue  
 Boston  
 Bellville  
 7535

**Postal Address:**

P O Box 901  
 Bellville  
 7535

Telephone : (021) 945-1064  
 Fax : (021) 945-1069  
 E-mail : maatskapbell@mweb.co.za

**Contact Person**

Ms A Muller

**Services**

- Counselling services
- Preventative work
- General counselling services which support survivors
- Related support services:
  - Child abuse services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Services for the aged

---

## BADISA: Kuilsrivier

**Physical Address:**

18 Rietvlei Street  
 Kuilsrivier  
 7580

**Postal Address:**

PO Box 899  
 Kuilsrivier  
 7579

Telephone : (021) 906-1881  
 Fax : (021) 903-5990  
 E-mail : [badisakuil@telkomsa.net](mailto:badisakuil@telkomsa.net)

**Contact Person**

Ms E du Toit

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

---

## BADISA: Strand

**Physical Address:**

15 Onverwacht Street  
 Strand  
 7140

**Postal Address:**

PO Box 810  
 Strand  
 7139

Telephone : (021) 853-1888  
 Fax : (021) 853-8299

**Contact Person**

Ms N Smith

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

---

## BADISA: Bellville-Suid

**Physical Address:**

Kasselsvlei Sentrum  
 Nick Kearns Lane  
 Bellville-Suid  
 7530

**Postal Address:**

P O Box 412  
 Kasselsvlei  
 7533

Telephone : (021) 951-4055  
 Fax : (021) 951-4055

**Contact Person**

Mrs J May

**Services**

- Child abuse and neglect
- Statutory intervention
- Support groups:
- Children
- Women
- Parents
- Life skills
- Substance abuse
- Services for the aged

---

## CMR: Goodwood

**Physical & Postal Address:**

P/a Uit-en-Tuis Bewaarskool  
 Voortrekkerrstraat 234  
 Vasco

Telephone : (021) 952-2783  
 Fax : (021) 952-6546  
 E-mail : [cmrgoodwood@mweb.co.za](mailto:cmrgoodwood@mweb.co.za)

**Contact Person**

Mrs L le Roux

**Services**

- Family and child services
- Statutory intervention
- Support groups:
- Children
- Women
- Parents
- Life skills
- Substance abuse
- Services for the aged

---

## CMR: Parow

**Physical Address:**

27 Picton Street  
 Parow  
 7500

**Postal Address:**

P O Box 65  
 Parow  
 7499

Telephone : (021) 939-9120  
 Fax : (021) 939-2636  
 E-mail : [cmrravensmea@mweb.co.za](mailto:cmrravensmea@mweb.co.za)

**Contact Person**

Mrs A Oberholzer

**Services**

- Child abuse
- Statutory intervention
- Support groups:
- Children
- Women
- Parents
- Life skills
- Substance abuse
- Services for the aged

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## CMR: Ravensmead

**Physical Address:**

27 Picton Street  
Parow  
7500

**Postal Address:**

P O Box 65  
Parow  
7499

Telephone : (021) 939-9120  
Fax : (021) 939-2636  
E-mail : [cmrravensmea@mweb.co.za](mailto:cmrravensmea@mweb.co.za)

**Contact Person**

Mrs I Swartz

**Services**

- Child abuse
- Statutory intervention
- Support groups:
- Children
- Women
- Parents
- Life skills
- Substance abuse
- Feeding schemes at schools

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## BADISA: Bonnievale

**Physical Address:**

Gumgrove  
Bonnievale  
6730

**Postal Address:**

PO Box 259  
Bonnievale  
6730

Telephone : (023) 616-2433  
Fax : (023) 616-2433  
E-mail: : [diakonaal@absamail.co.za](mailto:diakonaal@absamail.co.za)

**Contact Person**

Ms C Niemand

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Police stations in each area
- Police complaints/compliments

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## BADISA: Caledon

**Physical Address:**

VGK Church Office  
Main Road  
Caledon  
7230

**Postal Address:**

PO Box 597  
Caledon  
7230

Telephone : (028) 212-1605  
Fax : (028) 212-1605

**Contact Person**

Ms M Wilson

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
  - General information
  - Couple counselling
- Pregnancy services:
  - Counselling and information
- Substance abuse or addiction
- Suicide services
- Services for the aged
- Police stations in each area
- Police complaints/compliments

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## BADISA: Ceres

**Physical Address:**

29 Lyle Street  
Ceres  
6835

**Postal Address:**

PO Box 684  
Ceres  
6835

Telephone : (023) 312-1380  
Fax : (023) 312-2478

**Contact Person**

Ms L Muller

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## Maatskaplike Dienste: Gansbaai

**Physical Address:**

Main Road  
Gansbaai  
7220

**Postal Address:**

PO Box 1  
Gansbaai  
7220

Telephone : (028) 384-0151  
Fax : (028) 384-0151

**Contact Person**

Ms M Soldaat

**Services**

- Counselling services:
  - Rape
  - Domestic violence
  - Sexual harassment
  - Violence against children and childcare services:
  - SAPS Child Protection Units (CPUs) and individuals
  - Hospital services for abused children
  - Marriage and divorce services:
    - General information
    - Couple counselling
  - Substance abuse or addiction
  - Suicide services
  - Services for the aged
  - Police stations in each area
- Police complaints/compliments

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## Hermanus, Stanford & Gansbaai Maatskaplike Dienste

**Physical Address:**

Grobbelaarsaal  
Kusweg  
Hermanus  
7200

**Postal Address:**

PO Box 128  
Hermanus  
7200

Telephone : (028) 212-1605  
Fax : (028) 212-1605  
E-mail : [cmr@hermanus.co.za](mailto:cmr@hermanus.co.za)

**Contact Person**

Ms E du Toit

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
  - General information
  - Couple counselling
- Pregnancy services:
  - Counselling and information
- Substance abuse or addiction
- Suicide services
- Services for the aged
- Police stations in each area
- Police complaints/compliments

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## BADISA: Riviersonderend

**Physical Address:**

Prince Street  
Riviersonderend  
7250

**Postal Address:**

PO Box 123  
Riviersonderend  
7230

Telephone : (028) 212-1257  
Fax : (028) 212-1257  
E-mail : [badisarse@lando.co.za](mailto:badisarse@lando.co.za)

**Contact Person**

Ms S McKenzie

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
  - General information
  - Couple counselling
- Pregnancy services:
  - Counselling and information
- Substance abuse or addiction
- Suicide services
- HIV/AIDS services and care centres
- Services for the aged
- Police stations in each area
- Police complaints/compliments

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## BADISA: Villiersdorp

**Physical Address:**

Malherbe Street  
Villiersdorp  
6848

**Postal Address:**

PO Box 53  
Villiersdorp  
6848

Telephone : (028) 840-1700  
Fax : (028) 840-1700  
E-mail : [cmrvd@telkomsa.net](mailto:cmrvd@telkomsa.net)

**Contact Person**

Ms C van Hysteen

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Violence against children and childcare services:
- SAPS Child Protection Units (CPUs) and individuals
- Hospital services for abused children
- Marriage and divorce services:
  - General information
  - couple counselling
- Substance abuse or addiction
- Suicide services
- Services for the aged
- Police stations in each area
- Police complaints/compliments

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## BADISA: Wolseley

**Physical Address:**

C/o White & Collard Street  
Wolseley  
6830

**Postal Address:**

PO Box 19  
Wolseley  
6830

Telephone : (023) 231-1704  
Fax : (023) 231-1234  
E-mail : [cmrcfa@xpoint.co.za](mailto:cmrcfa@xpoint.co.za)

**Contact Person**

Ms E Maartens

**Services**

- Counselling services :
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS, Substance abuse
- Services for the aged

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## BADISA: Breedevallei

**Physical Address:**

75 Fairbairn Street  
Worcester  
6849

**Postal Address:**

P O Box 558  
Worcester  
6849

Telephone : (023) 347-1775  
Fax : (023) 347-0106  
E-mail : [cmrcw@xpoint.co.za](mailto:cmrcw@xpoint.co.za)

**Contact Person**

Ms A Hattingh

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Citrusdal

**Physical Address:**

87 Kerk Street  
Citrusdal  
7340

**Postal Address:**

P O Box 230  
Citrusdal  
7340

Telephone : (022) 921-3148  
Fax : (022) 921-2877  
E-mail : [cmrcit@kingsley.co.za](mailto:cmrcit@kingsley.co.za)

**Contact Person**

Ms A Hechter

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Clanwilliam

**Physical Address:**

Buitekant Street  
Clanwilliam  
8135

**Postal Address:**

P O Box 174  
Clanwilliam  
8135

Telephone : (027) 482-2362  
Fax : (027) 482-1231  
E-mail : [badisaclan@telkomsa.net](mailto:badisaclan@telkomsa.net)

**Contact Person**

Ms A Klasste

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Pieketberg

**Physical Address:**

Loop Street  
Pieketberg  
7320

**Postal Address:**

P O Box 161  
Pieketberg  
7320

Telephone : (022) 913-2545  
Fax : (022) 913-2545

**Contact Person****Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Soup kitchen

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## BADISA: Porterville

**Physical Address:**

Jakaranda Street  
Porterville  
6810

**Postal Address:**

P O Box 238  
Porterville  
6810

Telephone : (022) 931-2516  
Fax : (022) 931-2516

**Contact Person****Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Soup kitchen

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## Matzi-Care

**Physical Address:**

Voortrekker Street  
Vanrhynsdorp  
8170

**Postal Address:**

P O Box 118  
Vanrhynsdorp  
8170

Telephone : (027) 219-1926  
Fax : (027) 219-1926  
E-mail : [cmrvanryn@xsinet.co.za](mailto:cmrvanryn@xsinet.co.za)

**Contact Person**

Mrs. M Steenkamp

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Weskus

**Physical Address:**

28 Hout Street  
Vredenburg  
7380

**Postal Address:**

P O Box 95  
Vredenburg  
7380

Telephone : (022) 713-1723  
Fax : (022) 713-1668  
E-mail: : [cmrvredenburg@xsinet.co.za](mailto:cmrvredenburg@xsinet.co.za)

**Contact Person**

Mrs. J Hill

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Training: Domestic help (house keeping)

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## BADISA: Knysna

**Physical Address:**

C/o Long & Graham Street  
Knysna  
6570

**Postal Address:**

P O Box 400  
Knysna  
6570

Telephone : (044) 382-6412  
Fax : (044) 382-2502  
E-mail : [kvd@lantiv.net](mailto:kvd@lantiv.net)

**Contact Person**

Mrs. A Botha

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Ladismith

**Physical Address:**

Koning Street  
Ladismith  
6655

**Postal Address:**

P O Box 50  
Ladismith  
6655

Telephone : (028) 551-1808  
Fax : (028) 551-1271  
E-mail : [cmrlds@telkomsa.net](mailto:cmrlds@telkomsa.net)

**Contact Person**

Ms W Esbach

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged



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## CMR: DROOM

**Physical Address:**

Warden Street  
Riversdal  
6670

**Postal Address:**

P O Box 270  
Riversdal  
6670

Telephone : (028) 713-3301  
Fax : (028) 713-1364  
E-mail : [droom@xsinet.co.za](mailto:droom@xsinet.co.za)

**Contact Person**

Mrs. M Steenkamp

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Stilbaai

**Physical Address:**

Pastorie Street  
Stilbaai  
6674

**Postal Address:**

P O Box 23  
Stilbaai  
6674

Telephone : (028) 754-2203  
Fax : (028) 754-1705  
E-mail : [ngkstilbaai@telkomsa.net](mailto:ngkstilbaai@telkomsa.net)

**Contact Person**

Mrs. S Filmalter

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: George

**Physical Address:**

60 Victoria Street  
George  
6530

**Postal Address:**

P O Box 76  
George  
6530

Telephone : (044) 874-5013  
Fax : (044) 874-5013  
E-mail : [cmrg@mweb.co.za](mailto:cmrg@mweb.co.za)

**Contact Person**

Ms E Walters

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Heidelberg-Kaap

**Physical Address:**

Swaart Street  
Heidelberg  
6665

**Postal Address:**

P O Box 13  
Heidelberg  
6665

Telephone : (028) 722-1565  
Fax : (028) 722-1220  
E-mail : cmrheidlb@telkomsa.net

**Contact Person**

Mrs. S Vermeulen

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Swellendam

**Physical Address:**

Voortrekker Road  
Landdros  
Swellendam  
6740

**Postal Address:**

P O Box 282  
Swellendam  
6740

Telephone : (028) 514-1525  
Fax : (028) 514-1525

**Contact Person**

Mrs. M S

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work- work with men
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Kraaifontein

**Physical Address:**

87 Horak Street  
Kraaifontein  
7580

**Postal Address:**

P O Box 85  
Kraaifontein  
7569

Telephone : (021) 987 2940  
Fax : (021) 987-2942

**Contact Person**

Mrs. H de Goede

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## BADISA: Scottsdene

**Physical & Postal Address:**

11 Rheebook Lane  
Scottsdene  
7570

Telephone : (021) 988-7419  
Fax : (021) 988-7441

**Contact Person**

Mrs. R Lindholm

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## No Limits: Street Children

**Physical Address:**

8 Picton Street  
Parow  
7500

**Postal Address:**

P O Box 65  
Parow  
7499

Telephone : (021) 930-2098  
Fax : (021) 930-2636  
E-mail : [straatk@iafrica.com](mailto:straatk@iafrica.com)

**Contact Person**

Mrs. M Swart

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse

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## BADISA: Malmesbury

**Physical Address:**

Jasmyn Street  
Malmesbury  
7300

**Postal Address:**

P O Box 77  
Malmesbury  
7310

Telephone : (022) 486-4460  
Fax : (022) 486-4460

**Contact Person**

Ms G Lewis

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Food parcels

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## BADISA: Moorreesburg

**Physical Address:**

C/o Loop & Hoor Street  
Moorreesburg  
7310

**Postal Address:**

P O Box 152  
Moorreesburg  
7310

Telephone : (022) 433-1779  
Fax : (022) 433-2612

**Contact Person**

Ms A Julies

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- Pregnancy services:
  - Counselling and information
- HIV/AIDS
- Substance abuse

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## BADISA: Riebeeck

**Physical Address:**

C/o Merindol & Kaggeoffer  
Riebeeck-Wes  
7306

**Postal Address:**

P O Box 657  
Riebeeck-Wes  
7306

Telephone : (021) 930-2098  
Fax : (021) 930-2636

**Contact Person**

Deleon Lawrence

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Soup Kitchen

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## BADISA: Tulbagh

**Physical Address:**

Steinthal Road  
Tulbagh  
6820

**Postal Address:**

P O Box 13  
Tulbagh  
6820

Telephone : (023) 230-0193  
Fax : (023) 230-0141

**Contact Person**

Ms C de Villiers

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- Preventative work
- Related support services:
  - Child abuse services
  - Child and family welfare services
- HIV/AIDS
- Substance abuse
- Food parcels

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## ABBA

**Physical Address:**

Banhoek Road  
Stellenbosch  
7600

**Postal Address:**

P O Box 2384  
Dennesig  
7601

Telephone : (021) 883-8030  
Fax : (021) 883-8030  
E-mail : [abba@adept.co.za](mailto:abba@adept.co.za)

**Contact Person**

Mrs. J Coetzee

**Services**

- Counselling services:
- Alcohol related problems
- Rehabilitation investigations
- Awareness drugs and alcohol
- Support group: alcohol problems

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## BADISA: Wellington

**Physical Address:**

27 Pentz Street  
Wellington  
7655

**Postal Address:**

P O Box 485  
Wellington  
7654

Telephone : (021) 873-4274  
Fax : (021) 873-3424

**Contact Person**

Mrs. L Bruiners

**Services**

- Family care
- Counselling services
- Childcare services
- Community development

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## BADISA: Wynberg

**Physical Address:**

4 Salisbury Road  
Wynberg  
7824

**Postal Address:**

P O Box 18096  
Wynberg  
7824

Telephone : (021) 761-2671  
Fax : (021) 761-2671  
E-mail : [cmrwynberg@mweb.co.za](mailto:cmrwynberg@mweb.co.za)

**Contact Person**

Mrs. Brand

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Services for the aged
- Community development

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## Magdalenahuis

**Physical Address:**

42 17<sup>th</sup> Avenue  
 Boston  
 Bellville  
 7535

**Postal Address:**

P O Box 16  
 Bellville  
 7530

Telephone : (021) 948-3637  
 Fax : (021) 948-3637  
 E-mail : magdalenah@absamail.co.za

**Services**

- Services for traumatised young girls caused by crisis pregnancies
- Counselling
- Support
- Enquiries regarding biological parents / family
- Adoption

**Contact Person**

Mrs. M Marais & Mrs. S du Plessis

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## Sothemba Aids Action Group

**Physical Address:**

7 Meath Street  
 Bellville  
 7530

**Postal Address:**

7 Meath Street  
 Bellville  
 7530

Telephone : (021) 948-7699  
 Fax : (021) 948-5740  
 E-mail : aagadmin@icon.co.za

**Services**

- HIV/AIDS pre and post test counselling
- Testing HIV/AIDS
- Awareness HIV and training programmes

**Contact Person**

Ms E Grobbelaar

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## BADISA: Paarl

**Physical Address:**

Klein Drakenstein Road  
 Paarl  
 7646

**Postal Address:**

P O Box 69  
 Huguenot  
 Paarl  
 7646

Telephone : (021) 862-4606  
 Fax : (021) 862-4606

**Contact Person**

Mrs. E Gilfillan

**Services**

- Counselling services:
- Rape
- Domestic violence
- Sexual harassment
- General counselling services which support survivors
- Pastoral counselling
- Related support services:
  - Child abuse services
  - Child and family welfare services
- Marriage and divorce services:
  - General information
  - Couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged
- Community development

---

## BADISA: Beaufort West

**Physical Address:**

20 Brand Street  
Beaufort West  
6970

**Postal Address:**

PO Box 233  
Beaufort West  
6970

Telephone : (023) 414-3568  
Fax : (023) 414-4976  
E-mail : bw.badisa@telkomsa.net

**Contact Person**

Ms T Bredekamp

**Services**

- Counselling services
- Preventative work
- General counselling services which support survivors
- Related support services:
  - child abuse services
  - child and family welfare services
- Marriage and divorce services:
  - general information
  - couple counselling
- HIV/AIDS
- Substance abuse
- Services for the aged

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## Social Services: Beaufort West

Telephone : (023) 414-3204  
Fax : (023) 414-2128

**Contact Person**

Nombulelo Renene (Gender Co-ordinator)

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## P.A.W.C: Karoo

**Postal Address:**

P O Box x504  
Beaufort West  
6970

Telephone : (023) 414-3204  
Fax : (023) 414-2128

**Contact Person:**

Mr. F Pike

**Services**

- Social security
- Social development and services

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## Diakonaledienste: Bonnievale

**Postal Address:**

PO Box 259  
Bonnievale  
6730

Telephone : (023) 616-2433  
Fax : (023) 616-3223

**Contact Person**

Mrs Niemand (social worker)

**Services**

- General counselling

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## Christelike Maatskaplike Raad (CMR): Ladismith

**Postal Address:**

PO Box 50  
LADISMITH  
6655

Telephone : (028) 551-1808  
Fax : (028) 551-2118  
Email : cmrlds@telkomsa.net

**Contact Person**

Wilma Espach

**Services**

- General social services

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## ACVV: Oudtshoorn

**Physical & Postal Address**

34 St Saviour Street  
Oudtshoorn  
6625

Telephone : (044) 272-2211/3  
Fax : (044) 272-3147

**Contact Person**

Norlene Bezuidenhout or Amanda Roets

**Services**

- Particularly interested in women and children's issues
- 8am-4.30pm

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## Social Services: Oudtshoorn

**Physical Address:**

Seppie Geeff Building  
Voortrekke Road  
Oudtshoorn

**Postal Address:**

Private Bag x 2  
Oudtshoorn  
6620

Telephone : (044) 272-8977  
Fax : (044) 272-4007  
Email : tswillia@pawc.wc.gov.za

**Contact Person**

Ronel Olivier  
Gender Co-ordinator: Maria Masola

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## ACVV: Touwsrivier

**Physical Address:**

Rivier Road  
Touwsrivier

Telephone : (023) 358-1396  
Fax : (023) 358-1506

**Contact Person**

Ms van Wyk (social worker)  
Mrs Snyman

**Services**

- General social services
- 8am-5pm, Mon-Fri



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## FAMSA, Worcester

**Postal Address:**

PO Box 997  
WORCESTER  
6850

Telephone : (023) 347-5231  
Fax : (023) 347-5231

**Contact Person**

Edith Claasen / Adele Lamprecht

**Services**

- Family social services

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## ACVV: Ceres

**Physical Address:**

Phillip Street  
Ceres

**Postal Address:**

PO Box 357  
CERES  
6835

Telephone : (023) 316-1505  
Fax : (023) 316-1517

**Contact Person**

Ms Marries ( Social Worker)

**Services**

- General social services

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## ACVV: Franschoek

**Postal Address:**

PO Box 216  
Franschoek  
7690

Telephone : (021) 876-2670  
Fax : (021) 876-2670

**Contact Person**

Lizelma Olivier

**Services**

- General social services
- 8am-4.30pm

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## ACVV: Grabouw

**Postal Address:**

PO Box 221  
Grabouw  
7160

Telephone : (021) 859-2307  
Fax : (021) 859-2307

**Contact Person**

Lovina Brand

**Services**

- General social services
- 8.30am-4.00pm

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## ACVV: Montagu

**Postal Address:**

PO Box 45  
Montagu  
6720

Telephone : (023) 614-1490  
Fax : (023) 614-1490  
Email : acvvmontagu@lando.co.za

**Services**

- General social services

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## Social Services: Paarl

Telephone : (021) 871-1682  
Fax : (021) 872-0049

**Contact Person**

Edith Abrahams  
Gender co-ordinator: Moira Benjamin

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## Diakonaledienste: Paarl

**Postal Address:**

P O Box 69  
Huguenot  
7645

Telephone & Fax : (021) 862-4606

**Contact Person**

Levouna Fortuin

**Services**

- General social services

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## ACVV: Paarl

**Physical Address:**

Klein Reservoir Street  
Paarl  
7622

**Postal Address:**

PO Box 6211  
Paarl

Telephone : (021) 872-2738  
Fax : (021) 872-1415

**Contact Person**

Elmarie Kotze

**Services**

- general social services
- 8.30am-4.30pm

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## ACVV: Worcester

### Physical & Postal Address:

28 Napier Street  
Worcester  
6850

Telephone : (023) 347-2339  
Fax : (023) 347-5688  
E-mail : acvv@telkomsa.net

### Services

- General social services

### Contact Person

Elsabet de Witt (social worker)

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## Social Services: Worcester

Telephone : (023) 348-5300  
Fax : (023) 347-5181

### Contact Person

Mrs M Tiger (social worker)

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## Christelike Maatskaplike Raad (CMR): Worcester

### Physical Address:

75 Fairbairn Street  
Worcester  
6849

### Services

- 8.30am-4pm
- General social services

### Postal Address:

PO Box 558  
Worcester  
6850

Telephone : (023) 347-1775  
Fax : (023) 347-0106  
Email : cmrcv@xpoint.co.za

### Contact Person

Mr Hattingh

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## Christelike Maatskaplike Raad (CMR): Citrusdal

### Postal Address:

PO Box 174  
Clanwilliam  
8135

### Services

- General social services

Telephone : (022) 921-3148  
Fax : (022) 921-3148

### Contact Person

Mrs H Browsers  
Miss M. O'Connell

---

## Diakonaledienste: Clanwilliam

**Physical Address:**

Voortrekker Street  
Clanwilliam  
8135

**Services**

- 8am-4.30pm

**Postal Address:**

PO Box 14  
CLANWILLIAM  
8135

Telephone : (027) 482-2108  
Fax : (027) 482-2108  
E-mail : clanogp@telkomsa.net

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## Social Services: Vredendal

**Physical Address:**

15 Voortrekker Street  
Vredendal  
8160

**Services**

- 8am-4.30pm
- General social services

**Postal Address:**

Private Bag X2  
Vredendal  
8160

Telephone : (027) 213-2096  
Fax : (027) 213-3311

**Contact Person**

Gender Co-ordinator: Mrs Lenie Januarie

# PASTORAL COUNSELLING

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The organisations and individuals listed below have all been interviewed to ensure that they are gender sensitive and are committed to empowering the women who make contact with them. Most are not, however, specialists in Violence against Women issues.

## Cape Metro

### CHRISTIAN: INTER-DENOMINATIONAL

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#### Centre for Christian Spirituality

**Physical & Postal Address:**

1 Chapel Lane  
Rosebank  
7700

Offers spiritual accompaniment

Telephone : (021) 686-1269 (8:30 – 12:30, except Tuesdays)

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#### Christian Listeners

Kathy Roberts

083 3273550 (afternoons / evenings, but not later than 10pm)

Or can leave a message at the Centre for Christian Spirituality (above)

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#### Broken Bread Ministries

**Physical Address:**

1 Wynne Street  
Parow  
7500

**Postal Address:**

PO Box 448  
Parow  
7499

Telephone : (021) 939-3333 / 930-1122

Fax : (021) 930-6436

**Services**

- Offers telephone counselling
  - Train counsellors
  - Christian organisation
- 

## Anglican

### Ordained Priests who can offer counselling services to women

Vivian Harper  
Claire Nye-Hunter  
Erika Murray  
Wilma Jacobsen  
Rachel Mash

461-1090  
694-5362 (9-1 only)  
696-1500 (mornings only)  
685-2686  
361-5246 (mornings only)

St. Cyprian's School  
Bonteheuvel  
Athlone  
UCT Chaplain  
Khayelitsha

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## Roman Catholic

### Catholic Justice and Peace Commission: Women's Desk

Do not offer counselling, but can make referrals

#### Contact Person:

Josie Philemon

Telephone : (021) 462-2417  
Fax : (021) 461-9330  
Email : info@catholic-ct.org.za

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## MUSLIM

### Divorce Support Group

Will deal with issues of domestic violence in both individual counselling and group settings.

#### Contact Person

Najmunisa Solomons

Telephone : (021) 393-1839 (home)  
Or 082 494 3499

Times : 3:30 pm - 7:30 pm Monday, Tuesday and Thursday  
Mornings only: Wednesday and Fridays

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## JEWISH

### Jewish Trauma Network

Voluntary service, offering short-term counselling, trauma debriefing and referrals  
C/o Jewish Community Services: (021) 462-5520

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## Nechama

A bereavement counselling organisation, which would take on Violence against Women cases in the specific instance where the woman has been murdered, through rape homicide or intimate femicide, and counselling is made available to her family.

Tel : (021) 465-9390

Contact Person: Pauline

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## Union of Jewish Women: Resource Centre

Tel: (021) 434-9555

#### Co-ordinators:

Joan Rubenstein  
Debbie Silver

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## Helderberg / Winelands

### Anglican

Clarins Benston

(021) 853-6208

Strand

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## Kenilworth Clinic

**Physical Address:**

32 Kenilworth Rd  
Kenilworth  
7708

**Postal Address:**

Private Bag X 2  
Kenilworth

Telephone : (021) 763-4500  
Fax : (021) 763-4557  
E-mail : [info@kenilworthclinic.co.za](mailto:info@kenilworthclinic.co.za)

**Contact Person**

Sr. in Charge

**Services:**

- Adult psychiatry- all psychological and psychiatric conditions:
- Eating disorders
- Trauma counselling
- Women issues
- Adolescent unit – all adolescent and young adult problems
- Addiction unit – Alcohol, substance, sex and gambling

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## Campus Based Services

<p>UCT CHILD GUIDANCE CLINIC</p> <p>Chapel Road Rosebank 7700</p>	<p>Masters students do therapy and assessments for about nine (9) months. Rates are charged on a sliding scale of benefits. Services are offered mainly to children or young people and their families.</p> <p>There may be a waiting list; therefore it is advisable to check first.</p> <p>8.30am-4.30pm Contact: Susanna Manley Senior Secretary</p>	<p>Tel: (021) 650-3900 Fax: (021) 689-1006</p>
<p>UCT STUDENT HEALTH SERVICE</p>	<p>Provides therapy and assessment service to students registered at the University at a minimal charge per session. Students on financial aid do not pay for services; students on medical aid are charged medical aid rates.</p> <p>8.30am-4.30pm Contact: Rosanna Strauss Principle Psychologist</p>	<p>Tel: (021) 650-3662 Fax: (021) 689-7561</p>
<p>UCT SEXUAL HARASSMENT PANEL</p>	<p>Provides counselling and disciplinary assistance to registered students around sexual harassment as defined by the UCT policy on sexual harassment.</p> <p>8.30am-4.30pm Contact: Sue Folb</p>	<p>Tel: (021) 650-3940 Fax: (021) 650-3940 e-mail : shosf@protem.uct.ac.za</p>
<p>UCT STUDENT ADVICE OFFICE</p>	<p>Offers brief and basic counselling to registered students. No charge.</p> <p>Contact: Pamela Ningixa Social Worker</p>	<p>Tel: (021) 650-4077 Fax: (021) 650-5010</p>
<p>CENTRE FOR EDUCATIONAL COUNSELLING AND HEALTH – UWC</p>	<p>Counselling, career decision-making</p> <p>Contact: Syfia</p>	<p>Tel: (021) 959-2299 Fax: (021) 959-2882</p>
<p>UWC CENTRE FOR STUDENT COUNSELLING</p>	<p>Therapeutic assessment and counselling for registered students in any area including sexuality.</p> <p>Contact: M. Fischer</p>	<p>Tel: (021) 959-2299 Fax: (021) 959-2882</p>
<p>GENDER EQUITY UNIT - UWC</p>	<p>Provides Masculinity training around issues of violence against women. Sexual harassment workshops for students and staff. Awareness raising workshops with organizations off-campus.</p> <p>Contact Person: Mary Hames</p>	<p>Tel: (021) 959-2812 Fax: (021) 951-1766</p>
<p>STELLENBOSCH UNIVERSITY – UNIT FOR CLINICAL PSYCHOLOGY</p>	<p>Individual psycho-therapy, individual counselling, group therapy and assessment services provided for Stellenbosch students, free of charge.</p> <p>Contact Person: Louis Vlok</p>	<p>Tel: (021) 808-4973 Fax: (021) 887-7913</p>
	<p>A staff team also runs the psychology</p>	



clinic at Stellenbosch Provincial Hospital  
Contact Person: Henry Viljoen

STELLENBOSCH UNIVERSITY – BESKERMINGS DIENSTE	Counselling Services for students only. Contact Person: Heidi October	Tel: (021) 808-2331 0800 601137 (24 hours)
NETWORK OF SOUTH AFRICAN TERTIARY EDUCATION INSTITUTIONS CHALLENGING SEXUAL HARASSMENT AND SEXUAL VIOLENCE	<p>Network Activities:</p> <ul style="list-style-type: none"> <li>• Collection and distribution of resources for those working in all Southern African contexts</li> <li>• Organisation of capacity-building workshops and trainings</li> <li>• Stimulation of local projects to create solidarity among individuals challenging sexual harassment and sexual violence in higher education and elsewhere</li> <li>• Provision of Network newsletter to all members</li> <li>• Organisation of bi-annual conference</li> <li>• Support for state or NGO-based initiatives which target sexual violence and sexual harassment, especially as these affect education</li> </ul>	<p>The Network is co-ordinated by an elected Co-coordinating Committee. The current Co-coordinating Committee members are:</p> <p>Lebohlang Letsie University of Botswana Email: letsiel@mpopipi.ub.bw</p> <p>Matseliso Mapetla National University of Lesotho Email: m.mapetla@nul.ls</p> <p>Joyce Mashamba University of the North Email: makatun@dha.norprov.gov.za</p> <p>Thivhilaeli Nedohe University of Venda Email: nedohes@elections.org.za</p> <p>Segomotso Sebokedi Peninsula Technikon Email: sebokedis@infoserv.pentech.ac.za</p> <p>Juliet Thondlana University of Zimbabwe Email: lings@internet.co.za</p> <p>Bernedette Muthien University of Cape Town Email:muthien@humanities.uct.ac.za</p>
CAPE PENINSULA UNIVERSITY OF TECHNOLOGY: BELLVILLE	Raising awareness education regarding, gender equity, sexual harassment  Contact: Shelley Leeuwendal	Tel: (021) 959-6226 Fax: (021) 959-6100
CAPE PENINSULA UNIVERSITY OF TECHNOLOGY: CAPE TOWN	Ashraf Mohammed	Tel: (021) 460-4252

# SHELTERS FOR ABUSED WOMEN AND CHILDREN

## CAPE METRO REGION

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### Saartjie Baartman Shelter

**Postal Address:**

PO Box 38401  
Gatesville  
7766

Telephone : (021) 633-5287  
Fax : (021) 637-9432

**Contact Person**

Manager: Rosemarie Cox  
Social Worker: Natasha Calvert

**Services**

- 24 hour line with immediate access and referral to shelter
- Part of a collective of services for women
- Provides safe accommodation
- Counselling
- Childcare in the morning
- Referral to specialized services
- Sliding scale fees

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### The Salvation Army Carehaven

**Postal Address:**

P O Box 38186  
Gatesville  
7766

Telephone : (021) 638-5511  
Fax : (021) 637-0226  
Email : careaid@iafrica.com

**Contact Person**

Major Margaret Strydom- director  
Tracey Livesey- social worker

**Services**

- Caters for abused women and their children
- Provides therapeutic shelter
- Emergency intake shelter
- Individual counselling and support
- Fee: R60pw (shared room) R160pw (single room)
- 2<sup>nd</sup> phase flats for approx. 6 months at R350 per month
- Therapeutic intervention on request
- No admission to women who abuse substances
- 24 hour emergency cell phone

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### Sisters Incorporated

**Postal Address:**

PO Box 2330  
Clareinch  
7440

Telephone : (021) 797-4190  
Fax : (021) 797-4190

**Contact Person**

Linda Fugard - Manager  
Jess Ollie - social worker

**Services**

- Home for women and children of domestic violence
- 3 meals a day
- Clothing, bedding, toiletries and medication
- Counselling, arts & crafts, sewing classes
- Assistance with adoptions
- For single pregnant women
- Offers therapeutic services, life skills training, and preparation for employment
- R460 per month
- 24hour home- mothers on duty
- 8am-5pm

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## Dorothy Zihlangu - Home for Abused Women (Langa)

Telephone : (021) 633-2383  
 Fax : (021) 638-2956

### Contact Person

Yoliswa Notshe

### Services

- Shelter
- Counselling
- Provide accommodation for abused women

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## Heaven Shelter House

Telephone : (021) 376-4423\ 376-6627  
 Fax : (021) 376-6185  
 Cell : 083 733 5164

### Contact Person

Zulpha Morris

### Services

- For homeless, abused and battered women with children
- Abandoned babies – 0-12 years
- Counselling- referrals and interdicts
- Social worker
- Driving people to and from appointments
- enrolling children at school
- learning skills and empowerment skills
- job creation

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## St Anne's Homes

### Postal Address:

PO Box 43363  
 Woodstock  
 7915

Telephone : (027) 448-6792 (24 hours)  
 Fax : (027) 448-8518  
 Email : stanneshome@mweb.co.za

### Contact Person

Director : Elizabeth Petersen  
 Social Worker : Nydean Stamboul

### Services

- a shelter for 4 month period for abused women and their children
- therapeutic services
- employment
- training courses and life skills programs
- childcare programs
- fees: R60
- Stroller Moms Shelter – R30
- drop in day centre with ablution facilities
- alcohol and drug rehab
- childcare
- 2<sup>nd</sup> Phase housing
- communal housing for abused women and their children
- must have permanent employment
- R350 (double rooms)
- R400 (single rooms)

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## Strandfontein Safehouse

Telephone : (021) 696-4394  
 Fax : (021) 697-1998

### Contact Person

Miriam Basson

### Services

- Shelter
- Counselling
- Provide accommodation for abused women

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## Chumani (Khayelitsha)

Telephone : (021) 361-3461  
 Fax : (021) 361-3461

### Contact Person

Thoko Speelman

### Services

- Shelter
  - Counselling
  - Provide accommodation for abused women
-

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## Alcoholics Victorious

Telephone : (021) 797-1276  
 Fax : (021) 683-9017

### Contact Person

Tom and Dot Greer

### Services

- shelter for abused women and their children
- offers counselling and support especially for alcohol and drug addicts
- stay of 4 week period
- no charge but donations welcome
- Christian/spiritual emphasis
- 24 hour service

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## EI-O-HIM Shelter

Telephone : (021) 397- 1936  
 Fax : (021) 397- 1936

### Contact Person

Eileen Ernstzen

### Services

- shelter for abused women and their children
- offers counselling and support
- no charge, donations welcome
- Life skills, motivating workshops

---

## The Haven: Wynberg

### Postal Address:

P O Box 18746  
 Wynberg  
 7824

Telephone : (021)762-8243  
 Fax : (021)761-3300

### Contact Person

Seem Ross

### Services

- HIV/ AIDS counselling and testing
- Offers accommodation to abused women
- Skills training

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## Place of Hope

### Postal Address:

Box 14598  
 Lansdowne  
 7780

Telephone : (021) 697-2019  
 Fax : (021) 696-9366  
 Email : placeofhope@absamail.co.za

### Contact Person

Alice or Jenny

### Services

- Offers counselling
- Life skills
- Job skills and job creation
- 2<sup>nd</sup> stage accommodation (17 women)

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## Ilitha Labantu: Khayelitsha

### Postal Address:

A500  
 Makhabeni Street  
 Khayelitsha

Telephone : (021) 361-9731

### Contact Person

Cynthia

### Services

- shelter for battered women and their children
- bridging the gap
- youth desk

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## FEMNET

**Postal Address:**

Telephone : (023) 414-2765

**Contact Person**

Isabella Baartman

**Services**

- CBO which intervenes in violent family situations
- Refers women and children to Social Services for counselling
- Emergency accommodation for 2 – 3 women or children overnight

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## SOUTHERN CAPE

### Phambili BPW Women's Shelter

**Postal Address:**

PO Box 2594  
George  
6530

Telephone : (044) 875-1551  
Shelter : (044) 693-1092  
H/O : (044) 691-1411

**Contact Person**

Melanie Auccamp

**Services**

- shelter for battered women and their children
- provides counselling and therapeutic services as well as child care facilities
- 8am-1pm

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## C E F Mossel Bay

**Postal Address:**

PO Box 2319  
Mossel Bay  
6506

Telephone : (044) 691-1411  
Fax : (044) 691-1411  
Email : cefmb@executivemail.co.za

**Contact Person**

Roeleen Coetzee (Social Worker) or  
Karin Gildenhuis (Shelter)

**Satellite Office**

Sorgen Haven Shelter

Tel / Fax : (044) 693-1092

**Contact Person**

Amanda Beukes

**Services**

- 8am – 1pm
  - Counselling and information
  - Run local shelter for battered women
  - Accommodation and basic needs
  - FAMSA provide: counselling
  - Child therapy once a week
  - Help victims with protection orders
  - Trauma debriefing
  - Fees for shelter: R5 per day (negotiable)
  - Stay: maximum 3 months
  - Counselling for prevention of drug & alcohol abuse
-

## KAROO

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### Women Oppose Violence: Malibongwe Women's Shelter

Telephone : (044) 272-5739  
 Cell :

#### Contact Person

Elaine September

#### Services

- offers crisis safehouse facilities
- currently trying to set up a shelter in Oudtshoorn

## WEST COAST

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### United Sanctuary against Women Abuse

#### Postal Address:

P O Box 925  
 Reygersdal  
 Atlantis  
 7359

Telephone : (021) 572-8662  
 Fax : (021) 572-8662  
 E-mail : campus@mweb.co.za

#### Contact Person

Ms Magrieta Ruiters

#### Services

- Counselling services for rape, domestic violence and sexual abuse
- Shelter for abused women and children
- Secondary support services:
- Human rights & legal structures
- Court support / children's court support
- Related support services:
- Violence against children and childcare
- SAPS CPU
- Child abuse services
- HIV/AIDS services:
- Counselling
- Shelter )
- Training and education
- Services for the aged:
- Day care centre (still in the planning stages)

# SECONDARY SUPPORT SERVICES

## TRAINING AND PUBLIC EDUCATION

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### CAPE METRO REGION

#### Rape Crisis Cape Town: Observatory Office

See page 2 for information

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#### Rape Crisis: Khayelitsha office

See page 2 for information

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#### Rape Crisis: Heideveld office

##### Postal Address:

PO Box 546  
Observatory  
7935

Telephone : (021) 633-9229  
Fax : (021) 637-9432  
Email : heideveld@rapecrisis.org.za

##### Contact Person

Nazma Hendricks

##### Services

- offers public education about rape and other forms of women abuse
  - training in Rape Crisis intervention
  - training volunteers to join the organization
  - trains community members in public education skills
  - 9am-4.30pm
- 

### Survivors Unite

##### Physical Address:

27 Anstey Street  
Drostdy Park  
Kuils River  
7580

Telephone : (021) 906-3188  
Fax : (021) 906-0815  
Cell : 082 202 0740  
Email : langenhovent@mail.pentech.ac.za

##### Contact Person

Dudley or Tonye Stuurman

##### Services

- Workshops and training in child abuse, rape, women abuse, sexual rights and women's health

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## Gun Free South Africa

**Physical Address:**

46 Rouwkoop  
Rondebosch

**Postal Address:**

PO Box 12988  
Mowbray  
7700

Telephone : (021) 686-1302  
Fax : (021) 686-1302  
Email : gunfree2@sn.apc.org

**Contact Person**

Margie Keegan

**Services**

- Workshops – guns and violence
- Advocacy group against guns & violence

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## Sweat

**Physical Address:**

Ground Floor  
Community House  
41 Salt River Road  
Salt River  
7925

**Postal Address:**

PO Box 373  
Woodstock  
7915

Telephone : (021) 448-7875  
Fax : (021) 448-7857  
Email : sweat@iafrica.com

**Contact Person**

Jane Arnott

**Services**

- Crisis counselling to sex workers on the streets, in escort agencies and in massage parlours
- Advice
- Referral
- Sensitising service providers in SAPS, health, welfare and NGO sector to working with sex workers
- Re-orientation of existing services to accommodate sex workers
- Training volunteers to join SWEAT
- Awareness raising regarding sex work with general public
- Paralegal advice for service providers or sex workers regarding sex worker rights
- Information on the criminalisation decriminalisation and legalisation of sex work

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## Trauma Centre for Victims of Violence and Torture

See page 5 for information

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## NICRO: Mitchells Plain

See page 13 for information



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## Centre for Rural Legal Studies

**Physical Address:**

3<sup>rd</sup> Floor  
Eikestad Mall  
Stellenbosch  
7600

**Postal Address:**

P O Box 1169  
Stellenbosch  
7600

Telephone : (021) 883-8032  
Fax : (021) 886-5076  
Email : postmaster@crls.org.za

**Contact Person**

Sharon Marco-Physe

**Services**

- training of farmers & farm workers
- library and research
- provide legal services to farm workers on labour and land issues

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## National Association of Child Care Workers

**Physical Address:**

47 Kromboom Road  
Rondebosch

**Postal Address:**

PO Box 36407  
Glosderry  
7702

Telephone : (021) 697-4123  
Fax : (021) 697-4130

**Contact Person**

Vivian

**Services**

- child care field
- training services
- assistance to people in the field
- develop courses
- advancement of the profession
- advocacy + international field links

---

## Progressive Primary Health Care

**Physical Address:**

Second Floor  
Ledger House  
Aden Avenue  
Athlone

**Postal Address:**

PO Box 83  
Athlone  
7760

Telephone : (021) 697-0400  
Fax : (021) 697-0222  
Cell : 083 559 4973

**Contact Person**

Florence Syzaar

**Services**

- health services
  - community health workers
  - support shelters
  - Life skills/ counselling
  - Other Centres:
  - Centre for Learning
-

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## FAMSA: Gugulethu Office

Telephone : (021) 637-7606

**Contact Person**  
Zimkhita Ntobongwana

### Services

- awareness raising in the community
  - preventative education in the schools
  - Violence Awareness Programme
- 

## Montrose Rates & Residence Association: Mitchells Plain

### Physical Address:

22 Carol Crescent  
Montrose Park  
Mitchells Plain

Telephone : (021) 376-2686

**Contact Person**  
Mrs. Soraya Rigby – Secretary

### Services

- Goals and objectives are to uplift the community e.g. schools, libraries and clinics
  - Access to life skills, arts and cultures
  - Crime awareness and safety
- 

## Gender Advocacy Project (GAP)

### Physical & Postal Address:

7<sup>th</sup> Floor Ruskins House  
2 Roeland Street  
Cape Town  
8001

Telephone : (021) 465-0197/8  
Fax : (021) 465-0089

**Contact Person**  
Faiza Khan

### Services

- awareness raising around violence against women
  - training in advocacy skills for women from communities of Manenberg, Grabouw, Atlantis and Khayelitsha
  - public education about legislation which protects women from violence
- 

## Union of Jewish Women

### Physical & Postal Address:

Stonehaven  
7 Albany Road  
Sea Point

Telephone : (021) 434-9555  
Fax : (021) 434-9302

**Contact Person**  
Ingrid Lenia

### Services

- women's resource centre offering assertiveness training, life skills workshop, day and evening lectures around women's issues
- 

## Women's Institute for Leadership Development and Democracy (WILDD)

### Postal Address:

PO Box 1774  
Cape Town  
8000

Telephone : 082 8866602  
Fax : (021) 439-7382

**Contact Person**  
Ruth Madito

### Services

- Life skills to promote women's self-development
- lobbying and network training
- counselling skills training
- training around different types of abuse

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## Law, Race and Gender Unit

**Physical Address:**

Law, Race and Gender Unit  
Kramer Law Building  
Level 6 Middle campus  
Rondebosch

**Postal Address:**

Law, Race and Gender Unit  
Private Bag  
Rondebosch  
7700

Telephone : (021) 650-3914/5645

Fax : (021) 650-5647

**Contact Person**

Ms Vanja Karth

**Services**

- Training, policy development and research on the role of judicial officers and courts
- Training, policy development and research on the information and training on justice systems and the courts
- Social context training for magistrates and other court officials
- Training video "court in the act"
- 8am-4pm

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## New World Foundation

See page 18 for information

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## Delta

**Physical Address:**

1 Scott Road  
Observatory

Telephone : (021) 448-8411

Fax : (021) 448 8419

Email : delta@sn.apc.org

**Contact Person**

Ntsabo

**Services**

- leadership training with grass roots women
- phase 1: 25 day course over 6 months
- phase 2: 36 day course over 1 year
- 8.30am-4.30pm

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## Safe Schools

**Physical Address:**

Cape Town Teachers Centre  
Monteno Rd  
Claremont

Telephone : 0800 454647

Fax : (021) 6742342

Email : safeschoolcc@mweb.co.za

**Contact Person**

Mervin Hendricks

**Services**

- provide online information on abuse
- gang violence
- vandalism
- queries regarding the education department

## SOUTHERN CAPE

### NICRO: George

See page 19 for information

## Outeniquia Business and Professional Women's Federation (BPW)

### Physical Address:

Kanari Street  
Rose Mall  
George

### Postal Address:

P O Box 2594  
George

Telephone : (044) 875-1551  
Fax : (044) 875-1551  
Email : [nicrogrg@global.co.za](mailto:nicrogrg@global.co.za)  
Cell : 082 965 9789

### Contact Person

Isabelle Buhr (044) 884-0838  
Marthy Watson

### Services

- a network of local women professionals
- revived George Rape Crisis and shelter for battered women with following services: accommodation, counselling, therapeutic services

## Heart-to-Heart Care Centres

### Physical Address:

1<sup>st</sup> Floor Homeleigh  
Marsh Street  
Mossel Bay

### Postal Address:

P O Box 1670  
Mossel Bay  
6500

Telephone : (044) 691-3487  
Fax : (044) 691-3487  
Cell : 082 956 1041  
E-mail : [ericac@mweb.co.za](mailto:ericac@mweb.co.za)

### Contact Person

Erica Caetano

### Services:

### Free & Confidential Services:

- Life skills and Peer Education in schools & Prisons
- Parent workshops
- Training seminars
- Awareness programmes
- Kidz in the Park!
- Female Parolee Camp Support

## KAROO

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### Progressive Primary Health Care

**Physical Address:**

55 Blythe Street  
Beaufort West  
6970

**Postal Address:**

PO Box 1172  
Beaufort West  
6970

Telephone : (023) 414-3715  
Fax : (023) 414-3715  
Cell : 083 559 4973

**Contact Person**

Florence Syzaar

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**Services**

- health services
- community health workers
- support shelters
- Life skills/ counselling
- Other Centres:  
Centre for Learning  
PO Box 83, Athlone  
PO Box 257, Bridgetown, 6650

### Teske Memorial Primary

**Postal Address:**

Teske Street  
P O Box 717  
Beaufort West

Telephone : (023) 414-2665  
Fax : (023) 414-3053  
Cell : 083 4845259  
E-mail : [headmaster@teske.wcape.scholl.za](mailto:headmaster@teske.wcape.scholl.za)

**Contact Person**

Mr Groepe

---

**Services**

- Offers education in 9 learning areas
- Art and culture events
- Offers sports e.g. hockey, tennis, volleyball, netball etc

### Masibumbane

**Physical Address:**

N104 Bavuma Lane  
Kwa-Mandlenkosi  
6970

Telephone : (023) 415-1774

**Contact Person:**

Staff person on duty

**Services**

- Catering

---

## St Matthews Primary

**Physical Address:**

St Matthews Primary  
Bantom Street  
Beaufort west  
6970

Telephone : (023) 414-2729

Fax : (023) 414-4824

**Contact Person**

Mr R van Heerden  
Mr L Louw  
Mr Bastian

---

## Department of Correctional Services

**Physical Address:**

4 Molteno Street  
Beaufort West Prison  
Beaufort West  
6970

**Services**

- Co-ordinator gender forum

**Postal Address:**

Private Bag x507  
Beaufort West Prison  
Beaufort West  
6970

Telephone : (023) 414-2255

Fax : (023) 414-4595

Cell : 0732504544

**Contact Person:**

Neliswa Nzulu

## THE HELDERBERG REGION

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### Women on Farms Project

**Physical Address:**

C/nr Molteno & Bird Street  
Stellenbosch

**Postal Address:**

PO Box 530  
Stellenbosch  
7600

Telephone : (021) 887-2960  
Fax : (021) 887-2963  
Email : [denise@wfp.org.za](mailto:denise@wfp.org.za)

**Contact Person**

Cheryl Linders  
Denise

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**Services**

- addresses both women and men in resolving violence against women on farms
- works closely with 5 in 6 project (see perpetrator services)

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### Phillipi Trust

**Physical Address:**

147 Alexandra Building  
Main Road  
Somerset West

**Postal Address:**

PO Box 3800  
Somerset West  
7129

Telephone : (021) 852-7659  
Fax : (021) 852-7632  
E-mail : [headoffice@philippitrust.co.za](mailto:headoffice@philippitrust.co.za)

**Contact Person**

Linda Rowett

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**Services**

- offers training in the following courses:  
Listeners Course  
Certificate in Counselling  
Advanced Certificate in Counselling
- Diploma Specialist courses  
Adult Survivors of Child Sexual Abuse  
Compulsions and Dependencies  
HIV / AIDS  
Marriage  
Supervision: I, II, III

# WEST COAST REGION

## LEGAL SUPPORT & ADVICE

### ORGANISATIONS THAT CAN OFFER LEGAL ADVICE / COURT PREPARATION TO SURVIVORS

#### Black Sash: Cape Town

**Physical & Postal Address:**

4<sup>th</sup> floor Burleigh House  
24 Barrack Street  
Cape Town  
8000

Telephone : (021) 461-5607  
Fax : (021) 461-5918

**Contact Person**

Gadeja Oslodien

**Services**

- paralegal advice for women regarding violence, labour rights, and maintenance
- focus on human rights
- child grant
- legal advice
- maintenance
- labour rights
- 9am-4.30pm

#### Black Sash Advice Office: Knysna

**Physical Address:**

9 Pitt Street  
Knysna Centre  
Knysna

**Postal Address:**

PO Box 210  
Knysna  
6570

Telephone : (044) 382-4458  
Fax : (044) 382-3615  
E-mail : [sashknf@blacksash.org.za](mailto:sashknf@blacksash.org.za)

**Contact Person**

Lauren Nott

**Services**

- provide paralegal advice
- interdict applications and court preparation
- referrals for counselling
- workshops and talks to raise public awareness

#### Women's Legal Centre

**Physical Address:**

4<sup>th</sup> Floor-Pearl House  
Adderley Street  
Herengraght  
Cape Town

**Postal Address:**

P O Box 5356  
Cape Town  
8000

Telephone : (021) 421-1380  
Fax : (021) 421-1386

**Contact Person:**

Michelle O-Sullivan

**Services**

- litigate cases which advance women's' rights particularly constitutional cases
- produces briefs to assist courts in constitutional cases which concern women's rights

## special focus on:

- domestic violence
- customary marriages
- maintenance
- conduct advocacy



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## Citizen's Advice Bureau

**Physical Address:**

516 CTC Building  
Plein Street  
Cape Town  
8001

Telephone : (021) 461-7218

**Services**

- advice on legal aid, abused women, pensions, debts
- general immediate advice and referral to correct centres
- 9.30am-1pm

## LEGAL AID

**Please Note: Legal Aid Board conducts means-test and refers to a Justice Centre. Justice Centre provides legal services (as described below).**

---

### Legal Aid Board & Justice Centre, Athlone

**Physical Address:**

4 Wembley Centre  
4<sup>th</sup> floor  
21 Belgravia Rd  
Athlone  
7764

**Contact Person****Legal Aid Board**

Mr Chopendeka  
(021) 697-5252

**Justice Centre**

Miriam Noor  
(021) 696-5172

**Services**

- 8am-4pm
- Provides legal services to people who cannot afford an attorney. This covers most criminal and civil matters.
- Satellite clinics at most of the Magistrates Courts in the Metro Region

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### Legal Aid: Cape Town

**Physical Address:**

85 St George's Mall  
Nedbank Building  
Cape Town

**Postal Address:**

PO Box 516  
Cape Town  
8001

**Board Offices**

Telephone : (021) 611-5531

**Cape Town Justice Centre**

Telephone : (021) 426-4126

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## Legal Aid Board & Justice Centre: Mitchell's Plain

**Physical Address:**

Shop 70  
Westgate Mall  
Mitchell's Plain  
7785

**Justice Centre & Legal Aid Board**

Telephone : (021) 374-1171  
Fax : (021) 374-9955

**Contact Person**

Mr Scheepers

**Services**

- 8am-4pm
- Provides legal services to people who cannot afford an attorney. This covers most criminal and civil matters.
- Satellite clinics at most of the Magistrates Courts in the Metro Region
- Assist person who wants to apply for divorce
- Assist with drafting of summonses
- Assist with juveniles who are charge for criminal matters

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## Legal Aid: Bellville Satellite Office

**Physical Address:**

Magistrates Court  
Bellville

**Postal Address:**

Private Bag X10  
Bellville  
7535

Telephone : (021) 948-3921  
Fax : (021) 945-3387

**Contact Person**

Mrs. Engelbrecht

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## South African Woman Lawyers

**Physical Address:**

28 Eglestone Street  
Wynberg  
7800

**Postal Address:**

P O Box 18083  
Wynberg  
7824

Telephone : (021) 762-7906  
Fax : (021) 762-9010  
E-mail : pdandrews@mweb.co.za

## UNIVERSITY – BASED LEGAL AID

### University Legal Aid Services

Most university Law Faculties have a law clinic to give a service to the public and to provide Law students with practical legal training

Qualified attorneys supervise the students.

The service is provided for people who qualify below the Means Test of the Legal Board. They are not open all year round

### University of Western Cape Campus Law Clinic

#### Physical Address:

UWC  
Moddeerdam Road  
Bellville

Telephone : (021) 959-2756

Fax : (021) 959-2747

#### Contact Person

Beverley Frank

#### Services

- gender clinic
- female with family violence
- interdicts
- divorce matters
- maintenance enquiries
- civil matters
- motor vehicle accidents
- pension enquiries

### UCT Legal Aid Clinic

#### Physical Address:

Room 439  
Kramer Law School Building  
1 Stanley Road  
Rondebosch  
7700

#### Postal Address:

Private Bag  
Rondebosch  
700

Telephone : (021) 650-3551

Fax : (021) 650-5665

#### Contact Person

Miss Lee-Anne de le Hunt

#### Services

- give legal advice to the indigent
- 8.30am-4.30pm

## UCT satellite clinics

### Legal Aid Clinic: Elsies Rivier

**Physical Address:**

SHAWCO Health Centre  
Halt Rd

Telephone : (021) 650-3551  
Whole day : (021) 650-2676  
Mornings only : (021) 650-2226

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## UNIVERSITY OF STELLENBOSCH – LEGAL AID CLINIC

**Physical & Postal Address:**

44 Banghoek Road  
Stellenbosch  
7600

Telephone : (021) 808-3696  
Fax : (021) 808-3720

**Contact Person**

Mr. Kruger van der Walt

**Services**

- Marriage and divorce services
- Counselling
- Labour disputes
- Evictions
- Contractual matters
- CCMA
- Small Claims Court
- Other related civil matters

## ADVICE OFFICES ACROSS THE WESTERN CAPE

The Social Change Assistance Trust (**SCAT**) supports advice offices in the following areas – given in alphabetical order

Telephone: (021) 418 2575  
 Fax: (021) 418 6850  
 Email: info@scat.org.za

Botrivier Advice Office P O Box 96 Botrivier 7185 Tel. & Fax: (028) 284 9749	Ceres Advice Office P O Box 623 Ceres 6835 Tel.: (023) 316 2235 Fax (023) 316 2234
Development Action Group (DAG) 10 Lower Main Road Observatory 7925 Tel. (021) 448-7886/7/8/9 Fax (021) 447-1987	Early Learning Resource Unit (ELRU) P O Box 36553 Glosderry 7702 Tel. (021) 762 7500 Fax (021) 762 7528
Fort Beaufort Advice Office P O Box 259 Fort Beaufort 5720 Tel. & Fax: (046) 645 1738	Genadendal Resource & Advice Centre P O Box 27 Genadendal 7234 Tel. & Fax: (028) 251 8184
Grassroots Educare Trust P O Box 38055 Gatesville 7764 Tel. (021) 638 3111 Fax (021) 637 4423	Harlem Advice Office P O Box 11 Harlem 6467 Tel. & Fax (044) 763 1071
Hexvalley Advice Office Station Road De Doorns 6875 Tel.: (0233) 563 838 Fax (0233) 563 830	Klawer Advice Office 95 Boom Street Klawer 8145 Tel. & Fax: (02721) 61264
Komaggas Advice Office P O Box 374 Komaggas 8242 Tel. & Fax: (027) 821 1546	Macassar Advice Office P O Box 226 Macassar 7134 Tel. : (021) 857 1208 Fax : (021) 857 7035 / 1898

<p>Masikhule Community Centre for Rural Development  P O Box 6052  Zwelethemba  Worcester  6852  Tel.: (023) 345 2115  Fax: (023) 28752</p>	<p>NababEEP Advice Office  P O Box 44  NababEEP  8265  Tel. (027) 713 8743  Fax: (027) 713 8445</p>
<p>Ons Leer Mekaar  P O Box 16080  Vlaeberg  8018  Tel.: (021) 424 4164  Fax: (021) 424 3324</p>	<p>Paarl Advice Office  C/o One Up Supermarket  Newton  Wellington  7655  Tel. &amp; Fax: (021) 873 2489</p>
<p>Port Nolloth Advice Office  P O Box 392  Port Nolloth  8280  Tel. &amp; Fax: (027) 851 8035</p>	<p>Prins Albert Advice Office  P O Box 202  Prins Albert  6930  Tel. &amp; Fax: (023) 541 1340</p>
<p>Riviersonderend Advice Office  P O Box 30  Riviersonderend  7250  Tel.: (028) 261 1247  Fax: (028) 261 1371</p>	<p>Steinkopf Advice Office  P O Box 259  Steinkopf  8244  Tel. &amp; Fax: (027) 721 8344</p>
<p>Spoe-grivier Advice Office  P O Box 98  Kamieskroon  8241  Tel.: (027) 926 212  Fax: (027) 672 1923</p>	<p>Stellenbosch Advice Office  P O Box 1169  Stellenbosch  7599  Tel.: (021) 886 5027  Fax: (021) 883 3302</p>
<p>Swellendam Advice Office  Voortrekker Gebou  Voortrekkerstraat  Swellendam  6740  Tel. &amp; Fax: (028) 514 3569</p>	<p>Tulbagh Advice &amp; Resource Centre  P O Box 251  Tulbagh  6820  Tel. &amp; Fax: (023) 230 0945</p>
<p>Violsdrift Advice Office  P O Box 735  Steinkopf  8244  Tel. &amp; Fax: (027) 761 8717</p>	

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## Western Cape Workers Association

**Physical Address:**

1<sup>st</sup> Floor  
Metropolitan Building  
Cnr Tembe & Aden Street  
Athlone

Telephone : (021) 696-9718

Fax : (021) 697-1789

**Contact Person**

Zamile August

**Services**

- workers union
- fight for workers rights

---

## Western Cape Anti Crime Forum

**Postal Address:**

PO Box 484  
Gatesville  
7764

Telephone : (021) 699-0913

Fax : (021) 699-1048

Email : [anti.crime@wcacf.org.za](mailto:anti.crime@wcacf.org.za)

Website : [www.wcacf.org.za](http://www.wcacf.org.za)

**Contact Person**

Gaynor Wasser

**Services**

- general community advice bureau

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## Peninsula Advice Forum Branches:

### Lentegour

Telephone : (021) 374-1862

**Contact Person**

Virginia Vogt

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### Hanover Park

Telephone : (021) 686-7150

**Contact Person**

Adelaide

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### Manenberg

Telephone : (021) 692-2515

**Contact Person**

Louise Abrahams

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## Mitchell's Plain

Telephone : (021) 392-7128

### Contact Person

Dawn Adams

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## Bonteheuwel

Telephone : (021) 695-4929

### Contact Person

Fagmieda

# HUMAN RIGHTS AND LEGAL STRUCTURES

## Law Society of South Africa

### Physical Address:

Waalburg Building  
Cnr Wale & Burg Sts  
Cape Town  
8001

### Postal Address:

P O Box 4528  
Cape Town  
8000

Telephone : (021) 424-8060

Fax : (021) 421-1355

### Services

- deals with professional conduct of lawyers
- library and research

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## Legal Resources Centre

### Physical Address:

Greenmarket Place  
54 Shortmarket Place  
Cape Town  
8001

Telephone : (021) 423-8285

Fax : (021) 423-0935

Email : chantal@irc.org.za

### Contact Person

Mr Saldanha

### Services

- public interest law firm
- hrs: 08h30 – 16h45 Mon-Fri



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## LEAP: Legal Education Action Project

**Physical Address:**

4 Dickens Road  
Salt River  
7725

**Postal Address:**

PO Box 13204  
Mowbray  
7705

Telephone : (021) 448-5524  
Fax : (021) 448-5648

**Contact Person**

Matilda Smith

**Services**

- private organisation consisting of legal practitioners with own practices
- organisational development
- function: rural work, research advice, and planning
- train paralegals
- hours: 09h00 – 17h00 Mon-Fri

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## NADEL: National Association of Democratic Lawyers

**Physical Address:**

802 City Centre  
71 Loop St  
Cape Town  
8001

Telephone : (021) 421-0577  
Fax : (021) 421-0633

**Contact Person**

Johanna Kehler

**Services**

- 8.30am-5pm
- research and advocacy

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## Human Rights Commission

**Physical Address:**

132 Adderley Street  
7<sup>th</sup> floor ABSA building  
Cape Town  
8001

Telephone : (021) 426-2277  
Fax : (021) 426-2875

**Contact Person**

Victor Southwell

**Services**

- 8am-4.30pm

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## Commission for Gender Equality

**Physical Address:**

132 Adderly Street  
5<sup>th</sup> Floor  
ABSA Building  
Cape Town

**Postal Address:**

PO Box 1774  
Cape Town

Telephone : (021) 426-4080/1/2/3  
Fax : (021) 424-0549

**Contact Person**

Tasneem

**Services**

- 8.30am-5pm

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## Karoo Centre for Human Rights

**Physical Address:**

104B New Street  
Beaufort West  
6970

**Postal Address:**

82 Donkin Street  
Old Mutual Arcade  
Beaufort West

Telephone : (023) 414-2480  
Fax : (023) 414-2470  
Cell : 0826727198 / 0721880512  
Email : kcfhr@telkomsa.net

**Contact Person**

Thami / Danile

**Services**

- conduct workshops on key human rights issues
- empower women on their rights
- Dissemination some of the key legislations affecting the marginalized sectors of the society
- capacitate advice offices and ECD centre

## ISLAMIC LEGAL RESOURCES

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### Islamic Law Expert

**Physical Address:**

UCT  
Department of Religious Studies  
Rondebosch  
7700

Telephone : (021) 650-3452  
Fax : (021) 689-7575

**Contact Person**

Mr A Tayob

**Services**

- Contemporary Islamic, advice, referrals and legal aid.

---

### Islamic Council of SA (ICSA)

**Physical Address:**

21 Muir St  
Cape Town  
8001

Telephone : 083 228 2328

**Services**

- Islamic legal matters
- family issues, battery, rape counselling and legal

---

### Muslim Judicial Council

**Physical Address:**

20 Cashed Ave  
Athlone  
7764

**Postal Address:**

P O Box 38311  
Gatesville  
Athlone

Telephone : (021) 696-5150/1  
Fax : (021) 696-5154

**Services**

- Islamic legal matters
- family issues, battery, rape counselling
- Mon-Thur, 8am-4pm

# ECONOMIC EMPOWERMENT SERVICES

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## Organisations offering business advice

### CAPE METRO REGION

#### NICRO Business Service Centre

**Physical Address:**

2 Palestrina Rd  
Eastridge  
Mitchells Plain

Telephone : (021) 397-6063/4/5  
Fax : (021) 397-4643

**Contact Person**

Charmaine Moses  
R Majiet

**Services**

- assist clients with achieving economic independence
- assist in setting up a business or enhancing an existing business
- assist in drawing up business plans
- offer business loans

---

## Job Creations

**Physical Address:**

Portland Rd  
Phillippi  
7785

**Postal Address:**

PO Box 24288  
Lansdowne  
7779

Telephone : (021) 371-6101  
Fax : (021) 374-4301

**Services**

- give advice about business
- loans to start businesses available
- 8.30am-4.30pm

---

## Labour Department

**Physical Address:**

22 Parade Street  
Thomas Boydell Building  
Cape Town

**Postal Address:**

P O Box 872  
Cape Town  
8000

Telephone : (021) 460-5911  
Fax : (021) 462-0981

**Contact Person**

Mr Groenewald: 462-5026  
Miss Tshanga: 462-3680

**Services**

- unemployment insurance
- employment & skills development
- inspection & enforcement
- labour market information
- management & support services

---

## The Caring Network

Telephone : (021) 689-4226

### Contact Person

Zanele Rini

### Services

- part of CWD programme
  - trains unemployed women in community caring skills and home-based care
  - trainees can then find employment or work as volunteers
- 

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## Ilitha Labantu: Gugulethu Office

### Physical Address:

NY22-26A  
Gugulethu  
7750

### Postal Address:

PO Box 7  
Woodstock  
7915

Telephone : (021) 633-2383  
Fax : (021) 638-2956  
Email : [ilitha@iafrica.com](mailto:ilitha@iafrica.com)

### Contact Person

Mrs Somdaka

### Services

- "BRIDGE" employment training project
- 

## WEST COAST REGION

### North West Coast Women's Economic Forum

(No Office Address)

Telephone : (027) 432-1699

### Contact Person

Margaret Kamfer (Chairperson of Forum)

### Services

- economic education and empowerment of women in the community

## KAROO REGION

### Klawervlei & Karoo Community Development Program

**Physical Address:**

Bridgette Building  
Church Street  
Beaufort West  
6970

**Postal Address:**

PO Box 1172  
Beaufort West  
6970

Telephone : (023) 415-2882  
Fax : (023) 415-2882  
Email : bw@minds.co.za

**Contact Person**

William Syzaar

**Services**

- help unemployed farm women
- Mon-Thurs 8am-4pm
- Fri 8am-3pm

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## BOLAND

### MAG Training Centre

**Physical Address:**

Sultana Crescent  
Montagu  
6720

**Postal Address:**

PO Box 365  
Montagu  
6720

Telephone : (023) 614-1175  
Fax : (023) 614-3477

**Contact Person**

Yasmina Pandy

**Services**

- Offers business training for small, medium and micro enterprises
- Trains between 10-15 people at a time
- Provide training for entrepreneurs in the Breede River and Windlands region
- Provides training in Tourism development

## RESEARCH SERVICES

If you wish to access existing research or find out about studies on Violence against Women, or initiate your own research project, please contact any of the following projects. The Research Focus Group of the Network on Violence against Women can be reached by calling Network Co-ordinator: (021) 633 5287 or any of the members listed below:

### Medical Research Council (MRC) Women's Health Project

**Physical Address:**

Fransie van Zyl Street  
Parow

**Postal Address:**

PO Box 19070  
Tygerberg  
7505

Telephone : (021) 938-0445

Fax : (021) 938-0310

**Contact Person**

Naeema Abrahams

### Community Law Centre: UWC

#### Gender Project

**Physical Address:**

New Social Science Building  
UWC Campus  
Bellville

**Postal Address:**

Private Bag X17  
Bellville  
7535

Telephone : (021) 959-2353

Fax : (021) 959-2411

**Contact Person**

Helene Combrink

**Services**

- research and advocacy
- 8.30am-4.30pm
- information & education workshops
- publish plain language on legal developments and women's rights
- resource centre

## Institute of Criminology: UCT Gender, Law and Development Project

### Postal Address:

Institute of Criminology  
Private Bag  
Rondebosch  
7701

Telephone : (021) 650-2736/ 5626  
Fax : (021) 650-3790  
Email : lartz@law.uct.ac.za or  
parenzee@law.uct.ac.za

### Contact Person

Lillian Artz, Chief Researcher / Lecturer  
Penny Parenzee, Senior Researcher / Fieldworker

### Services

- 8.30am-5.00pm
- Socio-legal and criminological research and teaching relating to domestic violence, sexual offences, criminal justice reform, feminist jurisprudence, feminist research methods, victimology, access to justice, the sex work industry.
- Criminal justice training
- Policy development and legal reform
- Advocacy
- Dissemination of research in both academic and plain language documents
- Special interests: access to justice for rural women; women farm workers; violence and development.
- Resource Centre (Social Justice Resource Project).
- Academic supervision

## Khib Women's Centre

### Physical Address:

C/o Gender Equity Unit  
UWC

Telephone : (021) 959-3488 / 3736  
Fax : (021) 959-1314

### Contact Person

Yvette Abrahams  
Vainola Makan

### Services

- researching women's issues, then piloting it and training women to implement the findings

## Gender Equity Unit: UWC

### Physical Address:

University of the Western Cape  
Modderdam Road  
Bellville

### Postal Address:

Private Bag X17  
Bellville  
7535

Telephone : (021) 959-3736  
Fax : (021) 959-1306  
Email : gender@uwc.ac.za

### Contact Person

Vanessa Ludwig

### Services

- Women in development, violence against women, equity and sexuality



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## African Gender Institute: UCT Gender-based Violence Programme

Telephone : (021) 650-2970 / 1  
Fax : (021) 685-2142  
Email : jbenet@agi.uct.ac.za

### Contact Person

Jane Bennet

### Services

- Research and training around sexual harassment on campuses, and gender-based violence

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## Government Communication Information Systems (GCIS)

### Physical Address:

13 Taylor avenue  
Beaufort West  
6970

Telephone : (023) 415 3418  
Fax : (023) 41424  
Email : kcfhr@telkomsa.net

### Contact Person

Geraldine Thopps

### Services

- Dissemination of government information and programme

## RELATED SUPPORT SERVICES

### VIOLENCE AGAINST CHILDREN & CHILDCARE SERVICES

#### Department of Social Services and Poverty Alleviation CHILD PROTECTION CO-ORDINATORS

DISTRICT OFFICE	NAME	TEEPHONE NUMBER	FAX NUMBER
Provincial Child Protection Coordinator	Cheryl Blankenberg	021 483 5813	021 4838719
Athlone	Elizabeth Short	021 6968038	021 6975543
Atlantis	Alec America	021 5771084	021 5773209
Beaufort West	Carol-Anne Benadie	023 4143204	023 4142128
Bellville	Mita Solomons	023 9407192	023 9483024
Caledon	Camilla Balie	028 2143000	028 2141780
Cape Town	Sharmiela Cummings	021 4819717	021 4238331
Eersterivier	Emelda April	021 9041021	021 9041164
George	Ingrid Parks	044 8742010/ 044 8742020	044 8735422
Guguletu	Tozama Nglongolo	021 6380004/12	021 6385117
Khayelitsha	Nontombi	021 3641330/6	021 3641337
Mitchell's Plain	Eudie October	021 3704800	021 3761342
Nyanga	L Ngumbela	021 3861209	021 6385117
Oudsthoorn	Romona Links	044 2728977	044 272 4007
Paarl	Maria Beukes	021 8711682	021 8720049
Vredendal	Fredie Wagener	027 2132096	027 2132142
Worcester	Carol Wehr	023 3485300	023 347 5181
Wynberg	Neville Dampies	021 7109828	

## SAPS CHILD PROTECTION UNITS (CPUs) AND INDIVIDUALS

### CAPE METRO AREA

#### Cape Town Child Protection Unit (Goodwood)

##### Physical Address:

Cnr Voortrekker Road & Vanguard Drive  
Goodwood

##### Services

- 8.30am-4pm

##### Postal Address:

PO Box 12321  
N1 City Goodwood  
7463

Telephone : (021) 592-2601/3/5  
Fax : (021) 592-2649  
Standby : 083 3086124

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## Cape Town Unit (Mitchells Plain)

**Physical Address:**

Alpha Street 2  
Alpha Park  
Eastridge  
Mitchells Plain  
7789

Telephone : (021) 376-3032/5/9

Fax : (021) 376-3121

Standby : 083 3086335/46

**Services**

- 7.30am-4pm

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## BOLAND

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### Paarl Child Protection Unit

(Works together with Paarl-East)

Telephone : (021) 807-4088

Fax : (021) 807-4082

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### Paarl-East Child Protection Unit

**Physical Address:**

Bourg River Boulevard  
Paarl

**Postal Address:**

PO Box 240  
Paarl  
7646

Telephone : (021) 807-4000

Fax : (021) 807-4082

Standby : 083 764 6842

**Services**

- 7.30am-4pm

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### Worcester Child Protection Unit

**Physical Address:**

112 High Street  
Worcester  
6850

**Postal Address:**

Private Bag X3066  
Worcester  
6849

Telephone : (023) 342-2496

Fax : (023) 342-34457

**Services**

- 7.30am-4pm

## SOUTHERN CAPE

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### George Child Protection Unit

**Postal Address:**

Private Bag X7003  
Pacalsdorp  
6529

Telephone : (044) 878-0410

Fax : (044) 878-0551

## CHILD ABUSE SERVICES

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### CAPE METRO

#### Safeline

**Physical Address:**

1<sup>st</sup> Wembley Building  
Belgravia Road  
Athlone

**Postal Address:**

PO Box 36091  
Glosderry  
7702

Telephone : (021) 693-0303

Fax : (021) 696-0308

Crisis Line : (021) 426-1100

Cell : 072 367 4588

E-mail : ljones@telkom.net

**Services**

- child sexual abuse
- counselling adult/child sexual abuse
- court preparation
- group therapy
- 8.30am-4.30pm
- 24 hour crisis line

**Contact Person**

Person on duty

---

### Child Welfare Society:

**Physical Address:**

Klipfontein Road  
Gatesville  
7760

**Postal Address:**

PO Box 374  
Gatesville  
7760

Telephone : (021) 638 3127

Fax : (021) 638 5277

**Services**

- child protection
- foster care and adoption
- care for street children
- parenting and care giving training
- HIV/Aids awareness programmes
- Training
- residential care

---

## Aids Legal Network

**Physical Address:**

Suite 6F  
Waverley Business Park  
Dane road  
Mowbrey  
7700

**Postal Address:**

P O Box 13834  
Mowbrey  
7705

Telephone : (021) 447-8435  
Fax : (021) 447-9946  
E-mail : alncpt@aln.org.za

**Services:**

- Legal advice desk
- Workshop / education Training
- HIV / AIDS resource Manual
- Research
- Networking

**Contact Person**

Sandy Okkers

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## Child and Family Welfare Organisations across the Province

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### Child & Family Welfare: Grabouw

**Physical Address:**

Ou Kaapse Weg  
Ou Kliniek Gebou  
Pineview  
7160

**Services**

- family social services
- HIV/Aids
- 8am-4.15pm

**Postal Address:**

PO Box 1011  
Pinewood  
Grabouw  
7160

Telephone : (021) 859-2283  
Fax : (021) 859-3597

**Contact Person**

Mrs Eunice Pheunison  
Ms Geland  
Ms Nondumiso

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## Child and Family Welfare: Paarl

**Postal Address:**

PO Box 1030  
Nederburg  
Paarl  
7627

Telephone : (021) 862-6182  
Fax : (021) 862-7331

**Contact Person**

Mr Kulsen

**Services**

- child and family social services
- 8am-4pm

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## Kindersorgvereniging: Worcester

**Physical Address:**

81 De Wet Street  
Worcester  
6850

**Postal Address:**

PO Box 24  
Worcester  
6850

Telephone : (023) 347-0190  
Fax : (023) 342-0066

**Contact Person**

Mrs Watt-Heyes (social worker)

**Services**

- deals with child abuse and other childcare issues
- 8am-4.30pm

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## Kindersorgvereniging: Lamberts Bay

**Physical Address:**

Van Zyl Street  
Lamberts Bay  
8130

**Postal Address:**

PO Box 128  
Lamberts Bay  
8130

Telephone : (027) 432-2639  
Fax : (027) 432-1969

**Contact Person**

Jennifer Page (Social Worker)

**Services**

- deals mainly with childcare
- 8am-4.30pm

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## Nonceba Advice and Family Care Centre

**Physical Address:**

G323 SHAWCO 2  
Mongezi Rd  
Khayelitsha  
7784

Telephone : (021) 364-0135  
Fax : (021) 364-0135  
Cell : 083 364 5381

**Contact Person**

Nocawe Mankayi

**Services**

- 8am-5pm
- Counselling – children and adults
- Placement for abandoned children

---

## RAPCAN

**Physical Address:**

DP Marais Centre  
C/o of White and Main Road  
Retreat

**Postal Address:**

Postnet Suit 87  
Private Bag X12  
Tokai  
7966

Telephone : (021) 712-2330  
Fax : (021) 712-2365

**Contact Person**

Lorna Siers

**Services**

- 8am-4.30pm
- awareness raising about child abuse
- skills training in basic
- child abuse awareness programme
- develop educational materials for community awareness and run workshops for police
- resource library
- referrals for counselling

---

## Afrikaanse Christelike Vrouevereniging (ACVV)

**Physical Address:**

61 Caledon Street  
Cape Town  
8000

**Postal Address:**

PO Box 3834  
Cape Town

Telephone : (021) 461-1109/7447  
Fax : (021) 461-0074

**Contact Person**

Erika Grimbuk

**Services**

- child-care services
- Family Welfare Agency
- only for children under 12 years
- provides a range of services to the community
- hours: 08h00-16h15
- social work
- HIV/Aids therapy & advice

---

## Child Care Information Centre

**Physical Address:**

Red Cross Hospital  
Klipfontein Road

**Postal Address:**

**PO Box 3834**  
Cape Town

Telephone : (021) 689-1519

Telephone : (021) 658-5526

Fax : (021) 689-5403

**Contact Person**

Lizette Berry

**Services**

- information on all aspects of childcare to families, health, educational and social services workers
- open to students and public
- 8.30am-4.30pm

---

## Child Protection Centre

**Physical Address:**

Somerset Hospital  
Green Point  
8001

**Postal Address:**

PO Box 131  
Cape Town  
8000

Telephone : (021) 425-5245

Fax : (021) 423-8331

Toll-free : 0800 555 55

**Contact Person**

Sharmilla Cummings

**Services**

- 1-stop anti-abuse centre
- doctors, therapists, social workers
- 24 hour service
- state service

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## BADISA: Head Office

**Physical Address:**

Head Office  
PO Box 8  
Belville  
7535

Telephone : (021) 957 7130

Fax : (021) 957 7131

**Services**

- Child and family case work
- Social work services
- Mainly Afrikaans
- HIV/Aids



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## BADISA: Elsie's River

**Physical Address:**

6de Straat 91  
Elsiesrivier  
7490

Telephone : (021) 932-6721  
Fax : (021) 933-1072

**Services**

- child and family case work
- social work services
- mainly Afrikaans
- HIV/Aids

---

## Fish Hoek, Kommetjie & Noordhoek Welfare Society

**Physical Address:**

Cnr Castor & Draco Str  
Ocean View  
7975

**Postal Address:**

PO Box 22182  
Simonstown  
7974

Telephone : (021) 783-1166  
Fax : (021) 783-1274

**Services**

- Community Welfare Services in the magisterial district of Simonstown
- employs social workers
- refers clients to other services

**Contact Person**

Madelein Julies

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## Khumbulani Orphanage

**Physical Address:**

1 225  
Nanana Street  
Khayelitsha

Telephone : (021) 361-1921  
Fax : (021) 364-6033  
Cell : 0837332657

**Services**

- 24hr HIV/ AIDS and child abuse service

**Contact Person**

Gloria Bebeza

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## Empilweni Project

**Physical Address:**

A500 Makabeni Street  
Khayelitsha

Telephone : (021) 361-7590 / 7063

Fax : (021) 361-7569

**Contact Person**

Pricilla Baleni

**Services**

- mental health needs for children and family e.g. support for raped child
- support children whose parents are HIV positive

---

## Nonceba Family Counselling Centre

**Physical Address:**

G323 Shawco 2  
Mongezi Road  
Khayelitsha  
7784

Telephone : (021) 364-0135

Fax : (021) 364-0135

Cell : 0833645381

**Contact Person**

Nocawe Mankayi

**Services**

- Deal with all forms of child abuse e.g. abandonment, neglect, rape, sexual abuse, physical and economical abuse
- Counselling
- Child abuse awareness
- Intervention and education on child abuse
- Workshops for teachers home visits to clients
- Place of safety to victims of abuse

---

## EI-O-HIM Shelter

Telephone : (021) 397- 1936

Fax : (021) 397- 1936

**Contact Person**

Eileen Ernstzen

**Services**

- shelter for abused women and their children
- offers counselling and support
- no charge, donations welcome
- Life skills, motivating workshops

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## Cape Town Refugee Forum

**Physical Address:**

F12 First Floor  
Wynberg Centre 123  
Main Road  
Wynberg

Telephone : (021) 762-9670

Fax : (021) 761-2294

**Contact Person**

Julaine Olkers

# HELDERBERG

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## PATCH

### Physical Address:

Community Care  
Lyndhurst Centre  
Cnr Dummer and Doyle Streets  
Somerset West  
7129

Telephone : (021) 852-6110  
Fax : (021) 852-7599

### Contact Person

Christian Ben-over

### Services

- 24 hour service for children
- therapy for sexually abused children
- prevention programs/talks
- court support
- 24 hour crisis line
- HIV/Aids

## CHILDREN SHELTERS

### ✉ Agape Community Services:

☎ 083 341 8781  
Children in crisis

### ✉ GC Williams: 66 Tarentaal Road, Bridgetown, 7764 PO Box 36091, Glossderry, 7702

☎ (021) 637 1254  
☎ (021) 637 1286

### ✉ Beautiful Gate: P.O. Box 263, Muizenberg, 7950

☎/☎ (021) 788 6498

### ✉ Kidshelter: 28 St Barbara Street, St. Montague Village, Lavender Hill, 7945

☎ (021) 701 8840  
☎ (021) 701 8848

### ✉ Ons Plek: 4 Albertus Street, Cape Town, 8000

☎ (021) 465 4829  
☎ (021) 461 0530

### ✉ The Homestead: 150 Strand Street, Cape Town, 8000

Private Bag 21538 Kloofstreet 8008  
☎ (021) 419 9763/4  
☎ (021) 419 2600

### ✉ The Bridge: Chapel Street, District 6, Cape Town, 8001

☎ (021) 419 9763/4  
☎ (021) 419 2600

### ✉ Bright Light's Skuiling: 15 Edgar Street, Somerset West, 7130

☎/☎ (021) 8512414

### ✉ Beth Uriel (16-24 years): 289 Victoria Road, Salt River, 7925,

PO Box 335 Woodstock 7915  
☎ (021) 447 8727  
☎ (021) 448 2775

### ✉ Claremont Children: P.O. Box 18008, Wynberg, 7824

No. 1 Fir Street, Claremont  
☎ (021) 683 5756  
☎ (021) 797 3390

✉ **Don Bosco Hostel (16-24 years):** 2 Somerset Road, Cape Town, 8001

☎ (021) 421 6764

☎ (021) 425 1452

☎ (021) 419 1312

✉ **Percy Bartley House:** 44 Pine Road, Woodstock, 7925

☎ (021) 447 5722

## Provincial Administration of the Western Cape: Social Services

### PAWCSS Offices in Cape Metro

#### PAWCSS: Nyanga

Telephone : (021) 386-1208

Fax : (021) 386 1208

#### PAWCSS: Gugulethu

##### Physical Address:

Cnr NY1 & Lansdowne Road

Gugulethu

7750

##### Services

- 7.30am-4pm

##### Postal Address:

Private Bag X11

Athlone

7764

Telephone : (021) 638-5151

Fax : (021) 638 5117

##### Contact Person

Mrs Zanele Mophakela

#### PAWCSS: Khayelitsha

Telephone : (021) 364-1330

Fax : (021) 364-1337

#### PAWCSS: Mitchell's Plain

##### Physical Address:

Mitchells Plain Ward 1 & 11

Lentegeur Hospital

Mitchells Plain

7785

##### Postal Address:

Private Bag X11

Athlone

7764

Telephone : (021) 370-4800

Fax : (021) 376-1342

##### Contact Person

H. Short

L. Osper

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## PAWCSS: Cape Town

**Physical Address:**

48 Queen Victoria Street  
Cape Town  
8001

**Services**

- 7.30am-4pm

**Postal Address:**

PO Box 131  
Cape Town  
8000

Telephone : (021) 481-9700

Fax : (021) 423-8331

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## PAWCSS: Athlone

Telephone : (021) 696-8038

Fax : (021) 696-8072

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## PAWCSS: Wynberg

**Physical Address:**

Cnr Maynard & Station Road  
Wynberg  
7824

**Services**

- 7.30am-4pm

**Postal Address:**

Private Bag X25  
Wynberg  
7824

Telephone : (021) 710-9800

Fax : (021) 761 9998

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## PAWCSS: Bellville

**Physical Address:**

107 Voortrekker Road  
Bellville  
7535

**Services**

- 7.30am-4pm

**Postal Address:**

Private Bag X50  
Bellville  
7535

Telephone : (021) 940-7100

Fax : (021) 948 3024

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## PAWCSS Eerste River

**Physical Address:**

42 Main Road  
Eerste River  
7100

**Postal Address:**

Private Bag X1  
Eerste River  
7100

Telephone : (021) 900-4500

Fax : (021) 904-1164

**Services**

- registration of Welfare organisations for collections
- request for subsidiaries
- 7.30am-4pm

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## PAWCSS OFFICES ACROSS THE WESTERN CAPE

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### PAWCSS: George

**Physical Address:**

42 Courtney Road  
George  
6530

**Postal Address:**

Private Bag X6508  
George  
6530

Telephone : (044) 874 2020/10

Fax : (044) 873 5422

**Services**

- 7.30am-4pm

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### PAWCSS: Oudtshoorn

Telephone : (044) 272-8977

Fax : (044) 274 1612

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### PAWCSS: Beaufort West

Telephone : (023) 414-3204

Fax : (023) 414-2128

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### PAWCSS: Worcester

**Physical Address:**

28 Fairburn Street  
Worcester  
6850

**Postal Address:**

Private Bag X3052  
Worcester  
6850

Telephone : (023) 348-5300

Fax : (023) 347-5181

**Services**

- 7.30am-4pm

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### PAWCSS: Vredendal

Telephone : (027) 213-2096

Fax : (027) 213-2142

# HOSPITAL SERVICES FOR ABUSED CHILDREN

## CAPE METRO REGION

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### Red Cross Children's Hospital

**Physical Address:**

Klipfontein Rd  
Rondebosch  
7700

**Postal Address:**

Private Bag X3052  
Worcester  
6850

Telephone : (021) 658-5111

Fax : (021) 685-3891

Social work department:

Telephone : (021) 658-5196

**Contact Person:**

Andre Peters

**Services**

- referrals only
- battery and sexual abuse victims only if referred by other hospitals or social workers
- hours: 08h30-16h30 Mon-Fri

---

### Child and Family Unit, Red Cross Children's Hospital

Telephone : (021) 658-4103

Fax : (021) 685-4107

**Contact Person:**

Dr Carl Ziervogel

**Services**

- referrals only
- family form must be requested and completed
- hours: 08h30-16h30 Mon-Fri

---

### Child and Family Unit, Lentegeur Hospital

**Physical Address:**

Lentegeur Hospital  
Highlands Drive  
Mitchell's Plain  
7785

**Postal Address:**

Private Bag X3052  
Worcester  
6850

Telephone : (021) 370-1498

Fax : (021) 371-7359

**Contact Person:**

William Slate

**Services**

- psychiatric treatment
- referrals only

## CHILDREN'S HOMES AND PLACES OF SAFETY

For detailed information of Children's Homes and Places of Safety contact:

---

### The National Association of Child Care Workers

**Physical Address:**

47 Kromboom Road  
Rondebosch East  
7702

**Services**

- 8am-4pm

**Postal Address:**

PO Box 36407  
Glosderry  
7702

Telephone : (021) 697-4123

Fax : (021) 697-4130

**Contact Person:**

Merle Allsopp

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## DEPARTMENT OF EDUCATION AND CULTURE: SCHOOL PSYCHOLOGICAL SERVICES

### Head Office

**Physical Address:**

Maynard Plaza  
Station Rd  
Wynberg  
7800

**Services**

- psychological and guidance services
- referrals made to other services
- psychologists may refer to school clinics
- 7.30am-4pm

**Postal Address:**

Private Bag X7  
Wynberg  
7800

Telephone : (021) 799-4911

Fax : (021) 797-1914



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## Mitchells Plain School Clinic

**Physical Address:**

Cnr Aloe and Bamboo Roads  
Lentegeur  
7785

**Postal Address:**

Private Bag X3052  
Worcester  
6850

Telephone : (021) 374-4107

Fax : (021) 374-9143

**Services**

- counselling and psychotherapy
- parents wishing to make use of this should consult the school
- serves Cape Flats area
- HIV/Aids
- 7.30am-4pm

---

## Newlands School Clinic

**Physical Address:**

Cnr Kildare Rd and Main St  
Newlands  
7700

Telephone : (021) 674-2057/8

Fax : (021) 674-2176

**Contact Person**

Brad Bailey

**Services**

- testing and guidance
- some remedial tuition offered
- workshops with schools on social and academic issues
- hours: 08h00-16h00

---

## Parow School Clinic

**Physical Address:**

16 Talent St  
Parow  
7500

**Postal Address:**

Private bag X38  
Parow  
7499

Telephone : (021) 939-7021

Fax : (021) 939-7073

**Services**

- testing and guidance
- some remedial tuition offered
- serves Northern suburbs
- 7.30am-4pm

---

## Cape Town School Clinic

**Physical Address:**

Upper Orange Street  
Cape Town  
8001

Telephone : (021) 465-2438

Fax : (021) 462-2548

**Services**

- testing and guidance
- some remedial tuition offered
- Atlantic Seaboard and City Bowl area
- 8am-4pm

# ADOLESCENT AND CHILD TREATMENT CENTRES

## CAPE METRO REGION

### Mitchells Plain Youth Development

**Physical Address:**

Room 7 Foschini Building  
Town Centre  
Mitchell's Plain

Telephone : (021) 392-6101  
Fax : (021) 392-5197

**Services**

- counselling and outreach programmes for people 8 -35

### Child Guidance Clinic, UCT

**Physical Address:**

Chapel Rd  
Rosebank  
7700

Telephone : (021) 650-3901  
Fax : (021) 689-1006

**Contact Person**

Debora Platen

**Services**

- full psychological and scholastic assessment
- therapeutic and remedial services
- not open to the public
- limited family therapy given
- mainly for school children
- hours: 08h30-17h00 Mon-Fri

### William Slater

**Postal Address:**

PO Box X9  
Rondebosch  
7700

Telephone : (021) 685-5116/7  
Fax : (021) 689-1343

**Contact Person**

Dr. Vic Shortall  
Sister in Charge

**Services**

- It is a psychiatric unit of Groote Schuur Hospital and the Medical School of UCT
- A tertiary care psychotherapy centre specialising in the care and treatment of the young adults between the ages of between the ages of 14 and 25 years with emotional and behavioural problems.
- Individual therapy, group therapy and programmes for adolescents with emotional and behavioural difficulties.
- 7am-4pm

### Wynberg Child Abuse Protocol Centre

**Physical Address:**

C/o Church and Station Street  
3<sup>rd</sup> Floor Maynard Plaza  
Wynberg

**Postal Address:**

P O Box 25  
Wynberg  
7824

Telephone : (021) 762-3954  
Fax : (021) 761-9998  
Cell : 083 678 9114  
E-mail : [ndampies@pgwc.gov.za](mailto:ndampies@pgwc.gov.za)

**Contact Person:**

Mr. Neville Dampies

**Services:**

- 24 Hr Services for child victim of abuse, neglect and exploitation
- Rendering and accessible, holistic and integrated service from 08:00 to 16:00 weekdays and 24hr services over weekends and public holidays, by social workers, police, justice and health workers.
- The after-hour centre operates within the Wynberg area (Wynberg and Simon's Town District Office, where social workers operate from 07:30 to 16:00.
- As from 16:00, a volunteer manages the telephone and links up with a social worker who is on call as from 16:00 to 07:30.
- At 24:00, the volunteer leaves the centre and the voice prompt provides the caller with the cell phone number of the social worker on duty, in case of an emergency.

## CHILD AND FAMILY WELFARE ORGANISATIONS ACROSS THE PROVINCE

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### The Parent Centre

**Physical Address:**

155 On Main (3<sup>rd</sup> Floor)  
Main Road  
Wynberg

**Postal Address:**

P O Box 18889  
Wynberg  
7824

Telephone : (021) 762-0116  
Fax : (021) 762-5160  
E-mail : info@parentcentre.org.za

**Contact Person:**

Celeste van der Merwe

**Services**

- Parenting and Care giving:
- Educative and supportive services in the formant of:
- Counselling
- Talks of all aspects
- Workshops on child nurturing
- "Training of Trainers"
- Leadership skills

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### Child & Family Welfare: Grabouw

See page 93 for information

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### Child and Family Welfare: Paarl

See page 94 for information

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### Kindersorgvereniging: Worcester

See page 94 for information

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### Kindersorgvereniging: Lamberts Bay

See page 94 for information

# MARRIAGE AND DIVORCE SERVICES

## GENERAL INFORMATION

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### Citizen's Advice Bureau

#### Physical Address:

Ruskin House  
10<sup>th</sup> Floor  
Roeland Street  
Cape Town

Telephone : (021) 461-7218/9

Fax : (021) 461-8173

#### Contact Person

Jennifer Page (Social Worker)

#### Services

- information, advice and assistance on any issue including legal issues like divorce and maintenance
- open 09h30-13h00 only

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## COUPLE COUNSELLING

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### Catholic Welfare and Development

#### Physical Address

Green Point  
37a Somerset Road  
Cape Town  
8001

#### Postal Address:

Private Bag X8  
Cape Mail 8003  
South Africa

Telephone : (021) 425-2095/6/7

Fax : (021) 425-4295

Cell : 083 265 0917

#### Contact Person

Jasper Walsh  
Director

#### Services

- open to all denominations
- social work and counselling, especially family and marital counselling

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### FAMSA: Observatory

FAMSA, Khayelitsha

FAMSA, Oudtshoorn

FAMSA, George

FAMSA, Knysna

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### NICRO Women's Support Centre

See page 13 for information

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## CWD Woman Awakened Programme

**Physical Address:**

Multi Purpose Centre  
Halt Road  
Elsies River

**Postal Address:**

Box 78  
Matroosfontein  
7490

Telephone : (021) 931-3725  
Fax : (021) 933- 2897  
Email : [radicalchange-cwd@yahoo.com](mailto:radicalchange-cwd@yahoo.com)

**Services**

- \* family and marital counselling
- \* HIV/ AIDS referrals
- \* One on one counselling
- \* Couple counselling on spouse abuse
- \* Treatment for perpetrator
- \* referrals

**Contact Persons**

Sharon Rhode, Melo or Lorraine van der Westhuizen

---

## Embizweni Voluntary Association

**Physical Address:**

Room 5& 8  
E 505 Scott Street, CWD  
Khayelitsha  
7784

Telephone : (021) 361-6558  
Fax : (021) 361-9334  
Cell : 0827381693  
Email : [embizweni@absamail.co.za](mailto:embizweni@absamail.co.za)

**Services**

- workshops dealing with DVA, relationships, masculinity, gender equality, parenting skills, sex and sexuality and HIV/AIDS
- Family Camps- twice a year
- Children excursions- twice a year
- Counselling for domestic violence, marital issues, divorce, child abuse, grief and bereavement, HIV/AIDS

**Contact Person**

Dumisani Nqina

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## Islamic Social and Welfare Association (ISWA)

**Physical Address:**

11 1<sup>st</sup> Avenue  
Belgravia  
7764

**Postal Address:**

PO Box 447  
Athlone  
7760

Telephone : (021) 696-3000/3  
Fax : (021) 697-4606

**Services**

- marriage counselling
- project – sewing, handcrafts (free)
- Training of Social Auxiliary Workers
- Training of community workers
- Training of trainers in Social Welfare field

**Contact Person**

Mrs N Manuel Davids

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## Muslim Assembly

**Physical Address:**

38 Lodewyk Road  
Newfields Estate  
Newfields/Athlone  
7764

**Postal Address:**

PO Box 60  
Gatesville  
7766

Telephone : (021) 692-1237/8  
Fax : (021) 692-3984

**Services**

- mostly for Muslims but open to all
- community, social, cultural religious, and welfare services including: marriage counselling and family care
- rehabilitation of drug abusers and prisoners
- family planning
- Mon-Thurs, 9am-4pm
- Fri, 9am-12pm

---

## Southern Divorce Court

**Physical Address:**

Parade Street  
Justitia Building  
Cape Town  
8800

Telephone : (021) 401-1631/ 2 / 5  
Fax : (021) 461-2298

**Contact Person:**

Wayne Deck  
J. Blanchard

## MUSLIM

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**Divorce Support Group**  
See page 54 for information

## PREGNANCY SERVICES

Please Note: In compiling this section, we have sought to include services, which assist women in making an informed choice about their pregnancy

### COUNSELLING AND INFORMATION

#### CAPE METRO

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##### Options Pregnancy Centre

###### Physical Address:

Bavington Villa  
7 Wiener Road  
Goodwood  
7460

Telephone : (021) 592-2183/4  
Fax : (021) 592-2184  
Cell : 082 742 5863

###### Contact Person

Tertia Basson

###### Services

- counselling for individuals and families
- educational
- referral to medical services or legal aid
- adoption / pregnancy care
- do not encourage abortion, but allow client to make her own decision
- clinic-scanning

#### SOUTHERN CAPE

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##### Options: George Satellite Office

###### Physical Address:

122 York Street  
George  
6529

###### Postal Address:

PO Box 758  
George  
6530

Telephone : (044) 874-7414  
Fax : (044) 874-7414  
Email : edwall.vsc@pixie.co.za

###### Contact Person

Laurie Edwall

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## Options: Mossel Bay (also covers Knysna)

**Physical Address:**

4 Montague Place  
Montagu Street  
Mossel Bay  
6500

**Postal Address:**

PO Box 1670  
Mossel Bay  
6500

Telephone : (044) 691-3487  
Cell : 082 956 1041  
Fax : (044) 691-1401

**Contact Person**

Erica Caetano

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## COMMUNITY HEALTH CENTRE

**Physical Address:**

CHC Marine Way  
Plettenberg Bay

**Postal Address:**

Private Bag x 1002  
Plettenberg Bay  
6600

Telephone : (044) 501-3200  
Fax : (044) 533-3846  
E-mail : [clinic@plett.gov.za](mailto:clinic@plett.gov.za)

**Contact Person:**

Sr. Noëlle Rist

**Services:**

- Termination of Pregnancy (TOP) counselling
- Referral to 2<sup>nd</sup> Hospital- Knysna Hospital
- Contraception advice and dispensing

---

## Family Planning Youth Services: CPA

**Physical Address:**

10 Kruskal Avenue  
Bellville  
7530

Telephone : (021) 946-2306  
Fax : (021) 946-2021

**Services**

- offers family planning to youth and adults
- gives advice and counselling in all aspects of teenage relationships
- Mon-Fri 07h30-16h30
- Sat 08h30-12h30



## Pregnancy Advisory Service

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### Groote Schuur Hospital

**Physical Address:**

Groote Schuur Hospital  
Ward J2  
Observatory  
7925

Telephone : (021) 404-4502

**Services**

- correct channel to seek legal abortions
- offers counselling for any women married/single who wishes to have her pregnancy terminated
- sterilisation, adoption, and pregnancy services

---

### Marie Stopes Clinic

**Physical Address:**

Fountain Medical Centre  
Room 320  
Adderley Street  
Cape Town  
8001

Telephone : (021) 418-0560  
Fax : (021) 418-0590  
Tollfree : 0800 117 785

**Services**

- abortions performed by trained staff
- counselling for pre and post abortion offered, if in-depth needed, client is referred to professional counselling
- 8.30am-4.30pm

---

### Birthline

**Physical Address:**

202 Alphen Dale  
Tobruk Road  
Plumstead

Telephone : (021) 761-4747

**Services**

- a support group for mothers who have given up a child for adoption, pregnant women who are considering adoption as an option
- adults who traced their biological parents
- biological parents who wants to be prepared should their children trace them
- 24 hour crisis line

---

## New Life Centre

**Postal Address:**

PO Box 206  
Bellville  
7535

Telephone : (021) 975-3216  
Fax : (021) 949-1614

**Contact Person**

Shana Collier

**Services**

- counselling pregnant unmarried women irrespective of culture or religion
- aimed at helping residents make informed decisions about parenting and adoption

---

## Pregnancy Help Centre

**Physical Address:**

101 Medical Mews  
46 Church Street  
Wynberg

Telephone : (021) 797-0050/5000  
Fax : (021) 797-0050  
Cell : 082 346 3468  
E-mail : [ccare@iafrica.com](mailto:ccare@iafrica.com)

**Contact Person**

Norma Trautmann

**Services**

- Pregnancy counselling
- Pre-abortion consultation
- Post-abortion counselling
- Practical and emotional support
- Information regarding pregnancy issues
- Education regarding sexual lifestyle, reproduction and relationship issues
- Referrals for adoption and maintenance
- Birth education
- HIV testing and counselling

---

## Lady Michael's

**Physical Address:**

Tumour Hill Road  
Plumstead  
2801

**Postal Address:**

P O Box 379  
Plumstead  
2801

Telephone : (021) 797-3327/8  
Fax : (021) 797-3356  
Email : [caljacobs@pawc.w.cape.gov.za](mailto:caljacobs@pawc.w.cape.gov.za)

**Contact Person**

Carol Jacobs

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## Heart-to-Heart Care Centre

**Physical Address:**

1<sup>st</sup> Floor Homeleigh Building  
Marsh Street  
Mossel Bay

**Postal Address:**

P O Box 1670  
Mossel Bay  
6500

Telephone: : (044) 691-3487  
Fax : (044) 691-3487  
Cell : 082 956 1041  
E-mail : [ericac@mweb.co.za](mailto:ericac@mweb.co.za)

**Contact Person**

Erica Caetano

**Services:****Free and Confidential Services:****Pregnancy Centre:**

- Pregnancy tests
- Pre-abortion Consultation
- Post-abortion support
- Rape survivors support
- Medical referrals
- Clothes, toiletries, etc. for babies and toddlers
- Pre-natal classes
- Parenting skills
- Clothing distribution

# HOMES FOR UNMARRIED MOTHERS

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## Magdalena Huis

**Physical Address:**

68 Salisbury Street  
Boston  
Bellville

**Postal Address:**

PO Box 16  
Bellville  
7535

Telephone : (021) 948-3637  
Fax : (021) 948-3637

**Services**

- accommodation and care of unmarried mothers
- Counselling and education
- Physical care, medical services, pastoral care, recreational and educational activities
- Skills training
- preferably admission before the 7<sup>th</sup> month of pregnancy
- HIV/Aids referrals
- 8am-2pm plus 24 hour service

---

## Sisters Incorporated

**Physical Address:**

32 Ascot Rd  
Kenilworth  
7700

**Postal Address:**

PO Box 2330  
Clareinch  
7700

Telephone : (021) 797-4190  
Fax : (021) 797-4190

**Services**

- counselling services
- adoptions arranged through statutory adoption agencies
- part-time social worker services
- 8am-5pm

# HIV/AIDS Services

For further information, please consult the "South African AIDS Network: Directory of National AIDS Database" compiled by UNISA – Tel. (021) 918-1545, Private Bag X15, Parow, 7500, e-mail [aidsdir@health.gov.za](mailto:aidsdir@health.gov.za)

## TESTING, COUNSELLING AND INFORMATION

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### AIDS Training, Information & Counselling Centre (ATTIC)

**Postal Address:**

PO Box 2815  
Cape Town  
8000

Telephone : (021) 797-3327

Fax : (021) 419-5248

**Contact Person**

Florence Adam

**Services**

- serological testing for HIV is performed at ATTIC in conjunction with the adjacent medical centre
- face-to-face pre and post counselling
- provides for friends and relatives

---

### CWD Zikhulele AIDS Project

**Physical Address:**

C/o CWD  
37A Somerset Rd  
Green Point

Telephone : (021) 696-0011 / 1331

Fax : (021) 696-1042

**Contact Person**

Lavinia Benjamin

**Services**

- education and awareness programs in communities and schools, prisons and other institutions

---

### Nazareth House

**Physical Address:**

1 Derry Street  
Vredehoek

Telephone : (021) 461-1635

Fax : (021) 465-6414

**Contact Person**

Sr. Margaret  
Jane Payne (Social Worker) – 0824214618

**Services**

- for abused and abandoned babies with HIV and for adoptions/fostering/weekend outings with these children

---

## Helderberg Aids Centre: Somerset West

**Physical Address:**

28 Church Street  
Somerset West  
7130

**Postal Address:**

PO Box 19  
Somerset West  
7130

Telephone : (021) 852-2131  
Fax : (021) 850-4444

**Services**

- a local referral network for counselling and family support
- HIV testing with pre and post test counselling
- 8am-4.30pm

---

## Hospice Association of SA

**Physical Address:**

1 Logan Way  
Pinelands  
7405

**Postal Address:**

PO Box 38785  
Pinelands

Telephone : (021) 531-2094/5  
Fax : (021) 531-7917

**Services**

- a co-ordinating, advisory and lobbying organisation for hospice employees and workers
- conduct national AIDS seminars and conferences
- 8am-4pm

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## Triangle Project

See page 21 for information

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## Lawyers for Human Rights

**Postal Address:**

PO Box 719  
Stellenbosch  
7599

Telephone : (021) 887-1003  
Fax : (021) 883-3302  
E-mail : [kamalm@mweb.co.za](mailto:kamalm@mweb.co.za)

**Services**

- 9am-4.30pm
- legal advice and litigation training in AIDS and the law
- Legal service to farm workers facing illegal evictions and other violations of the extension of security (Tender Act 62 of 1997- please check, not sure of act name).

**Contact Person**

Kamal, Patrick and Mr Julius

---

## Yabonga Children's Project

**Physical Address:**

2 Main Road  
Wynberg  
7800

**Postal Address:**

Private Bag X 1  
Mowbray  
7705

Telephone : (021) 761-2940  
Fax : (021) 761-3407  
Cell : 082 200 6711  
Email : [info@yabonga.com](mailto:info@yabonga.com)

**Contact Person**

Mr. M Stevens

**Services**

- HIV/AIDS training
- Counselling
- Support groups
- Nutritional support
- Income generating programs
- HIV/AIDS Awareness to the public

---

## Kontak: Mitchells Plain

**Physical Address:**

31 Drakensberg Circle  
Searidge Park  
New Tafelsig  
Mitchells Plain

Telephone : (021) 397-5892  
Fax : (021) 397-5298

**Contact Person**

Person on duty

**Services**

- HIV/AIDS training and life skills

---

## Karoo Region

### Alpha & Omega Aids Group

**Physical Address:**

754 Jones Avenue  
Kwa-Mandlenkosi  
Beaufort west  
6970

Telephone : (023) 414-3351  
Fax : (023) 415-1735  
Cell : 0731452987/ 0839857002

**Contact Person**

Boniswa Gom  
Esther Ngondo

**Services**

- Counselling of home base care
- Applying grants for PWA's
- Assist social workers in finding suitable homes to HIV orphans

---

## B.A.A.G – Beaufort Aids Action Group

**Physical Address:**

7 Kersner Street  
Beaufort West  
6970

**Postal Address:**

P O Box 1014  
Beaufort west

Telephone : (023) 415-2188 ext 256  
Fax : (023) 415-2121 ext 218  
Cell : 0827332842

**Contact Person**

Andrew Lyon or M.A Louw

**Services**

- HIV/AIDS training
- Counselling
- Support groups
- Nutritional support
- Home base care
- HIV/AIDS Awareness

## AIDS CARE CENTRES

### Woodstock Hospital

**Physical Address:**

Mountain Road  
Woodstock  
7925

Telephone : (021) 460-9100

**Services**

- HIV outpatient clinic provides care for AIDS related conditions
- pre and post testing counselling

---

### GH Starke Centre, Hanover Park

**Physical Address:**

2 Green Turf  
Hanover Park  
2764

**Postal Address:**

PO Box 18  
Hanover Park  
7784

Telephone : (021) 691-9354  
Fax : (021) 691-4523

**Services**

- 1-3 beds available for terminal respite care
- home for the needy
- 8.30am-5pm

---

### Groote Schuur Hospital

**Physical Address:**

Main Rd  
Observatory

Telephone : (021) 404-9111

**Services**

- provides medical care and counselling at the HIV outpatient clinic



## Missionaries of Charity, Khayelitsha Mother Theresa's Nuns

Telephone : (021) 361-3365

### Services

- terminal care and accommodation for destitute persons living with HIV/AIDS
- spiritual support for persons living with HIV/AIDS

## Ukhanyo

### Physical Address:

A66 Zodiac Street  
Kulani Park  
Khayelitsha

Telephone : (021) 361-6931  
Cell : 0722493417

### Services

- HIV/AIDS counselling
- Caring for the sick
- Will start to accommodate homeless women

### Contact Person

Lumka Gulishe

## Heart-to-Heart Care Centre

### Physical Address:

1<sup>st</sup> Floor Homeleigh Building  
Marsh Street  
Mossel Bay

### Postal Address:

P O Box 1670  
Mossel Bay  
6500

Telephone : (044) 691-3487  
Fax : (044) 691-3487  
Cell : 082 956 1041  
E-mail : [ericac@mweb.co.za](mailto:ericac@mweb.co.za)

### Services:

#### Free & Confidential Services Make an appointment for:

- Voluntary Counselling & Testing for HIV
- HIV/AIDS life skills
- HIV/AIDS prevention & awareness programmes
- ARV & MTCT programme
- Information and referrals
- Support groups for individuals, families and children
- Food parcel referrals

### Contact Person:

Erica Caetano

## SOUTHERN CAPE REGION

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### COMMUNITY HEALTH CENTRE

**Physical Address:**

Marine Way  
Plettenberg Bay

**Postal Address:**

Private Bag x 1002  
Plettenberg Bay  
6600

Telephone : (044) 501-3200  
Fax : (044) 533-3846  
E-mail : [clinic@plett.gov.za](mailto:clinic@plett.gov.za)

**Services:**

- Pre-test counselling
- Post-test counselling
- Referral to support groups
- Anti-retroviral workshop
- Anti-retroviral clinic (from September 2005)
- Follow-up counselling

**Contact Person**

Sr. Samuel / Sr. Riley

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### Atlantis Integrated HIV/AIDS Network

**Physical and Postal Address**

112 Grovenor Avenue  
Atlantis  
7349

Telephone : (021) 572 0752

**Contact Person**

Lenie Maya

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### Hermanus Rainbow Trust

**Postal address**

C / o Hermanus Rainbow Trust  
Suite: 115  
Private Bag  
Hermanus  
7200

Telephone : (028) 316 4027

**Contact Person**

Vivienne Owen

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### Youth at Risk

**Physical and Postal Address:**

14 Mossop Street  
Eersterivier  
7100

Telephone : (021) 904-7936

**Contact Person**

Freda Lloyd

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## Treatment Action Campaign

**Physical Address:**

Town 1 Properties

Sulami Drive

Site B

Khayelitsha

7784

Telephone : (021) 380-8019

**Contact Person**

Nathan Geffen

# Gay and Lesbian Services

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## Triangle Project

### Physical Address:

Unit 29  
Waverley Business Park  
Wycroft Street  
Mowbray

### Postal Address:

P O Box 13935  
Mowbray  
7705

Telephone : (021) 448-3812  
Fax : (021) 448-4089  
Cell : 0829250045  
Email : clinic@triangle.org.za

### Services

- Counselling for gays and lesbians
- HIV / Aids testing and counselling
- Individual & couple counselling
- Education & training
- Sexuality workshop
- Safer sex workshop
- Training courses
- Library
- Media productions
- HIV prevention

### Contact Persons

Glenn de Swart

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## Behind the Mask

Website: [www.mask.org.za](http://www.mask.org.za)

### Services

- Provides database and online counselling for the lesbian, gay, bisexual and transsexual community in Southern Africa

## DISABILITY SERVICES

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### Disabled People of South Africa (DPSA)

**Physical Address:**

Norlen House  
Buitenkant Street  
Cape Town

Telephone : (021) 465-0090  
Fax : (021) 465-0098

**Contact Person**

Mr M. Toni

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### Cancer Association

**Postal Address:**

P O Box 186  
Rondebosch  
7700

Telephone : (021) 689-5347  
Fax : (021) 685-1937

**Contact Person**

The Director

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### Cape Mental Health Society

**Physical Address:**

22 Ivy Road  
Observatory  
7925

**Postal Address:**

Private Bag X7  
Observatory  
7935

Telephone : (021) 447-9040  
Fax : (021) 448-8475  
E-mail : info@cmhs.co.za

**Contact Person**

The Director

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**Services:**

- Counselling services to people with intellectual and psychiatric disability  
Trauma counselling / debriefing  
Services to people with intellectual disabilities who have been sexually abused

### Cerebral Palsy Association

**Postal Address:**

P O Box 13037  
Mowbray  
7705

Telephone : (021) 685-4150  
Fax : (021) 686-8544

**Contact Person**

The Director

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## Disabled Children Action

**Physical Address:**

16 Broad Road  
Wynberg

Telephone : (021) 797-5977  
Fax : (021) 797-5077  
E-mail : [decaj@iafrica.com](mailto:decaj@iafrica.com)

**Contact Person**

Bernadette Liedeman

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## The Robertson Fund

**Postal Address:**

P O Box 176  
Milnerton  
7435

Telephone : (021) 551-3780  
Fax : (021) 551-3780

**Contact Person**

The Director

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## Fish Hoek Welfare Organisation

**Postal Address:**

P O Box 22182  
Fish Hoek  
7975

Telephone : (021) 783-1166  
Fax : (021) 788-4602

**Contact Person**

The Social Worker

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## Ikamva Labantu

**Postal Address:**

P O Box 4490  
Cape Town  
8000

Telephone : (021) 461-8338  
Fax : (021) 461-6823

**Contact Person**

The Director

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## League of the Friends of the Blind

**Postal Address:**

P O Box 31010  
Grassy Park  
7888

Telephone : (021) 705-3753  
Fax : (021) 705-2154

**Contact Person**

The Director

---

## Oasis

**Postal Address:**

Private Bag X23  
Claremont  
7735

Telephone : (021) 671-2698  
Fax : (021) 683-5011

**Contact Person**

The Administrator

---

## Orion Organisation

**Postal Address:**

P O Box 1461  
Dassenberg  
7350

Telephone : (021) 557-2801  
Fax : (021) 577-2601

**Contact Person**

The Director

---

## South African National Epilepsy League

**Postal Address:**

P O Box 69  
Observatory  
7935

Telephone : (021) 683-5949  
Fax : (021) 683-6202

**Contact Person**

The Director

---

## **Tuberculosis Care Committee**

**Physical Address:**

P O Box 2815  
Cape Town  
8000

Telephone : (021) 400-3782

**Contact Person**

The Director

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## **Western Cape Disability Network**

**Physical Address:**

38 Riverside  
Pinelands  
7405

Telephone : (021) 531-1973

**Contact Person**

The Chairperson

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## **South African Foundation of Cheshire Homes**

**Postal Address:**

P O Box 234  
Newlands  
7725

Telephone : (021) 685-6179  
Fax : (021) 685-6066

**Contact Person**

The Director

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## **Western Cape Council for the Blind**

**Physical Address:**

45 Salt River Rd  
Salt River  
7925

Telephone : (021) 448-4302  
Fax : (021) 448-5206

**Contact Person**

The Secretary



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## Western Cape Forum for Intellectual Disability

**Postal Address:**

P O Box 142  
Maitland  
7405  
Telephone : (021) 510-4686  
Fax : (021) 510-4687

**Contact Person**

The Organiser

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## Federal Council for Disability

**Physical Address:**

40 Campground  
Rosebank  
7700  
Telephone : (021) 685-4216  
Fax : (021) 448-4215

**Contact Person**

The Director

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## Cape Town Society for the Blind

**Physical Address:**

45 Salt River Road  
Salt River  
7925

**Postal Address:**

PO Box 1081  
Woodstock  
7915

Telephone : (021) 448-4302  
Fax : (021) 448-5206  
Cell : 083 302 5564  
E-mail : [hannl@ctsb.org.za](mailto:hannl@ctsb.org.za)

**Services**

- Social Services Department
- Rendering rehabilitation including consultation, emotional support and information
- Skills and mobility training
- Skills and business training- presently registering as an accredited facility
- Business development
- Production of cane and other items
- Career development / career pathing
- Placement in open labour market
- 8am-4.30pm

**Contact Person**

The Director

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## Deaf Federation of South Africa

**Physical Address:**

The Bastion  
Hemlock Road  
Newlands  
7700

**Postal Address:**

PO Box 226  
Newlands  
7700

Telephone : (021) 683-4665/6  
Fax : (021) 671-2644

**Services**

- information and counselling service including advice on finding employment
- 8am-4pm

**Contact Person**

Steven Lombard

# SUBSTANCE ABUSE SERVICES

## ALCOHOL ABUSE

### Adolescent Clinic

**Physical Address:**

Groote Schuur Hospital  
46 Sawkins Road  
Rondebosch  
7700

Telephone : (021) 685-4103

**Services**

- psychiatric services for problems of living and adapting to adult life e.g. identity crisis, adolescent turmoil, depression, neurosis, personality difficulties or substance abuse
- commitment of daily therapy
- therapy expected for 3 months

### Al-Anon Information Service

**Physical Address:**

617 Pearl House  
19 Herengracht  
Cape Town  
8001

Telephone : (021) 418-0021

Fax : (021) 418-0022

**Services**

- alcoholism is a family disease and partners can't remain unaffected by alcoholics, they need to learn how to handle both the situation and themselves
- fellowship for relatives and friends
- 9am-1pm

### Alateen c/o Al-Anon

**Physical Address:**

617 Pearl House  
19 Herengracht  
Cape Town  
8001

Telephone : (021) 418-0021

Fax : (021) 418-0022

**Services**

- information and support for teenagers to gain a better understanding of alcoholism and so lessen its effect on their own lives
- especially for children of alcoholic parents

### Alcoholics Anonymous (AA)

**Physical Address:**

616 Pearl House  
19 Herengracht  
Cape Town  
8001

**Postal Address:**

PO Box 2047  
Cape Town  
8001

Telephone : (021) 418-0020

Fax : (021) 418-0022

**Services**

- rehabilitation of alcoholics by individual and group support
- first names used to ensure anonymity
- 9am-3pm

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## Alcoholics Victorious

**Physical Address:**

79 3rd Avenue  
Claremont  
7700

Telephone : (021) 671-2595  
Fax : (021) 683-9017

**Services**

- Christian evangelical counselling and support for alcoholics
- group meetings
- Bible studies
- home visiting
- 24 hour service

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## SA National Council on Alcoholism and Drug Dependence (SANCA)

**Physical Address:**

SANCA Information Centre  
Southern Life Building  
Voortrekker Road  
Parow  
7500

Telephone : (021) 930-6086  
Fax : (021) 637-2832

Athlone  
Telephone : (021) 638-5116  
Fax : (021) 637-2832

Eastridge  
Telephone : (021) 397-2196  
Fax : (021) 397-4617

Tygerberg  
Telephone : (021) 919-9558  
Fax : (021) 919-9558

**Services**

- provides a professional needs-directed service in respect of alcohol and other drug problems through prevention, education, intervention
- offers programmes of primary prevention and education to professional services and to a teenage drug action group
- therapeutic services and training

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## Stepping Stones Addiction Centre

**Physical Address:**

Main Rd  
Kommetjie  
Cape Town  
7975

**Postal Address:**

PO Box 48156  
Kommetjie  
7976

Telephone : (021) 783-4230  
Fax : (021) 783-1816

**Contact Person:**

Carry Beuker  
Programme Director

**Services**

- alcohol, drug and over-the-counter addiction counselling
- Inpatient treatment of alcohol and other drug addiction and compulsive gambling

## DRUG ABUSE

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### Cape Town Drug Counselling Centre

**Physical Address:**

1 Roman Rd  
Observatory  
7925

**Postal Address:**

PO Box 56  
Observatory  
7935

Telephone : (021) 447-8026/8035/8045

Fax : (021) 447-8818

**Services**

- individual assessment of drug abusers
- clinical education and counselling of drug abusers and their families
- workshops at schools
- evening support groups for abstinent drug users
- training people

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### DE Novo

**Postal Address:**

Private Bag X 1  
Kraaifontein  
7570

Telephone : (021) 988 1138

Fax : (021) 988 0426

**Contact Person**

The Manager

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### Stepping Stones

See page 131 for information

## OTHER TYPES OF ABUSE OR ADDICTION

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### Smokers

**Physical Address:**

2 Arthur Road  
Muizenberg  
7945

Telephone : (021) 788-9120

Fax : (021) 788-9122

**Services**

- 6 week programme of 7 meetings to enable people to stop smoking without discomfort, through behaviour techniques, change of attitude towards themselves and their smoking with the use of positive reinforcements and encouragement
- 24 hour service

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## Dopstop

**Physical Address:**

Cnr Bird & Langenhoven Street  
Stellenbosch  
7601

**Postal Address:**

PO Box 2044  
Dennesig  
7601

Telephone : (021) 887-5111  
Fax : (021) 887-9365  
Email : dopstop@netactive.co.za

**Contact Person**

Margie Dausab

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## SUICIDE SERVICES

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### Life Line (Western Cape)

**Physical Address:**

2 Arthur Road  
Muizenberg  
7945

Telephone : (021) 461-1111  
Fax : (021) 461-1113 for appointment

**Lifeline: Bishop Lavis**

Telephone : (021) 934-4822  
Fax : (021) 932-0352

**Lifeline: Khayelitsha**

Telephone : (021) 361-5855/9077  
Fax : (021) 361-5789

**Lifeline: Elsies River**

Telephone : (021) 932-0352

**Lifeline: Gugulethu**

Telephone : (021) 637-3009

**Lifeline: Mbekweni**

Telephone : (021) 868-4040

**Services**

- confidential counselling services for anyone facing personal crisis or under emotional stress
- trained counsellors are available for telephone counselling 24 hours a day
- face-to-face counselling on weekends from 10h00-16h00
- HIV/Aids counselling

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## Groote Schuur Psychiatric Emergencies

**Physical Address:**

C23 Groote Schuur Hospital  
Observatory  
7925

Telephone : (021) 404-7125 all hours

**HEALTH FACILITIES IN THE METROPOLE REGION FOR THE MANAGEMENT OF SURVIVORS OF RAPE  
AND SEXUAL ASSUALT**

<b>HEALTH FACILITY</b>	<b>POSTAL ADDRESS</b>	<b>PHYSICAL ADDRESS</b>	<b>CONTACT PERSON</b>	<b>TEL. NO.</b>	<b>FAX NO.</b>	<b>HOURS OF SERVICE</b>
Groote Schuur Hospital	Dept. of Obstetrics and Gynaecology, Groote Schuur Hospital, Observatory, 7937	Dept. of Obstetrics and Gynaecology, Groote Schuur Hospital, Observatory, 7937	Prof L Denny Dr L Schoe-man	(021) 404 4488	(021) 448 6921	24 hours
Tygerberg Hospital	Private Bag X3, Tygerberg, 7505	Francie Van Zyl Drive, Parowvalley, 7500	Ms. H Louw	(021) 938 4164 (021) 938 4911	(021) 938 4473	24 hours
Red Cross Hospital	Klipfontein Road, Rondebosch, 7700	Klipfontein Road, Rondebosch, 7700	Dr Moster Dr van As	(021) 658 5111	(021) 685 3891	24 hours
Somerset Hospital	Private Bag, Green Point, 8051	Beach Road, Green Point, 8001	Dr Steyn	(021) 402 6911	(021) 402 6000	24 hours
G.F. Jooste Hospital	P.O. Box 66, Manenberg, 7767	Duinefontein Road, Manenberg, 7764	Person in charge	(021) 690 1000	(021) 691 7962	24 hours
Victoria Hospital	Private Bag X2, Plumstead, 7801	Alphen Hill Road, Wynberg, 7800	Person in charge	(021) 799 1111	(021) 799 1212	24 hours
Hottentots Holland Hospital	Private Bag X2, Somerset West, 7129	Lourens Ford Way, Somerset West, 7130	Ms Evans	(021) 852 1334 083 484 9409	(021) 852 5392	24 hours
False Bay Hospital	Private Bag, Vallyland, 7978	17 <sup>th</sup> Avenue, Fish Hoek, 7975	Person in charge	(021) 782 1121	(021) 782 2306	24 hours
Wesfleur Hospital	Private Bag X, Reygersdal, Atlantis, 7349	Wesfleur Circle, Atlantis, 7349	Dr A Fox	(021) 572 6063	(021) 572 4420	24 hours
Karl Bremer Hospital	Private Bag X1, Bellville, 7530	Mike Pienaar Boulevard, Bellville, 7530	Sr C Dolby	(021) 918 1911/ 1258	(021) 949 0296	24 hours
Milnerton Private Hospital	Private Bag X16, Milnerton, 7435	C/o Racecourse & Koeberg Rd, Milnerton, 7435	Sr. A van Niekerk	(021) 529 9299	(021) 529 9303	24 hours
Lady Michaelis CHC	P.O. Box 690, Plumstead, 7801	Burnham Road, Plumstead, 7800	Dr Trope	(021) 797 8171	(021) 762 8020	08H00-15H00 (Mon-Fri) (after hours- Victoria CHC)
Robbie Nurock CHC	89 Buitenkant Street, Cape Town, 8000	89 Buitenkant Street, Cape Town, 8000	Dr Hahms	(021) 461 1124	(021) 461 7962	08H00-15H00 (Mon-Fri) (after hours- Somerset CHC)
Mitchell's Plain CHC	1 <sup>st</sup> Avenue, Eastridge, Mitchell's Plain, 7798	1 <sup>st</sup> Avenue, Eastridge, Mitchell's Plain, 7798	Dr Manual Dr Trope	(021) 392 5161	(021) 391 2803	24 hours
Hanover Park CHC	c/o Surran and Hanover Park Avenue, Hanover Park, 7780	c/o Surran and Hanover Park Avenue, Hanover Park, 7780	Person in charge	(021) 692 1240	(021) 692 3921	08H00-15H00 (Mon-Fri) (after hours-Victoria CHC)
Vanguard CHC	c/o Candlewood and Citrus Street, Bontheuwel, 7764	c/o Candlewood and Citrus Street, Bontheuwel, 7764	Sr I Matinise	(021) 694 5559/ 60	(021) 694 5584	24 hours
Elsies River CHC	29 <sup>th</sup> Avenue and Halt Road, Elsie's River, 7490	29 <sup>th</sup> Avenue and Halt Road, Elsie's River, 7490	Sr Miggel	(021) 931 0211	(021) 931 8359	24 hours
Kraaifontein/ Eikendal CHC	203 6 <sup>th</sup> Avenue, Kraaifontein, 7570	203 6 <sup>th</sup> Avenue, Kraaifontein, 7570	Sr Stein	(021) 987 0080	(021) 987 2310	24 hours
Delft CHC	Main Road, Delft, Voorbrug, 7100	Main Road, Delft, Voorbrug, 7100	Dr Perez Sr Kiewiets	(021) 954 2235	(021) 954 1207	24 hours
Khayelitsha Site B	Simelela Rape Survivors Centre Lwandle Rd, Khayelitsha	Simelela Rape Survivors Centre Lwandle Rd, Khayelitsha	Sr. V Labathela	(021) 361 6438		07:00 – 16:00
Goodwood CHC	c/o Dingle Ave. and Church Street Dirkie Uys Plein, Goodwood	c/o Dingle Avenue and Church Street, Dirkie Uys Plein, Goodwood, 7460	Dr Gautam Sr Rametsi	(021) 590 1620/ 44	(021) 590 1645	07H00-16H00 (Mon-Fri) (after hours: Elsie's River)

**HEALTH FACILITIES IN THE WEST COAST/WINELANDS REGION FOR THE MANAGEMENT OF SURVIVORS OF RAPE AND SEXUAL ASSAULT**

<b>HEALTH FACILITY</b>	<b>POSTAL ADDRESS</b>	<b>PHYSICAL ADDRESS</b>	<b>CONTACT PERSON</b>	<b>TEL. NO.</b>	<b>FAX NO.</b>	<b>HOURS OF SERVICE</b>
Stellenbosch Hospital	76 Andringa Street, Stellenbosch, 7600	76 Andringa Street, Stellenbosch, 7600	Dr J Adendorf	(021) 883 3805/ 082 755 9999	(021) 887 2517	24 hours
Paarl Hospital	Private Bag X3012, Paarl, 7620	Hospital Street, Paarl, 7620	Person in Charge	(021) 872 1711	(021) 872 4841	24 hours
Swartland Hospital	Private Bag X2, Malmesbury, 7300	PG Nelson Street, Malmesbury, 7300	Dr AM Jacobs	(022) 482 1161	(022) 482 1505	24 hours
Radie Kotze Hospital	P.O. Box 261, Piketberg, 7320	Main Road, Piketberg, 7320	Dr B Smit	(022) 913 1175	(022) 913 1858	24 hours
Lapa Munnik Hospital	Voortrekker Way, Porterville, 6810	Voortrekker Way, Porterville, 6810	Dr JP Noeth	(022) 931 2140	(022) 931 2711	24 hours
Medical Centre	P.O. Box 70, Moorreesburg, 7310	Church Street, Moorreesburg, 7310	Dr HM van Rooyen Dr PW van Heerden	(022) 433 2200	(022) 433 3452	24 hours
Vredenberg Hospital	Private Bag X3, Vredenburg, 7380	Witteklip Way, Vredenberg, 7380	Dr N Fortuin	(022) 713 1261	(022) 713 3423	24 hours
Citrusdal Hospital	Private Bag X14, Citrusdal, 7340	Voortrekker Way, Citrusdal, 7340	Dr P Burger	(022) 921 2153	(022) 921 2155	24 hours
Clanwilliam Hospital	P.O. Box 113, Clanwilliam, 8135	Ou Kaapse Weg, Clanwilliam, 8135	Dr F Strauss	(027) 482 2166	(027) 482 2168	24 hours
Vredendal Hospital	Private Bag X21, Vredendal, 8160	Koperasie Street, Vredendal, 8160	Dr J van Dyk	(027) 213 2039	(027) 213 3706	24 hours
Medical Centre	P.O. Box 43, Lamberts Bay, 8130	Dwars Street, Lamberts Bay, 8130	Dr J Hayes	(027) 432 1136	(027) 432 2526	24 hours



**HEALTH FACILITIES IN THE SOUTHERN CAPE/KAROO REGION FOR THE MANAGEMENT OF SURVIVORS OF RAPE AND SEXUAL ASSAULT**

<b>HEALTH FACILITY</b>	<b>POSTAL ADDRESS</b>	<b>PHYSICAL ADDRESS</b>	<b>CONTACT PERSON</b>	<b>TEL. NO.</b>	<b>FAX NO.</b>	<b>HOURS OF SERVICE</b>
Riversdal Hospital	Private Bag X421, Riversdal, 6670	Hospital Way, Riversdal, 6670	Ms J Cupido	(028) 713 2445	(028) 713 2010	24 hours
Mossel Bay Hospital	Private Bag X34, Mossel Bay, 6500	12 <sup>th</sup> Avenue, Mossel Bay, 6500	Ms A van Ton-der	(044) 691 2011	(044) 691 2001	24 hours
George Hospital	Private Bag X6534, George, 6530	Davidson Road, George, 6530	Dr M Viljoen	(044) 874 5122	(044) 874 5017	24 hours
Knysna Hospital	Private Bag X015, Knysna, 6570	Main Street, Knysna, 6570	Dr. Matthys	(044) 382 6666	(044) 382 3733	24 hours
Oudtshoorn Hospital	Private Bag X609, Oudtshoorn, 6620	Park Way, Oudtshoorn, 6620	Dr A Louw	(044) 272 8921	(044) 279 2757	24 hours
Uniondale Hospital	Private Bag X52, Uniondale, 6460	Hospital Way, Uniondale, 6460	Ms E Aden-dorff	(044) 752 1042	(044) 752 1042	24 hours
Alan Blyth Hospital	Private Bag X214, Ladismith (WK), 6655	Bo Kerk Street, Ladismith, 6655	Ms L Kennel	(028) 551 1010	(028) 551 1555	24 hours
Laingsburg Hospital	Private Bag X2, Laingsburg, 6900	Voortrekker Street, Laingsburg, 6900	Ms L Van Der Walt	(023) 551 1237	(028) 551 1528	24 hours
Prince Albert Hospital	Private Bag X64, Prince Albert, 6930	Hospital Street, Prince Albert, 6930	Ms E Smit	(023) 541 1300	(023) 541 1640	24 hours
Beaufort-Wes Hospital	Private Bag X549, Beaufort-Wes, 6970	Voortrekker Street, Beaufort-Wes, 6970	Dr O van der Westhuizen	(023) 415 2188	(023) 414 2466	24 hours
Murraysburg Hospital	Private Bag X318, Murraysburg, 6995	c/o Graaff-Reinett and Pienaar Road, Murraysburg, 6995	Ms A Botha	(049) 844 0053	(049) 844 0142	24 hours
Heidelberg CHC	Private Bag X2, Heidelberg, 6665	Hospital Street, Heidelberg, 6665	Sr I Joseph	(028) 722 1649	(028) 722 1920	08H00-16H30 (Mon-Fri) after hours and weekends to Riversdal
Dysselsdorp CHC	Private Bag X127, Oudtshoorn, 6620	Bokkraal Way, Dysselsdorp, 6628	Ms T Sitzer	(044) 251 6201	(044) 272 2241	07H30-16H00 (Mon-Fri) after hours and weekends to Oudtshoorn
Plettenberg Bay CHC	Private Bag X26, Plettenberg Bay, 6600	Marine Drive, Plettenberg Bay, 6600	Ms Y Samuel	(044) 533 4421	(044) 533 3846	07H30-16H30 (Mon-Fri) after hours and weekends to Knysna

**HEALTH FACILITIES IN THE BOLAND/OVERBERG REGION FOR THE MANAGEMENT OF SURVIVORS OF RAPE AND SEXUAL ASSAULT**

<b>HEALTH FACILITY</b>	<b>POSTAL ADDRESS</b>	<b>PHYSICAL ADDRESS</b>	<b>CONTACT PERSON</b>	<b>TEL. NO.</b>	<b>FAX NO.</b>	<b>HOURS OF SERVICE</b>
Caledon Hospital	Private Bag X25, Caledon, 7230	N2, Caledon, 7230	Ms M du Toit	(028) 212 1070	(028) 212 1294	24 hours
Ceres Hospital	Private Bag X54, Ceres, 6835	c/o Theron and Rivierkant Street, Ceres, 6835	Ms R Neethling	(023) 312 1116	(023) 316 1135	24 hours
Eben Dōnges Hospital	Private Bag X3058, Worcester, 6850	Murray Street, Worcester, 6850	Ms C van Deventer	(023) 348 1100	(023) 348 1211	24 hours
Hermanus Hospital	Private Bag X2, Hermanus, 7200	Hospital Way, Hermanus, 7200	Ms N Jones	(028) 312 1161	(028) 312 4006	24 hours
Montagu Hospital	Private Bag X11, Montagu, 6720	Church Street, Montagu, 6720	Ms H Brink	(023) 614 1660	(023) 614 2704	24 hours
Otto du Plessis Hospital	Private Bag X10, Bredasdorp, 7280	c/o van Riebeeck and Dorpsig Street, Bredasdorp, 7280	Ms S Owens	(028) 424 2652	(028) 425 1239	24 hours
Robertson Hospital	Private Bag X617, Robertson, 6705	Van Oudtshoorn Street, Robertson, 6705	Ms D du Toit	(023) 626 3155	(023) 626 1727	24 hours
Swellendam Hospital	Private Bag X7, Swellendam, 6740	18 Drosty Street, Swellendam, 6740	Ms G Hoving	(028) 514 1142	(028) 514 2504	24 hours

# LIST OF HOSPITALS IN THE CAPE METRO REGION

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## Conradie Hospital

**Physical Address:**

Lower Forest Drive  
Pinelands  
7405

**Services**

- 8am-4pm
- state hospital

**Postal Address:**

Private Bag X4  
Pinelands  
7405

Telephone : (021) 531-1311  
Fax : (021) 531-0757

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## False Bay Hospital

**Physical Address:**

17<sup>th</sup> Avenue  
Fish Hoek  
7975

**Services**

- 8am-4pm

**Postal Address:**

Private Bag  
Valley Land  
7975

Telephone : (021) 782-1121  
Fax : (021) 782-2306

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## Karl Bremer Hospital

**Physical Address:**

Bellville  
7530

**Postal Address:**

Private Bag X1  
Bellville

Telephone : (021) 918-1911

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## Lentegeur Hospital

**Physical Address:**

12 Highlands Drive  
Mitchells Plain  
7785

Telephone : (021) 374-3111

**Services**

- state hospital
- casualty department

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## Louis Leipoldt Hospital

**Physical Address:**

Broadway  
Bellville  
7530

**Postal Address:**

PO Box 369  
Bellville  
7530

Telephone : (021) 946-1170  
Fax : (021) 948-7100

**Services**

- private hospital
- emergency unit from 06h00 to 18h00

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## Red Cross Children's Hospital

**Physical Address:**

Klipfontein Rd  
Rondebosch  
7700

Telephone : (021) 658-5111  
Fax : (021) 685-3891

**Services**

- state hospital
- caters exclusively for children under 13 years old
- mainly a tertiary institution
- has a casualty department

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## Somerset Hospital

**Physical Address:**

Beach Rd  
Green Point  
8001

Telephone : (021) 402-6911  
Fax : (021) 402-6000

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## Tygerberg Hospital

**Physical Address:**

Parow Valley  
7505

**Postal Address:**

Private Bag X3  
Tygerberg  
7505

Telephone : (021) 938-4911

Fax : (021) 931-1451

**Services**

- state hospital

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## Valkenberg Hospital

**Physical Address:**

Observatory Rd  
Observatory  
7925

Telephone : (021) 440-3111

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## Victoria Hospital

**Physical Address:**

Wynberg  
7800

Telephone : (021) 797-8131

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## DAY HOSPITALS

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### Ruyterverwacht Day Hospital

**Physical Address:**

Ruyterverwacht Shopping Centre  
Vereniging Rd  
Ruyterverwacht  
7460

Telephone : (021) 534-4361

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### Scottsdale Day Hospital

**Physical Address:**

Eoan Lane  
Scottsdale

Telephone : (021) 988-7459

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## Salt River Day Hospital

**Physical Address:**

Spencer Rd  
Salt River

Telephone : (021) 447-9031

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## Woodstock Day Hospital

**Physical Address:**

Mountain Rd  
Woodstock  
7925

**Postal Address:**

Private Bag X7  
Woodstock  
7915

Telephone : (021) 447-1959

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## Wynberg Day Hospital

**Physical Address:**

Vincent House  
Brodie Rd  
Wynberg

Telephone : (021) 762-6470

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## Good Hope Day Hospital

**Physical Address:**

Justin St  
Brooklyn  
Zorgvliet  
Ysterplaat

Telephone : (021) 511-8606

Fax : (021) 511-3059

# MENTAL HEALTH SERVICES

Please also refer to section entitled "List of Psychologists and Social Workers in Private Practice"

## PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE PROVINCIAL MENTAL HEALTH SERVICES

HOSPITAL	CONTACT NUMBERS	ADDRESS	SERVICE OFFERED
Groote Schuur Hospital	Tel: (021) 404 2151 Fax: (021) 404 2153	Dept of Psychiatry Groote Schuur Hosp. J2, Anzio Road Observatory, 7925 Psychiatric Emergency Unit Ward C 23	Specialised services for selected mental health disorders
Tygerberg Hospital	Tel: (021) 938 5120 Fax: (021) 938 6301	Dept. of Psychiatry Private Bag X3 Tygerberg 7505 Psychiatric Emergency Unit. J Lower Ground	
Valkenberg Hospital	Tel: (021) 440 3111 Fax: (021) 447 6041	Private Bag X1 Observatory, 7935	Specialise in-and outpatient care
Lentegeur Hospital	Tel: (021) 370 1111 Fax: (021) 371 7359	Private Bag X4 Mitchell's Plain, 7789	
Stikland Hospital	Tel: (021) 940 4400 Fax: (021) 910 3508	Private Bag X13 Belville, 7535	
Alexandra Hospital	Tel: (021) 503 5000 Fax: (021) 511 1919	Private Bag X1 Maitland, 7405	

### PROVINCIAL HEALTH SERVICES FOR CHILDREN

- **RED CROSS CHILD AND FAMILY UNIT**

✉ 46 Sawkins Road, Rondebosch, 7700

☎ (021) 685 4103

📞 (021) 685 4107

Out-patient services for children and adolescents with mental health difficulties, including a specialist in-patient service for children under 12 (Therapeutic Learning Centre).

- **WILLIAM SLATER**

✉ Private Bag X9, Rondebosch, 7700

☎ (021) 685 5116

📞 (021) 689 1343

In and out-patient services for adolescents (13 - 18 years) with mental health concerns.

- **TYGERBERG CHILD AND FAMILY UNIT**

✉ Private Bag X3, Tygerberg, 7505

☎ (021) 938 4573

📞 (021) 938 6111

- **LENTEGEUR CHILD AND FAMILY UNIT**

✉ Lentegeur Hospital, Mitchell's Plain, 7785

☎ (021) 370 1498

📞 (021) 371 73590/ 370 1498

In and out-patient services for children and adolescents with mental health concerns.

## REGIONAL MENTAL HEALTH SERVICES: BOLAND / OVERBERG

REGIONAL MENTAL HEALTH TEAM		
Boland Co-ordinator	<b>SPN: Mr F Cloete</b> Tel: (023) 348 1417 Fax: (023) 342 8501	Private Bag X3079 WORCESTER 6849

SERVICE PROVIDER	CONTACT NUMBERS	ADDRESS	CLINICS & MOBILES
Boland District Municipality	Tel: (023) 312 3111 Fax: (023) 312 3177	PO Box 62 CERES 6835	Nduli, Gouda, Tulbagh, Wolseley, Prince Alfred Hamlet, Skurweberg, Warm bokkeveld, Munnikstreet, Koue Bokkeveld Rural, Wolseley Rural, Tulbagh Rural
Witzenberg Municipality	Tel: (023) 316 1854 Fax: (023) 316 1877	PO Box 44 CERES 6835	Annie Brown Clinic Bella Vista Clinic
PAWC	Tel: (023) 312 1116 Fax: (023) 316 1135	PO Box 44 CERES 6835	Ceres District Hospital
PAWC	Tel: (023) 348 1200 Fax: (023) 348 1211	P/Bag X3058 WORCESTER 6849	Empilisweni Worcester CHC
PAWC	Tel: (023) 348 1200 Fax: (023) 348 1211	P/Bag X3058 WORCESTER 6849	Eben Donges Regional Hospital (Worcester)
Breede Valley Municipality	Tel: (023) 348 2784 Fax: (023) 347 5368	P/Bag X3046 WORCESTER 6849	Maria Pieterse Clinic + MOU, CHC Worcester, Zwelethemba Clinic
Breede River Winelands Municipality	Tel: (023) 615 1736 Fax: (023) 615 1563	P/Bag X2 ASHTON 6715	Cogmanskloof, Zolani Ashton
Boland District Municipality	Tel: (023) 3491410	PO Box 91 WORCESTER 6849	De Doorns (JS van Zyl Clinic), Rawsonville, Touws River, De Wet, Overhex, Nuy, Sandhills, Breerivier, Rawsonville Rural, Botha/Brandwacht, Bossieveld Rural, Touws River Rural

SERVICE PROVIDER	CONTACT NUMBERS	ADDRESS	CLINICS & MOBILES
Breede River Winelands Municipality	Tel: (023) 616 3191 Fax: (023) 626 5059	PO Box 51 ROBERTSON 6705	Bonnievale, McGregor, Nkqubela, Zandvliet, Uitnood/Takkap, Noree/Elandia, Mooiuitsig/Wakkerstroom, Maraisdal/Boesmansrivier, Le Chasseur/Wansbek, Klaasvoogds, Goudmyn/De Vlakte, Goree/ Highlands, De Hoop/ Roodehoogte, Dassieshoek/Keurkloof, Montagu Bad Street
PAWC	Tel: (023) 626 3155 Fax: (023) 626 1727	P/Bag X617 ROBERTSON 6705	Robertson District Hospital PHC
PAWC	Tel: (023) 614 1660 Fax: (023) 614 2704	P/Bag X11 MONTAGU 6720	Montagu District hospital
Breede River Winelands Municipality	Tel: (023) 614 8000 Fax: (023) 614 1841	PO Box 24 MONTAGU 6720	Ashbury Clinic, Town Clinic, Victoria Clinic
Thee Waters	Tel: (021) 859 2507	PO Box 32	Grabouw CHC



Kloof Municipality	Fax: (021) 859 2930	GRABOUW 7160	
Overberg District Municipality	Tel: (028) 315 1602/ (028) 212 1120	PO Box 5 CALEDON 7230	Hawston, Genadendal, Grabouw D/C clinic, Greyton, Riviersonderend, Caledon Mobiles, Villiersdorp Mobiles
Thee Waters Kloof Municipality	Tel: (028) 214 3300 Fax: (028) 214 1289	PO Box 24 CALEDON 7230	Caledon/Bergsig
Overstrand Municipality	Tel: (028) 384 4011 Fax: (021) 384 0241	PO Box 26 GANSBAAI 7220	Gansbaai Clinic
Overstrand Municipality	Tel: (028) 313 8000 Fax: (028) 312 1894	PO Box 20 HERMANUS 7200	Hermanus, Mount Pleasant, Onrus, Zwelihle
Overberg District Municipality	Tel: (028) 244 9842	PO Box 5 CALEDON 7230	Botrivier, Stanford
PAWC	Tel: (028) 271 3310 Tel: (028) 271 8100 Fax: (028) 271 3310	PO Box 5 CALEDON 7230	Kleinmond/ Betty's Bay Clinic
PAWC	Tel: (028) 212 1070 Fax: (028) 212 1294	P/Bag X025 CALEDON 7230	Caledon District Hospital

SERVICE PROVIDER	CONTACT NUMBERS	ADDRESS	CLINICS & MOBILES
PAWC	Tel: (028) 312 1166 Fax: (028) 312 4006	P/Bag X02 HERMANUS 7200	Hermanus District Hospital PHC
Thee Waters Kloof Municipality	Tel: (028) 840 1460 Fax: (028) 212 1294	PO Box 5 CALEDON 7230	Willa Clinic, Villiersdorp
Overberg District Municipality	Tel: (028) 451 2534	P/Bag X22 BREDASDORP 7280	Bredasdorp CHC, Elim, Napier, Suurbak, Struisbaai-Noord, Struisbaai-Suid, Waenhuiskrans, Buffeljagsrivier, Bredasdorp Mobiles, Barrydale, Swellendam Mobile
PAWC	Tel: (028) 514 1141 Tel: (028) 514 1121 Fax: (028) 514 2504	P/Bag X07 SWELLENDAM 6740	Swellendam District Hospital
Swellendam Municipality	Tel: (028) 4512534	P/Bag X 22 Bredarsdorp 7280	Buffeljags Rivier Barrydale Swellendam

## BOLAND/ OVERBERG – DAY CARE CENTRES

Vukahambe Day Care	Tel: (023) 347 7002 Fax:(023) 347 2178	PO Box 878 Worcester 6849	Worcester Physical Disabled
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## BOLAND/ OVERBERG – LICENCED HOMES

Elim Home	Tel: (028) 482 1988 Fax: (028) 482 1648	PO Box 19 Elim 7284	
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**BOLAND/ OVERBERG – GROUP HOMES**

Regina	Tel: (028) 840 1305	34 Mullers Street Villiersdorp	Subsidises by Dept of Social Services and Poverty Relief
Camphill Farm Community	Tel: (028) 313 8200 Fax: (028) 313 8210	PO Box 301 Hemel & Aarde Vallei Hermanus 7200	Private

**PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE  
REGIONAL MENTAL HEALTH SERVICES: METROPOLE**

<b>REGIONAL MENTAL HEALTH TEAMS</b>		
Metro	Felicia January – Senior <u>Administrative Clerk</u>  Cathy Aaron – Clinical Psychologist	Lentegeur Hospital C/o Highlands and AZ Berman Drive Mitchells Plain  Tel: (021) 370 1159 Fax: (021) 370 1159

**CAPE TOWN DISTRICT**

NAME	ADDRESS	TEL.	FAX	CONTACT PERSON	TIMES
Green Point CHC	Portwood Road Green Point 8051	421-0288	421-0296	CPN T. Potgieter	Mon.\ Wed.\Thurs.
Woodstock CHC	Mountain Rd. Woodstock 7925	460 9115 460-9100	447-1959	SPN Toffar	Wednesday
Maitland MLC	2 Norfolk Rd. Maitland 7405	511-6272 511-2523	510-6473	SPN Toffar	Thursday
Kensington CHC	6 <sup>th</sup> Ave. Kensington 7405	593-0378 593-1150\1	593-0933	SPN Toffar	Monday & Tuesday

**ATHLONE DISTRICT**

Dr Abdurahman CHC	Ebbenhout st. Kewtown Athlone 7764	637- 9071\2\3	633 2941	CPN M Michaels	Daily
Heideveld CHC	Heideveld Rd. Heideveld Athlone 7764	637- 8036\7\8 637 8033	637 6632	CPN J.Cupido CPN W Scott	
Hanover Park CHC	9 Hanlyn Walk/Hanover Park Avenue Hanover Park 7764	692- 1240\1\2\3	692—3921	CPN V.Langeveld CPN P Martin	

**BLAAUWBERG DISTRICT**

<u>Saxonsea MLC</u>	Cnr Hermes & Grouvener Ave. Saxonsea 7349	572-3508	572-0339	CPN.N.Jasson	
Mamre CHC	Cnr. Liederman & Adam St. Mamre 7347	576-1175	576-1917	PN. L Bosch	
Tableview MLC	South Rd. Tableview, 7441	557-1065\6	557-6959	CPN.N.Jasson	

<b>NAME</b>	<b>ADDRESS</b>	<b>TEL.</b>	<b>FAX</b>	<b>CONTACT PERSON</b>	<b>TIME</b>
<u>Reed Street CHC</u>	Reed St. Bellville 7530	946-3790\1\2	948-9108	CPN C.Anderson	
Bellville CHC	KasselsvleiRd. Bellville South 7530	951-2326\7\8	951-2998	CPN C.Anderson	Opp Nestle Factory
Groenvallei MLC	Midmar st. Groenvallei Bellville 7530	919-5872 919-8391	919-6559	CPN C.Anderson	
Durbanville CHC (Morning Star)	De Villiers st. Durbanville 7550	970 3170	970 3061	CPN C.Anderson	
Mfuleni CHC	Church St. Mfuleni	954-2235 909 2755/6	909-2942	PN Lomax	
Belhar CHC	Chestnut Way Belhar 7490	952-1010	952-3306	PN Lomax	
Belhar MLC	St Vincent Drive Ext.13 Belhar 7490	952-2160		PN Lomax	
Delft CHC	Main Rd./Voorbrug Rd Delft 7100	594-2228\35	954-1207	PN Lomax	
Goodhope CHC	Justin st Ysterplaat 7405	511-8606	511-3059	CPN.T Potgieter	Tuesday
ProteaPark MLC	Gardenia Street Atlantis 7349	572-4696	572-6968	CPN.N.Jasson	
Westfleur Hospital	Westfleur Shopping centre Atlantis 7349	571-8040		CPN.N.Jasson	

**TYGERBERG WEST DISTRICT**

Bishop Lavis CHC	Lavis Drive Bishop Lavis 7490	934-6050	934-4143	SPN J Pienaar	
Vanguard CHC	Citrus & Candlewood street Bonteheuwel 7764	694-5540/1/3	694 5584	CPN N.C.Kula	
Dirkie Uys CHC	Cnr. Dingle & Church St. Goodwood 7460	590 1644\20	590 1645	CPN A Rayners	
Ruyterwacht CHC	Shopping Centre Vereniging Circle Ruyterwacht 7460	534-4361	534-8789	CPN W Williams	
Parow CHC	Smith Str Parow 7500	938-8037/8253	938 8117	CPN A.Parker	Tues. Wed. 08:00- 13:00
Elsies River CHC	Cnr. Halt & 29 <sup>th</sup> Ave Elsies River 7460	931-0211\2\3	931-8359	CPN V.Smidt CPN W Williams	
Ravensmead CHC	Florida Street Ravensmead	936 8758	936 8759	CPN A Parker	Mon. am Thurs. am 08:00- 13:00

**OOSTENBERG DISTRICT**

NAME	ADDRESS	TEL.	FAX	CONTACT PERSON	TIME
<u>Kleinvele CHC</u>	C/O Albert Philander & Melbosstrand Kleinvele, 7100	900 4053 904 1414	911 4092	CPN L Vantura	
Brackenfell MLC	Paradys St. Brackenfell, 7560	980 1284/5		CPN V.Koert	
Kraaifontein CHC	6 <sup>th</sup> Ave Kraaifontein 7570	987 0080	987 2310	CPN V.Koert	
<u>Scottsdene MLC</u>	Eon Ave Scottsdene, 7570	980 6243	987-1343	CPN V.Koert	
Kuilsriver MLC	Carinus St Kuilsriver	900 1909			Off Van Riebeeck Rd
Sarepta MLC	123 Rietvele Rd Kuilsrivier, 7580	900-1556	900-1908	CPN V.Koert	

**KHAYELITSHA DISTRICT**

CHC	Lwandle Rd Site B Khayelitsha 7784	361 3470 ext 226	361-3322 361 0259	Mr. G.Ndlebe PN P.Faltien ENA P Mbuku	
Mapongwana CHC	Steve Biko Rd. Harare Khayelitsha 7784	361-3353	363-2464	CPN Hermanus	

**SOUTH PENINSULA DISTRICT**

<u>NAME</u>	<u>ADDRESS</u>	<u>TEL.</u>	<u>FAX</u>	<u>CONTACT PERSON</u>	<u>TIME</u>
Hout Bay CHC	Karbonkel St. Hout Bay 7800	790 3570 790-1050	790-7520	CPN M Gorden	
Ocean View CHC	Carina Close Ocean View 7975	783 1688 783-1766	783-1482	CPN L Lewis	Off Pollux Way
Lady Michaelis CHC	C/o Berham\Gabriel Rd Plumstead 7800	797-8171	762-8020	CPN L.Sias	
Grassy Park CHC	Victoria Rd. Grassy Park 7945	705-3814	705-5712	CPN C Brown	
Retreat CHC	11 <sup>th</sup> Ave Retreat 7945	712-5105\55\9	712-1493	PN A Carstens	
Lotus River CHC	C/o Delia & Anita Rd. Lotus River 7945	703-8057 703-3131\2\3	703-5692		

**MITCHELLS PLAIN DISTRICT**

<u>Mitchell's Plain CHC</u>	1 <sup>st</sup> Avenue Eastridge	392 5161	391 2803	CPN H Benjam	
<u>Tafelsig MLC</u>	Kilimanjaro rd Tafelsig 7785	397-8195 397 8906	397-3544	CPN M.Henry	Wed. \ Thurs.
Rocklands MLC	Park Ave Rocklands 7785	392 5121/2/3	392-6885	CPN M.Henry	Mon. \ Tue.
Lentegeur MLC	Merrydale Rd. Lentegeur 7785	371-2126\7	371-2138	CPN C Andries SEN C Snyders	Mon.\Wed \ Thurs
Strandfontein MLC	Welgelegen str. Strandfontein 7794	393-6226\36	393 4838	CPN M Henry	Alt Mon. afternoon
Westridge MLC	Wespoort Road Westridge 7785	392-4124	392-1881	CPN C Andries CPN H Benjamin SEN C Snyders	Tuesday

**HELDERBERG DISTRICT**

<u>NAME</u>	<u>ADDRESS</u>	<u>TEL.</u>	<u>FAX</u>	<u>CONTACT PERSON</u>	<u>TIME</u>
Somerset-West MLC	28 Kerk St. Somerset West 7130	852-2131	852-0444	CPN K Madolo	08:00-16:30
The Ark	Faurie	904-9131		CPN L Vantura	
Macassar CHC	C/o Hospital & Musical Ave. Macassar 7130	857-2330	857-2251	CPN K Madolo	07:30-16:30
Boland CHC	Boland Bank Arcade 37 Main Rd Strand 7140	853-3380	853 7057	SPN M H Poponi	Mon\Tuesd ay 08:00-16:00

Gustrow CHC	Hassan Khan Ave Strand 7140	845-8383	845-8630	SPN M H Poponi	Wed\Thurs 08:00- 16:00
Gordonsbaai MLC	Sir Lowry's Road	856-2135	856-5424	SPN M H Poponi	1 <sup>st</sup> Tuesday of month

**GUGULETU DISTRICT**

<u>Cross Rd.CHC</u>	Lansdowne Rd. Cross Rd. 7753	386-1121\4	386-7490	CPN G Matiso	
Guguletu CHC	NY1& 3 Guguletu 7750	638-6145 637-1280	637 5103	PN Yusi	

**METROPOLITAN REGION – DAY CENTRES**

Centre	Address	Telephone	Fax	Contact Person	Other Information
Bonteheuwel DCC	Bluegum\ Vlamboom Plain Bonteheuwel 7764	695-5151 447-9040	448-8475	Ms. Fredericks	
Genida DCC	Musica Ave Macassar 7134	857 1092	761 0442	Mignon Leitch	Daily - weekdays
De Heide DCC	11 2 <sup>nd</sup> Avenue; Claremont 7700	683-5470	683-5470	Ms. Fatima Shaboodien	Daily - weekdays
<u>Delft DCC</u>	C/o Northway & Christians Street; Delft	932-6542		Ms. G.Symons	Opp Ravensmead Police Station
Enthembeni DCC	NY 111Guguletu 7750	447-9040 633 1173		Ms.E.Kench Mabel	
Erica Special Care (Mitchell's Plain)	10 & 12 Spreeu Street Rocklands 7785	447-9040 392 9147		Ms.E.Kench Gwen	C/o Spreeu & Canary off Weltevreden
Friends DCC	Annex Rd; Maitland 7404	511-5801	511-5229	Ms Hester Windt	Daily - weekdays Situating at Alexandra Hospital
Golden Girls DCC and Licensed home	C\o Brinton & Lerotholi Roads Langa 7455	694-7980		Ms. D.Nabe	Daily - weekdays
Huis Hensie Vroom DCC\Licence home.	Stikland Hospital 7530	919 0778		Help Jou Naaste Gemeenskap Projek	
Imizamu Yethu DCC	401 Zodiac Street Khayelitsha 7784	447-9040 361 1476		Ms E.Kench Ms Nosiku	
Makuhanye DCC	D2178 Site C; Khayelitsha 7784	387-4254		Ms. L.J.Tom	
Mfuleni DCC	Masiphule Service Centre Church Street; Mfuleni 7784	592-4173 909-1087	592-4371	Ms. Swarts	Next to Mfuleni Clinic
Nceduluntu DCC	19633 Bennox str. Nomzama Strand	845 5000		M Lumka	
Nomaxabiso DCC	Lutheran Church Community Centre Phillipi 7781	371 6389	461 6823	N Njwele C Gordon Ikamva Labantu	

Nosisa DCC	M503 Site B; Khayelitsha 7784	364-0577		Ms. N.Mentese	
<b>Centre</b>	<b>Address</b>	<b>Telephone</b>	<b>Fax</b>	<b>Contact Person</b>	<b>Other Information</b>
Oasis DCC	North St. Ravensmead 7490	932-6542	948-4027	Ms van der Merwe	C/o Northway & Christiaan Rd
Ocean View DCC	C/o Castor & Draco Way Ocean View 7975	783 1274		Ms.D.Hare	
Orion ( Wilge) DCC	Sun Rd; Wesfleur; Atlantis 7349	572-8490	572-8419	Mr. M.J.Segal	
Sherwood Park DCC	50 1 <sup>st</sup> Avenue Sherwood Park	692 3700	692 3700	Ms J Benjamin	
Sinako DCC	33819 Khuna St; Harare	363 2384		Ms Sezi	
Sinethemba DCC	Old Cross Road; Boystown Mfesani Cross Road 7753	34-9996	34-3461	Mr.H.Davis	
Siyazama DCC	Vukuhambe Centre - Guguletu	633-2887	637-4724	Ms.T.Mampute	
Sunrise DCC	Old Clinic; Chadwin Street Heathfieldd 7945	72-1445	686-6801	Ms.P.Kammies	
Vukani DCC	L 651 Site B Khayelitsha 7784				

### METROPOLITAN REGION – LICENSED HOMES

Name of Home	Address	Phone	Fax	Contact Person
Golden Girls LH	C\o Brinton & Lerotholi Roads Langa 7455	694-7980		Ms. D.Nabe
Sivenathi LH	59 Robbert Str Blackheath	905 6048		L Jojo
Woodside Sanctuary Licenced Homes	29 Lawson Road; Rondebosch East; 7780	696-2811	697-1596	Ms.J.Bloch

## METROPOLITAN REGION – GROUP HOMES

Name of Home	Address	Phone	Fax	Contact Person
Abri G.H	35 Milton Road; Observatory; 7925	448-3886	448-3886	Ms.L.Walters
Abri G.H	149 & 151 Lower Main Road Observatory; 7925	448-3886	448-3886	Ms.L.Walters
Abri G.H	27 Lytton Rd Observatory; 7925	448-3886	448-3886	Ms.L.Walters
Abri Foundation	34 Florence Ave. Observatory 7925	448-3886	448-3886	Ms.L.Walters
Alexa House G.H	18 Alexandra Road; Oranjezicht; 8001	439-2408	439-2408	Mr. E.Rabie
Arran GH	6 Riebeeck Court; Arcadia Road Rondebosch; 7700	685 2484 448 0760	448-0760	Dorothea Abrahams Ms. Lenske Lourens
COMCARE Trust	House 20 Valkenberg Estate Observatory P.O.Box 236 Rondebosch 7701	448-0760	448-0761 comcaretrust@mweb.co .za	Dir: Ms. M Benedictus Com. Counsellor L Lourens SW P Sellmeyer
Groenweivelde GH	11 Slangolie Street; Eastridge;7785	391-3314		Ms.M.Botes
House Elroy GH	Annex Road; Maitland; 7404	510 1465 981 9850	981 0039	C Isaacs H Kotze Kingdom Ministeries
Huis Meiring	L18 Wagondrift Str Groenvallei	919 8693		
Huis Sonop GH	Stikland Hospital Grounds 7530	910 0156 981 9850	981 0039	S Williams N Joubert Kingdom Ministeries
Huis Miles Bowker GH	Stikland Hospital Grounds 7530	919 5752 981 9850	981 0039	O Abelse C Du Plessis Kingdom Ministeries
Iona GH	6 Burham Road; Observatory; 7925	448 3194 448 0760	448-0760	Ray Fortuin Ms. Lenske Lourens
Kingdom Ministeries	Suite 250 Postnet X13 Brackenfell 7561	981 9850	981 0039	Pastoor R Harris Anita Prinsloo
Kimber G.H	3&5 Herschell Road; Observatory; 7925	447-8066	447 0319	Ms.Louise Gordon
Nurola G.H	9 Perth Road; Observatory; 7925	448 9204 448-0760	448-0760	Natasha Rensburg Ms. Lenske Lourens
Rosebank Court G.H	2B Bridge Road; Mowbray; 7700	689 3073 448-0760		Lauretta Remedies Ms. Lenske Lourens
Skye GH	21 Franklin Road; Claremont; 7700	674 0491 448 0760	448-0760	Hester October Ms. Lenske Lourens
Squib GH	9 Nerina Crescent; Lentegeur ; 7785	448-0760		Ms L Lourens
Strand GH	142 Brandt Street; Strand; 7140	854 6131 981 9850	981 0039	S Frylinsky C Louw Kingdom Ministeries



**METROPOLITAN REGION - PSYCHO-SOCIAL REHAB. GROUPS**  
**PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE**  
**REGIONAL MENTAL HEALTH SERVICES:**  
**SOUTHERN CAPE / KAROO**

<b>REGIONAL MENTAL HEALTH STAFF</b>		
Doctor	<u>Dr. Boon</u>	Private Bag X6534 GEORGE 6530
CHIEF PROFESSIONAL NURSE	Mr John Murray <b>Tel: (044) 8024537</b> <b>Fax: (044) 874 5017</b>	Private Bag X6534 GEORGE 6530

<b>DISTRICT</b>	<b>MENTAL HEALTH NURSE CONTACT NUMBERS</b>	<b>LOCATION &amp; POSTAL ADDRESS</b>
Central Karoo	<b>(Sr.) Charlotte Roman</b> Tel: (023) 4152188 ext 244 Fax:(023) 414 2466	Beaufort West Hospital Psychiatry Private Bag X549 BEAUFORT WEST 6970
George	<b>Ms Serene Walters</b> <b>Ms Vivienne Morkel</b> Tel: (044) 8707653 Fax: (044) 874 2151	Private Bag X6592 GEORGE 6530
Knysna Plettenberg Bay	<b>(Sr.) Marinda Marcus</b> Tel: (044) 384 1135 Fax: (044) 384 1190	PO Box 9 KNYSNA 6570
Klein Karoo	<b>Ms Gill Bowles</b> <b>Ms Johanna Jooste</b> Tel: (044) 272 2241 Fax: (044) 272 0783	Eden Distriks-munisipaliteit Psigiatrie Posbus 12 George 6530
Mossel Bay	<b>Ms Serene Walters</b> <b>Ms Vivienne Morkel</b> Tel: (044) 8707653 Fax: (044) 874 2151	Private Bag X6592 GEORGE 6530

**SOUTH CAPE/KAROO – DAY CENTRES**

<b>Centre</b>	<b>Address</b>	<b>Telephone</b>	<b>Fax</b>	<b>Contact Person</b>
Sonskyn Day Centre	P.O. Box 86 Oudsthoorn 6620	(044)274 0140	(044) 274 0140	Mrs L.P. Olivier
Ethembeni Day Centre	Thembaletu 6560	(044) 877 0204	(044) 877 0204	Mr Isaac van Rensburg
Masixole Day Centre	P.O. Box 58 Beaufortwest	(023) 4153323 Cell: 082 4207608	(023) 414 3013	Mrs B. Matthys

## SOUTH CAPE/KAROO – LICENCED HOMES

Name of Home	Address	Phone	Fax	Contact Person
Emmaus Centre for Physically/Mentally Challenged	P.O. Box 6 George 6530	(044) 873 196	(044) 873 4196	Mrs E. Badenhorst (Supervisor)
Sanel Centre	P.O. Box 107 Knysna 6570	(044) 382 2155	(044) 382 3545	Mrs E. Badenhorst (Social Worker)
Eljada Centre for Adult Challenged	P. O. Box 21 Oudtshoorn 6620	(044) 2791740	(044) 279 1878	Mr D.J. Nel (Manager)

## SOUTH CAPE/KAROO - GROUP HOMES

Name of Home	Address	Phone	Fax	Contact Person
South Cape Community Care (Comcare)	1 Morrison Avenue George 6529	(044) 874 2785	(044) 874 2783	Sr. Anne-Marie Campher: (Based at Lambrecht Private Psychiatric Clinic)

## SOUTH CAPE/KAROO: PSYCHO-SOCIAL REHAB. GROUPS

Psycho-Social Group	Address	Telephone	Fax	Contact Person
Mossel Bay/Alma Clinic Group Albertinia Group <u>Heidelberg Group</u>	Heidelberg Municipality Private Bag X2 Heidelberg 6665	(044) 874 2172 (Head Office) (044) 870 7653 (Blanco Office)	(044) 874 2151 (Head Office) (044) 870 7780 (Blanco Office)	Sr. Vivienne Morkel
George Group Blanco Group Riversdale Group	Heidelberg Municipality Private Bag X2 Heidelberg 6665	(044) 874 2172 (Head Office) (044) 870 7633 (Blanco Office)	(044) 874 2151 (Office Office) (044) 870 7780 (Blanco Office)	Sr. Serene Walters
Plettenberg Bay/Kranshoek Group		(044) 384 1135	(044) 384 1135	Sr. Marinda Marcus

**PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE  
REGIONAL MENTAL HEALTH SERVICES:  
WEST COAST / WINELANDS**

<b>REGIONAL MENTAL HEALTH TEAM</b>		
CHIEF PROFESSIONAL NURSE	Post Vacant	Regional Office West Coast / Winelands Private Bag X15 MALMESBURY 7300
CLINICAL PSYCHOLOGIST	<u>Christelle Vermeulen</u> Tel: (022) 487 9264 Fax: (022) 487 2927	Regional Office
OCCUPATIONAL THERAPIST	<u>Brownwyn Weilbach</u> Tel: (022) 487 Fax: (022) 487 2927	Regional Office
PSYCHIATRIST	<b>Dr G Winkler</b> Tel: (021) 872 1711 Fax (021) 872 4841	Private Bag X3012 PAARL 7620

DISTRIC	MENTAL HEALTH NURSE	ADDRESS	AREA COVERED
I	<b>September KP (CPM)</b> Tel: (021) 887 0310 Fax (021) 887 6888	Cloetesville Gemeenskap Gesondheid Sentrum Privaatsak X5027 STELLENBOSCH 7599	Stellenbosch Town & Farms
II	<b>Davids A (CPN)</b> Tel: (021) 872 1711 Fax: (021) 872 4841  <b>Madlebe M. (SPN)</b>  <b>Smith E. (SPN)</b>	TC Newman Private Bag X3012 PAARL 7620	TC Newman  Mbekweni Khayamandi  Wellington Saron Patriotplein
III	<b>Theron LG (CPN)</b> Tel: (022) 482 2996 Fax: (022) 482 2935	<u>Wesbank Oorgangraad</u> Kliniek Malmesbury Privaatsak X52 MALMESBURY 7300	Malmesbury, Darling, Moorreesburg, Piketberg, Porterville, Riebeeck-Wes, Riebeeck Kasteel, Town & Farms
IV	<b>Smith L (CPN)</b> Tel: (022) 713 3219 Fax: (022) 713 3423	Louwville Kliniek Vredenburg Privaatsak X12 VREDENBURG 7380	Vredenburg, Saldanha, Diazville, St. Helenabaai, Stompneusbaai, Noordhoek, Velddrif, Aurora, Hopefield, Langebaan
V	<b>De Lange HH (CPN)</b> Tel: (027) 213 4070 Fax: (027) 213 3145	<u>Vredendal</u> Karin Gebou, 3 de Vloer Posbus 594 VREDENDAL, 8160	Vredendal, Citrusdal, Clanwilliam, Klawer, Lutzville, Ebenaezer, Doornbaai, Koekenaap, Van Rhynsdorp, Bitterfontein, Rietpoort, Wupperthal, Graafwater, Lambertsbaai, Dorp & Plase

WEST COAST/WINELANDS – DAY CARE CENTRES

Centre	Address	Telephone	Fax	Contact Person	Other Information
Paarl Stimulation Centre	Meaker Street Old Nurses Home Sonstraal Hospital Paarl 7646	(021) 862 7113	(021) 863 0450	Ms M.E. Bester	Stimulate children who comes in on a daily basis. 1 <sup>st</sup> group from 8H00 – 2H00 & 2 <sup>nd</sup> group from 9H00 – 3H00

WEST COAST/WINELANDS – LICENSED HOMES

Centre	Address	Telephone	Fax	Contact Person	Other Information
Horizon House	Patrys Laan No. 1 Stellenbosch 7600	(021) 887 5080	(021) 887 5337	Mrs. Elza Bresler	Institution for Mentally Retarded Adults
Sunfield Homes	P.O. Box 824 Wellington 7655	(021) 873 5038	(021) 864 3124	Mr. De Villiers Ms E Viviers	Making ginger beer, storing of furniture and duty to community e.g. char work.

WEST COAST/WINELAND – PSR GROUPS

Name	Address	Telephone	Fax	Contact Person	Other Information
Goedverwacht	P. Bag X52 Malmesbury 7299	022) 482 2935	(022)485 2996	Lynette Theron	Education and Socialisation group
Riebeek Kasteel	Riebeeck Kasteel Kliniek	(022) 448 1348			Education and Socialisation Group

WEST COAST/WINELAND – SOCIAL GROUP

Name	Address	Telephone	Fax	Contact Person	Other Information
Louville	Biblioteek Saal Louville 7380	None	None	Laura Smith	Socialisation Group

**WESTERN CAPE EDUCATION DEPARTMENT**  
**EMDC – OFFICES**

<b>Name</b>	<b>EMDC - Office</b>	<b>Address</b>	<b>Telephone &amp; Fax</b>	<b>E-Mail Address</b>
Mr C. Frolick (Director) Mrs Shayma Fredericks (Secretary) Mr Gerard Barkhuizen	<b>Overberg/ Breede River</b>	Private Bag X3102 WORCESTER 6849 Private Bag X3102 WORCESTER 6849 Private Bag X3102 WORCESTER 6849	Tel:(023) 348 4600 Fax:(023) 347 1416 Tel: (023) 348 4600 Fax:(023) 347 1416 Tel:(023) 348 4600 Fax:(023) 347 1416	Cfrolick@pgwc.gov.za Sbfredericks@pgwc. gov.za Gbarkui@pgwc.gov.za
Melvin Caroline (Director) Mrs Rene Abrahams (Secretary) Mr Mark Bunding	<b>East</b>	Private Bag X13 SANLAMHOF 7532	Tel:(021) 903 1729 Fax:(021) 903 2149  Cell.082 384 0220	Rhbrahams@pgwc.gov.za  Mbunding@pgwcgov.za
Mr Eugene Daniels (Director) Mrs Noleen Luanne Nefdt (Secretary) Ms Berenice Daniels	<b>South</b>	Private Bag X2 MITCHELL'S PLAIN, 7785 Private Bag X2 MITCHELL'S PLAIN, 7785 Private Bag X2 MITCHELL'S PLAIN, 7785	Tel:(021) 370 2000 Fax: (021) 372 1856 Tel:(021) 370 2000 Fax:(021) 372 1856 Tel:(021) 370 2090 Fax:(021) 372 1856 Cell.082 462 5627	Edaniels@pgwc.gov.za Ninefdt@pgwc.gov.za Jadaniels@worldonline. co.za
Mr J. Beukes (Director) Mrs Nafia Botha (Secretary) Mr Leon de Jager	<b>WCW</b>	Private Bag X3026 PAARL 7620 6 Hospital Street PAARL 7646 Private Bag X3026 PAARL 7620	Tel: (021) 860 1200 Fax:(021) 860 1231 Tel: (021) 860 1200 Fax: (021) 860 1218 Tel: (021) 860 1204 Fax: (021) 860 1218 Cell: 083 230 8364	Jbeukes@pgwc.gov.za Nbotha@pgwc.gov.za Ldejager@pgwc.gov.za
Mr AE Pietersen (Director) Ms Leilan Joseph (Secretary) Mr Enver Hassen	<b>Central</b>	Private Bag X4 ATHLONE 7764	Tel: (021) 697 1505 Fax: (021) 696 9608 Tel: (021) 697 1509 Fax: (021) 696-9608 Cell: 082 777 0255	Ljoseph@pgwc.gov.za Ehassen@pg.gov.za
Mrs Maria Jordaan (Secretary) Mr Johan Pretorius Mr Barry Volschenk (Dir.)	<b>North</b>	Private Bag X14 BELLVILLE 7530 Private Bag X14 BELLVILLE 7530	Tel: (021) 948 0950 Fax: (021) 948 2838 Tel: (021) 948 0950 Fax: (021) 948 2838	Mjordaan@pg.gov.za Jpretorius@pgwc.gov.za
Mr ST Shayi (Director) Ms Heather Hector (Secretary) Mr Fernando Talle	<b>SCK</b>	Private Bag X6510 GEORGE 6530 Private Bag X6510 GEORGE 6530 Private Bag X6510 GEORGE 6530	Tel: (044) 874 3106 Fax: (044) 873 2253 Tel: (044) 874 3106 Fax: (044) 873 2253 Tel: (044) 874 3106 Fax: (044) 873 2253	Hjhector@pawc.wcape. gov.za

## PROVINCIAL ADMINISTRATION OF THE WESTERN CAPE

**WESTERN CAPE EDUCATION DEPARTMENT:  
SCHOOL CLINICS**

<b>Clinic</b>	<b>Clinic Head</b>	<b>Address</b>	<b>Telephone / Fax</b>	<b>Language</b>
Athlone	Mr D Pinchuck	74 Fifth Street Heideveld ATHLONE 7490	Tel: (021) 638 3151/2 Fax: (021) 637 9198	English
Belville	Dr MG Bunding	Herbert Street BELVILLE 7530	Tel: (021) 948 1717/9 Fax: (021) 948 1718	Afrikaans
Cape Town	Ms KM Reid	31 Upper Orange Street ORANJEZICHT 8001	Tel: (021) 465 2438 Fax: (021) 462 2548	English
Fish Hoek	Mr GG du Raan	Cnr 5 <sup>th</sup> Avenue & Kommetjie Street FISH HOEK 7975	Tel: (021) 782 6102/3 Fax: (021) 782 4166	English
George	Mr JO Loubser	P.O. Box 9699 GEORGE 6530	Tel: (044) 874 5033 Fax: (044) 874 5034	Afrikaans
Khayelitsha	Mrs P Mehlomakulu	PO Box 335 NONKQUBELA 7793	Tel: (021) 361 0144 Fax: (021) 364 6228	English
Kuilsriver	Mr N Mama	Private Bag X707 Highbury KUILSRIVER 7580	Tel: (021) 906 0040 Fax:(021) 903 4010	English
Malmesbury	Mr WL Neller	Private Bag X17 MALMESBURY 7300	Tel: (022) 4822738 Fax: (022) 4872077	Afrikaans
Mitchell's Plain	Vacant	Cnr Aloe & Bamboo Rd Lentegeur M/PLAIN 7785	Tel: (021) 374 4107 Fax:(021) 374 9143	English
Newlands	Mr BAF Bailey	Cnr Main Rd & Kildare Rd. NEWLANDS,7700	Tel: (021) 674 2057/8 Fax: (021) 674 2176	English
Oudtshoorn	Mr CWJ Botha	PO Box 759 OUDTSHOORN 6620	Tel: (044) 279 1690/1 Fax: (021) 2793230	Afrikaans
Paarl	Mr GA Schreuder	Private Bag 3022 PAARL 7620	Tel: (021) 872 6686 Fax: (021) 872 6676	Afrikaans
Parow	Mr KA Maberly	Private Bag X38 PAROW 7499	Tel: (021) 939 7021/71 Fax: (021) 939 7073	Afrikaans
Philippi East	Mr R van Blerk	PO Box 116 MITCHELL'S PLAIN 7789	Tel: (021) 372 2770 Fax: (021) 372 2777 Cell: 083 3840510	Afrikaans
Somerset West	Mrs BL Hambly- Wise	PO Box 1009 SOMERSET WEST 7130	Tel: (021) 852 4722 Fax: (021) 852 7515	English
<b>Clinic</b>	<b>Clinic Head</b>	<b>Address</b>	<b>Telephone / Fax</b>	<b>Language</b>
Stellenbosch	Mrs M. Mason	2 Coetzenburg Street STELLENBOSCH 7600	Tel: (021) 887 0222 Fax: (021) 887 0240	Afrikaans

Swellendam	Mr JJ van der Westhuizen	PO Box 588 SWELLEN DAM 6740	Tel: (028) 514 1159 Fax: (028) 514 3480	Afrikaans
Tamboerskloof	Gerhard Peterse Julie Treloar	Autism Western Cape	Tel: (021) 557 3573 Fax: 086 671 9120	
Vredendal	Mr P du Plessis	PO Box 16 VREDENDAL 8160	Tel: (027) 2133339 Fax: (027) 2131665	Afrikaans
Vredenburg	Ms J F Engelbrecht	Vredendal Satelliet PO Box 746 SALDANHA 7395	Tel: (022) 714 4601 Fax: (022) 714 2820	Afrikaans
Worcester	Mr J Wium	86 Tulbach Street WORCESTER 6850	Tel: (023) 347 2372 Fax: (023) 347 4011	Afrikaans
Woodstock		Alpha School Woodstock	Tel: (021) 447 1212 Fax: (021) 448 0405	

## E-MAIL ADDRESS OF SCHOOL CLINICS

Bellville School Clinic [Blclinic@pgwc.gov.za](mailto:Blclinic@pgwc.gov.za)  
 George School Clinic [Geclinic@pgwc.gov.za](mailto:Geclinic@pgwc.gov.za)  
 Malmesbury School Clinic [Mlclinic@pawc.wcape.gpv.za](mailto:Mlclinic@pawc.wcape.gpv.za)  
 Oudsthoorn School Clinic [Ouclinic@pgwc.gov.za](mailto:Ouclinic@pgwc.gov.za)  
 Paarl School Clinic [Plclinic@pgwc.gov.za](mailto:Plclinic@pgwc.gov.za)  
 Parow School Clinic [Preclinic@pgwc.gov.za](mailto:Preclinic@pgwc.gov.za)  
 Somerset-West School Clinic [SWClinic@pgwc.gov.za](mailto:SWClinic@pgwc.gov.za)  
 Stellenbosch School Clinic [Stclinic@pgwc.gov.za](mailto:Stclinic@pgwc.gov.za)  
 Swellendam School Clinic [Slclinic@pgwc.gov.za](mailto:Slclinic@pgwc.gov.za)  
 Vredendal School Clinic [Vreclinic@pgwc.gov.za](mailto:Vreclinic@pgwc.gov.za)  
 Worcester School Clinic [Woclinic@pgwc.gov.za](mailto:Woclinic@pgwc.gov.za)  
 Athlone School Clinic [Atclinic@pgwc.gov.za](mailto:Atclinic@pgwc.gov.za)  
 Cape Town School Clinic [Ctclinic@pgwc.gov.za](mailto:Ctclinic@pgwc.gov.za)  
 Fish Hoek School Clinic [Fhclinic@pgwc.gov.za](mailto:Fhclinic@pgwc.gov.za)  
 Khayelitsha School clinic [Khclinic@pgwc.gov.za](mailto:Khclinic@pgwc.gov.za)  
 Kuilsriver School Clinic [Klclinic@pgwc.gov.za](mailto:Klclinic@pgwc.gov.za)  
 Mitchell's Plain School Clinic [Mpclinic@pgwc.gov.za](mailto:Mpclinic@pgwc.gov.za)  
 Newlands School Clinic [Nwclinic@pgwc.gov.za](mailto:Nwclinic@pgwc.gov.za)

## SUBSTANCE ABUSE RESOURCE LIST

NAME	ADDRESS	TEL. No.	FAX NO.
<b>1. RESEARCH</b>			
National Trauma Research Programme Medical Research Council (MRC)	P.O. Box 19070 TYGERBERG 7505	(021) 938 0911 Email: <a href="mailto:jvdspuy@eagle.mrc.ac.za">jvdspuy@eagle.mrc.ac.za</a>	(021) 938 0200
Mental Health and Substance Abuse Urbanisation and Health Programme Medical Research Council (MRC)	P.O. Box 19070 TYGERBERG 7505	(021) 938 0419 Email: <a href="mailto:cparry@eagle.mrc.ac.za">cparry@eagle.mrc.ac.za</a>	(021) 938 0342
Foundation for Alcohol and Related Research (FARR) UCT Medical School	Observatory CAPE TOWN 7924	(021) 406 6530 Email: <a href="mailto:cs@anat.uct.ac.za">cs@anat.uct.ac.za</a>	(021) 447 7703
<b>2. YOUTH GROUPS</b>			
Al-Anon and Alateen	925 Libertas Centre Voortrekker Road Goodwood 7460	(021)592 3970	(021) 592 3962
<b>3. SUPPORT/AFTER-CARE GROUPS</b>			
<b>3.1 ALCOHOLICS ANONYMOUS (AA)</b>			
Alcoholics Anonymous	925 Libertas Centre Voortrekker Road Goodwood 7460	(021)592 3970	(021) 592 3962
<b>3.2 ALCOHOLICS VICTORIOUS</b>			
Alcohol Victorious	PO Box 36299 Glosderry Kenilworth	(021) 797 1270	(021) 762 4235
<b>3.3 AL-ANON AND ALATEEN</b>			
Al-Anon and Alateen	925 Libertas Centre Voortrekker Road Goodwood 7460	(021)592 3970	(021) 592 3962
Drug Wise	P.O. Box 107 SEA POINT 8060	(021) 434 8703	(021) 439 2029
<b>3.4 GAMBLERS ANONYMOUS</b>			
Person on Duty		(011) 915 7730	
<b>3.5 NARCOTICS ANONYMOUS</b>			
Person on Duty		088 130 0327 073 147 8364 082 697 5393 073 153 6364	
<b>3.6 CHRISTELIKE ALKOHOLISTE BOND (CAB) BRANCHES</b>			
An address of contact persons may be obtained from: Toevlug Treatment Centre P.O. Box 515 WORCESTER 68491 Tel. No.: (023) 342 1162 Fax No.: (023) 347 3232			



Western Cape Ashton, Atlantis, Barrydale, Beaufort West, Blackheath, Brandvlei, Bredasdorp, Caledon, Citrusdal, Clanwilliam, Darling, De Rust, Dysseisdorp, Eendekuil, Eerste River, Elsies River, Franschhoek, Gans Bay, George, George Industria, Grabouw. Great Brak River. Hermon, Hopefield Huguenot, Keimoes, Kensington, Klawer, Kleinmond, Knysna, Koelenhof, Koringberg, Koue Bokkeveld, Kraaifontein, Kuilsrivier, Laaiplek, Laingsburg, Lansdowne, Lenteguur, Lynedoch, Macassar, Malmesbury, Matroosfontein, Mitchells Plain, Montagu, Moorreesburg, Mossel Bay, Napier, Noorder-Paarl, Oudtshoorn, Paarl, Paarl East, Pacaltsdorp, Piketberg, PK. Elands Bay, Porterville PK. Vlotenberg, Ravensmead. Rawsonville, Redelingshuys, Retreat, Riebeeck-Kasteel, Riebeeck West, Riversdale, Riversonderend, Robertson, Saron, Simondium, Stellenbosch, Strandfontein, Strand, Suider-Paarl, Surrbraak, Swellendam, Touws River, Uitsig, Van Wyksvlei, Victoria West, Villiersdorp, Vredenburg, Vredendal North, Wellington, Wilgerivier, Windmeul, Wolseley, Worcester.			
<b>3.7 TELEFRIEND</b>			
Friend in need	(021) 930 1122	(021) 930 1122	
<b>3.8 ALCOHOL SAFETY-SCHOOL</b>			
Alcohol Safety School	Private Bag X 131 CAPE TOWN 800	(021) 424 6020	(021) 423 8381
<b>3.9 CHRISTIAN ACTION FOR DEPENDANTS (CAD)</b>			
Alcohol and Drug Concerns Cape	P.O. Box 36299 GLOSDERRY 7702	(021) 643 650 (Mornings only)	
<b>4. IN-PATIENT TREATMENT CENTRES – NGO &amp; PRIVATE</b>			
Hesketh King	P.O. Box 5 ELSENBERG, 7607 <b>Old Paarl and Klipheuwel Road</b> MULDERSVLEI	(021) 884 4600	(021) 884 4602
Medicity Kenilworth Chemical Dependency Unit (CDU)	32 Kenilworth Road KENILWORTH 7700	(021) 797 1400	(021) 761 9109
Ramot Centre	54 Toner Street PAROW 7500	(021) 922 033	(021) 930 3123
De Novo (Adult and Youth) Treatment Centre	Post Office KRAAIFONTEIN 7570	(021) 988 1138	(021) 988 0426
Toevlug Treatment Centre	P.O. Box 515 WORCESTER 6849	(023) 342 1162	(023) 347 3232
Stepping Stones Addiction Centre	P.O. Box 48156 KOMMETJIE 7976	(021) 783 4230	(021) 783 1816
Serenity Care Centre	P.O. Box 1290 KNYSNA, 6570	(044) 343 2179	(044) 343 1395
Lambrecht Medi-Clinic	P.O. Box 1593 GEORGE, 6530	(044) 874 2785	(044) 874 0932
Helderberg Against Dependency	P.O. box 2345 Somerset West, 7129	(021) 852 4820	(021) 851 2772
Crescent Clinic	24 Crescent Road Kenilworth, 7708	(021) 762 7680	(021) 762 7669
<b>NAME</b>	<b>ADDRESS</b>	<b>TEL. No.</b>	<b>FAX NO.</b>
Libertas Treatment Centre	C/o Vanguard and Voortrekker Road GOODWOOD,7460	(021) 591 6111	(021) 591 5734
Horizons Halfway House Treatment Centre	P.O. Box 31266 GRASSY PARK,7888	(021) 737 886	(021) 737 886
Orient Treatment Centre	C/o Boundary and Boom Street SCHAAPKRAAL ,7941	(021) 731 053	(021) 705 3461
Stikland Drug Unit (Neuro - Clinic for alcohol only)	Private Bag X 13 Bellville, 7535	(021) 919 1110	(021) 919 5066
<b>5. COMMUNITY – BASED SERVICES</b>			
Cape Town Drug	1 Roman Road	(021) 447 8026	(021) 447 8818

Counselling Centre	P.O. Box 56 OBSERVATORY,7935		
Bridges Community Programmes	P.O. Box 2345 SOMERSET WEST,7129	(021) 852 6066	(021) 852 1348
<b>6. SOUTH AFRICAN NATIONAL COUNCIL ON ALCOHOL AND DRUG DEPENDENCE (SANCA) – WESTERN CAPE</b>			
SANCA WESTERN CAPE	P.O. Box 860 BELLVILLE, 7530	(021) 945 4080/1	(021) 945 4082
Athlone Alcohol and Drug Centre	P.O. Box 528 Klipfontein Road GATESVILLE,7780	(021) 638 5116	(021) 637 2832
Atlantis Alcohol and Drug Centre	C/o Sun and Rotterdam Street, ATLANTIS, 7349	(021) 572 7461	(021) 572 2739
Guguletu Alcohol and Drug Centre	Saartjie Baartman Centre Klipfontein Road SURREY ESTATE, 7764	(021) 638 5116	(021) 637 2832
Khayelitsha Satellite Office	E505 Scott Street <b>KHAYELITSHA,7784</b>	(021) 364 5510	(021) 361 9334
Mitchells Plain Alcohol and Drug Centre	P.O. Box 761 MITCHELLS PLAIN, 7785	(021) 397 4617	(021) 397 4617
Paarl Alcohol and Drug Centre	P.O. Box 249 PAARL, 7620	(021) 872 5050	(021) 872 5050
Tygerberg Alcohol and Drug Centre	P.O. Box 1431 SANLAMHOF,7532	(021) 919 9557/8	(021) 919 7383
<b>AFFILIATED SANCA (WC) BRANCHES ARE:</b>			
George Alcohol and Drug Centre	P.O. Box 2310 GEORGE 6530	(044) 884 0674	(044) 884 0674
Knysna Alcohol and Drug Centre	P.O. Box 1290 KNYSNA 6570	(044) 382 5160	(044) 382 5947
Serenity Care Centre (Treatment Centre) Knysna	P.O. Box 1290 KNYSNA 6570	(044) 343 1395	(044) 343 2179
CEF (Creating Effective Families)	P.O. Box 2319 MOSSEL BAY 6500	(044) 691 1411	(044) 691 1411
Helderberg Drug and Alcohol Action Committee	P.O. Box 2060 SOMERSET WEST 7129	(021) 852 4820	(021) 852 7599
<b>7. DETOXIFICATION SERVICES</b>			
Stellenbosch Hospital	Private Bag X 5027 STELLENBOSCH 7600	(021) 887 0310	(021) 886 5454
Paarl Hospital	Private Bag X 3012 PAARL 7620	(021) 872 1711	(021) 872 4841
Karl Bremer Hospital	Private Bag X 15 Parow 7500	(021) 918 1511	(021)945 1919 (021) 949 8153
GF Jooste Hospital	P.O Box 66 Duinefontein Rd Manenberg 7762	(021) 690 100	(021) 691 7962
George Provincial Hospital	Private Bag X 6534 George 6530	(044) 875 5122	(044) 874 5017

Hottentots Holland Hospital	Private Bag X 2 Somerset West 7129	(021) 852 1334	(021) 852 5392
Eben Dönges Hospital	Private Bag X 3049 Worcester 6850	(023) 348 1400	(023) 342 8501

<b>8. OTHER STAKEHOLDERS</b>			
<b>NAME</b>	<b>ADDRESS</b>	<b>TEL. No.</b>	<b>FAX NO.</b>
Drug Free Marshals (Cape Town)	Roeland Street CAPE TOWN 8000	(021) 418 6054	(021) 852 6066
Narconon Drug Education	P.O. Box 247 PAARDEN EILAND 7420	(021) 511 3496	
SANAB (S.A Narcotic) Buro)	Captain Uys P.O. Box 254 George 6530	(044) 874 3162	(044) 874 1817
<b>9. FORUMS</b>			
Western Cape Alcohol and Drug Abuse Forum (Research Committee)	P.O. Box 19070 TYGERBERG 7505	(021) 938 0326	(021) 938 0342
Western Cape Alcohol and Drug Abuse Forum (Education and Prevention Committee)	P.O. Box 107 SEA POINT 8060	(021) 434 8703	(021) 439 2029

## MENTAL ILLNESS

### MENTAL HEALTH INFORMATION CENTRE

Department of Psychiatry, University of Stellenbosch Medical School

✉ PO Box 19063, Tygerberg 7505

☎ (021) 938 9229

📞 (021) 933 5790

📧 [mhic@gerga.sun.ac.za](mailto:mhic@gerga.sun.ac.za)

Offers information and guidance regarding mental health concerns and resources. A nation-wide telephone referral service is also provided.

## SUPPORT GROUPS FOR MENTAL ILLNESS

### ANXIETY DISORDERS CLINIC

✉ University of Stellenbosch, Dept of Psychiatry, Private Bag X13, Bellville 7530

☎ (021) 940 4442/3

☎ (021) 940 4555

📞 (021) 940 4443

Assessment and treatment for people (from all areas) with Anxiety Disorders

### DEPRESSION & ANXIETY DISORDERS SUPPORT GROUP

✉ PO Box 652548, Benmore, 2010

☎ (011) 783 1474/76 or 884 1797

📞 (011) 884 7074

Has a network of support across SA. Phone the main group to obtain contact details for local support groups.

**REACH OUT**

✉ PO Box 16578, Vlaeberg, 8018

☎ 088 120 4136

This organization does not offer crisis intervention but is a support group for people who are living with depression.

**CAPE SUPPORT FOR MENTAL HEALTH**

✉ Nursing Admin. Block, 1<sup>st</sup> Floor, Valkenberg Hospital, 7925. PO Box 236, Rondebosch, 7700

☎ (021) 448 0760

📞 (021) 448 0761

Support for families of people with Schizophrenia or Bipolar disorder.

**SUPPORT GROUP FOR OBSESSIVE/ COMPULSIVE DISORDER**

✉ 3 Sun Hue Gardens, McKinley Road, Kenilworth 7708

Every 2<sup>nd</sup> Sunday of each month at 16H00.

☎ (021) 671 2519

📧 [cgird@absamail.co.za](mailto:cgird@absamail.co.za)

**WESTERN CAPE BIPOLAR ASSOCIATION**

☎ 082 855 3180

📧 [bipolar@jaywalk.com](mailto:bipolar@jaywalk.com)

🌐 [www.jaywalk.com/bipolar](http://www.jaywalk.com/bipolar)

Support and information on "manic depression".

**HOMELESS PERSONS****CASP: CO-ORDINATED ACTION WITH STREET PEOPLE**

✉ 14 Roeland Street, Cape Town, 8000

☎ (021) 462 0280

Network of organizations and concerned individuals working to alleviate the plight of the homeless.

**THE ARK - CITY OF REFUGE**

✉ PO Box 30476, Tokai, 7966,

☎ (021) 843 3927

📞 (021) 843 3013

Shelter and accommodation for anyone in need (adults, youth and children).

**THE BIG ISSUE**

✉ 19 Leister Road, Wynberg

☎ (021) 761 0714

📞 (021) 761 0714

📧 [bissuect@iafrica.com](mailto:bissuect@iafrica.com)

✉ 37 Sir Lowry Road, Woodstock

☎ (021) 461 6690

📞 (021) 461 6662

**CAPE TOWN REFUGEE FORUM**

✉ Zabows Building, Main Road, Wynberg.

☎ (021) 762 9670

📞 (021) 761 2294

Help with school placement, fees and uniforms as well as accommodation, food vouchers and cooking utensils.

Refer for legal Aid and Adult Education.

## INTELLECTUAL DISABILITY

### WESTERN CAPE FORUM FOR INTELLECTUAL DISABILITY

ASAT House, 1<sup>st</sup> Floor, Alexandra Hospital, Annex Road, Maitland

✉ PO Box 142, Maitland, 7404

☎ (021) 510 4686

📠 (021) 510 4687

The Forum's work includes advocacy, training, support and networking.

### CAPE MENTAL HEALTH

22 Ivy Street, Observatory

✉ Private Bag X7, Observatory, 7935

☎ (021) 447 9040

📠 (021) 448 8475

✉ sandra@cmhs.co.za

The CMHS's work encompasses mental health, mental handicap (intellectual disability) and mental illness (psychiatric disability). They provide case management, support, education and capacity building for mentally disabled service-users and their families.

## CAPE METRO

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### Cape Mental Health Society

#### Physical Address:

22 Ivy St  
Observatory  
7935

Telephone : (021) 447-9040

Fax : (021) 448-8475

#### Contact Person:

Ingrid Daniels

#### Services

- social work and other services are available to psychologically and psychiatrically disturbed people and their families
- services for mentally handi-capped also available
- only do HIV/Aids service if one of their clients are infected

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### Groote Schuur Hospital: Psychiatric Admissions

#### Physical Address:

Main Road  
Observatory  
7925

Telephone : (021) 404-2175

Fax : (021) 404-4248

#### Services

- emergency only

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## Lentegeur Hospital

**Physical Address:**

Highlands Drive  
Lentegeur  
Mitchells Plain  
7785

**Postal Address:**

Private Bag X4  
Mitchells Plain  
7785

Telephone : (021) 370-1111  
Fax : (021) 371-7359

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## Stikland Hospital

**Physical Address:**

Ou Paarl Weg  
Bellville  
7535

**Postal Address:**

Private Bag X13  
Bellville  
7535

Telephone : (021) 919-1110  
Fax : (021) 910-3508

**Services**

- 8.30am-4pm

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## BOLAND

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### Trauma Centre

**Physical Address:**

G811 Gwebityala Street  
Xolani  
Eston  
6750

Telephone : (023) 615-3674

**Contact Person**

Nontembiso Motsamayi

**Services**

- sexual abuse & counselling

# Services for the Aged

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## Age-in-Action Western Cape:

### Physical Address:

36 Long Street  
Level 6  
Cape Town  
8001

### Postal Address

P.O.Box 10269  
Caledon Square

Telephone : (021) 423-0204  
Fax : (021) 423-0203  
Email : [sacacape@iafrica.com](mailto:sacacape@iafrica.com)

Tollfree Care line: 080 111 2131

### Contact Person

Sandra or Allison

### Services

- Training programmes eg. victim empowerment
- Awareness and information Training
- Community Care Worker Training

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## HEAL (Heal Elder Abuse Line)

### Physical Address:

1<sup>st</sup> Floor 36 on Long  
Long Street  
Cape Town  
8001

### Postal Address

P.O.Box 2335  
Cape Town  
8000

Telephone : 0800 003081 / (021) 423-0204  
Fax : (021) 426-5530  
Cell : 0832746620  
Email : [elderabuse@mweb.co.za](mailto:elderabuse@mweb.co.za)

### Contact Person

Mrs Pat Lindgren

### Services

- Telephone helpline
- Tollfree and confidential
- For older persons and any member of the public who suspects that elder abuse is taking place

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## Afrikaanse Christelike Vrouevereniging (ACVV)

**Physical Address:**

61 Caledon Street  
Cape Town  
8000

**Postal Address:**

PO Box 3834  
Cape Town

Telephone : (021) 461-1109/7447  
Fax : (021) 461-0074

**Contact Person**

Erika Grimbuk

**Services**

- child-care services
- Family Welfare Agency
- only for children under 12 years
- provides a range of services to the community
- hours: 08h00-16h15
- social work
- HIV/Aids therapy & advice

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## Emmanuelle Service Centre

**Physical Address:**

Volhou Street  
Napier  
7270

Telephone : (028) 423-3522  
Fax : (028) 423-3488

**Contact Person**

Ms H Piek

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## Kweekvallei Homes

**Physical Address:**

68 Pastorie Street  
Prince Alfred  
6930

Telephone : (023) 541-1626  
Fax : (023) 541-1626

**Contact Person**

Mr K Esterhuizen



# Alternative Therapies

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## Association of Aroma Therapists

### Postal Address:

P O Box 23924  
Claremont  
7700

Telephone : (021) 531-7314

### Contact Person

### Services

- They will provide contact details of aroma therapists in different regions of the Western Cape

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## Claire Barry

### Physical Address:

8 Hamilton Street  
Plumstead  
7700

Telephone : 0881229676

### Contact Person

Claire Barry

### Services

- psycho neuro immunology
- counselling
- aromatherapy
- therapeutic massage
- tai chi
- qi gong – Chinese system of self healing

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## E-merge

### Physical & Postal Address:

34 Wargrave Rd  
Kenilworth  
7700

Telephone : (021) 797-0178

Cell : 084 886 5843

E-mail : [lbkarp@telkomsa.net](mailto:lbkarp@telkomsa.net)

### Contact Person

Licia Blyth Karp

### Services:

- Life-meaning counselling
- Trauma counselling
- Physical balancing points
- Non-physical balancing techniques

## POLICE STATIONS IN EACH AREA

STATION	TELEPHONE	FAX
ASHTON	(023) 615 1782	(023) 615 1186
BARRYDALE	(028) 572 1001	(028) 572 1018
BITTERFONTEIN (Satellite)	(027) 642 7005)	(027) 514 3050
BONNIEVALE	(023) 616 2270	(023) 6163535
BREDASDORP / ELIM	(028) 424 1155	(028) 424 1676
CALEDON	(028) 212 1267/76/2	(028) 2122817
FCS Caledon	028) 212 1212(t)	(028) 212 2817
CERES	(023) 312 1484/5/6	(023) 312 2628
CITRUSDAL	(022)921 2025/3395/3435	(022) 921 2011
OCLOETESVILLE	(021)887 7116	(021) 887 7120
CLANWILLIAM	027)482 1010	(027) 482 2673
DARLING	(022) 492 3146/32	(022) 492 3198
DE DOORNS	(023) 356 2080	(023) 356 2944
DORINGBAAI	(027) 215 1021	(027) 215 1320
GANSBAAI	(028) 384 0201	(028) 384 1448
ELANDSBAAI	(022) 972 1658 / 707	(022) 972 1666
FRANSCHHOEK	(021) 876 8061	(021) 876 8078
GENADENDAL/GREYTON	(028) 251 8080	(028) 251 8162
GRAAFWATER	(027) 422 1122	(027) 422 1166
GRABOUW	(021) 859 2557	(021) 859 1109
GROOT-DRAKENSTEIN	(021) 874 8000	(021) 874 1766
HERMANUS	(028) 313 8500	-(028) 313 8539
HOPEFIELD	(022) 723 0012	
LAMBERTSBAAI	(027) 432 1122/312/347	(027) 432 2832
LANGEBAAAN	(022) 772 2111	(022) 772 1603
LUTZVILLE	(027) 217 1510	(027) 217 1384

<b>MALMESBURY</b>	<b>(022) 482 2266 / 2495 / 2496 / 2476 / 2462</b>	<b>(022) 482 1400</b>
<b>MBEKWENI</b>	<b>(021) 868 3036</b>	<b>(021) 868 3601</b>
<b>McGREGOR</b>	<b>(023) 625 1600</b>	<b>(023) 625 1689</b>
<b>MONTAGU</b>	<b>(023) 614 1230</b>	<b>(023) 614 1485</b>
<b>MOORREESBURG</b>	<b>(022) 433 2930/ 2931/2766</b>	<b>(022) 433 3455</b>
<b>NAPIER</b>	<b>(028) 423 3223 / 423 3354</b>	<b>(028) 423 3715</b>
<b>SATELITTE STATION NKQUBELA</b>	<b>(023) 626 1265</b>	
<b>NUWERUS</b>	<b>(027) 643 2011/2108</b>	<b>(027) 643 2012</b>
<b>OP DIE BERG</b>	<b>(023) 3170326</b>	<b>(023) 313 3572</b>
<b>CRIME ZONE PAARL</b>	<b>(021) 8074000</b>	<b>(021) 807 4117</b>
<b>FCS PAARL</b>	<b>(021) 863 1043</b>	<b>(021) 863 4197</b>
<b>PAARL-OOS</b>	<b>(021) 862 5617/4894</b>	<b>(021) 862 1103</b>
<b>OOP PAARL</b>	<b>(021) 862 9015</b>	<b>(021) 8723412</b>
<b>PHILADELPHIA</b>	<b>(021) 972 1613</b>	<b>(021) 972 1818</b>
<b>PIKETBERG</b>	<b>(022) 913 1844</b>	<b>(022) 913 1780</b>
<b>PORTERVILLE</b>	<b>(022) 931 2187</b>	<b>(022) 931 3106</b>
<b>PRINCE ALFRED HAMLET</b>	<b>(023) 313 3133/4</b>	<b>(023) 313 3572</b>
<b>RAWSONVILLE</b>	<b>(023) 349 1212</b>	<b>(023) 349 1826</b>
<b>REDELINGHUYS</b>	<b>(022) 962 1620</b>	<b>(022) 962 1688</b>
<b>RIEBEEK-KASTEEL</b>	<b>(022) 448 1643</b>	<b>(022) 448 1688</b>
<b>RIEBEEK-WES</b>	<b>(022) 461 2234</b>	<b>(022) 461 2138</b>
<b>RIVIERSONDEREND</b>	<b>(028) 261 1352</b>	<b>(028) 261 1688</b>
<b>ROBERTSON</b>	<b>(023) 626 2251</b>	<b>(023) 626 4334</b>
<b>SALDANHA</b>	<b>(022) 714 2017</b>	<b>(022) 714 2464</b>
<b>SARON</b>	<b>(023) 240 0200</b>	<b>(023) 240 0911</b>
<b>STANFORD</b>	<b>(028) 341 0601</b>	<b>(028) 341 0245</b>
<b>CRIME ZONE STELLENBOSCH</b>	<b>(021) 809 5000</b>	<b>(021) 809 5009/131 E-mail WC:CRIME ZONE STELLENBOSCH</b>
<b>FCS STELLENBOSCH</b>	<b>(021) 887 0369</b>	<b>(021) 887 5831</b>
<b>ST HELENABAAI</b>	<b>(022) 736 8072</b>	<b>(022) 736 1666</b>
<b>STRUISBAAI</b>	<b>(028) 435 6440</b>	<b>(028) 435 7403</b>

<b>SUURBRAAK</b>	(028) 522 1766	(028) 522 1740
<b>SWELLENDAM</b>	(028) 514 8100	(028) 514 3050
<b>TOUWSRIVIER</b>	(023) 358 1601/812/003	(023) 358 1700
<b>TULBAGH</b>	(023) 230 1016	(023) 230 0950
<b>VAN RHYNSDORP</b>	(027) 219 1001	(027) 219 1637
<b>VILLIERSDORP</b>	(028) 840 1174/5	(028) 840 1176
<b>VREDENBURG</b>	(022) 713 1310	(022) 713 5612
<b>VREDENDAL</b>	(027) 201 3200	(027) 213 3127
<b>FCS Vredendal</b>	(027) 2013221	(027) 201 2359
<b>WELLINGTON</b>	(021) 873 3333	(021) 873 1446
<b>WOLSELEY</b>	(023) 231 0013	(023) 231 1372
<b>CRIME ZONE WORCESTER</b>	(023) 347 2211/4008	(023) 347 4941
<b>FCS WORCESTER</b>	(023) 342 2496(t)	(023) 348 6277
<b>ZWELENTEMBA SATELLITE STATION</b>	(023) 345 2023	
<b>AREA SOUTHERN CAPE SWITCH BOARD</b>	(044) 203 9000	(044) 203 9155
<b>ALBERTINIA</b>	[028] 7351006	[028] 735 1938
<b>BEAUFORT WEST</b>	[023] 414 2157	[023] 414 4159
<b>CALITZDORP</b>	(044) 213 3320	(044) 2133387
<b>CONVILLE</b>	[044] 803 3300	[044] 803 3338
<b>DE RUST</b>	[044] 241 2050	[044] 241 2184
<b>DYSSELSDORP</b>	[044] 251 6351/2	[044] 251 6338
<b>CRIME ZONE GEORGE</b>	[044] 803 4400	FAX [044] 803 4580/1
<b>FCS GEORGE</b>	(044) 803 4615	(044) 803 4430
<b>GROOT-BRAKRIVIER</b>	[044] 620 2495	[044] 620 3031
<b>HEIDELBERG</b>	[028] 722 1910	[028] 722 2925
<b>HERBERTSDALE</b>	[044] 651 1603x210/717	[044] 651 1717
<b>KNYSNA</b>	[044] 302 6600	[044] 302 6612
<b>KWANONQABA</b>		E-mail Kwanonqaba SAPS: <a href="mailto:kwanonqaba-saps@saps.org.za">kwanonqaba-saps@saps.org.za</a>
<b>LADISMITH [WC]</b>	[028] 551 1006	(028) 551 1146
<b>LEEU-GAMKA</b>	[023] 521 2003	[023] 521 2157

<b>MERWEVILLE</b>	(023) 501 4005	(023) 501 4079
<b>MOSSEL BAY</b>	[044] 690 3334	[044] 691 1779
FCS Mossel Bay	(044) 693 0000	(044) 693 3388
<b>MURRAYSBURG</b>	[049] 844 0136/26	[049] 844 0102
<b>NELSPOORT</b>	(023) 416 1888	(023) 416 1777
<b>OUTDSHOORN</b>	[044] 203 9000	[044] 203 9171
FCS Oudtshoorn	(044) 272 6470	(044) 203 9170
<b>PACALTSDORP</b>	[044] 878 0410	[044] 878 0551
<b>PLETTENBERGBAAI</b>	[044] 533 2100	[044] 533 3472
<b>PRINS ALBERT</b>	[023] 541 1316	[023] 541 1359
<b>RIVERSDAL</b>	[028] 713 2431	[028] 713 1165
<b>SEDFIELD SATELLITE STATION</b>	[044] 343 1321	(044) 302 6612
<b>STILL BAY</b>	[028] 754 1501	[028] 754 2800
<b>THEMBALETHU (SATELLITE STATION)</b>	(044) 880 2740	(044) 880 2350
<b>UNIONDALE</b>	[044] 752 1003	[044] 752 1004
<b>AREA EASTERN METROPOLE SWITCH BOARD</b>	(021) 918 3000	(021) 918 3182
<b>ATLANTIS</b>	(021) 572 1811	(021) 572 3956
<b>BELHAR SATELLITE STATION</b>	(021) 952 6233/4	(021) 954 1814
<b>BELLVILLE</b>	(021) 918 3000	(021) 918 3084
<b>BELLVILLE SOUTH</b>	(021) 951 6677/8	(021) 951 2558
<b>BISHOP LAVIS</b>	(021) 935 9800	(021) 935 9831
<b>BOTHASIG</b>	(021) 559 9400	(021) 559 7568
<b>BRACKENFELL</b>	(021) 980 5700	(021) 981 3709
FCS Delft	(021) 918 3078	(021) 918 3532
<b>DELFT</b>	(021) 954 1345	(021) 954 1816/4932
<b>DF MALAN</b>	(021) 934 0707	(021) 934 8619
<b>DURBANVILLE</b>	(021) 970 3811/12	(021) 976 4472
<b>EERSTERIVIER</b>	(021) 904 1573	(021) 904 1634
<b>ELSIES RIVER</b>	(021) 933 0300	(021) 932 0333
<b>FCS ELSIESRIVIER</b>	(021) 592 7092	(021) 592 7098

GOODWOOD	(021) 592 4430	(021) 592 4479
GORDONSBAAI	(021) 856 1207	(021) 856 3484
HARARE	(021) 363 9100-14	(021) 363 9055
KHAYELITSHA	(021) 361 3330/1	(021) 361 0798
FCS KHAYELITSHA	(021) 918 3541	(021) 918 3412
LINGELETHU-WES	(021) 361 1784	(021)361 4187
KLEINVLEI (KUILSRIVER)	(021) 904 1633	(021) 904 1634
KRAAIFONTEIN	(021) 980 5500	(021) 980 5545
KUILSRIVER	(021) 903 4117	(021) 903 4186
MACASSAR	(021) 857 1020/1/2/3/4	(021) 857 3107
MELKBOSSTRAND	(021) 553 2088	(021) 553 1946
MILNERTON	(021) 551 8086	(021) 551 6104
MFULENI (KUILSRIVER)	(021) 909 4401	(021) 909 5647
PAROW	(021) 930 5643	(021) 930 5645
RAVENSMEAD	(021) 932 7551	(021) 932 8063
SOMERSET WEST	(021)850 1300	(021) 851 4177
STRAND	(021) 854 9100	(021) 854 9124
TABLE VIEW	(021) 521 3300	(021) 521 3333
TYGERBERG MORTUARY	(021) 931 4232	(021) 931 4238
AREA WEST METROPOLE SWITCH BOARD	(021) 467 8000	(021) 467 8553
ATHLONE	(021) 697 9200	(021) 696 9777
CAMPS BAY	(021) 437 8140	(021) 438 6259 E-mail <a href="mailto:campsbay-saps@saps.org.za">campsbay-saps@saps.org.za</a>
CAPE TOWN	(021) 467 8000	(021) 467 8074
CLAREMONT	(021) 657 2240	(021) 657 2296
DIEPRIVIER	(021) 710 7300	(021) 715 5858
FISH HOEK	(021) 782 6333	(021) 782 1457
GRASSY PARK	(021) 700 3900	(021) 706 5884
GUGULETU	(021) 638 5101/637 5997/637 5947	(021) 633 3193/637 0219
HOUT BAY	(021) 790 1330/46/5812/5959	(021) 790 4523

<b>KENSINGTON</b>	<b>(021) 594 7020</b>	<b>(021) 593 5249</b>
<b>KIRSTENHOF</b>	<b>(021) 701 2426</b>	<b>(021) 701 9445</b>
<b>LANGA</b>	<b>(021) 694 1849</b>	<b>(021) 694 0862</b>
<b>FCS LANGA</b>	<b>(021) 467 6656</b>	<b>(021) 467 6630</b>
<b>LANSDOWNE</b>	<b>(021) 700 9000</b>	<b>(021) 700 9049</b>
<b>MAITLAND</b>	<b>(021) 511 1544</b>	<b>(021) 510 5477</b>
<b>MAITLAND (EMERGENCY SERVICE)</b>	<b>(021) 506 2000</b>	<b>(021) 506 2021</b>
<b>MANENBERG</b>	<b>(021) 638 1101</b>	<b>(021) 633 3197</b>
<b>MITCHELLS PLAIN</b>	<b>(021) 370 1600</b>	<b>(021) 370 1630</b>
<b>MOWBRAY</b>	<b>(021) 689 1304</b>	<b>(021) 689 9072</b>
<b>MUIZENBERG</b>	<b>(021) 787 9000</b>	<b>(021) 788 3709</b>
<b>FCS NYANGA</b>	<b>(021) 376 3030</b>	<b>(021) 376 3121</b>
<b>OCEAN VIEW</b>	<b>(021) 783 4130</b>	<b>(021) 783 4444</b>
<b>NYANGA</b>	<b>(021) 380 3300</b>	<b>(021) 386 1973</b>
<b>PHILIPPI</b>	<b>(021) 690 1500</b>	<b>(021) 691 4898</b>
<b>PHILIPPI EAST</b>	<b>(021) 370 1900</b>	<b>(021) 374 6410</b>
<b>PINELANDS</b>	<b>(021) 532 5200</b>	<b>(021) 531 2246</b>
<b>RONDEBOSCH</b>	<b>(021) 685 4747/ 3998 / 4331</b>	<b>(021) 689 9073</b>
<b>SALT RIVER MORTUARY</b>	<b>(021) 448 4456-8</b>	<b>(021) 447 7322</b>
<b>SEA POINT</b>	<b>(021) 430 3700</b>	<b>(021) 439 8484</b>
<b>SIMONSTOWN</b>	<b>(021) 786 2118</b>	<b>(021) 786 2130</b>
<b>STEENBERG</b>	<b>(021) 701 1390/4/701</b>	<b>(021) 701 5724</b>
<b>FCS STEENBERG</b>	<b>(021) 799 1335</b>	<b>(021)799 1345</b>
<b>STRANDFONTEIN</b>	<b>(021) 370 1500</b>	<b>(021) 370 1514</b>
<b>TABLE BAY HARBOUR</b>	<b>(021) 419 0260</b>	<b>(021) 421 5461</b>
<b>WYNBERG</b>	<b>(021) 799 1300</b>	<b>(021) 799 1370</b>

## POLICE COMPLAINTS OR COMPLIMENTS:

First direct your complaint to the Station or Branch Commander of the police station where the incident occurred. If you are not satisfied with the response, put it in writing and then contact one of the Area Heads by phone:

Eastern Metropole  
Senior Superintendent Mostert

(021) 948-3341

Western Metropole  
Senior Superintendent du Toit

(021) 467- 8000 or 467-8526 (direct line)

Boland  
Inspector Riffel

(021) 876-2626

Southern Cape  
Senior Superintendent O'Connel

(044) 322- 2236

If there are any problems at this level then contact:

Director Scharnick  
SAPS General Prevention  
Detective Service  
Private Bag 9004  
Cape Town  
8001

Telephone: (021) 467- 6030  
Fax: (021) 467-6057  
Cell: 082 8086519

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## Independent Complaints Directorate

### Physical Address:

106 Adderley Street  
Colonial Mutual Building  
Cape Town

Telephone : (021) 426-0700  
Fax : (021) 426-0705

### Contact Person

Thanye Cornelson

### Services

- Investigate police misconduct
- Receive complaints about domestic violence and sexual assault investigations



# JUSTICE SYSTEM AND THE COURTS

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## STATE OFFICES IN THE CAPE METRO

Listed alphabetical order and not according to regions

**Mosaic has Support Desks at the following Courts:-**

Cape Town	Monday and Wednesday
Wynberg	Monday, Tuesday, Wednesday, Thursday, Friday
Goodwood	Monday and Wednesday
Bellville	Monday and Wednesday
Kuils River	Monday and Friday
Simonstown	Monday and Tuesday
Paarl	Monday and Wednesday

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### Attorney General

**Postal Address:**

Private Bag X9020  
Cape Town  
8000

**Services**

- person in charge of state prosecutors in each province
- 

### Family Advocate

**Physical Address:**

30 Victoria Road  
Cape Town  
8000

Telephone : (021) 480-2652

Fax : (021) 424-5007

**Services**

- ensures that best interests of minor children are protected pending a divorce action
- conduct inquiries into family circumstances
- where dispute between parties refer custody access of children where allegations of abuse/neglect have been made

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## Wynberg Court (Family Violence)

**Physical Address:**

Wynberg Court  
Church Street  
Wynberg  
7700

**Services**

- counselling by volunteers
- assistance with applying for protection orders

**Postal Address:**

Private Bag X3  
Wynberg

Telephone : (021) 799-1800  
Fax : (021) 762-7842

**Contact Person**

Ms Smit

## MAGISTRATE'S COURTS

Magistrate's Courts throughout the Western Cape, listed in alphabetical order. Volunteer services are available at all the courts marked by a tick below:

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### ALBERTINIA

**Physical Address:**

Court Street

**Postal Address:**

Private Bag X1  
Albertinia

Telephone : (028) 735-1007  
Fax : (028) 735-1583

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### ATLANTIS

**Postal Address:**

Private Bag X2  
Rygersdal  
7352

Telephone : (021) 572-1003  
Fax : (021) 572-3230

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### BEAUFORT WEST

**Physical Address:**

Church Street

**Postal Address:**

Private Bag X545  
Beaufort West  
6970

Telephone : (023) 415-1787  
Fax : (023) 414-4658

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## BELLVILLE

**Physical Address:**

Cnr Voortrekker Road & Landross Street

**Postal Address:**

Private Bag X10  
Bellville  
7535

Telephone : (021) 948-4995 (direct)  
Telephone : (021) 948-3921 (switchboard)  
Fax : (021) 945-3387

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## BONNIEVALE

**Physical Address:**

Coetzee Street

**Postal Address:**

Private Bag X1  
Bonnievale

Telephone : (023) 616-2150  
Fax : (023) 616-2371

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## BREDASDORP

**Physical Address:**

22 Long Street

**Postal Address:**

Private Bag X13  
Bredasdorp

Telephone : (028) 424-1139  
Fax : (028) 424-1904

**Physical Address:**

Kerk Straat 28

**Postal Address:**

Private Bag X1  
Caledon

Telephone : (028) 212-1076  
Fax : (028) 214-1360

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## CAPE TOWN (including new Family Court)

**Physical Address:**

9-11 Parade Street

Telephone: (021) 461 5910

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## CALITZDORP

**Physical Address:**

13 Queen Street  
Bellville

**Postal Address:**

Private Bag X01  
Calitzdorp

Telephone : (044) 213-3309  
Fax : (044) 213-3013

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## CERES

**Physical Address:**

46 Voortrekker Street

**Postal Address:**

Private Bag X58  
Ceres  
6835

Telephone : (023) 312-1112  
Fax : (023) 316-1190

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## CLANWILLIAM

**Physical Address:**

Main Street

**Postal Address:**

Private Bag X3  
Clanwilliam  
8135

Telephone : (027) 482-2114  
Fax : (027) 482-2412

---

## GEORGE

**Physical Address:**

130 York Street

**Postal Address:**

Private Bag X6537  
George  
6530

Telephone : (044) 873-2023  
Fax : (044) 874-1108

---

## GOODWOOD

**Physical Address:**

273 Voortrekker Road  
Goodwood

**Postal Address:**

Private Bag X4  
Goodwood  
7459

Telephone : (021) 591 3171  
Fax : (021) 592-4064

---

## GRABOUW

**Physical Address:**

Main Street

**Postal Address:**

Private Bag X1  
Grabouw  
7160

Telephone : (021) 859-3661  
Fax : (021) 859-4430

---

## HEIDELBERG

**Physical Address:**

Begman Straat

**Postal Address:**

Private Bag X13  
Heidelberg  
1438

Telephone : (016) 349-1930  
Fax : (016) 349-6386

---

## HERMANUS

**Physical Address:**

63 Main Road

**Postal Address:**

Private Bag X01  
Hermanus  
7200

Telephone : (028) 312-3713  
Fax : (028) 313-1084

---

## HOPEFIELD

**Physical Address:**

24 Voortrekker Road

**Postal Address:**

Private Bag X4  
Hopefield  
7355

Telephone : (022) 723-0506  
Fax : (022) 723-1522

---

## KUILSRIVER

**Physical Address:**

Van Riebeeck Ave

**Postal Address:**

Private Bag X1  
Kuilsriver  
7580

Telephone : (021) 903-1161  
Fax : (021) 903-7902

---

## LADISMITH

**Physical Address:**

57 Queen Street

**Postal Address:**

Private Bag X215  
Ladismith  
6655

Telephone : (028) 551-1009  
Fax : (028) 551-1168

---

## LAINGSBURG

**Physical Address:**

Station Street

**Postal Address:**

Private Bag X42  
Laingsburg  
6900

Telephone : (023) 551-1010  
Fax : (023) 551-1296

---

## MALMESBURY

**Physical Address:**

Piet Retief Street

**Postal Address:**

P O Box X01  
Malmesbury  
7299

Telephone : (022) 482-1121  
Fax : (022) 482-4307

---

## MITCHELLS PLAIN (with new Sexual Offences Court)

**Physical Address:**

Magistrates Court  
1<sup>st</sup> Avenue  
Eastridge  
7785

**Postal Address:**

Private Bag X1  
Mitchells Plain  
7785

Telephone : (021) 370-4200  
Fax : (021) 371-3063

---

## MONTAGU

**Physical Address:**

Piet Retief Street

**Postal Address:**

Private Bag X5  
Montagu  
6720

Telephone : (023) 614-1105  
Fax : (023) 614-3974

---

## MOORREESBURG

**Physical Address:**

Station Street

**Postal Address:**

Private Bag X1  
Moorreesburg  
7310

Telephone : (022) 433-1087  
Fax : (022) 433-1488

---

## MOSSEL BAY

**Physical Address:**

144 George Street

**Postal Address:**

Private Bag X11  
Mossel Bay  
6500

Telephone : (044) 693-3113  
Fax : (044) 693-2891

---

## MURRAYSBURG

**Physical Address:**

14 Church Street

**Postal Address:**

Private Bag X1  
Murraysburg  
6995

Telephone : (049222) 11  
Fax : (049222) 389

---

## OUTSHOORN

**Physical Address:**

20 St Johns Street

**Postal Address:**

Private Bag X608  
Oudtshoorn  
6620

Telephone : (044) 272-6061  
Fax : (044) 279-1295

---

## PAARL

**Physical Address:**

Cnr Berg River Boulevard and Marks Street

**Postal Address:**

Private Bag X5003  
Paarl  
7622

Telephone : (021) 872-3127  
Fax : (021) 872-7648



---

## PIKETBERG

### Physical Address:

Voortrekker Street

### Postal Address:

Private Bag X12  
Piketberg  
720

Telephone : (022) 913-1110  
Fax : (022) 913-2155

---

## PORTERVILLE

### Physical Address:

Voortrekker Street

### Postal Address:

Private Bag X1  
Porterville  
6810

Telephone : (022) 931-2410  
Fax : (022) 931-2120

---

## PRINS ALBERT

### Physical Address:

Church Street

### Postal Address:

Private Bag X10  
Prins Albert  
6930

Telephone : (023) 713-2428  
Fax : (023) 713-3797

---

## RIVERSDALE

### Physical Address:

13 Mitchell Street

### Postal Address:

Private Bag X419  
Riversdale  
6670

Telephone : (028) 713-2428  
Fax : (028) 713-3797

---

## ROBERTSON

**Physical Address:**

Church Street

**Postal Address:**

Private Bag X612

Robertson

6705

Telephone : (023) 626-3023

Fax : (023) 626-4885

---

## SIMON'S TOWN

**Physical Address:**

St. Georges Street

**Postal Address:**

Private Bag X4

Simonstown

7995

Telephone : (021) 786-1561

Fax : (021) 786-3429

---

## SOMERSET WEST

**Physical Address:**

33 Caledon Street

**Postal Address:**

Private Bag X4

Somerset West

7129

Telephone : (021) 851-5945

Fax : (021) 852-7299

---

## STELLENBOSCH

**Physical Address:**

Alexander Street

Stellenbosch

**Postal Address:**

Private Bag X5009

Stellenbosch

7600

Telephone : (021) 887 0114

Fax : (021) 883-9687

---

## STRAND

**Physical Address:**

1 Gordons Bay Rd

Telephone : (024) 854 7217

---

## SWELLENDAM

**Physical Address:**

88 Voortrekker Street

**Postal Address:**

Private Bag X4

Swellendam

6740

Telephone : (028) 514-1109

Fax : (028) 514-2342

---

## TULBAGH

**Physical Address:**

Piet Retief Street

**Postal Address:**

Private Bag X1

Tulbagh

6820

Telephone : (023) 230-0006

Fax : (023) 230-0006

---

## UNIONDALE

**Physical Address:**

51 Voortrekker Street

**Postal Address:**

Private Bag X230

Uniondale

6460

Telephone : (044) 752-1002

Fax : (044) 752-1004

## VAN RHYNSDORP

**Physical Address:**

2 Church Street

**Postal Address:**

Private Bag X2  
Van Rhynsdorp  
8170

Telephone : (027) 219-1002

Fax : (027) 219-1563

---

## VREDENBURG

**Physical Address:**

17 Piet Retief Street

**Postal Address:**

Private Bag X608  
Vredenburg  
7380

Telephone : (022) 713-5274

Fax : (022) 713-1520

---

## VREDENDAL

**Physical Address:**

Voortrekker Street

Telephone : (027) 213-2010

Fax : (027) 213-4823

---

## WELLINGTON

**Physical Address:**

30 Jan Van Riebeeck Street

**Postal Address:**

Private Bag X1  
Wellington  
7654

Telephone : (021) 873-1145

Fax : (021) 864-2730

---

## WOLSELEY

**Physical Address:**

29 Eeufees Street

**Postal Address:**

Private Bag X2  
Wolseley  
6830

Telephone : (023) 231-1086

Fax : (023) 231-1086

---

## WORCESTER

**Physical Address:**

14 Adderley Street

**Postal Address:**

Private Bag X3045  
Worcester  
6849

Telephone : (023) 342-2325

Fax : (023) 347-5024

---

## RAPCAN

**Physical Address:**

D P Marais Centre, C/o of Main and White Roads  
Retreat

**Postal Address:**

Suite 87  
Private Bag X 12  
Tokai  
7966

Telephone : (021) 712-2330

Fax : (021) 712-2365

Cell : 083 270 2011

E-mail : [Tania@rapcan.org.za](mailto:Tania@rapcan.org.za)

**Services:**

- Court preparation and support for the child and care giver accessing the service
- Debriefing at the end of each court day
- Telephonic follow-up and support services
- Referral services available

**Contact Person**

Tania Moodley

# MEDIA CONTACTS

## JOURNALIST CONTACT LIST

---

### **Die Burger**

Contact: Mellissa or Willemien Brummer  
Tel: (021) 406 2162 / (021) 406 2222  
Fax: (021) 406 3958 / (021) 406 3965  
Email: wbrummer@dieburger.com or

Contact: Helen Coetzee  
Tel: 0214062772  
Fax: 0214063965  
Email: helenc@dieburger.com

---

### **Cape Argus**

Contact: Jenny Viall or Jeanne  
Tel: 0214884218  
Fax: 0214884156  
Email: jennyv@ctn.independent.co.za  
Or

News Editor  
Contact: Joseph Aranes  
Tel: 0214884536  
Fax: 0214884156  
Email: josepha@ctn.independent.co.za

---

### **Mail and Guardian**

Contact: Marianne Merton  
Tel: 0214624688  
Fax: 0214613203  
Email: mariannem@mg.co.za

---

### **Big Issue Magazine**

Contact: Patrick Burnett  
Tel: 0214616690  
Fax: 0214616662  
Cell: 0837452200  
Email: bissuect@iafrica.com

---

### **City Vision**

Contact: F.Little (news editor)  
Tel: 0214063148  
Fax: 0214063146  
Email: flittle@naspers.com  
Or  
Contact: M.Ndama (editor)  
Tel: 0214063147  
Fax: 0214063146  
Email: mndame@nasper.com

---

**Community Newspapers**

Contact: Hazel Allies or Karen Koetze  
Tel: 0214884230 / 0216834604  
Fax: 0214884615 / 0216833270  
Email: hazela@ctn.independent.co.za

---

**The Cape Times**

Contact: Estelle Alice  
Tel: 0214884911  
Fax: 0214884156

---

**Oudtshoorn Courant**

Contact: Garnett Wicomb  
Tel: (044) 272-8918  
Fax: (044) 279-2424

---

**Hoorn**

Contact:  
Tel: (044) 272-5606  
Fax: (044) 272-5604

---

**Die Courier**

Contact:  
Tel: (023) 414-2615  
Fax: (023) 414-2615

---

**Karoo Advertiser**

Contact:  
Tel: (049) 892-2236

---

## Radio Station list

---

**Cape at Six**

Contact: Chrystal Orderson  
Tel: 0214308100  
Fax: 0214308121  
Email: orderson@sabc.co.za  
Or ordersonc@hotmail.co.za

---

**Radio Atlantis**

Contact: Berenice Beukes  
Tel: 0215724320  
Fax: 0215724320  
Email: rasm@mweb.co.za

---

**Cape Talk 567**

Contact: Neesa Allie  
Tel: 0214881555  
Fax: 0214881556  
Email: ctnews@capetalk.co.za

---

**Radio Helderberg**

Contact: Liesel van Denhoven  
Tel: 0218527483  
Fax: 0218527482  
Email: radheld@iafrica.com

---

**P4 Radio**

Contact: Phippa Hudson (acting news editor)  
Tel: 0214068951/2/3  
Fax: 0214068955  
Email: news3@p4radio.co.za

---

**Radio Tygerberg**

Contact: Karin Pretorius  
Tel: 0219488801  
Fax: 0219488870  
Email: r/tyger@iafrica.com

---

**SABC (Focus)**

Contact: Barbara Boswell  
Tel: 0214308210  
Cell: 0833133946  
Email: boswellb@sabc.co.za

---

**Radiosondergrense**

Contact: Anthea Warner  
Tel: 0214308166  
Email: warnerac@sabc.co.za

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**Umhlobo Wenene**

Contact: Anthea Warner  
Tel: 0214308179  
Fax: 0214390395  
Email: warnerac@sabc.co.za

---

**Bush Radio**

Contact: Erna Curry or Jamal  
Tel: 0214485450  
Fax: 0214485451

---

**Suid Kaap Stereo**

Contact: Jan van Tonder  
Tel: (044) 272-6230  
Fax: (044) 272-5864

---

**Radio Graaff Reinette**

Contact: Corra van Zyl  
Tel: (049) 891-0927  
Fax: (049) 891-0927 / 892-5216

---

**KFM**

Contact: Maxine Greeff  
Tel: (021)4187788  
Fax: (021)4188478 / (021)4188478  
Cell: 0825785020

---

**Radio 702**

Tel: (021)4881500  
Fax: (021)488160



---

**SAFM**

Contact: Nancy Richards  
Tel: (021)4308172  
Fax: (021)4390395

---

**Radio Zibonelle**

Contact: Mrs Bam or Ceasar Nobepha  
Tel: (021)3619344/51  
Fax: (021)3615194

---

**TV Station list**

---

**SABC**

Contact: Johan Abrahams  
Tel: (021)4308121  
Cell: 0824163759  
Email: [ctnews@sabc.co.za](mailto:ctnews@sabc.co.za)

---

**ETV**

Contact: Catherine Rice  
Tel: (021)4814500  
Fax: (021)4308122  
Cell: 0834195777  
Email: [catherine.rice@etv.co.za](mailto:catherine.rice@etv.co.za)  
Other Contacts; Chantal Rutter, Ward or Chris Nicklon

---

**Service Providers**

---

**Media Watch**

Contact: Celeste  
Tel: (021)4610368

---

**MTC For Health**

Contact: Shamiel Adams  
Email: [sadams@mtcforhealth.co.za](mailto:sadams@mtcforhealth.co.za)

---

**IDASA**

Tel: (021)4612559

---

## Human Rights Media Centre

**Physical Address:**

2 Haven Avenue  
Kenilworth  
7708

**Postal Address:**

P O Box 53168  
Kenilworth  
7745

Telephone : 021 761 3303

Fax: 021 762 0271

Mobile: 082 450 9276

E-mail: [hrmc@iafrica.com](mailto:hrmc@iafrica.com) / [shirlygunn@worldonline.co.za](mailto:shirlygunn@worldonline.co.za)

**Contact Person:**

Shirley Gunn

**Services:**

- Oral History documentation and dissemination
- Research
- Training oral historians and media practitioners
- Survival Stories Project
- Child maintenance Project
- Women Workers Life Stories Project
- Trojan Horse Project and Out of Darkness Project

# ORGANISATIONS WORKING IN THE FIELD OF VIOLENCE AGAINST WOMEN IN OTHER PROVINCES

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We have identified one major service provider in each province.

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## Eastern Cape:

### Masimanyane Women's Support Centre

Telephone : (043) 743-9241  
Fax : (043) 743-9176

---

## Gauteng:

### POWA

#### Postal Address:

PO Box 93416  
Yeoville  
2143

- 8.30am-4.30pm

Telephone : (011) 642-4345  
Fax : (011) 484-3195

---

## Durban:

### FAMSA

Telephone : (031) 304-8991

---

## Bloemfontein:

### FAMSA

Telephone : (051) 525-2395

---

## Pietermaritzburg:

### FAMSA

Telephone : (033) 242-4945

---

## Northern Cape:

### WAWA:

#### Postal Address:

PO Box 415  
Warrenton  
8530

Telephone : (053) 497-3903  
Fax : (053) 497-3165

#### Contact Person

Patricia Nkhwanazi

---

## Mphumalanga:

### Ukuthula Advice Centre

Telephone : (013) 9861160  
Fax : (013) 9861160

#### Contact Person

Nthofela Makhele

# NATIONAL NETWORK ON VIOLENCE AGAINST WOMEN: PROVINCIAL OFFICES

---

## National Office

Telephone : (012) 348 1231/2/4  
Fax : (012) 348 1235

• 8.30am-4.30pm

### Contact Person

Mpho Thekiso or Kamagelo Lekubu-Wilderson

---

## Kwa Zulu Natal Network

Telephone : (031) 304-6928  
Fax : (031) 304-6928

• 8.30am-4.30pm

### Contact Person

Cookie Edwards

---

## North West Network

Telephone : (018) 464-3202  
Fax : (018) 464-3653

### Contact Person

Tryphosa Motene

---

## Northern Cape Network

Telephone : (053) 831 4856  
Fax : (053) 831 4856

### Contact Person

Cleopatra Ntlangule

---

## Eastern Cape Network

Telephone : (040) 654 0200  
Fax : (040) 654 1221

- 8.30am-4.30pm

### Contact Person

Ntomboxolo Dyantjie

---

## Mpumalanga Network

Telephone : (013) 947-3907  
Fax : (013) 947-2773

- 8.30am-4.15pm

### Contact Person

Ndvhuho Sekoba

---

## Free State Network

Telephone : (051) 447-6898  
Fax : (051) 447-6694  
Cell : 072 1853453

- 8am-4pm

### Contact Person

Grace Mosia

---

## Gauteng Network

Telephone : (011) 838 0411  
Fax : (011) 838 7043

- 8am-4.30pm
- 

## Northern Province Network

Telephone : (015) 295-7393  
Fax : (015) 295-7393  
Cell :

- 8am-4.30pm

### Contact Person

Moloko Rampola

---

## Western Cape Network

Telephone : (021) 633-5287  
Fax : (015) 637-0785

- 8.30am -4.30pm

### Contact Person

Lungiswa Memela  
Acting Provincial Co-ordinator / Cape Metro Co-ordinator  
Cell 072 240 7657  
Email: lungiswa@womenscentre.co.za

Carmelita Jefta  
Rural Co-ordinator  
Cell 072 240 7652  
Email: carmelita@womenscentre.co.za

Caroline Davids  
Administrator  
Cell 082 229 2995  
Email: caroline@womenscentre.co.za

---

## Mitchells Plain Network Opposing Women Abuse

(not affiliated to National Network)

Telephone : (021) 376-2780  
Fax : (021) 397-4920

### Contact Person

Daphne Jansen

---

## **OTHER DIRECTORIES AVAILABLE**

### **SA National AIDS Network: Directory of National AIDS Database**

Published by Health Department  
Compiled by Institute of Behavioural Science at UNISA  
Updated annually

### **Lifeline Directory**

Most recent edition: 1994 / 1995

### **CASP Directory of Services for Street Children, Youth and Adults (Western Cape) 1999 / 2000**

Available from Paul Hooper, Co-ordinator of CASP  
14 Roeland Street  
Cape Town  
Ph: 021 462 0280  
R10 + R2.50 post and packaging

### **National Association of Childcare Workers Directory**

Available from (021) 697 4123

### **The Healthcare Medpages Directory**

Available from: [www.medpages.co.za](http://www.medpages.co.za)

### **The Goedgedacht Trust**

#### **Let's get Talking**

The Goedgedacht Trust  
Riebeeksrivier  
Malmesbury  
7300  
Telephone/Fax (022) 482-4369

### **SA Aids Directory**

Department of Health  
Metropole Region  
September 2000  
FREE  
Ph. (021) 918-1545 for details

### **Lifeline / Childline Western Cape 2001 Directory**

Available from May 2001 onwards  
Ph. (021) 461 1113 for details



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